



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 11/17/2023

LAP POOL SCHEDULE

April 22nd - April 28th, 2024

Private lessons may use lap lanes if available

LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	5:00am - 8:00 am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL 8:15am-9:00am Water X Class	5:00am - 8:00am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	CLOSED	CLOSED
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class		
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:00-12:00pm NO LAP SWIM Open Swim (2) Swim Lessons (3)	9:00-4:45pm Lap Swim (2) Exercise (1) Open Swim (2)
10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)		
1:00pm- 4:15pm Lap Swim (3) Open Swim (2)	1:00pm- 4:20pm Lap Swim (3) Open Swim (2)	1:00pm- 4:20pm Lap Swim (3) Open Swim (2)	1:00pm- 8:45pm Lap Swim (3) Open Swim (2)	1:00pm- 8:45pm Lap Swim (3) Open Swim (2)	CLOSED	CLOSED
4:30pm-7:30pm <i>Swim Lessons</i> NO LAP OR OPEN SWIM	4:30pm-7:30pm NO LAP SWIM Open Swim (2) <i>Swim Lessons (2)</i>	4:30pm-7:30pm NO LAP SWIM Open Swim (2) <i>Swim Lessons (2)</i>				
7:40pm-8:45pm Lap Swim (3) Open Swim (2)	7:40pm-8:45pm Lap Swim (3) Open Swim (2)	7:40pm-8:45pm Lap Swim (3) Open Swim (2)				

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 6/5/2023

LEISURE POOL SCHEDULE

April 22nd - April 28th, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 10:30am CLOSED	5:00 - 10:30am CLOSED	5:00 - 10:30am CLOSED	5:00 - 10:30am CLOSED	5:00am - 11:00am CLOSED	7:00am-8:00am CLOSED	7:00-8:00am CLOSED
10:30 - 11:30 Preschool Swim & Open swim	10:30 - 11:30 Preschool Swim & Open swim	10:30 - 11:30 Preschool Swim & Open swim	10:30 - 11:30 Preschool Swim & Open swim	10:30 - 11:30 Preschool Swim & Open swim	8:00 - 9:00am Open Swim	8:00 - 2:00pm Open Swim
11:30 - 4:15pm Open Swim	11:30 - 4:15pm Open Swim	11:30 - 12:15pm Water X	10:30 - 2:00pm Open Swim	11:30 - 4:00 pm CLOSED	9:00-12:00pm Swim Lessons <i>(portion of pool will be open for Open Swim)</i>	
		12:15 - 4:15pm Open Swim	2:00 - 4:00pm CLOSED		12:00-2:00pm Open Swim	
4:30pm - 7:30PM <i>Swim Lesson In Pool</i> NO OPEN SWIM	4:30pm - 7:30PM Open Swim <i>Swim Lesson In Pool</i> (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)	4:30pm - 7:30PM Open Swim <i>Swim Lesson In Pool</i> (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)	4:00 - 8:45pm Open Swim Slide Running (5:05 - 8:30pm)	4:00 - 8:45pm Open Swim Slide Running (5:05 - 8:30pm)	2:00pm - 4:45pm Open Swim Slide running (2:05 - 4:30pm)	2:00pm - 4:45pm Open Swim Slide Running (2:05 - 4:30pm)
7:30pm - 8:45pm Open Swim	7:30pm - 8:45pm Open Swim	7:30pm - 8:45pm Open Swim				CLOSED
						CLOSED

See Lifeguard(s) for Swim Tests.