



New Hope YMCA Lifeguard and Safety Training Classes

Fall/Winter 2019 9/1/2019 - 2/28/2020

Phone: (763) 535-4800 Fax: (763) 592-5550

ymcamn.org/newhope www.facebook.com/NewHopeYMCA

BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm
Saturda 6:00am-8:00pm
Sunday: 6:00am-8:00pm

KIDS STUFF HOURS

Mon-Fri: M-Th 8:00am-8:30pm, F 8:00am-6:00pm
Saturday: 7:50am-2:00pm
Sunday: 12:00pm-6:30pm

ARC Lifeguard + Oxygen Review

24_LE_2465_60_100519_YSR

Cost: \$110

Registration available through 10/5

Instructor: Alyssa Schreck

Saturday 10/5

Sunday 10/6

1:00 PM-7:00 PM

2:00 PM-7:00 PM

ARC Lifeguard + Oxygen Full - Blended

24_LE_2402_50_122719_YSR

Cost: \$220

Registration available through 12/19

Instructor: Alyssa Schreck

Friday 12/27

Saturday 12/28

Sunday 12/29

2:00 PM-8:30 PM

10:30 AM-6:00 PM

11:00 AM-6:00 PM

ARC Lifeguard + Oxygen Review

24_LE_2465_60_010420_YSR

Cost: \$110

Registration available through 1/4

Instructor: Alyssa Schreck

Saturday 1/4

Sunday 1/5

1:00 PM-7:00 PM

2:00 PM-7:00 PM

Class Descriptions

ARC Lifeguard + Oxygen Full - Blended

Ages: 15+

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Includes oxygen.

ARC Lifeguard + Oxygen Review

Ages: 15+

Renew your ARC Lifeguarding and oxygen certification for another two years. Participants must attend all class sessions, and present verification of current American Red Cross Lifeguarding certification.