Rochester YMCA
Family Engagement Programs Schedule
Late Fall 2019 - Classes start week of October 28, 2019

(507) 287-2260        ymcamn.org/rochester

<table>
<thead>
<tr>
<th>BUILDING HOURS</th>
<th>KIDS STUFF HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday–Friday:</td>
<td>M–Th 5:00am–10:00pm, F 5:00am–9:00pm</td>
</tr>
<tr>
<td>Saturday:</td>
<td>6:00am–8:00pm</td>
</tr>
<tr>
<td>Sunday:</td>
<td>8:00am–8:00pm</td>
</tr>
<tr>
<td>M–Th 9:00am–1:00pm, 4:00pm–8:00pm, F 9:00am–1:00pm</td>
<td></td>
</tr>
<tr>
<td>Saturday:</td>
<td>9:00am–1:00pm</td>
</tr>
<tr>
<td>Sunday:</td>
<td>2:00–6:00pm</td>
</tr>
</tbody>
</table>

PARENT'S NIGHT OUT INFORMATION

October 12 – 4pm–8pm
November 9 – 4pm–8pm
December 14 – 4pm–8pm

Classes starting Monday, October 28

Messy Play Preschool
4:00 pm to 4:30 pm
3–5 yrs
STEM Room – 2nd Floor
Debbie Weber
$30/$55

Classes starting Wednesday, October 30

EMPOWER
3:30 pm to 4:15 pm
9–14 yrs
Empower Room – 3rd Floor
Frannie Taysavang
$30/$50

Young Scientist
5:00 pm to 5:45 pm
6–11 yrs
STEM Room – 2nd Floor
Priv Shenoy
$30/$55

Classes starting Sunday, November 3

Parent/Child ASL
1:00 pm to 1:30 pm
– yrs
Kids Stuff – 2nd Floor
Priv Shenoy
$30/$50

Class Descriptions

EMPOWER
Youth will talk about self-esteem, bullying, consent, safety in social media and other relevant topics in a small group setting. Team building activities, community service projects, speakers and more.

Messy Play Preschool
Messy Play offers a structured environment for your kids to get their hands dirty, while making new friends and wild creations.

Parent/Child ASL
Parent and Child American Sign Language at the Y is another way to learn to communicate with your little one, and to give your child the tools they need to communicate in a different way.

Young Scientist
Children have the opportunity to get their hands dirty while creatively learning about science experiments and projects.

REGISTRATION BEGINS SEPTEMBER 24, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.