



Lap Swim Pool Schedule

YMCA in Woodbury | JULY 1 - AUGUST 12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim LAP POOL	5:00am - 6:55am (5 LANES)	5:00am - 8:25am (5 LANES)	5:00am - 6:55am (5 LANES)	5:00am - 8:25am (5 LANES)	5:00am - 6:55am (5 LANES)	6:00am - 7:45am (5 LANES)	6:00am - 9:00am (5 LANES)
	7:50am - 9:10am (1 LANE)	8:25am - 9:10am (1 LANE)	7:50am - 9:10am (1 LANE)	8:25am - 9:10am (1 LANE)	6:55am - 9:10am (1 LANE)	7:45am - 12:25pm (2 LANES)	9:00am - 2:30pm (3 LANES)
	10:05am - 12:15pm (2 LANES)	10:05am - 12:15pm (2 LANES)	10:05am-12:15pm (2 LANES)	10:05am - 12:15pm (2 LANES)	10:05am - 5:00pm (3 LANES)	12:25pm - 7:00pm (3 LANES)	2:30pm - 3:50pm (1 LANE)
	12:15pm - 4:30pm (3 LANES)	12:15pm - 4:30pm (3 LANES)	12:15pm - 4:55pm (3 LANES)	12:15pm - 4:30pm (3 LANES)	5:00pm - 7:40pm (1 LANES)	7:00pm - 8:00pm (5 LANES)	5:15pm - 7:00pm (3 LANES)
	7:30pm - 8:15pm (1 LANE)	4:30pm - 7:25pm (1 LANE)	4:55pm - 7:40pm (1 LANE)	4:30pm - 7:25pm (1 LANE)	7:40pm - 9:00pm (3 LANES)		7:00pm - 8:00pm (5 LANES)
	8:15pm - 9:00pm (3 LANES)	7:25pm - 9:00pm (3 LANES)	7:40pm-9:00pm (3 LANES)	7:25pm - 9:00pm (3 LANES)			
	9:00pm - 10:00pm (5 LANES)	9:00pm - 10:00pm (5 LANES)	9:00pm - 10:00pm (5 LANES)	9:00pm - 10:00pm (5 LANES)			
Peak Usage HIGH ACTIVITY	7:00am-3:00pm 4:30pm-8:15pm	10:00am - 1:00pm 5:00pm - 8:00pm	7:00am-3:00pm 4:30pm-8:15pm	10:00am - 1:00pm 5:00pm - 8:00pm	7:00am-3:00pm 4:30pm-7:15pm	8:00am - 4:00pm	9:00am - 6:00pm



Open Swim Pool Schedule

YMCA in Woodbury | JULY 1 - AUGUST 12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim LAP POOL	10:05am - 12:15pm <i>(LIMITED)</i> 12:15pm - 4:30pm <i>(2 LANES)</i> 7:25pm - 9:00pm <i>(2 LANES)</i>	10:05am - 12:15pm <i>(LIMITED)</i> 12:15pm - 4:30pm <i>(2 LANES)</i> 7:25pm - 9:00pm <i>(2 LANES)</i>	10:05am - 12:15pm <i>(LIMITED)</i> 12:15pm - 9:00pm <i>(2 LANES)</i>	10:05am - 12:15pm <i>(LIMITED)</i> 12:15pm - 4:30pm <i>(2 LANES)</i> 7:25pm - 9:00pm <i>(2 LANES)</i>	10:05am - 9:00pm <i>(2 LANES)</i>	12:25pm - 8:00pm <i>(2 LANES)</i>	9:00am - 3:50pm <i>(2 LANES)</i> 6:45pm - 8:00pm <i>(2 LANES)</i>
Open Swim LEISURE POOL	5:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 9:00am - 12:00pm <i>(LIMITED)</i> 1:00pm - 1:30pm <i>(FULL POOL)</i> 1:30pm - 3:30pm <i>(SLIDE CATCH CLOSED)</i> 3:30pm - 4:30pm <i>(FULL POOL)</i> 7:30pm - 9:00pm <i>(FULL POOL)</i> 9:00pm - 10:00pm <i>(SLIDE CATCH CLOSED)</i>	5:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 9:00am - 12:00pm <i>(LIMITED)</i> 1:00pm - 2:00pm <i>(FULL POOL)</i> 2:00pm - 4:00pm <i>(SLIDE CATCH CLOSED)</i> 4:00pm - 4:30pm <i>(FULL POOL)</i> 7:30pm - 9:00pm <i>(FULL POOL)</i> 9:00pm - 10:00pm <i>(SLIDE CATCH CLOSED)</i>	5:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 9:00am - 12:00pm <i>(LIMITED)</i> 12:00pm - 1:30pm <i>(FULL POOL)</i> 1:30pm - 3:30pm <i>(SLIDE CATCH CLOSED)</i> 3:30pm - 5:30pm <i>(FULL POOL)</i> 5:30pm - 7:30pm <i>(SLIDE CATCH CLOSED)</i> 7:30pm - 9:00pm <i>(FULL POOL)</i> 9:00pm - 10:00pm <i>(SLIDE CATCH CLOSED)</i>	5:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 9:00am - 12:00pm <i>(LIMITED)</i> 12:00pm - 2:00pm <i>(FULL POOL)</i> 2:00pm - 4:00pm <i>(SLIDE CATCH CLOSED)</i> 4:00pm - 4:30pm <i>(FULL POOL)</i> 7:30pm - 9:00pm <i>(FULL POOL)</i> 9:00pm - 10:00pm <i>(SLIDE CATCH CLOSED)</i>	5:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 9:00am - 2:00pm <i>(FULL POOL)</i> 2:00pm - 4:00pm <i>(SLIDE CATCH CLOSED)</i> 4:00pm - 5:30pm <i>(FULL POOL)</i> 5:30pm - 7:30pm <i>(SLIDE CATCH CLOSED)</i> 7:30pm - 9:00pm <i>(FULL POOL)</i>	6:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 12:30pm - 4:00pm <i>(SLIDE CATCH CLOSED)</i> 4:00pm - 7:00pm <i>(FULL POOL)</i> 7:00pm - 8:00pm <i>(SLIDE CATCH CLOSED)</i>	6:00am - 9:00am <i>(SLIDE CATCH CLOSED)</i> 9:00pm - 12:00pm <i>(FULL POOL)</i> 12:00pm - 3:00pm <i>(SLIDE CATCH CLOSED)</i> 3:00pm - 3:40pm <i>(FULL POOL)</i> 6:45pm - 7:00pm <i>(FULL POOL)</i> 7:00pm - 8:00pm <i>(SLIDE CATCH CLOSED)</i>
Water Slide	1:30pm - 3:30pm	2:00pm-4:00pm	1:30pm-3:30pm 5:30pm - 7:30pm	2:00pm-4:00pm	2:00pm-4:00pm 5:30pm -7:30pm	1:00pm-4:00pm	12:00pm-3:00pm
Peak Usage HIGH ACTIVITY	10:00am-3:00pm 4:30pm-7:30pm	10:00am-4:00pm 4:30pm-7:30pm	10:00am-3:00pm 5:30pm-7:30pm	10:00am-4:00pm 4:30pm-7:30pm	10:00am-3:00pm 4:30pm-7:30pm	9:00am-4:00pm	12:00pm-6:00pm

ymcamn.org/schedules; Subject to change without notice; Multiple activities may occur at once; Not all activities are noted; Ask an Aquatics team member for schedule details