



# Gym Schedule

YMCA in HUDSON, WI | SEPTEMBER 16-22, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym</b>	5:00am-6:30am 10:00am-10:30am 11:00am-11:40am 2:30pm-5:00pm 7:00pm-10:00pm <i>WHOLE GYM</i>  6:30am-7:00am 10:30am-11:00am 1:15pm-2:30pm <i>WEST SIDE</i>	5:00am-6:30am 3:45pm-4:30pm 5:00pm-10:00pm <i>WHOLE GYM</i>  6:30am-12:00pm 1:30pm-3:45pm <i>WEST SIDE</i>  4:30pm-5:00pm <i>EAST SIDE</i>	6:00am-6:30am 10:00am-11:40am 7:00pm-10:00pm <i>WHOLE GYM</i>  6:30am-7:00am 1:15pm-5:00pm <i>WEST SIDE</i>  5:00pm-7:00pm <i>EAST SIDE</i>	5:00am-6:30am 8:30am-9:15am 10:15am-12:00pm 4:45pm-10:00pm <i>WHOLE GYM</i>  6:30am-8:30am 9:15am-10:15am 1:30pm-4:00pm <i>WEST SIDE</i>  4:00pm-4:45pm <i>EAST SIDE</i>	6:00am-6:30am 10:00am-11:40am 1:10pm-4:30pm 7:00pm-10:00pm <i>WHOLE GYM</i>  6:30am-7:00am 4:30pm-7:00pm <i>WEST SIDE</i>	6:00am-11:30am 5:00pm-8:00pm <i>WHOLE GYM</i>  11:30am-5:00pm <i>WEST SIDE</i>	6:00am-7:00am 9:00am-10:00am 3:30pm-8:00pm <i>WHOLE GYM</i>  7:00am-9:00am 10:00am-3:30pm <i>WEST SIDE</i>
<b>Adult Basketball</b> PICK-UP	11:40am-1:10pm <i>WHOLE GYM</i>		11:40am-1:10pm <i>WHOLE GYM</i>		11:40am-1:10pm <i>WHOLE GYM</i>		
<b>Pickleball</b>	7:00am-10:00am <i>WHOLE GYM</i>  6:30am-7:00am <i>EAST SIDE</i>	12:00pm-1:30pm <i>WHOLE GYM</i>  6:30am-8:30am <i>EAST SIDE</i>	7:00am-10:00am <i>WHOLE GYM</i>  6:30am-7:00am <i>EAST SIDE</i>	12:00pm-1:30pm <i>WHOLE GYM</i>  6:30am-8:30am 1:30pm-3:50pm <i>EAST SIDE</i>	7:00am-10:00am <i>WHOLE GYM</i>  6:30am-7:00am <i>EAST SIDE</i>		7:00am-9:00am <i>EAST SIDE</i>
<b>Family Gym Time</b>		9:00am-11:30am <i>EAST SIDE</i>			5:00pm-7:00pm <i>EAST SIDE</i>		
<b>Birthday Parties</b>						11:30am-5:00pm <i>EAST SIDE</i>	10:00am-3:30pm <i>EAST SIDE</i>
<b>Fitness Classes</b>	10:30am-11:00am <i>EAST SIDE</i>		5:10am-5:55am <i>WHOLE GYM</i>		5:10am-5:55am <i>WHOLE GYM</i>		
<b>YMCA Programs</b> RESERVED	5:00pm-7:00pm <i>WHOLE GYM</i>  1:15pm-2:30pm <i>EAST SIDE</i>	4:30pm-5:00pm <i>WEST SIDE</i>  8:30am-9:00am 11:30am-12:00pm 1:45pm-3:45pm <i>EAST SIDE</i>	5:00pm-7:00pm <i>WEST SIDE</i>  1:15pm-4:45pm <i>EAST SIDE</i>	4:00pm-4:45pm <i>WEST SIDE</i>  9:15am-10:15am <i>EAST SIDE</i>	4:30pm-5:00pm <i>EAST SIDE</i>		