



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRADITIONAL & ADVENTURE CAMP EXPERIENCES

## YMCA CAMP ST. CROIX

2014 Summer Camp



**EARLY BIRD REGISTRATION NOW  
THROUGH DECEMBER 31, 2013**

Save \$40 off your camp fees and receive a  
limited edition Camp St. Croix t-shirt.



**TRADITIONAL CAMP**  
Grades 2-10

**ADVENTURE CAMP**  
Grades 7-12



# YMCA CAMP ST. CROIX



For over 105 years Camp St. Croix campers have experienced traditional and wilderness camping that continues to impact lives today. Campers enjoy a wide variety of healthy and creative activities with outcomes of self-confidence, life-long skills and new friendships. The action-packed days and amazing experiences stay with our participants into adulthood.

Many campers become staff and eventually carry on the tradition by watching their children grow at Camp St. Croix, too.

At the heart of our camp are the YMCA's three pillars – Youth Development, Healthy Living and Social Responsibility. These values drive our programming and our staff as they come to life each day. The exciting camp programs we've developed for our campers lead them to new adventures, help them connect with nature, encourage responsibility and grows leaders.

Thank you for choosing Camp St. Croix, we look forward to seeing your camper this summer!

Sincerely,

Amy Schneider, Senior Program Director, YMCA Camp St. Croix  
amy.schneider@ymcatwincities.org 715-386-4380

## OUR MISSION

YMCA Camp St. Croix builds community and teaches respect for self, others, and nature through summer camp, outdoor education and retreats.

## ABOUT CAMP ST. CROIX

Campers have been experiencing the adventure and wonder of camping for over 105 years at Camp St. Croix. Our camp provides new and exciting experiences, and a chance to spend a portion of the summer actively learning in a fun and beautiful outdoor environment.

Camp sessions are specifically designed for boys and girls ages 7-17 (entering grades 2-12). Our campers participate in a variety of traditional and specialized camp activities determined by their age and experience. We offer progressive camping where campers are given the opportunity to challenge themselves each time they come back to camp.

Camp St. Croix is a co-ed camp that mirrors and prepares campers for everyday living. Girls and boys participate in camp activities on equal footing while they experience diverse points of view. Camp St. Croix welcomes campers and staff of all faiths and brings the camp together each day for reflection time.

## THE Y CAMP EXPERIENCE

YMCA camps share one thing: DISCOVERY. Campers have the opportunity to explore nature, try new activities, find new talents, gain independence, and make lasting friendships and memories. And, of course, camp is fun too!

Our commitment to nurturing the potential of children and teens, promoting healthy living, and fostering a sense of social responsibility come alive at YMCA camps. For over 125 years, our camps have provided a safe, thriving environment for young people to explore personal interests, build self-esteem, develop interpersonal skills, discover the creativity and health benefits of the outdoors, and make lasting friendships and memories. Join the YMCA camp experience!

# GENERAL INFORMATION

## THE CAMP COMMUNITY

We nurture character development in campers by teaching and emulating the values of Caring, Honesty, Respect and Responsibility. Our well-trained staff members lead quality camp programs that are safe, fun and enriching.

At Camp St. Croix, your camper will:

- ◆ Develop integrity, self-reliance and leadership skills in a co-ed environment.
- ◆ Build lasting friendships.
- ◆ Enrich their spirit, mind, and body through challenging and fun camp activities.
- ◆ Gain an appreciation for the natural environment.
- ◆ Experience a sense of community by living with campers in age-appropriate small groups with trained staff.

## FRIENDLY, WELL-TRAINED STAFF

A well-trained, enthusiastic staff is crucial to an exciting and unforgettable camping experience. Each staff member undergoes an extensive and professional training program in preparation for our campers' arrival. Camp St. Croix staff members are carefully selected based on leadership skills, prior experience working with children, decision-making capabilities, respect for the environment and safety awareness.

All staff are certified in CPR and First Aid. All waterfront staff are certified lifeguards.

## LIFELONG FRIENDSHIPS ARE MADE AT CAMP

One of the main joys of camp is living and participating in an environment that fosters and facilitates friendships. At Camp St. Croix, common experiences, individual respect and open communication create bonds between campers that can last a lifetime.

## HEALTH, SAFETY & WELLNESS

The safety of each child is our primary concern. We are American Camping Association (ACA) accredited. This assures you that Camp St. Croix practices measure up to 300 national standards that go a step beyond our state's basic licensing requirements. ACA accredited camps voluntarily go through a rigorous risk-management process to provide a supervised, positive environment with controlled boundaries where children can grow. ACA standards establish criteria for areas such as: Emergency Preparedness, Transportation, Health Care, Program Practices and Living Areas.

At Camp St. Croix:

- ◆ We have a health care provider on the property at all times.
- ◆ All staff members are trained in safety and first aid.
- ◆ Hospital is less than 2 miles from camp.



Hudson, Wisconsin

## LOCATION

Camp St. Croix is located just 25 miles east of the Twin Cities in Hudson, Wisconsin. Located on 400 beautiful acres and overlooking Lake St. Croix, it showcases a natural setting of open prairie, hardwood forested ravines, native white pines and the nationally protected St. Croix River shoreline.

## YMCA CAMP ST. CROIX

532 County Road F

Hudson, WI 54016

Phone: 715-386-4380 or 651-436-8428



# A DAY AT CAMP ST. CROIX

## A DAY AT CAMP ST. CROIX

|       |                                             |
|-------|---------------------------------------------|
| 7:55  | Flagpole                                    |
| 8:00  | Breakfast                                   |
| 8:30  | Flagpole/Password                           |
| 8:45  | Cabin Clean-Up                              |
| 9:00  | Activity Period 1                           |
| 10:15 | Activity Period 2                           |
| Noon  | Lunch                                       |
| 12:45 | Rest Period                                 |
| 1:45  | Activity Period 3                           |
| 3:00  | Activity Period 4                           |
| 4:00  | Activity Period 5                           |
| 5:30  | Dinner                                      |
| 7:00  | All-Camp Activity/Game                      |
| 8:00  | Campfire/Evening Activity                   |
| 9:00  | Return to Cabins/<br>Devotions/Bedtime Prep |
| 9:30  | Lights Out                                  |

## LIFE AT CAMP ST. CROIX

Camp St. Croix provides a warm and nurturing environment. Lodging and facilities include cabins, campsites, two modern bathhouses, a historic lodge and newly renovated dining hall. A low camper to counselor ratio ensures quality time spent with each camper and the opportunity to inspire them to learn more about themselves, their cabin-mates, and the natural world around them.

Campers are placed in cabins based on age and gender, and will learn about the importance of positive social interaction. Staff focuses on responsible behavior, respectful communication, and an honest and caring environment. During the day, campers will have an opportunity to be involved in activities that encourage them to step outside of their comfort zones, have new experiences, increase self-confidence and care for others.

- ◆ **Traditional camps** are a way to participate in many time-honored camp activities such as swimming, arts and crafts, nature, archery, sports, campfires and more, while having a traditional camp experience. **Adventure camps** allow campers to concentrate on activities such as canoeing, horses, sailing, kayaking, rock climbing, or backpacking. Our **Leadership Development Program** immerses participants in an environment where they can develop their camping and leadership skills.
- ◆ We provide a well-balanced diet and our kitchen staff prides themselves on creating good-tasting meals. A salad bar is provided at lunch and dinner and fresh fruit is offered each day.
- ◆ Campers eat their meals family style as a cabin group.

## CAMP ACTIVITIES

Depending on the age and experience, campers will participate in some of the following activities.

- ◆ Arts and Crafts
- ◆ Archery
- ◆ Canoeing
- ◆ Horseback Riding
- ◆ Kayaking
- ◆ Nature Hikes
- ◆ Sailing
- ◆ Campfires
- ◆ Team Building
- ◆ Outdoor Cooking
- ◆ Hiking
- ◆ Rock Climbing
- ◆ Swimming
- ◆ Tent Camping
- ◆ Field Games
- ◆ High Teams Course
- ◆ Tennis, Volleyball, Soccer, and Basketball
- ◆ Hatchet Throwing
- ◆ Service Learning

## CHECK-IN AND CHECK-OUT:

Check-in is from 1:00–3:00p.m. on the first day of your session.

Check-out is from 1:00–3:00p.m. on the last day of your session.



# TRADITIONAL CAMPS

## 2014 CAMP SESSIONS

### SUMMER SAMPLER

#### Entering Grades 2-4

This three-day, two-night camp is the perfect program for a first-time camping experience. Summer Sampler offers an introduction to traditional camp activities such as swimming, arts and crafts, nature, archery, and sports.

| Session    | Dates            | Fee: \$275 |
|------------|------------------|------------|
| Sampler 2A | June 22 – 24     |            |
| Sampler 2B | June 25 – 27     |            |
| Sampler 3A | June 29 – July 1 |            |
| Sampler 3B | July 2 – 4       |            |

### PIONEERS

#### Entering Grades 2 – 4

Pioneer Camp introduces campers to the excitement of a week of overnight camp. Activities include, swimming, nature hikes, arts and crafts, archery, team sports, campfires and more.

| Session | Dates              | Fee: \$540 |
|---------|--------------------|------------|
| 1       | June 15 – 20       |            |
| 2       | June 22 – 27       |            |
| 3       | June 29 – July 4   |            |
| 4       | July 6 – 11        |            |
| 5       | July 13 – 18       |            |
| 6       | July 20 – 25       |            |
| 7       | July 27 – August 1 |            |
| 8       | August 3 – 8       |            |

### TRAILBLAZERS

#### Entering Grades 5 & 6

Trailblazers enjoy the experience of participating in many traditional camp activities, and also receive an introduction to our trail program with an overnight tent-camping experience. Two-week Trailblazers participate in a three-night overnight camping experience on the St. Croix River.

| Session | Dates                               | Fee: \$540            |
|---------|-------------------------------------|-----------------------|
|         |                                     | \$1080/2-week session |
| 1       | June 15 – 20                        |                       |
| 2       | June 22 – 27                        |                       |
| 3       | June 29 – July 4                    |                       |
| 4       | July 6 – 11                         |                       |
| 4/5     | July 6 – 18 (2-week session)        |                       |
| 5       | July 13 – 18                        |                       |
| 6       | July 20 – 25                        |                       |
| 7       | July 27 – August 1                  |                       |
| 7/8     | July 27 – August 8 (2-week session) |                       |
| 8       | August 3 – 8                        |                       |

### HOMESTEADERS

#### Entering Grades 7 & 8

The Homesteader camp allows older campers to spend a week at camp and experience some of our more advanced camp activities including rock climbing and an overnight trip to learn about the surrounding wilderness area of the St. Croix Valley.

| Session | Dates              | Fee: \$560 |
|---------|--------------------|------------|
| 1       | June 15 – 20       |            |
| 2       | June 22 – 27       |            |
| 3       | June 29 – July 4   |            |
| 4       | July 6 – 11        |            |
| 5       | July 13 – 18       |            |
| 6       | July 20 – 25       |            |
| 7       | July 27 – August 1 |            |
| 8       | August 3 – 8       |            |

### WOODCRAFTERS

#### Entering Grades 9 & 10

Woodcrafters participate in our most advanced activities during their week-long stay at camp. Activities include our high teams challenge course and climbing wall. Woodcrafters also go on an overnight trip to practice camping and outdoor cooking skills.

| Session | Dates              | Fee: \$560 |
|---------|--------------------|------------|
| 1       | June 15 – 20       |            |
| 2       | June 22 – 27       |            |
| 3       | June 29 – July 4   |            |
| 6       | July 20 – 25       |            |
| 7       | July 27 – August 1 |            |

**FINANCIAL ASSISTANCE  
AVAILABLE FOR ALL PROGRAMS**

# CANOEING

## 2014 ADVENTURE CAMPS

### RIVER RIDERS

Entering Grades 7 & 8

**1-Week Session with 3 days spent on trail**

River Riders learn to work as a team as they practice basic canoeing and trail skills. After time in camp planning and preparing for their three-day canoe trip, the River Riders set off to explore the Upper St. Croix Scenic Riverway.

| Session | Dates            | Fee: \$650* |
|---------|------------------|-------------|
| 1       | June 15 – 20     |             |
| 2       | June 22 – 27     |             |
| 3       | June 29 – July 4 |             |
| 4       | July 6 – 11      |             |
| 5       | July 13 – 18     |             |
| 6       | July 20 – 25     |             |

### RAPID RIDERS

Entering grades 9 & 10

**1-Week Session with 3 days spent on trail**

This canoe trip gives older campers an introduction to paddling on the scenic Namekagon River. Campers spend time in camp reviewing canoeing and trail skills before they set out on their trail experience.

| Session | Dates            | Fee: \$650* |
|---------|------------------|-------------|
| 1       | June 15 – 20     |             |
| 2       | June 22 – 27     |             |
| 3       | June 29 – July 4 |             |
| 8       | August 3 – 8     |             |



### VOYAGEURS

Entering Grades 8 & 9

**2-Week Session with 7 days spent on trail**

During this two-week canoe adventure Voyageur campers spend seven days on the waters of the Namekagon and Upper St. Croix Rivers. Campers spend time in camp refreshing canoeing and camping skills.

| Session | Dates       | Fee: \$1200* |
|---------|-------------|--------------|
| 4/5     | July 6 – 18 |              |

### EXPLORERS

Entering Grades 9-11

**2-Week Session with 8 days spent on trail**

This advanced two-week canoe trip gives campers the chance to learn advanced canoeing skills, while planning and participating in an eight-day canoe trip on Northern Wisconsin's Flambeau River. Explorers must have previous canoeing and camping experience.

| Session | Dates              | Fee: \$1200* |
|---------|--------------------|--------------|
| 7/8     | July 27 – August 8 |              |

\*Fee includes travel expenses to and from destination.



# SAILING & KAYAKING

## 2014 ADVENTURE CAMPS

### SAILING CAMPS

#### FIRST MATES

##### Entering Grades 7 & 8

The First Mate program is designed to give an introduction to basic sailing skills and techniques. First Mates spend a portion of each day receiving sailing instruction on the St. Croix River, and the rest of their time participating in traditional camp activities.

| Session | Dates              | Fee: \$630 |
|---------|--------------------|------------|
| 1       | June 15 – 20       |            |
| 3       | June 29 – July 4   |            |
| 4       | July 6 – 11        |            |
| 7       | July 27 – August 1 |            |

#### SCHOONERS

##### Entering grades 9 & 10

The Schooner camp gives older campers an introduction to sailing on the St. Croix River. Schooners receive daily ground and water instruction in basic sailing skills and techniques, as well as boat maintenance and care. Schooners participate in traditional in-camp activities when not on the water.

| Session | Dates            | Fee: \$630 |
|---------|------------------|------------|
| 2       | June 22 – 27     |            |
| 3       | June 29 – July 4 |            |
| 6       | July 20 – 25     |            |

#### WINDJAMMERS

##### Entering Grades 9–11

##### 2-Week Session with 3 days spent on trail

Windjammers spend most of their time practicing on the water reviewing sailing skills on a variety of different boats. The highlight of the Windjammer program is a three-day overnight camping trip sailing on the St. Croix River! Windjammers should arrive at camp with some basic sailing skills.

| Session | Dates       | Fee: \$1200 |
|---------|-------------|-------------|
| 4/5     | July 6 – 18 |             |

### SAILING AND KAYAKING EXPEDITIONS ON LAKE SUPERIOR

Join us for one of our amazing advanced sailing or kayaking camps where we explore Lake Superior! All Lake Superior Expeditions are led by chartered and certified sailing and kayaking staff.

#### VAGABONDS

##### Entering Grades 9–11

##### 2-Week Session with 6 days spent on trail, 3 days sea kayaking and 3 days sailing

Vagabonds experience a full range of water adventure, with a mix of kayaking and sailing. Campers begin with reviewing basic sailing and kayaking skills, planning for their trip, and participating in some traditional camp activities. Campers will then travel to Lake Superior where they will practice the skills they learned at camp with three days of sea kayaking and three days of sailing in the beautiful Apostle Islands National Lake Shore.

| Session | Dates              | Fee: \$1695* |
|---------|--------------------|--------------|
| 7/8     | July 27 – August 8 |              |

#### ISLANDERS

##### Entering Grades 9–11

##### 2-Week Session with 5 days spent on trail

Campers spend five days and four nights aboard a beautiful sailboat on Lake Superior! While sailing through the Apostle Islands National Lake Shore, campers will plot the course, raise the sails, take the helm, cook meals, and maintain the vessel under the direction of the boat's U.S. Coast Guard licensed Captain. Participants also spend time at camp reviewing sailing skills and participating in traditional camp activities.

| Session | Dates              | Fee: \$1595* |
|---------|--------------------|--------------|
| 7/8     | July 27 – August 8 |              |



# HORSE

## 2014 ADVENTURE CAMPS



### TRAIL TROTTERS

**Entering grades 5 & 6**

Trail Trotters build confidence and skills while learning the basics of western riding by visiting our horse stables each day. This camp teaches beginning riders basic horsemanship, such as horse safety, grooming, ring and trail riding.

| Session | Dates              | Fee: \$630 |
|---------|--------------------|------------|
| 1       | June 15 – 20       |            |
| 2       | June 22 – 27       |            |
| 3       | June 29 – July 4   |            |
| 4       | July 6 – 11        |            |
| 5       | July 13 – 18       |            |
| 7       | July 27 – August 1 |            |
| 8       | August 3 – 8       |            |

### BOOTS AND SADDLES

**Entering Grades 7 & 8**

Boots and Saddles campers each are assigned a horse of their own for the entire week and share in daily care, grooming, feeding and maintenance. In addition to this, campers spend time each day at the nearby St. Croix Training Center learning the basics of English riding from experts in the field. Parents can also watch their campers in a horse show at 2 p.m. at the St. Croix Training Center when they pick them up on Friday afternoon!

| Session | Dates              | Fee: \$700 |
|---------|--------------------|------------|
| 2       | June 22– 27        |            |
| 4       | July 6 – 11        |            |
| 5       | July 13 – 18       |            |
| 6       | July 20 – 25       |            |
| 7       | July 27 – August 1 |            |

### WRANGLERS

**Entering Grades 9–11**

**2-Week Session with 5 days spent on trail**  
Wranglers develop their horsemanship skills by caring for horses and riding each day at camp before embarking on a wilderness horse camping trip. Participants will spend five days camping on trail with horses. Wranglers must have previous experience horseback riding.

| Session | Dates       | Fee: \$1200* |
|---------|-------------|--------------|
| 4/5     | July 6 – 18 |              |

# ROCK CLIMBING

## 2014 ADVENTURE CAMPS



**"This experience was fantastic for my son. It was empowering for him to be "on trail". He came home changed and ready to take on more challenges."  
– Camp St. Croix Camper Parent**

### ROCKERS

**Entering Grades 7 & 8**

**1-Week Session with 3 days spent on trail**

Rockers learn basic climbing and bouldering techniques and safety protocol at Camp St. Croix's climbing facilities. Campers embark on a two-night camping trip to Taylors Falls for some classic top-rope outdoor climbing.

| Session | Dates            | Fee: \$630* |
|---------|------------------|-------------|
| 1       | June 15 – 20     |             |
| 3       | June 29 – July 4 |             |
| 6       | July 20 – 25     |             |
| 8       | August 3 – 8     |             |

### CLIFFHANGERS

**Entering Grades 9 & 10**

**2-Week Session with 6 days spent on trail**

Campers begin with climbing instruction on Camp St. Croix's climbing tower and bouldering wall, and a day at a local climbing gym. This two-week adventure takes Cliffhangers on a five-night camping and climbing trip to Devil's Lake State Park.

| Session | Dates       | Fee: \$1200* |
|---------|-------------|--------------|
| 4/5     | July 6 – 18 |              |

\*Fee includes travel expenses to and from destination.

### CAMP ST. CROIX SONG

I want to wake up in the morning  
at dear ol' Camp St. Croix

Where the sun comes a peepin'  
into where I'm sleepin'

And the songbirds sing for joy  
(tweet, tweet!)

I want to wander o'er the hillside,  
where the wildflowers grow

I want to be at Camp St. Croix  
It's the grandest place I know!

I want to sleep late in the morning  
at dear ol' Camp St. Croix

Where the rain comes a-pourin'  
into where I'm snorin'

And the skeeters bite for joy  
(ouch, ouch!)

I want to trample o'er the hillside,  
where the poison ivy grows

I want to be at Camp St. Croix  
It's the grandest place I know!

# LEADERSHIP DEVELOPMENT PROGRAM (LDP)

## Entering Grades 10, 11 & 12

The Leadership Development Program (LDP) is a progressive leadership and outdoor training program, designed to provide an educational and fun environment where participants can develop their camping and leadership skills. The program provides an innovative curriculum intended to promote the YMCA's values of honesty, caring, respect, and responsibility and to challenge participants to be positive role models, members of society, leaders in their communities and potential future camp staff members. At the end of the Leadership Development Program participants will take with them outdoor skills, personal confidence, group facilitation skills, program planning and implementation knowledge, life long friendships, and much more.

\*Campers can enter this program at any grade level. Participation in the previous years is not required to apply for the 11th and 12th grade experiences. Fee includes travel expenses to and from destination.

### LDP Entering 10th Grade

July 20 – August 1 Fee: \$1200\*

Two-Week Session with 5 days spent on trail canoeing.

### LDP Entering 11th Grade.

June 22 – July 11 Fee: \$1660\*

Three-Week Session with 10 days spent on trail backpacking and sailing.

### LDP Entering 12th Grade

July 13 – August 8 Fee: \$2035\*

Four-Week Session with 16 days spent on trail climbing and canoeing.



Participation in this program is competitive with limited space available. Campers entering 10th–12th grade must apply. Applications are available at the Camp St. Croix office or on our website. Applications are reviewed as they are received, so please get yours in early! Each applicant will be interviewed by Camp St. Croix staff and informed of their status by the end of April.

Please contact the camp office for an LDP application:  
715-386-4380 or access it on our website at [campstcroix.org](http://campstcroix.org)

## LETTER FROM RUSSELL



Greetings from YMCA Camp St. Croix. As the Camp Program Director I would like to thank you for choosing Camp St. Croix.

I am proud to have the honor and privilege to oversee this wonderful residential camp program!

Whether your child is enrolling in one of our Traditional, Adventure or Leadership Development Programs our primary focus here at camp will be to provide a safe and nurturing environment. Camp St. Croix is a place to meet new friends, explore new talents and discover the magic of overnight camp!

Please contact me at 612-465-0566 for more information.

I look forward to seeing you this summer at Camp St. Croix!

Sincerely,

Russell Spafford

# 2014 SUMMER REGISTRATION

## TO REGISTER

- ◆ Online registration available at [campstcroix.org](http://campstcroix.org)
- ◆ Registrations accepted now throughout summer 2014.
- ◆ One camper per registration form. Please make copies for additional campers. There are 3 pages total for each child: Registration Form, Emergency/Health form and Release, Indemnification and Hold Harmless Agreement Form.
- ◆ Each registration must be accompanied with a \$150.00 non-refundable deposit per session. The completed registration materials, along with the deposit will secure your place at camp.

## ADDITIONAL CAMP PAPERWORK

- ◆ Additional camper paperwork will be required to attend camp. This includes a Health Exam form, Camper Personal History form, and Medication Permission forms (if applicable). Forms can be found at [campstcroix.org](http://campstcroix.org) website under Forms and Publications.
- ◆ A new physical exam is required each year before attending camp.
- ◆ Complete and bring paperwork with you to camp. DO NOT MAIL.

## PAYMENT PLAN

- ◆ The balance of the session fee is due one month prior unless you have a pre-approved payment plan established with the Customer Service Center. If the balance is not paid by one month prior, you may forfeit your place at camp along with the deposit.
- ◆ If you have questions about our payment plan policy or would like to establish a payment plan, please contact the Customer Service Center at the time of registration at 612-822-2267.

## CONFIRMATION

- ◆ Email confirmation will be sent immediately upon completion of online registration.
- ◆ Confirmation will be sent within three weeks upon receiving manual or faxed registration materials and deposit.
- ◆ The Parent Handbook contains important camper information such as packing lists and session information. It can be found at [campstcroix.org](http://campstcroix.org). Please review thoroughly.

## ACCESSIBILITY

If your child has a disability requiring an accommodation or a special need you would like us to be aware of, please let us know. This information enables us to better meet the needs of your child within available resources. For campers requiring special accommodation for food allergies, disabilities, developmental disorders and behavioral issues, decisions are made on a case-by-case basis. Please contact Russell Spafford at YMCA Camp St. Croix, 612-465-0566.

## CANCELLATION POLICY

- ◆ Cancellations must be in writing and can be submitted to [ymcatwincities.custhelp.com](http://ymcatwincities.custhelp.com) or faxed to 612-223-6322.
- ◆ Cancellations received one month prior to the session start date will be refunded however, your deposit is nonrefundable.
- ◆ Cancellations made less than one month prior to the session start date are non-refundable and non-transferable.
- ◆ If cancellation is due to a camper's illness or medical reasons, or other uncontrollable circumstance, your camp fees may be refunded minus the deposit when cancellation is accompanied by a doctor's statement/official statement.
- ◆ If a camper has a significant discipline problem during a session, we reserve the right to dismiss him or her, without refund, for the remainder of the session.

## PERSONAL PRICING PLAN – FINANCIAL ASSISTANCE

- ◆ The YMCA welcomes all who wish to participate in our programs. The YMCA annually raises funds through our Annual Campaign to help make that possible. Financial Assistance is granted on a first-come, first-served basis. Please visit [campstcroix.org](http://campstcroix.org) or call for an application at 612-822-2267. Apply by June 1, 2014.
- ◆ In the operation of the Summer Camp Food Service Program, no child, as defined by the program regulations, will be discriminated against because of race, sex, color, national origin, age, or handicap. Any person, who believes that a child has been discriminated against in any USDA related activity, should write immediately to the Secretary of Agriculture, Washington, DC 20250.

## PLEASE RETURN YOUR REGISTRATION FORM TO:

### YMCA CUSTOMER SERVICE CENTER

2125 East Hennepin Ave.  
Suite 100  
Minneapolis, MN 55413  
P 612-822-2267  
F 612-223-6322

Or submit form to: [ymcatwincities.custhelp.com/app/ask](http://ymcatwincities.custhelp.com/app/ask)

### Online Registration Available!

Download a registration form at: [campstcroix.org](http://campstcroix.org)

**FINANCIAL ASSISTANCE AVAILABLE  
FOR ALL PROGRAMS**

# 2014 REGISTRATION FORM

## Online registration available at [campstcroix.org](http://campstcroix.org)

Please return this completed form with parental/guardian signature to:

**YMCA Customer Service Center, 2125 E. Hennepin Ave. Suite 100, Mpls, MN 55413 • Phone 612-822-2267 • Fax 612-223-6322.**

Please use one registration per child, per session. Please use a pen and print neatly.

Child's First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Nickname \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Male ☐ Female Age at camp \_\_\_\_\_

Home Phone \_\_\_\_\_ Email \_\_\_\_\_

### SESSION INFORMATION

Session Number \_\_\_\_\_ Session Dates: \_\_\_\_\_

#### TRADITIONAL

- ☐ Summer Sampler  
☐ Pioneer  
☐ Trailblazer  
☐ Homesteader  
☐ Woodcrafters

#### CANOEING

- ☐ River Riders  
☐ Rapid Riders  
☐ Voyageurs  
☐ Explorers

#### SAILING

- ☐ First Mates  
☐ Schooners  
☐ Windjammers  
☐ Islanders

#### HORSE CAMPS

- ☐ Trail Trotters  
☐ Boots & Saddles  
☐ Wranglers

#### ROCK CLIMBING

- ☐ Rockers  
☐ Cliffhangers

#### KAYAKING

- ☐ Vagabonds

#### LDP

- ☐ 10th Grade  
☐ 11th Grade  
☐ 12th Grade

**PAYMENT INFORMATION** A non-refundable \$150 deposit per camper per session must accompany each registration form. Remaining fees due by one month prior to start of session. Registrations after one month prior to start of session require full payment, or payment plan.

☐ Check enclosed amount: \$ \_\_\_\_\_  
 (payable to: YMCA Camp St. Croix)

Please bill my: ☐ Visa ☐ MasterCard ☐ Discover ☐ Am Express

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Please charge:

- ☐ only the \$150 deposit ☐ the entire camp fee including transportation  
☐ the \$150 deposit now and the remaining balance  
 one month prior to start of camp

**CHANGES** to original registration form including payment must be completed in writing no later than two weeks prior to the start of your child's session and will incur a \$25 change fee.

### REFER A FRIEND AND RECEIVE \$25 OFF YOUR CAMP FEE

Refer a friend and receive \$25 credit off your camp fee for each NEW camper. You and your friend(s) must be registered by April 1, 2014 and they must be new to Camp St. Croix. Credit is non-refundable and non-transferable. Refer A Friend promotion ends April 1, 2014.

1. Referral Name \_\_\_\_\_

Referral Address \_\_\_\_\_

Phone: \_\_\_\_\_

Email \_\_\_\_\_

2. Referral Name \_\_\_\_\_

Referral Address \_\_\_\_\_

Phone: \_\_\_\_\_

Email \_\_\_\_\_

Limit 2 referrals per camper

### EARLY BIRD REGISTRATION RUNS THROUGH DEC. 31, 2013

**EARLY BIRD REGISTRATION ONLY:** Youth: M L

Select a preferred T-Shirt. Circle size. Adult: S M L XL

### PARENTAL/GUARDIAN SIGNATURE REQUIRED

Please sign here \_\_\_\_\_

Please complete Emergency & Health Information Form on page 13, the Waiver Form on page 14 and return with registration.

## 2014 EMERGENCY & HEALTH INFORMATION FORM

Please fill out completely and return to:

**YMCA Customer Service Center • 2125 East Hennepin Avenue • Minneapolis, MN 55413 • P 612 230 9622 • F 612 223 6322**

Please use one form per child and print neatly. Use full legal names for all parties.

**Child's First Name** \_\_\_\_\_ **MI** \_\_\_\_\_ **Last Name** \_\_\_\_\_ **Birthdate** \_\_\_\_\_ **Gender:** ☐ F ☐ M

**Child's Nickname** \_\_\_\_\_ **Grade in Fall 2014** \_\_\_\_\_ **Age** \_\_\_\_ This is my \_\_\_\_ year in YMCA Summer Programs.

**Friends** you would like to be grouped with: (To ensure positive group dynamics, please limit two friends per request who are within the same age group.)

1 \_\_\_\_\_ 2 \_\_\_\_\_

Child resides with ☐ Mother ☐ Father ☐ Both ☐ Other \_\_\_\_\_

**#1 Contact Parent/Guardian's First Name** \_\_\_\_\_ **Middle Initial** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Parent/Guardian's Birthdate** \_\_\_\_\_ **Gender:** ☐ F ☐ M **Home Phone** (\_\_\_\_) \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Parent/Guardian's Work Phone** (\_\_\_\_) \_\_\_\_\_ **Cell Phone** (\_\_\_\_) \_\_\_\_\_

**#2 Contact Parent/Guardian's First Name** \_\_\_\_\_ **Middle Initial** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Parent/Guardian's Birthdate** \_\_\_\_\_ **Gender:** ☐ F ☐ M **Home Phone** (\_\_\_\_) \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Parent/Guardian's Work Phone** (\_\_\_\_) \_\_\_\_\_ **Cell Phone** (\_\_\_\_) \_\_\_\_\_

**Race/Ethnic Background** (optional):

☐ Black or African American ☐ White ☐ Hispanic or Latino ☐ American Indian/Alaskan Native ☐ Asian or other Pacific Islander ☐ Other \_\_\_\_\_

### EMERGENCY CONTACTS AND PICK-UP AUTHORIZATION

The following people should be contacted in case of emergency, only if parent(s) or guardian cannot be reached AND are authorized to pick up the child:

1. Name \_\_\_\_\_

Relationship to child \_\_\_\_\_

Phone: Day (\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_) \_\_\_\_\_

2. Name \_\_\_\_\_

Relationship to child \_\_\_\_\_

Phone: Day (\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_) \_\_\_\_\_

Family Doctor \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Family Dentist \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Do you carry family medical/hospital insurance? ☐ Yes ☐ No

Carrier \_\_\_\_\_

Policy/Group # \_\_\_\_\_

Month, date and year of most recent immunizations: Information required including specific dates. Or attach Immunization Record.

DTP \_\_\_\_\_ Polio \_\_\_\_\_ Hep. B \_\_\_\_\_

MMR \_\_\_\_\_ HIB \_\_\_\_\_ Hep. A \_\_\_\_\_

Tetanus \_\_\_\_\_ VAR \_\_\_\_\_ PCV \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

**Is the child taking any medications?** ☐ Yes ☐ No

If yes, what kind and why: \_\_\_\_\_

**If medication needs to be administered during the program, a Medication Permission Form must be completed. Call the YMCA for this form, or pick it up at your site.**

**Has child had any of the following? If so, please explain:**

☐ Allergies \_\_\_\_\_

☐ Dietary restriction/s \_\_\_\_\_

☐ Special Need/s \_\_\_\_\_

Status of child's vision, hearing, and speech \_\_\_\_\_

Does your child have a communicable disease or condition which may prove to be a risk to others? ☐ Yes ☐ No

If yes, please comment: \_\_\_\_\_

Description of any camp activities from which the camper should be exempted for health reasons: \_\_\_\_\_

Describe any current physical, mental, or psychological conditions requiring medication, treatment, or special restrictions or considerations while at YMCA programs: \_\_\_\_\_

Record of Past Medical Treatment. Chronic Concerns: Check all that pertain to this camper/participant and provide information about supportive health care.

☐ Asthma ☐ Convulsions/Epilepsy

☐ Diabetes ☐ Hypertension

☐ Frequent Ear Infections ☐ Surgeries

☐ Bleeding/Clotting Disorder ☐ Heart Defect/Disease

☐ Other: \_\_\_\_\_

Provide information about health care need for each item checked :

If special accommodations are required, contact the camp at 715-386-4380 to be directed to appropriate staff

# RELEASE, INDEMNIFICATION AND HOLD HARMLESS AGREEMENT

EFFECTIVE 8/01/13

In consideration of participating in YMCA activities, and for other good and valuable consideration, I hereby agree to release and discharge from liability arising from negligence the YMCA of the Greater Twin Cities (hereinafter referred to as YMCA) and its owners, directors, officers, employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

1. I acknowledge that participating in YMCA activities involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death, and property damage. Risks include, but are not limited to, broken bones, torn ligaments or other injuries as a result of falls or contact with other participants; death as a result of drowning or brain damage caused by near drowning in pools or other bodies of water; medical conditions resulting from physical activity; and damaged clothing or other property. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity.
2. I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees. My/My child's participation in these activities is purely voluntary and we elect to participate despite the risks. In addition, if at any time I believe that event conditions are unsafe or that I or my child are unable to participate due to physical or medical conditions, then I will immediately discontinue participation.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my/my child's participation in these activities, or our use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct or conduct that constitutes greater than ordinary negligence. Should Releasees or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
4. I represent that I have adequate insurance to cover any injury or damage I or my child may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I/my child have no medical or physical conditions which could interfere with our safety in these activities, or else I am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition.
5. In the event that I file a lawsuit, I agree to do so in the state where Releasees' facility is located, and I further agree that the substantive law of that state shall apply.
6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

## PARENT/GUARDIAN AUTHORIZATION SECTION — TRANSPORTATION/MEDICAL

1. In the event that I/my child need immediate medical attention for injuries received while participating in a YMCA program, I authorize the YMCA staff to give me or my child reasonable first aid, and to arrange transport of myself or my child to a health care facility for emergency services as needed.
2. I give permission for myself and/or my child to be transported by the YMCA as needed for field trips, inclement weather, or late pick up. I also give my permission to participate in walking field trips.
3. I also give permission for myself or my child to enter Canada with the YMCA. I also understand that I/my child will need to bring our passport to camp if the trip involves such travel to Canada.
4. I hereby acknowledge that the YMCA will assume that either parent of the child may pick up the child at any time during the program unless there is pertinent court documentation on file at the YMCA that indicates otherwise.
5. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. The YMCA receives medical information on campers/participants that may need to be shared with medical providers.
6. If I or my child requires use and administration of an epi-pen, prescription or over the counter medication, it is my responsibility to ensure that the epi-pen and/or medication are on me or my child or within our personal belongings every day of the program. If YMCA staff is required to administer and use the epi-pen and/or medication, I agree to forever release and discharge the YMCA and its directors, officers, and employees from any and all liability arising out of or resulting from use or administration of the epi-pen and/or medication.

## GENERAL

1. I hereby release all pictures of myself or my child taken by the YMCA for promotional purposes and programming materials including the YMCA website.
2. I give my permission for the YMCA to administer sunscreen as needed and to change my child's diaper while my child is in their care.
3. I acknowledge that certain sections of this waiver may not apply to me and/or my child and the programs or activities that we have chosen but agree to be bound by any applicable language.

By signing this document, I agree that if I or my child is hurt or our property is damaged during participation in these activities, then I or my child may be found by a court of law to have waived our right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

I have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to me or that the cost to engage in this activity would be significantly greater if the YMCA did not utilize waivers as a method to lower insurance and administrative costs. I have read and understood this document and I agree to be bound by its terms.

Signature \_\_\_\_\_ Print Name \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ Date \_\_\_\_\_

## PARENT OR GUARDIAN ADDITIONAL AGREEMENT (Must be completed for participants under the age of 18)

In consideration of \_\_\_\_\_ (PRINT minor's names) being permitted to participate in this activity, I further agree to indemnify and hold harmless Releasees from any claims alleging negligence which are brought by or on behalf of minor or are in any way connected with such participation by minor.

Parent or Guardian \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_  
 (Signature)

# FALL, WINTER, SPRING



## ENVIRONMENTAL EDUCATION

The diverse wildlife and ecosystems present at Camp St. Croix provide unique opportunities to learn about the environment, enrich your present curriculum, build teamwork, enhance self-confidence and provide hands-on experiences with nature.

## TEAM BUILDING

For experiences that build teamwork, enhance communication; build self-confidence, leadership and trust turn to Camp St. Croix. We tailor programs to meet your goals and objectives and create an experience uniquely designed for your group's success.

## CONFERENCE & RETREATS

Nature provides the ultimate meaningful environment for gathering people, promoting ideas and inspiring minds. Camp St. Croix provides the expertise and facilitates you can count on for your next successful group getaway.

## HOMESCHOOL

Join us for hands-on, multi-age, and cross-curricular programming. All programs are designed to fit your needs as a homeschool household. Bring the whole family to experience something new, connect with other families and discover the outdoors.

## WINTERCROIX – DEC. 26, 27, 30, 31

WinterCroix is for kids in grades 1–12 who can't wait until summer to come back to camp! Campers stay in our cozy heated cabins overnight or come out to play for the day. Action packed days filled with winter outdoor adventures.

## CALENDAR OF EVENTS

|                              |                     |
|------------------------------|---------------------|
| Breakfast with Santa .....   | Dec. 14             |
| WinterCroix .....            | Dec. 26, 27, 30, 31 |
| Candlelight Hike & Ski ..... | Jan. 18             |
| Earth Day .....              | April 20            |
| For the Love of Croix .....  | TBD                 |

# DAY CAMP DAYCROIX

## Ages 4–15

YMCA Day Camp DayCroix is the perfect environment to explore all the benefits of camp while allowing campers to return home each afternoon. Day Camp is about learning skills, developing character and making friends. Camping teaches self-reliance, a love for nature and the outdoors, and the development of attitudes and practices that build character and leadership. The Day Camp experience is built on the Y's values of caring, honesty, respect and responsibility. Y counselors are dedicated to making sure camp is an amazing experience for every camper.

Accomplishments are marked with special beads for every camper to collect.

DayCroix offers traditional camp and specialty camp opportunities.

### Traditional Camp Activities Include:

- Swimming
- Canoeing
- Archery
- Team Building
- Pioneering
- Ga Ga
- Garden
- Tie Dye
- Scavenger Hunts
- Nature Studies
- Camp Games
- Arts and Crafts
- Fort Building
- Water Oasis





YMCA CAMP ST. CROIX  
532 County Rd. F  
Hudson, WI 54016

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
YMCA  
TWIN CITIES MN

## IMPORTANT DATES TO MEET CAMP STAFF MN PARENT CAMP FAIR AT COMO ZOO

SATURDAY, FEBRUARY 22

10 a.m. – 2 p.m.

## YMCA SUMMER PROGRAMS FAIR AT ALL YMCA LOCATIONS

SATURDAY, MARCH 1

9 a.m. – Noon

## CAMP ST. CROIX WEBINARS

Learn more about Camp St. Croix. Choose a time that works for you.

Go to [campstcroix.org](http://campstcroix.org) for webinar access.

WEDNESDAY, February 19, noon and 7 p.m.

THURSDAY, March 27, noon and 7 p.m.

## CAMP ST. CROIX OPEN HOUSE

This is an opportunity for you to take a tour of camp, meet summer staff, ask questions and get a glimpse of what your child's will experience at camp!

SUNDAY, JUNE 1, 2014

11:00 am – 2:00 pm at Camp St. Croix



Like us on facebook

Follow us on twitter

View photos on [flickr.com/campstcroix](http://flickr.com/campstcroix)

Visit us at [campstcroix.org](http://campstcroix.org)



Have a question?

Contact us at 612-822-2267

Email us at: [info@campstcroix.org](mailto:info@campstcroix.org)



**SAVE \$25 BY REFERRING A FRIEND**

See the registration form for details

