



## **YMCA Camp Icaghowan Counselor In Training (CIT) Program Information**

**Program Eligibility:** Ages 16-17

**Program Fee:** \$800

**Length of Program:** 3 weeks (includes at least one weekend)

**Session Dates:** Session 2/3/4: July 10-29 Session 5/6/7: July 31-August 19

### **Program Overview**

The goal of the Counselor in Training (CIT) Program is to provide opportunities for participants to develop their skills as a camp counselor and leader at YMCA Camp Icaghowan. Individuals selected for this program will learn about camp on an operational level and will be given tasks similar to that of a counselor. Each week, CIT's will be assigned to work with a cabin group along with other summer camp staff. CIT's will attend specialized training sessions pertaining to safety practices, behavior management techniques, and program development. They will also be given opportunities to practice leading camp activities. This progressive program provides opportunities for constant feedback and individualized training for those interested in becoming a future Camp Icaghowan counselor.

### **What CIT's Will Do:**

- Live in a cabin with up to ten campers and assist with the leadership and guidance of campers.
- Be mentored by assigned counselors and staff.
- Assist in everyday counselor tasks while receiving constant feedback.
- Receive activity training, including but not limited to: target sports, canoeing, camping, song leading, arts & crafts.
- Be given opportunities to assist in leading activities. ☑ Learn about safety and risk management.
- Learn about camper behavior management.
- Learn about support staff roles and assist in support staff led activities.

The CIT program includes a visit to another camp during one of the weekends of the program. At this time the second weekend of the CIT program CITs will spend at home. CIT's must be able to make local arrangements for housing on weekends. They will be permitted to ride the Camp Icaghowan camper bus to and from the REI in Bloomington, MN. Dates of weekend programming will be announced in spring.

### **Counselor in Training Participants Are:**

- 16-17 years old.
- Required to adhere to a daily schedule and assigned responsibilities.
- Responsible for interpreting the rules, policies, and traditions of Camp Icaghowan to campers.

- Required to have a “Camper Focused” vision and place the camper’s safety and camp experience first.
- Required to have interest in, concern for, and the ability to work with children as well as the ability to understand them.
- Responsible for motivating camper participation in camp programs, cabin activities, and meals.
- Must encourage a fun, positive, and safe environment within the parameters of the YMCA mission.
- Required to assist in service projects around camp.
- Motivated to participate in training sessions, discussions, and personal growth & development.

**To Be Considered for This Program**

1. A completed application must be submitted no later than March 31, 2016; however, we encourage candidates to apply as early as December.
2. Qualified candidates will be invited to interview following submission of a completed application.
3. If selected, acceptance of the program must be reported within 7 days. Payment of the program fee is required within 30 days of notification of acceptance.

**CIT Expectations and Understandings**

CIT’s are expected to adhere to all rules, policies, and regulations of the CIT program and YMCA Camp Icahowan. They are required to be positive role models and be able to receive feedback in a positive manner. Inability to do so may result in dismissal from the program. Completion of the CIT program does not guarantee that participants will be hired as a staff member at YMCA Camp Icahowan.