



# CAMP MENOBYN

Wilderness Adventures  
For Teens Ages 12–18



CANOEING



BACKPACKING



CLIMBING



2013 Catalog & Registration  
[campmenogyn.org](http://campmenogyn.org)

# YMCA CAMP MENOGYN

## OUR MISSION

To provide transformational experiences in a wilderness setting emphasizing quality, personal growth and relationships.



YMCA Camp Menogyn changes lives. I have experienced this first hand as a Menogyn camper, summer staff member, board member and camper parent. If you or your son or daughter are looking for an extraordinary opportunity to build character, strengthen values, explore wilderness, make friends and have fun, Menogyn is your place.

Menogyn provides young people with unique and powerful ways to learn and care about themselves, about others, and about the world. As Menogyn campers explore the wild places of North America, from the Boundary Waters to Alaska, they make amazing progress in their growth as individuals while having incredible fun and building life-long friendships.

Every Menogyn staff member is excited about the summer of 2013. We care deeply about each camper and look forward to Menogyn's 92nd summer of providing high quality and transformative wilderness experiences for teens. If you have any questions about Menogyn, please contact me.

Sincerely,

A handwritten signature in black ink that reads "Doug Nethercut". The signature is fluid and cursive.

Doug Nethercut, Executive Director, YMCA Camp Menogyn  
doug.nethercut@ymcatwincities.org 763-479-1146

## THE Y CAMP EXPERIENCE

YMCA camps share one thing: DISCOVERY. Campers have the opportunity to explore nature, try new activities, find new talents, gain independence, and make lasting friendships and memories. And, of course, camp is fun too!

Our commitment to nurturing the potential of children and teens, promoting healthy living, and fostering a sense of social responsibility comes alive at YMCA camps. For over 125 years, our camps have provided a safe, thriving environment for young people to explore and grow. Join the YMCA camp experience!

## ABOUT CAMP MENOGYN

For 91 years, Camp Menogyn has offered high quality wilderness adventures for teens. At Menogyn, campers will enjoy exceptional and transformational experiences. We specialize in small group wilderness activities like canoeing, backpacking, rock climbing, dog sledding, cross-country skiing and snowshoeing. We emphasize personal growth, skill development and relationships that give campers adventures and memories they'll treasure for a lifetime. All of our wilderness adventures are safe, fun and enriching in an environment where the Y values are at the core.

Menogyn facilities include camper and staff cabins, a wonderful dining hall with great food, and a world-class sauna. During the summer, campers stay at Menogyn's base camp for two nights before heading out for a wilderness canoe, backpacking or rock climbing trip. At the end of their trip, campers return to Menogyn for a grand welcome, sauna, banquet and closing campfire before leaving for home the next day. In the winter, campers take one-day adventure trips from our base camp.

Menogyn is fully accredited by the American Camping Association (ACA).

# GENERAL INFORMATION

## THE MENOGYN COMMUNITY

We nurture character development in campers by teaching and embodying the Y values of Caring, Honesty, Respect and Responsibility. Our well-trained staff members lead quality camp programs that are safe, fun and enriching. Admission as a Menogyn camper carries many privileges and responsibilities. We expect campers to participate in the total life of Menogyn — to work, play and live together. Please call Doug or Mo at 763-479-1146 if your child has any specific needs.

At Camp Menogyn, your camper will:

- ◆ Develop integrity, confidence, self-reliance and leadership skills.
- ◆ Build lasting friendships.
- ◆ Enrich their spirit, mind, and body through challenging and fun wilderness trips.
- ◆ Gain an appreciation for wild places.
- ◆ Experience a sense of community by living with campers in age-appropriate, single-gender small groups.

## FRIENDLY, WELL-TRAINED STAFF

Our counselors and staff are special people, serving as role models, who are passionate about giving every camper an exceptional wilderness experience. Each one of them possesses outstanding wilderness and safety awareness skills. Menogyn staff members are carefully selected based on leadership abilities, prior experience working with youth, decision-making capabilities, respect for the environment and safety awareness.

Counselors are college-aged with keen interests in environmental studies, teaching and other disciplines. Many return each year. All of our staff have completed our own intensive training program and are dedicated to supporting campers' personal growth.

## LIFELONG FRIENDSHIPS ARE MADE AT CAMP

One of the main joys of camp is living and participating in an environment that fosters and facilitates friendships. At YMCA camps, common experiences, mutual respect and open communication create bonds between campers that can last a lifetime.

## HEALTH, SAFETY & WELLNESS

Camper safety comes first at Menogyn. Staff members are trained in Wilderness First Responder and Wilderness Water Safety. While some risk is part of any wilderness experience, our counselors have the training and judgment to make appropriate decisions in the case of accident or illness.

## FINANCIAL ASSISTANCE

Menogyn welcomes all who wish to participate, and annually raises campership funds to help make that possible. Please let us know if we may serve you or your family in this way. Campership application materials are available at [campmenogyn.org](http://campmenogyn.org) or you can call us at 612-822-2267.



48°03'45.96" N, 90°26'17.07" W

## BOUNDARY WATERS LOCATION

Camp Menogyn is located in northern Minnesota on the shores of West Bearskin Lake, surrounded by the Boundary Waters Canoe Area Wilderness (BWCAW). There are no roads to Menogyn – you have to cross the lake to get to camp!

## YMCA CAMP MENOGYN SUMMER OFFICE

55 Menogyn Trail  
Grand Marais, MN 55604  
Phone: 218-388-4497





# MENOBYN (min-O-jin) FROM THE OJIBWE “TO GROW FULLY”

“Menogyn has helped me grow into a better, stronger, kinder and more honest person.”  
— Menogyn camper

## LIFE AT CAMP MENOBYN

Each camper is important to us. Trips are structured so that campers can enjoy themselves and participate regardless of their previous experience with outdoor and wilderness activities. Campers can expect to assist in a variety of activities such as planning the trail route or preparing the food menu.

Our small, single-gender groups of 3 to 8 campers with 1 or 2 trail counselors ensure special connections that result in personal growth, mutual respect and support as campers face a variety of challenges during their adventures.

## A TYPICAL SESSION AT CAMP MENOBYN

Menogyn sessions are filled with planning, learning new skills, adventures, personal growth, friendships, accomplishments, and fun!

### DAYS 1 & 2

Preparation for the upcoming adventure. Through planning the route and menu, learning new skills for wilderness travel, and all-camp activities, campers make new friends, build group trust and get ready to go “on-trail.” Campers are checked-in by the health officer, visit the canoe workshop and learn about safely traveling through beautiful wild places.

### DAY 3 & ON

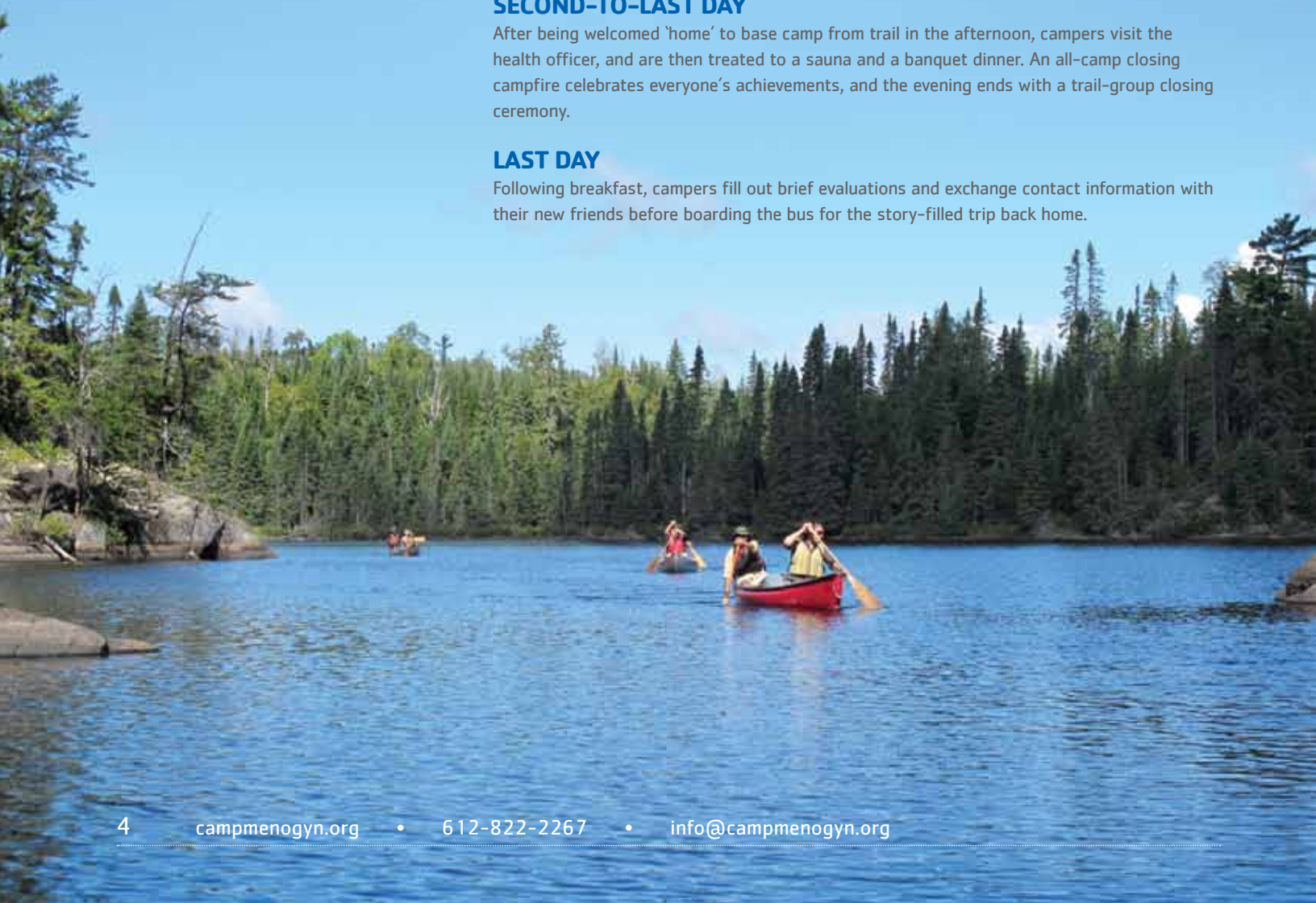
Campers typically go “on-trail” the morning of Day 3. They canoe, hike or climb, experiencing amazing wilderness areas with their small trail group. Daily activities vary depending on the type of trip. Campers have time to practice their new wilderness camping skills. The challenges and joys of small-group wilderness travel help develop maturity, leadership, and self-esteem. Trail life also provides campers with many fun opportunities for positive interaction with peers.

### SECOND-TO-LAST DAY

After being welcomed ‘home’ to base camp from trail in the afternoon, campers visit the health officer, and are then treated to a sauna and a banquet dinner. An all-camp closing campfire celebrates everyone’s achievements, and the evening ends with a trail-group closing ceremony.

### LAST DAY

Following breakfast, campers fill out brief evaluations and exchange contact information with their new friends before boarding the bus for the story-filled trip back home.



# THE MENOBYN PROGRESSION



## THE MENOBYN PROGRESSION

Challenges are important to a teenager's growth and development. We offer our campers opportunities for progressive challenges in a range of wilderness adventures that become increasingly remote and demanding.

### 8–11 DAYS • ENTERING GRADES 7–10

**Plus 11-day canoe and 8-day backpacking sessions for campers entering 11th & 12th grade**

These trips present an introduction to wilderness travel – over water in a canoe, on a trail with a backpack, or up a vertical rock face. Traveling in the Boundary Waters, the Superior Hiking Trail or on Isle Royale, campers develop team-building skills, practice leave-no-trace camping and learn basic backcountry camping skills.

### 14–16 DAYS • ENTERING GRADES 9–12

Campers build on skills learned from previous experience. The extended length on trail provides for a longer route, time to hone skills, and challenges campers to form lasting bonds with their trail-mates.

### 20–22 DAYS • ENTERING GRADES 10–12

**Application required for new campers, visit us online at [campmenogyn.org](http://campmenogyn.org) for forms.** Campers canoe or backpack in Quetico Provincial Park in Ontario, Yellowstone National Park in Wyoming or the Absaroka-Beartooth Wilderness in Montana. Campers are faced with new challenges that require learning new skills, developing leadership capacity and appreciating the joy that work brings.

## SESSIONS FOR OLDER TEENS

Menogyn has some wilderness trips reserved just for teens entering 11th and 12th grades. Open to both new and experienced campers, these sessions include 11 day BWCA canoeing and 8 day Superior Hiking Trail backpacking experiences.

**Experienced Menogyn campers who are ready to take on more challenges can also be invited to participate in these longer, more advanced wilderness trips:**

### NOR'WESTERS

**30–32 days**

These adventures travel to areas located in the Western United States and Canada. Campers work on leadership development while learning about whitewater paddling or off-trail hiking. Campers also increase their map and compass, backcountry cooking, and teamwork skills.

### LONG TRIPS

**Femmes du Nord,  
Hommes du Nord,  
Wahkanees & Waputiks**

**50 days**

The pinnacles of Menogyn adventures! Traveling to Alaska, the Barrens of Northern Canadian, or the Yukon. Long Trips offer new challenges that, when faced together, build relationships that last a lifetime. Using all the skills and expedition mentality developed on previous Menogyn trips, campers have the opportunity to experience a truly once-in-a-lifetime adventure.



# 2013 CAMP SESSIONS



## CANOEING

**An incredible adventure for teens!** Regardless of skill level or previous canoeing experience, Menogyn counselors work with campers to develop new skills and have an amazing time paddling in the Boundary Waters or Canada's remote Quetico Provincial Park.

During our canoeing adventures, campers can expect to:

- ◆ Travel an average of 7–12 miles each day.
- ◆ Develop team-building, paddling and portaging skills (carrying equipment over trails connecting the lakes).
- ◆ Eat great food and help cook over a fire or camp stove.
- ◆ Relax, make friends, and share stories and experiences.
- ◆ Learn about their own strengths and limits.

### BWCA • 8 OR 11 DAYS

A great introductory trip for first-time Menogyn campers. Campers learn the basics of wilderness canoe tripping during a 5 or 8 day trip canoeing in the BWCAW. Groups travel an average of 5–8 miles and carry their packs and canoes across 3–5 portages per day.

### BWCA • 14–16 DAYS

Campers build on their previous wilderness travel and camping skills during this session. Paddle the BWCAW for 11–12 days, travel up to 100 miles and traverse many portages. Build a paddle – sign up for the special session where campers build their own canoe paddle to take on trail.

### QUETICO PROVINCIAL PARK, ONTARIO • 20–22 DAYS

Campers build their expedition canoeing skills as they canoe and portage through the rugged terrain of Quetico Provincial Park, Ontario. Many trips finish with the eight and a half mile Grand Portage! Previous wilderness experience is required. Note: A passport or passport card is required for all Quetico campers.

### BUILD YOUR OWN PADDLE

For some 14 or 16 day canoe sessions you can choose to build your own canoe paddle. We'll spend an extra day in camp before going out on trail and our skilled canoe master will instruct campers in crafting a solid wood paddle. Campers will learn to use a hand plane, spoke-share and shaving horse. And they'll use their new paddle out on trail! Materials and tools provided.



Please see page 9 for all session dates and fees.





## BACKPACKING

Whether hiking on Minnesota’s North Shore, on Isle Royale in Lake Superior, or out West in the Rocky Mountains, Menogyn backpacking is an excellent way for teens of all skill levels to experience the wonders of wild places!

Backpacking campers can expect to:

- ◆ Learn how to properly fit and pack backpacks.
- ◆ Travel an average of 6–10 miles each day.
- ◆ Hike through spectacular landscapes along Lake Superior or in the Rocky Mountains.
- ◆ Relax, make friends, and share stories and experiences.
- ◆ Eat great food and help cook over a fire or camp stove.
- ◆ Learn to live simply, carrying everything you need on your back!

### SUPERIOR HIKING TRAIL • 8 DAYS

Campers learn the basics of wilderness backpacking during six days on the Superior Hiking Trail overlooking Lake Superior. Groups hike well-maintained trails in the beautiful boreal forest and camp at designated campsites.

### ISLE ROYALE NATIONAL PARK • 11 DAYS

Campers take a three-hour ferry from Grand Portage to enjoy seven days backpacking established trails on beautiful Isle Royale, an island in Lake Superior. Isle Royale campers often see moose and fox, and may even hear wolves. Groups camp at designated campsites.

### BIG HORN MOUNTAINS • 14 DAYS

After taking a van to Wyoming, campers enjoy a 7 day backpacking trip in the beautiful Big Horn Mountains. Designed for campers with some prior hiking experience, this session offers a solid introduction to backpacking in the mountains of the American West. Trail groups will hike on trails to elevations up to 10,000 feet and will learn the skills needed to backpack safely in the mountains.

### YELLOWSTONE OR BEARTOOTH BACKCOUNTRY • 20–22 DAYS

For 14–15 days, campers hike deep into the wilderness of Yellowstone National Park in Wyoming or the Absaroka-Beartooth Wilderness in Montana. Through mixed alpine terrain, at elevations up to 11,000 feet, campers enjoy classic Rocky Mountain backcountry while learning and practicing their mountain backpacking skills. Previous wilderness experience is required.



## ROCK CLIMBING

Both novice and experienced climbers will enjoy these adventures! A variety of challenging climbs of varying difficulty are provided to each group, under the supervision of our highly skilled staff. These incredible adventures are designed to build self-confidence and teamwork skills as campers climb at some of the most beautiful sites in Northern Minnesota.

Rock climbing campers can expect to:

- ◆ Learn skills in rock climbing, belaying and safety.
- ◆ Learn how to properly fit and pack your backpack, or paddle and portage your canoe and gear.
- ◆ Learn about low-impact wilderness camping.
- ◆ Eat great food and help cook over a fire or camp stove.
- ◆ Make friends, share stories and work together to climb safely as a group.

### BWCA OR SUPERIOR HIKING TRAIL • 8 DAYS

A great introduction to rock climbing. Campers spend 4–5 days climbing at Seagull Palisade in the BWCA or along the Superior Hiking Trail. Campers learn basic required skills, including a variety of knot-tying, belaying, and climbing techniques.

### SUPERIOR HIKING TRAIL (BACKPACKING & CLIMBING) • 14–16 DAYS

Campers build backpacking and climbing skills as they spend 12 days climbing and hiking at four or five amazing sites on the Superior Hiking Trail. Menogyn groups have climbed at Palisade Head, Shovel Point, Section 13 and Mystical Mountain. Previous experience is not necessary, but a basic knowledge of climbing is very helpful.

## CANOE/ROCK COMBO

### BWCA (½ canoeing and ½ climbing) • 11 days

Get an excellent taste of wilderness canoeing and rock climbing on this combined trip. Campers split their time between canoeing through the Boundary Waters and climbing at Seagull Palisade as they learn the skills required for both adventures.



# 2013 CAMP SESSIONS

“Menogyn wilderness experiences helped my kids become good people — full of confidence, generosity, and joy.”  
— Menogyn Parent



## FAMILY CAMP

**New Years “Weekend” • December 30–January 2**

**Presidents Day Weekend • February 15–18, 2013**

**Memorial Day Weekend • May 24–27, 2013**

**Labor Day Weekend • August 30–September 2, 2013**

An unforgettable family experience! Open to everyone, with or without kids. You choose the adventure: paddle and portage to Rose Falls, hike to Caribou Rock, or visit other scenic places near Menogyn. In the winter, enjoy dog sledding, cross-country skiing or snowshoeing. Sit by the fire and read a good book, eat great food and have fun. Ties with family and friends deepen during these magical getaways. New Years Eve includes a special bonfire and a ball drop -- just like Times Square!

Families or friends stay together at camp for the entire weekend. Call 612-822-2267 for a registration form or visit us online at [campmenogyn.org](http://campmenogyn.org).



## GROUP EXPERIENCES

School, spiritual and private groups are welcome at Menogyn. We provide food, equipment, a trail guide and assist in planning the route. Call Doug or Mo at 763-479-1146 to find out more about summer canoe trips, and fall and winter activities for your group.

## WOMEN’S CANOE ADVENTURE

**July 11–16, 2013 • Ages 18+ • 5 days**

For a spectacular nature getaway, join our women-only canoeing experience! During this special week, you’ll enjoy:

- ◆ Mapping out the route and planning the trip menu.
- ◆ Traversing rivers and lakes for a 4-day, 3-night wilderness trip.
- ◆ Experiencing the beauty and serenity of the deep wilderness with a small group of women.



## FALL & WINTER ACTIVITIES

Menogyn has more exciting adventures for you after the summer ends! We offer sampler weekends that include dogsledding, skiing and snowshoeing. Call 763-479-1146 for information.



# YMCA CAMP MENOBYN 2013 DATES & FEES

(All our trail groups are single gender and open to boys and girls unless otherwise noted.)

<p><b>CANOEING</b></p> <p><b>8-Day Canoe</b> . . . . . \$795                  Entering grade 7                  8C2.7 Jun 28–Jul 5                  8C5.7 Aug 6–13                  Entering grades 8–10                  8C1 Jun 19–26 (\$765)                  8C2 Jun 28–Jul 5                  8C3 Jul 11–18                  8C4 Jul 28–Aug 4                  8C5 Aug 6–13                  8C6 Aug 15–22</p> <p><b>11-Day Canoe</b> . . . . . \$1095                  Entering Grades 8–10                  11C1 Jun 28–Jul 8                  11C2 Jul 22–Aug 1                  11C3 Aug 15–25                  Entering Grades 11–12                  11C1 Jun 28–Jul 8                  11C3 Aug 15–25</p>	<p><b>CANOEING</b></p> <p><b>14/16-Day Canoe</b>                  Entering Grades 9–12                  14C1 Jun 22–Jul 5 . . . . . \$1395                  16C2 Jul 11–26 . . . . . \$1545                  14C3 Jul 22–Aug 4 . . . . . \$1395                  14C4 Aug 6–19 . . . . . \$1395</p> <p><b>14/16-Day Canoe with Paddle Building</b>                  Entering Grades 9–12                  14C1.P Jun 22–Jul 5                  Boys Only . . . . . \$1440                  16C2.P Jul 11–26                  Girls &amp; Boys . . . . . \$1590                  14C3.P Jul 22–Aug 4                  Girls &amp; Boys . . . . . \$1440</p>	<p><b>CANOEING</b></p> <p><b>20/22-Day Quetico Canoe</b>                  Entering Grades 10–12*                  20QC Jun 19–Jul 8 . . . . . \$1950                  22QC Jul 11–Aug 1 . . . . . \$2055</p> <p>* For Quetico and Yellowstone, previous wilderness experience and additional application required.                  Call 612-822-2267 for details or application.</p>	<p><b>WOMEN'S TRIP</b>                  (5-day session, Ages 18 + Up)                  WC1 Jul 11–16 . . . . . \$495</p> <p><b>FAMILY CAMP</b>                  Dec 30 – Jan 2, New Years                  Feb 15–18, Presidents Day wkend.                  May 24–27, Memorial Day wkend.                  Aug 30–Sep 2, Labor Day wkend.                  Ages 13 and up . . . . . \$170                  Ages 3–12 . . . . . \$90                  Under 3 . . . . . FREE                  Call 612-822-2267 for a registration form or go online to <a href="http://campmenogyn.org">campmenogyn.org</a>.</p> <p><b>ENGAGÉ SESSIONS</b>                  (Work Sessions)                  Engagé sessions allow campers to earn money towards their adventures and develop stewardship skills. Engagé campers work on service projects, camp chores, planning and participating in "Welcome Home" ceremonies, and more.                  For an application go to <a href="http://campmenogyn.org">campmenogyn.org</a> or call our office at 763-479-1146.                  E1 8 Days . . . . . Jun 19–26                  E2 11 Days . . . . . Jun 28–Jul 8                  E3 16 Days . . . . . Jul 11–26                  E4 8 Days . . . . . Jul 28–Aug 4                  E5 8 Days . . . . . Aug 6–13                  E6 11 Days . . . . . Aug 15–25</p>
<p><b>BACKPACKING</b></p> <p><b>8-Day Backpack</b> . . . . . \$795                  Entering Grade 7                  8B1.7 Jun 28–Jul 5                  8B3.7 Jul 28 –Aug 4                  Entering Grades 8–10                  8B2 Jul 11–18                  8B4 Aug 6–13                  Entering Grades 11–12                  8B3 July 28–Aug 4</p> <p><b>11-Day Isle Royale</b> . . . \$1255                  Entering Grades 8–11                  (Includes Ferry Transport)                  11B1 Jun 28–Jul 8                  11B2 Jul 22–Aug 1                  11B3 Aug 15–25</p>	<p><b>BACKPACKING</b></p> <p><b>14-Day Big Horn Mts</b> . . \$1645                  Entering grades 9–11                  (Includes van transport)                  14B1 Jul 22–Aug 4                  14B2 Aug 6–19</p>	<p><b>BACKPACKING</b></p> <p><b>20/22-Day Rocky Mountain &amp; Yellowstone</b>                  Entering grades 10–12*                  22YB Jul 11–Aug 1 . . . . . \$2525                  20YB Aug 6–25 . . . . . \$2410</p>	
<p><b>ROCK CLIMBING</b></p> <p><b>8-Day Rock</b> . . . . . \$855                  Entering Grades 8–10                  8R1 Jul 11–18 Girls Only                  8R2 Aug 6–13 Boys Only                  8R3 Aug 15–22 Boys Only</p> <p><b>11-Day Canoe/Rock Combo</b> . . . \$1190                  Entering Grades 8–10                  11R1 Jun 28–Jul 8                  11R2 Jul 22–Aug 1                  11R3 Aug 15–25 Boys Only</p>	<p><b>ROCK CLIMBING</b></p> <p><b>14/16-Day Rock</b>                  Entering grades 9–11                  14R1 Jun 22–Jul 5                  Boys Only . . . . . \$1440                  16R2 Jul 11–26                  Boys only . . . . . \$1590                  14R3 Aug 6–19                  Girls only . . . . . \$1440</p>	<p><b>ONLINE REGISTRATION AVAILABLE!</b>                  Visit us at <a href="http://campmenogyn.org">campmenogyn.org</a>                  or call 612-822-2267 for registration and payment inquiries.</p>	
<p><b>FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS</b></p>			

# YMCA CAMP MENOBYN

## REGISTRATION PROCESS

- ◆ One camper per registration form. Please photocopy or download for additional campers at: [campmenogyn.org](http://campmenogyn.org).
- ◆ Each registration form must be accompanied with a \$200 non-refundable deposit made by check, credit card or debit card. We will process registration deposits after the lottery is completed.
- ◆ All spaces will be allotted on a lottery basis for registrations received by 9:00 a.m. Monday, December 10, 2012. If you have listed more than one choice for sessions, you will be enrolled in the order of your choices according to space availability. This means that if you end up on the wait list for your first choice, and there is space available on your second choice, we will automatically enroll you in your second choice and keep you on the wait list for your first choice. Therefore, you increase your odds of getting into a session if you list more than one choice. PLEASE only list choices for sessions you know you will be able to attend.
- ◆ The completed registration form, along with the deposit will secure your place at camp.

## MENOBYN LOTTERY SYSTEM & OPEN ENROLLMENT

To achieve fairness in registering campers in December for the summer sessions, we use a lottery system at Menogyn. After the lottery has ended, all registrations will be processed on a First-Come, First-Served basis.

- ◆ Menogyn will hold two lotteries this year:
- ◆ **Lottery 1 – Returning Campers: Tues., December 11, 2012**  
All registrants will be notified by phone on Wednesday, Dec. 12.
- ◆ **Lottery 2 – New Campers: Thurs., December 13, 2012**  
All registrants will be notified by phone on Friday, Dec. 14.
- ◆ **OPEN ENROLLMENT BEGINS FRIDAY, DECEMBER 14, 2012**  
During Open Enrollment, registrations will be processed on a First-Come, First-Served basis until sessions are full. Notifications are by email.
- ◆ If you have questions about the lottery and registration, please call 612-822-2267.

**NEW CAMPER  
INFORMATION NIGHT  
TUESDAY, NOVEMBER 27, 7–8 P.M.**

**MIDWEST MOUNTAINEERING**  
Expedition Stage  
309 Cedar Ave S.  
Minneapolis, MN 55454

## LOTTERY DEADLINE:

**To enter this year’s lottery – Registration Form and \$200 non-refundable deposit must be received by 9:00 a.m., Monday, December 10, 2012.**

## PAYMENTS

- ◆ The balance of the session fee is due May 1, 2013, unless you have a pre-approved Payment Plan established with the Customer Service Center. If the balance is not paid by May 1, 2013, you may forfeit your place at camp along with the deposit.
- ◆ For questions about our payment plan policy or to establish a Payment Plan, please contact the Customer Service Center at the time of registration, or before May 1, 2013 at 612-822-2267.

## CONFIRMATION

- ◆ Confirmation letters will be sent within three weeks upon receiving the completed registration form and deposit.
- ◆ The Parent Handbook will be emailed, and can also be found online at [campmenogyn.org](http://campmenogyn.org). The Parent Handbook contains emergency information, medical/health examination forms, bus schedules, packing list, and session information.
- ◆ A physical exam is required for every camper within 24 months preceding the registered camp session. Each year a Health Exam form must be submitted, and a new Health History form must be completed by the parent or guardian.

## CANCELLATION & REFUND POLICY

- ◆ Call the Customer Service Center at 612-822-2267 if you must cancel your camp registration. Cancellations must be in writing and can be submitted to <http://ymcatwincities.custhelp.com> or faxed to 612-223-6322. Your deposit will not be refunded.
- ◆ Cancellations made 2 weeks or less before your camp session start date are non-refundable and non-transferable.
- ◆ If cancellation is due to a camper’s illness or medical reasons, or other uncontrollable circumstance, your camp fees will be refunded minus the deposit when cancellation is accompanied by a doctor’s statement/official statement.
- ◆ Should a camper’s behavior or a discipline problem affect our work with other campers or their enjoyment of camp, we reserve the right to dismiss him or her, without refund, for the remainder of the session.
- ◆ Promotional discounts are non-refundable and non-transferrable.





# 2013 REGISTRATION



## PERSONAL PRICING PLAN – FINANCIAL ASSISTANCE

- ◆ The YMCA welcomes all who wish to participate in our programs. We annually raise funds through our Y-Partners campaign to help make that possible. Financial Assistance is granted on a first-come, first-served basis. You can download an application from [campmenogyn.org](http://campmenogyn.org) or call for an application at 612-822-2267.
- ◆ Families can participate in the Dunn Bros. Coffee sale, which is on-going throughout the year. For more information contact Mo at 763-479-1146.
- ◆ In the operation of the Summer Camp Food Service Program, no child, as defined by the program regulations, will be discriminated against because of race, sex, color, national origin, age, or handicap. Any person, who believes that a child has been discriminated against in any USDA related activity, should write immediately to the Secretary of Agriculture, Washington, DC 20250.

## ACCESSIBILITY

If your child has a disability requiring an accommodation or a special need you would like us to be aware of, please let us know. This information enables us to better meet the needs of your child within available resources. For campers requiring special accommodation for disabilities, developmental disorders and behavioral issues, decisions are made on a case-by-case basis. Please contact YMCA Camp Menogyn at 763-479-1146.

## TRANSPORTATION

- ◆ For the convenience of camp families, the YMCA offers safe and reliable transportation to and from Camp Menogyn. We have three locations for bus departure and returns for Camp Menogyn.
  - ◆ Bloomington, MN, REI store, just off Lyndale Avenue South and Hwy 494
  - ◆ Forest Lake
  - ◆ Duluth
- ◆ Bus transportation must be reserved and paid for at the time of registration. If you have questions, please contact a Camp Registrar at 612-822-2267.
- ◆ Please refer to your Parent Handbook for specific location and times.

## PLEASE RETURN YOUR REGISTRATION FORM TO: YMCA CUSTOMER SERVICE CENTER

2125 East Hennepin Ave.  
Suite 100  
Minneapolis, MN 55413

Fax: 612-223-6322

### Online Registration Available!

You can also download a registration form at: [campmenogyn.org](http://campmenogyn.org)

## RELEASE, INDEMNIFICATION AND HOLD HARMLESS AGREEMENT

In consideration of participating in YMCA activities, and for other good and valuable consideration, I hereby agree to release and discharge from liability arising from negligence the YMCA of the Greater Twin Cities and its owners, directors, officers, employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

- I acknowledge that participating in YMCA activities involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death, and property damage. Risks include, but are not limited to, broken bones, torn ligaments or other injuries as a result of falls or contact with other participants; death as a result of drowning or brain damage caused by near drowning in pools or other bodies of water; medical conditions resulting from physical activity; and damaged clothing or other property. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity.
- I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees. My/My child's participation in these activities is purely voluntary and we elect to participate despite the risks. In addition, if at any time I believe that event conditions are unsafe or that I or my child are unable to participate due to physical or medical conditions, then I will immediately discontinue participation.
- I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my/my child's participation in these activities, or our use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct. Should Releasees or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- I represent that I have adequate insurance to cover any injury or damage I or my child may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I/my child have no medical or physical conditions which could interfere with our safety in these activities, or else I am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition.
- In the event that I file a lawsuit, I agree to do so in the state where Releasees' facility is located, and I further agree that the substantive law of that state shall apply.
- I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.
- I also give permission for myself or my child to enter Canada with the YMCA. I also understand that I/my child will need to bring our passport to camp if the trip involves such travel to Canada.
- I hereby acknowledge that the YMCA will assume that either parent of the child may pick up the child at any time during the program unless there is pertinent court documentation on file at the YMCA that indicates otherwise.
- I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. The YMCA receives medical information on campers/participants that may need to be shared with medical providers.
- If I or my child requires use and administration of an epi-pen, prescription or over the counter medication, it is my responsibility to ensure that the epi-pen and/or medication are on me or my child or within our personal belongings every day of the program. If YMCA staff is required to administer and use the epi-pen and/or medication, I agree to forever release and discharge the YMCA and its directors, officers, and employees from any and all liability arising out of or resulting from use or administration of the epi-pen and/or medication.

### GENERAL

- I hereby release all pictures of myself or my child taken by the YMCA for promotional purposes and programming materials including the YMCA website.
- I give my permission for the YMCA to administer sunscreen as needed.
- I acknowledge that certain sections of this waiver may not apply to me and/or my child and the programs or activities that we have chosen but agree to be bound by any applicable language.

By signing this document, I agree that if I or my child is hurt or our property is damaged during participation in these activities, then I or my child may be found by a court of law to have waived our right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

I have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to me or that the cost to engage in this activity would be significantly greater if the YMCA did not utilize waivers as a method to lower insurance and administrative costs. I have read and understood this document and I agree to be bound by its terms.

I Agree  
Signature \_\_\_\_\_

Date \_\_\_\_\_

### PARENT/GUARDIAN AUTHORIZATION SECTION TRANSPORTATION/MEDICAL

- In the event that I/my child need immediate medical attention for injuries received while participating in a YMCA program, I authorize the YMCA staff to give me or my child reasonable first aid, and to arrange transport of myself or my child to a health care facility for emergency services as needed.
- I give permission for myself and/or my child to be transported by the YMCA as needed for field trips, inclement weather, or late pick up. I also give my permission to participate in walking field trips.

### PARENT OR GUARDIAN ADDITIONAL AGREEMENT

(Must be completed for participants under the age of 18)

In consideration of \_\_\_\_\_ (minor's name) being permitted to participate in this activity, I further agree to indemnify and hold harmless Releasees from any claims alleging negligence which are brought by or on behalf of minor or are in any way connected with such participation by minor.

Parent or Guardian \_\_\_\_\_

Date \_\_\_\_\_



# 2013 REGISTRATION FORM

Online registration available at [campmenogyn.org](http://campmenogyn.org)

Please return this completed form with parental/guardian signature to:

YMCA Customer Service Center, 2125 E. Hennepin Ave. Suite 100, Mpls, MN 55413 • Phone 612-822-2267 • Fax 612-223-6322.

Please use one registration per child, per session. Please use a pen and print neatly.

Camper Name \_\_\_\_\_ Nickname \_\_\_\_\_  Male  Female

Home Phone \_\_\_\_\_ Are you a new or returning camper?  New  Returning This is my \_\_\_\_\_ year at Camp Menogyn.

Camper Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ email \_\_\_\_\_

Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age at camp \_\_\_\_\_ Grade in fall 2013 \_\_\_\_\_ School attending \_\_\_\_\_

**1st Parent/guardian** \_\_\_\_\_

**2nd Parent/guardian** \_\_\_\_\_

Cell phone \_\_\_\_\_

Cell phone \_\_\_\_\_

Work phone \_\_\_\_\_

Work phone \_\_\_\_\_

Date of birth \_\_\_\_\_

Date of birth \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_

Home phone \_\_\_\_\_

Home phone \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

## SESSION INFORMATION

Session Number:

Session Dates:

1st Choice: \_\_\_\_\_

2nd Choice: \_\_\_\_\_

3rd Choice: \_\_\_\_\_

4th Choice: \_\_\_\_\_

Example: 21QC July 16 – Aug 5

**FRIENDS** Name of friend you would like to be in a group with: (To ensure positive group dynamics, please limit to one friend per request who is within the same age group.)  
\_\_\_\_\_  
\_\_\_\_\_

How did you find out about Menogyn?  
\_\_\_\_\_  
\_\_\_\_\_

**BUS INFORMATION** Menogyn provides bus transportation to and from camp. The bus stops at REI in Bloomington, Forest Lake and Duluth. Indicate mode of transportation below.

Parent Transportation to camp \_\_\_\_\_ from camp \_\_\_\_\_

REI in Bloomington: to camp, \$65 \_\_\_\_\_ from camp, \$65 \_\_\_\_\_

Forest Lake: to camp, \$65 \_\_\_\_\_ from camp, \$65 \_\_\_\_\_

Duluth: to camp, \$40 \_\_\_\_\_ from camp, \$40 \_\_\_\_\_

(Return bus fee includes an organic lunch from Amazing Grace in Duluth!)

**CHANGES** to original registration form including payment must be completed in writing no later than two weeks prior to the start of your child's session and will incur a \$25 change fee.

**FAMILY CAMP REGISTRATION** Visit [campmenogyn.org](http://campmenogyn.org) or call 612-822-2267 for registration information and form.

**CAMP REFERRAL** Know someone who would love the Menogyn experience? Tell us and we'll send them this brochure.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

**PAYMENT INFORMATION** A non-refundable \$200 deposit per camper per session must accompany each registration form. Remaining fees due by May 1, 2013. Registrations after May 1, 2013 require full payment, or payment plan.

Check enclosed amount: \$ \_\_\_\_\_  
(payable to: YMCA Camp Menogyn)

Please bill my:  Visa  MasterCard  Discover  Am Express

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Please charge:

only the \$200 deposit  the entire camp fee including transportation

\$200 deposit now & the remaining balance automatically on May 1, 2013

## PARENTAL/GUARDIAN SIGNATURE REQUIRED

Please sign here \_\_\_\_\_

**FOR MORE INFORMATION**, please contact us at: 612-822-2267 or email: [info@campmenogyn.org](mailto:info@campmenogyn.org)



**YMCA CAMP MENOGYN**  
**WINTER OFFICE**  
 YMCA Camping Services  
 3425 Ihduhapi Road  
 Loretto, MN 55357

NON-PROFIT  
 ORGANIZATION  
 U.S. POSTAGE  
**PAID**  
 YMCA  
 TWIN CITIES, MN

## NEW CAMPER INFORMATION NIGHTS

Join us on the following nights to learn more about Camp Menogyn.

At an Information Night, you will:

- ◆ Explore Menogyn’s commitment to personal growth, relationships and safety.
- ◆ See a preview of the Menogyn experience by viewing slides of exciting camp adventures.
- ◆ Meet the Menogyn Directors and staff.
- ◆ Have your questions answered and enjoy complimentary refreshments.

**TUESDAY, NOVEMBER 27TH**

7 to 8 pm

Midwest Mountaineering, Mpls.

**TUESDAY, APRIL 30TH**

7 to 8 pm

REI Bloomington



“Like” us on Facebook

Follow us on Twitter

Visit us at [campmenogyn.org](http://campmenogyn.org)

Have a question?

Contact us at 612-822-2267

Email us at: [info@CampMenogyn.org](mailto:info@CampMenogyn.org)

