



West Region Sports Programs Schedule

Emma B, New Hope, Andover, Elk, and Ridgedale

2025 Session 1, January 13 - March 9

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

YOUTH LEAGUES starting week of January 13

Games/meets take place starting Week 3

BASKETBALL

Girls Grades 1 - 2 at Andover YMCA Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Girls Grades 1 - 2 at Emma B Howe YMCA Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Girls Grades 1 - 2 at New Hope YMCA Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Girls Grades 1 - 2 at Ridgedale YMCA Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Andover YMCA Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Emma B Howe YMCA Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at New Hope YMCA Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Ridgedale YMCA Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at Andover YMCA Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at Emma B Howe YMCA Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at New Hope YMCA Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at Ridgedale YMCA Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Boys Grades 3 - 4 at Andover YMCA Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Boys Grades 3 - 4 at Emma B Howe YMCA Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Boys Grades 3 - 4 at New Hope YMCA Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member

REGISTRATION BEGINS DECEMBER 17, 2024

Page 1 of 3

Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.

Boys Grades 3 – 4 at Ridgedale YMCA Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
Girls Grades 5 – 6 at Andover YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 5 – 6 at Emma B Howe YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 5 – 6 at New Hope YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 5 – 6 at Ridgedale YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 5 – 6 at Andover YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 5 – 6 at Emma B Howe YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 5 – 6 at New Hope YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 5 – 6 at Ridgedale YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at Andover YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at Emma B Howe YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at New Hope YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at Ridgedale YMCA Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at Andover YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at Emma B Howe YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at New Hope YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at Ridgedale YMCA Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member

VOLLEYBALL

All Gender Grades 5 – 6 at Andover YMCA Games/meets take place on Saturdays	Wed 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
All Gender Grades 5 – 6 at Emma B Howe YMCA Games/meets take place on Saturdays	Wed 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
All Gender Grades 7 – 8 at Andover YMCA Games/meets take place on Saturdays	Wed 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
All Gender Grades 7 – 8 at Emma B Howe YMCA Games/meets take place on Saturdays	Wed 6:30 pm to 7:30 pm	\$119 member / \$149 non-member

Boys and Girls Leagues may be combined in cases of low registration.

CLASSES

HOME SCHOOL

Homeschool P.E. Class: grades K-2

REGISTRATION BEGINS DECEMBER 17, 2024

Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.

Andover YMCA Class meets 8 times starting January 13	Mon 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Elk River YMCA Class meets 8 times starting January 15	Wed 12:00 pm to 2:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 8 times starting January 16	Thu 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Homeschool P.E. Class: grades 3-5		
Andover YMCA Class meets 8 times starting January 13	Mon 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Elk River YMCA Class meets 8 times starting January 15	Wed 12:00 pm to 2:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 8 times starting January 16	Thu 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Homeschool P.E. Class: grades 6-9		
Andover YMCA Class meets 8 times starting January 13	Mon 10:00 am to 12:00 pm	\$84 member / \$109 non-member
Elk River YMCA Class meets 8 times starting January 15	Wed 12:00 pm to 2:00 pm	\$84 member / \$109 non-member
Andover YMCA Class meets 8 times starting January 16	Thu 10:00 am to 12:00 pm	\$84 member / \$109 non-member

PROGRAM LOCATIONS

Andover YMCA 15200 Hanson Blvd NW	Andover	MN	55304
Elk River YMCA 13337 Business Center Dr NW	Elk River	MN	55330
Emma B Howe YMCA 8950 Springbrook Dr NW	Coon Rapids	MN	55433
New Hope YMCA 7601 42nd Ave N	New Hope	MN	55427
Ridgedale YMCA 12301 Ridgedale Dr	Minnetonka	MN	55305

REGISTRATION BEGINS DECEMBER 17, 2024

Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.