



## Early Fall Gym Schedule – Session 4 Sports

### Emma B. Howe Family YMCA | September 2nd – October 19th

Gym Closed October 13th–16th for Annual Floor Refinishing

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Gym Times</b>	5:00am–9:00am FULL GYM 12:00pm–6:00pm FULL GYM 6:00pm–10:00pm 1/2 GYM	5:00am–6:00pm FULL GYM 8:30pm–10:00pm FULL GYM	5:00am–9:00am FULL GYM 12:00pm–8:30pm FULL GYM 8:30pm–10:00pm 1/2 GYM	5:00am–9:00am FULL GYM 9:00am–11:00am 1/2 GYM 11:00am–8:00pm FULL GYM 8:00pm–10:00pm 1/2 GYM	5:00am–8:00am FULL GYM 11:00am–1:00pm 1/2 GYM 1:00pm–5:30pm FULL GYM 5:30pm–9:00pm 1/2 GYM	6:00am–6:00pm: FULL GYM* 6:00pm – 8:00pm 1/2 GYM  <i>*Gym Reserved the following dates for Basketball League Games 9/7, 9/14, 9/21 9:00am–Noon</i>	6:00am–8:00pm: FULL GYM
<b>Basketball Leagues &amp; Classes</b>	3 vs 3 Practices 1/2 GYM 6:00 –7:00pm Grades 1-2 7:00 –8:00pm Grades 3-4	3 vs 3 Practices 1/2 GYM 6:00 –7:00pm Grades 5-6 7:00 –8:00pm Grades 7-8		Sports Training by Appointment Only 1-2pm		3 vs 3 Games 9:00am–Noon *9/7, 9/14, 9/21	
<b>Pickle ball</b>	9:00am–12:00pm FULL GYM		9:00am–12:00pm FULL GYM	Open Beginner Pickleball 9:00am–11:00am 1/2 GYM	8:00am–11:00am 1/2 GYM		
<b>Rock Climbing Wall Groups</b>		Open Climb 6:30PM–8:30PM 1/2 GYM	Adult Climb 8:30pm–10:00pm 1/2 GYM		Adult Climb 11:00am–1:00pm  Open Climb 5:30pm–7:30pm  Adult Climb 7:30pm–9:00pm 1/2 GYM		
<b>Volleyball Times</b>	Open Volleyball 8:00pm–10:00pm 1/2 GYM			Open Volleyball 8:00pm–10:00pm 1/2 GYM		Open Volleyball 6:00pm–8:00pm 1/2 GYM	

Members and Guests must follow YMCA Code of Conduct. Children under 9 years old must be accompanied by an adult (18+ years old).

**Members and guests must use storage lockers. Personal belongings, bags, clothes, drinks, etc. are not allowed in gymnasium.**