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| C:\Users\Alan.Voy\AppData\Local\Microsoft\Windows\INetCache\Content.Word\Hockomock-Area-YMCA-logo.png | Woodbury YMCA Basketball Court Schedule  Effective October 22nd – December 23rd | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Open Gym | 5:00am – 9:00am  1:30pm – 4:15pm  7:00pm – 9:00pm | 5:00am – 9:30am  2:00pm – 4:00pm  7:00pm – 9:00pm | 5:00am – 9:00am  11:30am – 12:30pm  1:30pm – 4:00pm | 5:00am – 7:45am  9:15am – 10:30am  3:30pm – 4:00pm  7:00pm – 9:00pm | 5:00am – 7:00am  1:00pm – 4:30pm  5:30pm – 6:45pm | 6:00am – 12:00pm | 6:00am – 11:30am  6:00pm – 8:00pm |
| Youth Sports | 4:15pm – 7:00pm | 4:00pm – 7:00pm | 4:00pm – 7:00pm | 4:00pm – 7:00pm | 4:30pm – 5:30pm |  |  |
| Group X | 9:00am – 10:30 am |  | 9:00am – 10:30am |  |  |  |  |
| Adult Basketball (18+) |  |  | 12:30pm – 1:30pm  (Women’s Basketball) |  | 6:45pm – 9:00pm | 7:00pm – 8:00pm |  |
| Pickleball | 11:30am – 1:30pm | 11:45am – 2:00pm |  | 1:30pm – 3:30pm | 7:00am – 10:30am |  |  |
| Pickleball Lessons |  |  |  | 7:45am – 9:15am |  |  |  |
| Badminton |  |  |  |  | 9:15am – 10:30am |  |  |
| Family Gym Time |  | 9:30am – 11:00am |  |  |  |  |  |
| Preschool |  |  |  | 11:30am – 1:30pm | 11:30am – 1:00pm |  |  |
| Kid Stuff | 10:30am – 11:30am | 10:30am – 11:45am | 10:30am – 11:30am | 10:30am – 11:30am | 10:30am – 11:30am |  |  |
| Birthday Parties |  |  |  |  |  | 12:00pm – 7:00pm | 11:30am – 6:00pm |