

SUMMER AT THE HUDSON Y

SUMMER SPORTS

Entering grades 1 - 6

Kids who participate in week-long Summer Sports at the Y discover so much more than their athletic abilities. They build character, develop self-confidence and create healthy relationships through positive competition. Kids of all skill levels and abilities can choose from a variety of sports to explore this summer.

Price: Members: \$200/week, Non-members: \$225/week

Sport	Week(s) of:
Soccer	6/12, 7/10, 8/21
Tennis	6/12, 8/21
Baseball/Tball/Softball	6/19, 8/14
Cheer/Dance	6/19 , 7/17
Track & Field	6/26
Floor Hockey	6/26
Golf	7/5, 7/24, 8/28
Lacrosse	7/5, 7/31
Volleyball	7/10, 8/7
Basketball	7/17, 8/14
Flag Football	7/24, 8/7
Swim & Dive	7/31

SUMMER POWER

Entering grades K - 5

Summer Power is a full-day enrichment program focused on quality, small group, ageappropriate activities. We provide a Healthy Living experience for kids by educating on healthy food choices, and the right balance of physical activity. Special themes guide each week with a variety of activities including field trips and special interest clubs – no two weeks are alike!

YMCA in	Hudson, W Dates		
	June 1	2 – Aug. 16,	Mon – Fri
River Cro	est Elementa Dates	,	
	June 1	2 – July 28,	Mon – Fri
	5 days/wk	4 days/wk	3 days/wk
Price:	\$167	\$147	\$123

SUMMER UPROAR

Entering grades 5 - 8

Summer Uproar is a full-day, experience-based enrichment program that encourages older kids to explore, increase understanding, build independence and most importantly, have fun. Uproar brings a multitude of character development experiences to kids through community involvement, leadership activities, team building exercises, goal setting and more! Days are filled with field trips, outings to amusement and water parks.

*Interested in attending the field trips only? You can do so through our Day Trippers

Program. Day trips will be to parks, sporting games, museums and much more! Field trips vary
by day and are subject to change. Price: \$52/day

Dates:

June 12 – August 16, Monday – Friday			
	5 days/wk	4 days/wk	3 days/wk
Price:	\$173	\$152	\$128

SUMMER PALOOZA

Entering grades 5 - 8

Kids will enjoy a week long camp where they will learn the skills and techniques of extreme sports. Each week will feature a main sport and a special field trip or activity. Our main sports will be skateboarding, rollerblading, biking, slacklining and rock climbing. Following program each day, students will be able to attend the skate park free of cost until pick up.

t 11	
5 days/wk	
\$85	
	5 days/wk

^{**} one time, non-refundable deposit of \$50 per week, per child.

^{*} registration fee - \$50 per child, non-refundable, one-time fee.

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DAY CAMP JUNE 12 - SEPTEMBER 1

DAYCROIX

Ages 4 - 15

Days filled with meeting new friends, learning new skills and connecting with nature through meaningful outdoor experiences that all add up to lasting camp memories.

WEE BACKPACKERS & WEE BACKPACKERS LEARN TO SWIM

Ages 4-5

Start your child's appreciation of the great ourdoors!

TRADITIONAL DAY CAMP

Entering Grades 1-6

Activities include swimming, farm & garden, target sports, gaga ball, team building, environmental education, garden, pioneering, fort building, arts and crafts, and more.

SPECIALTY DAY CAMPS

Develop a greater passion for the things you love, or try out something new at one of our specialty camps!

Entering Grades 1-3:	Entering Grades 4-6:
Climbing	Climbing
Learn to Swim	Archery / Slingshot
Pioneering	Sailing I & II
Arts & Crafts	Science Explorer
Dragons, Fairies & Princesses	Canoe / Kayak
Fish, Frogs & Forts	Log Rolling
Farm & Garden	Arts & Crafts
Outdoor Cooking	Theater
Water Adventure* grades 2-3	Farm and Garden
	Outdoor Cooking
	Pioneering
	Outdoor Living Skills
	Junior Ranger
	Water Adventure

HORSE CAMPS

Entering Grades 4-9

Come experience the joys of horseback riding at Horse Camp!

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Entering Grades 7-12

Developing leadership qualities and abilities are important life-long ingredients.

Teen Horse Camp	Advanced
Teen Quest	
Archery	
Climbing	
Canoe / Kayak	
Surival Skills	
Water Adventure	
Sailing	
Leaders-in-Training* و	rades 9-10

Introductory

Intermediate

Colts

Camp Leadership Corps** grades 11-12

Buckaroos