



Forest Lake YMCA Lifeguard and Safety Training Classes

Fall/Winter 2019 9/1/2019 - 2/28/2020

Phone: (651) 259-2133

ymcamn.org/forestlake www.facebook.com/ymcaforestlake

BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm
Saturda 6:00am-8:00pm
Sunday: 6:00am-8:00pm

KIDS STUFF HOURS

Mon-Fri: M-Th 8:30am-8:00pm, F 8:30am-7:00pm
Saturday: 8:00am-2:00pm
Sunday: 8:00am-1:00pm, 4:00pm-8:00pm

ARC Lifeguard Full

38_LE_2440_40_081519_YSR

Cost: \$200

Registration available through 8/15

Instructor: Julia Carson

Thursday 8/15

Friday 8/16

Saturday 8/17

9:30 AM-7:00 PM

9:30 AM-7:00 PM

9:30 AM-7:00 PM

ARC Lifeguard Full

38_LE_2440_60_122119_YSR

Cost: \$200

Registration available through 12/21

Instructor: Julia Carson

Saturday 12/21

Friday 12/27

Saturday 12/28

9:30 AM-7:00 PM

9:30 AM-7:00 PM

9:30 AM-7:00 PM

ARC Lifeguard Full

38_LE_2440_50_021420_YSR

Cost: \$200

Registration available through 2/14

Instructor: Julia Carson

Friday 2/14

Saturday 2/15

Friday 2/21

Saturday 2/22

3:00 PM-8:00 PM

9:30 AM-7:00 PM

3:00 PM-8:00 PM

9:30 AM-7:00 PM

Class Descriptions

ARC Lifeguard Full

Ages: 15+

Become certified in American Red Cross Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion.