



# Shoreview YMCA Lifeguard and Safety Training Classes

Spring/Summer 2019 3/1/2019 - 8/31/2019

Phone: (651) 483-2671 Fax: (651) 490-4883

www.shoreviewymca.org www.facebook.com/northwestfamilyymca

## BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm  
Saturda 6:00am-8:00pm  
Sunday: 6:00am-8:00pm

## KIDS STUFF HOURS

Mon-Fri: M-Th 8:30am-8:30pm, F 8:30am-7:00pm  
Saturday:9:00am-1:00pm  
Sunday: 9:00am-12:00pm

### ARC Lifeguard Full - Blended

89\_LE\_2456\_50\_032219\_Y

Cost: \$200

Registration available through 3/14

Friday 3/22

Saturday 3/23

Sunday 3/24

5:00 PM-9:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

### ARC Lifeguard Full - Blended

89\_LE\_2456\_50\_042619\_Y

Cost: \$200

Registration available through 4/18

Friday 4/26

Saturday 4/27

Sunday 4/28

5:00 PM-9:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

### ARC Lifeguard Full - Blended

89\_LE\_2456\_50\_051719\_Y

Cost: \$200

Registration available through 5/9

Friday 5/17

Saturday 5/18

Sunday 5/19

5:00 PM-9:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

### ARC Lifeguard Full - Blended

89\_LE\_2456\_50\_060719\_Y

Cost: \$200

Registration available through 5/30

Friday 6/7

Saturday 6/8

Sunday 6/9

5:00 PM-9:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

## Class Descriptions

### ARC Lifeguard Full - Blended

Ages: 15+

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Blended format.