



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FUN FESTIVE FALL

NOVEMBER 2016 EVENTS Active Older Adults THE YMCA IN HUDSON, WI

Enjoy the fun briskness of fall and all it has to offer.

Sprays of The Holidays, Fri. Nov. 17, 8:00–8:45am, Community Room

Michelle Caron returns with her essential oils to help you make two gift sprays with beautiful holiday scents. \$10 for members, \$15 for guests. Register at Member Services.

Pickleball Lessons, Wed., Nov. 3, 10 Dec. , 8, 15

Learn from champion Pickleball player, Michael Lammer, how to play the fastest growing sport in the nation. \$40 for members/ \$60 for non-members. Register at Member Services.

Beginners: 2:30–3:55pm

Intermediate: 4:00–5:25pm

Brain Builders on Thursdays (except Thanksgiving)

Think Fast—Improvisation and laughs with Gary Jader continues, 12:15–1:00, Community Room

Mah Jongg—Learning and/or play this ancient Chinese game. 1:05–3:00pm



YMCA IN HUDSON, WI
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