

\*Womens locker room closed Mon-Fri 1:30-2:30pm & 8:30pm Saturday & Sunday 7-8am &4:30pm

Open Swim Lap Swim (3)           10:10am-11:20an Swim Lessons (No Lap Swim) Open Swim         11:20-3:00pm Swim Lessons (1 Lap Lane open, Open Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00am - 7:50am Open Swim	5:00am - 7:25am Open Swim	5:00am - 6:45am Open Swim	5:00am - 7:25am Open Swim	5:00am - 6:45am Open Swim		
No Open Swim   Lifeguard Break)   Lifeguard Break							
No Open Swim   Lap Swim (3)	Water Ex Class	Closed	Closed		Closed	CLOSED	CLOSED
Open Swim (a) Lap Swim (3)         Open Swim (ap Swim (3)         Sidopm-345pm Open Swim (ap Swim (3)	No Lap Swim						
Lap Swim (3)   10:0am-11:0am   11:0am-11:0am   10:0am-11:0am   10							7:00am - 10:10an
10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (1)   11:00am-1-30pm   Courage Kenny (1)   Open Swim   Lap Swim (2)   11:00am-1-20pm   Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   No Lap Swim   No Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (1)   (1 Lap Lane Open)   6:30pm-7:00pm   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   6:30pm-7:00pm   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   6:30pm-7:00pm   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   0:30pm-7:00pm   Swim Lessons   Open Swim   Lap Swim (2)   0:00pm-7:00pm   Swim Lessons   Open Swim   Lap Swim (2)   0:00pm-7:00pm   Open Swim   Lap Swim (3)   0:00pm-7:00pm   Open Swim   Lap Swim (2)   0:00pm-7:00pm   Open Swim   Lap Swim (3)   0:00pm-7:00pm   Open Swim   Lap Swim (3	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)		
10:15am-11:00am   Water Ex Class   No Open Swim   Lap Swim (2)   11:00am-1:00pm   No Lap Swim   Lap Swim (3)   11:00am-1:00pm   Open Swim   Lap Swim (3)   11:00am-1:00pm   Open Swim   Lap Swim (3)   11:00am-1:00am   Open Swim   Lap Swim (3)   10:15am-1:100am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-1:100am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-1:100am   Water Ex Class   No Open Swim   Lap Swim (3)   10:15am-1:100am   Water Ex Class   No Open Swim   Lap Swim (3)   L							(No Lap Swim)
Mater Ex Class   10-30am - 1-30pm   Courage Kenny (1)   Copen Swim   Lap Swim (2)   Copen Swim   Lap Swim (3)   Cosed (Ufleguard Break)   Colored (Ufleguard Break)   Co							Swim Lessons (1 Lap Lane open)
Closed   C	Water Ex Class No Open Swim	Courage Kenny (1) Open Swim	Water Ex Class No Open Swim	Courage Kenny (1) Open Swim	Water Ex Class No Open Swim		
Lap Swim (3)   Lap Swim (3)   Lap Swim (3)   10:15am-11:00am   Water Ex Class   No Open Swim   Water Ex Class   No Open Swim   No Lap Swim						8:00am-8:45am	
10:15am-11:00am   Water Ex Class   No Open Swim   No Lap		Closed		Closed	-	Water Fx Class	
1:20pm-5:10pm							
1.20pm-5:10pm	Closed		Water Ex Class		Water Ex Class	No Lap Swim	
1.20pm-5:10pm	(Lifeguard Break)						
Lap Swim (3)   S:10pm-5:40pm   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   Sidpm-7:00pm   Swim Lessons   Open Swim   Lap Swim (1)   (1 Lap Lane Open)   Open Swim   Lap Swim (1)   Open Swim   Swim Lessons   Open Swim   Swim Lessons   No Open Swim   Lap Swim (2)   Open Swim   Lap Swim (3)   Open Swim   CLOSED   Open Swim   CLOSED   Open Swim   Open	1:20pm-5:10pm	3:45pm-7:30pm	•	3:45pm-5:45pm			
Courage Kenny (1)	Lap Swim (3)	5:10pm-5:40pm Swim Lessons Open Swim Lap Swim (1) (1 Lap Lane Open) 6:30pm-7:00pm Swim Lessons Open Swim Lap Swim (1) (1 Lap Lane Open)	Lap Swim (3)	Open Swim Lap Swim (1) (1 Lap Lane Open)	Lap Swim (3)		
Swim Lessons   Swim Lessons   Swim Lessons   Swim Lessons   Swim Lessons   Open Swim   Open Swim   Lap Swim (3)	Swim Lessons 5:10pm-5:40pm Swim Lessons Open Swim Lap Swim (1) (1 Lap Lane Open) 6:30pm-7:00pm Swim Lessons Open Swim Lap Swim (1)	Open Swim	Courage Kenny (1) Open Swim	Water Ex No Open Swim	Courage Kenny (1) Open Swim Lap Swim (2)	Open Swim	
Open Swim Lap Swim (3)         CLOSED         Open Swim Swim Lap Swim (1) (1 lap lane open)         Open Swim Lap Swim (3)         CLOSED           8:45pm CLOSED         7:05pm-8:45pm Open Swim Lap Swim (3)         8:45 Swim (3)         CLOSED           CLOSED         CLOSED         CLOSED	Water Ex Class No Open Swim No Lap Swim			Swim Lessons No Open Swim	Swim Lessons Open Swim	Swim Lessons	
Open Swim   CLOSED   CLOSED	Open Swim Lap Swim (3)		Open Swim Swim Lessons Lap Swim (1) (1 lap lane open)	Open Swim Lap Swim (3)	Open Swim Lap Swim (3)		
			Open Swim Lap Swim (3)				

**Hot Tub & Sauna SCHEDULE** 

\*Schedule subject to change.
NO Reservations Required (Except Water Ex Classes)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 1:00pm Hot Tub Sauna	5:00am - 7:45am Hot Tub Sauna	5:00am - 8:45pm Hot Tub Sauna	5:00am - 7:25am Hot Tub Sauna	5:00am - 6:45am Hot Tub Sauna	CLOSED	CLOSED
					7:00am-4:45am Hot Tub Sauna	7:00am-4:45am Hot Tub Sauna
1:00pm-1:20pm Aquatics Area Closed	7:25am-7:45am Aquatics Area Closed	8:45pm Closed	7:25am-7:45am Aquatics Area Closed	6:45am-7:05am Aquatics Area Closed		
1:20pm-8:45pm Hot Tub Sauna	7:45am-1:30pm Hot Tub Sauna		7:45am-12:45pm Hot Tub Sauna	7:05am-8:45pm Hot Tub Sauna	4:45pm Closed	
			12:45-3:45 Hot Tub Closed			
	1:30pm-3:45pm Aquatics Area Closed		12:45pm-1:30pm <b>Sauna <i>Only</i></b>			4:45pm Closed
	3:45pm-8:45pm <b>Hot Tub</b> <b>Sauna</b> <b>8:45pm</b>		1:30pm-3:45pm Aquatics Area Closed			
8:45pm Closed	Closed		3:45pm-8:45pm Hot Tub Sauna	8:45pm Closed		
			8:45pm Closed			

For most up to date schedule, please check online: https://www.ymcanorth.org/all\_y\_schedules/pdf\_schedules

Aquatics Area is subject to close without notice.