



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

ANDOVER YMCA COMMUNITY CENTER





15200 Hanson Blvd., Andover, MN 55304

March 2020

andoverymca.org

763.230.9622

# MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 National Peanut Butter Lovers Day	2 Early Spring Session begins	3 Last Day to Save \$ on Camps during Rally Days!	4 BodyPump 4:35pm Studio 3	5 Dime BINGO 9:30am Comm. Rm B	6 Free Friend Friday! (one per member) *bring photo ID	7 POUND 10:20am Studio 3
8 Daylight Savings 	9 Youth Orientations 6pm Fitness Floor	10 National Pack Your Lunch Day	11 OULA Dance Studio 2 3:45pm	12 	13 School Release Day	14 Parents Night Out 4-8pm Dr. Seuss
15 RIPPED 10:45am Studio 3	16 Sports Session 2 Begins	17 	18 Yoga Flow Studio 3 6:35pm	19 Genealogy Trip to MN Historical	20 Lifeguard Class 20th-22nd	21 Water Interval Training 7:30am LAP POOL
<b>Anoka-Hennepin School Spring Break</b> Slides and Features ON 1-4pm everyday during Spring Break!						
22 National Goof Off Day	23 Tai Chi Move 4 Better Balance 7:45am Studio 2	24 Water Ex Classes Potluck 12pm	25 Youth Orientation 6pm Fitness Floor	26 ForeverWell Orientation 3:00pm	27 Line Dancing Studio 3 12:20pm	28 Youth Orientations 10am/12:30 Fitness Floor
29 BodyPump Studio 3 5:40pm	30 	31 Card games & More Comm Rm 11:30am	<b>School Release Days-March 3, 13 &amp; 16-20</b> When school is out, the Y is in! The Andover Y offers a full-day recreational program for school-aged children available during school release days and vacation breaks.			

## Andover Community Impact for 2020

- \*Our Y welcomes more than 1,200 seniors into our ForeverWell programs and activities, including fitness, aquatics, social activities and more that build strength in spirit, mind, and body.
- \*More than 1,900 individuals learned to be safe and confident around water through Y swimming lessons.
- \*Our Y bridges the opportunity gap and gives young people a safe place to go before and after school. More than 250 students from different backgrounds come together to receive academic support, enrichment activities, healthy snacks, exercise and more in our Youth Center Program.
- \*More than 2,900 community members enjoy access to our Y with the help of financial assistance from our generous donors.

# ANDOVER MEMBER NEWS



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## BUILDING A HEALTHY FAMILY: PLAY EVERY DAY



Play may be the best way to prevent childhood obesity. By putting more play into your family's day, you will soon find yourself getting the activity that will have your family feeling energized and strong. Explore these healthy habits, tips and tools designed to get your family having fun while moving and playing.



**Visit:** [www.ymca.net/healthy-family-home/](http://www.ymca.net/healthy-family-home/) and download The Quick Start Kit. Also, check out more healthy home tips and resources for your family!

## CONTACT INFORMATION

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## FACILITY HOURS

Monday-Thursday 5am-10pm  
Friday 5am-9pm  
Saturday & Sunday 6am-8pm

## KIDS STUFF HOURS

Monday-Thursday 8am-130pm  
3:30pm-8:30pm  
Friday 8am-1:30pm 3:30pm-7pm  
Saturday 8am-4pm  
Sunday 9am-7pm

## SUPPORT YOUR COMMUNITY: BECOME A BOARD MEMBER

The Andover YMCA is looking for a supportive and active member in the community to volunteer on the Board of Directors. Our Board of Directors is made up of dedicated community leaders who use their knowledge and talents to support fundraising and help address and support community programs and activities. Interested? Contact Allison Boes, the Executive Director, at 763.230.6525 or [allison.boes@ymcamn.org](mailto:allison.boes@ymcamn.org).

## EMPLOYEE SPOTLIGHT

Sharron Robillard has worked for the YMCA for almost 15 years working at both the Emma B Howe Coon Rapids Y and the Elk River Y in Member Services before here. She has now been with the Andover YMCA for almost 6 months as a full-time Member Service Advisor. Sharron helps make sure Member Services runs smoothly, assists with registrations and account changes and enjoys conversations with our customers. She thinks working for the Y is the best job and loves that she can make a difference with so many members and guests. Sharron is passionate about traveling, gardening, scrapbooking and being with family and friends. She also loves running and working out. Fitness is part of her daily life including walking her dog Bella. Sharron wants to make a difference by making a positive impact for our members, whether it's calling them by their name, remembering they have towels, and even giving high fives to the kids.

