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Hudson YMCA

GYM SCHEDULE

April 15 - April 21, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	
5:00 5:30 6:00 6:30	5:30 5:00am-7:00am 6:00 Drop-In Open Gym		5:00am-8:30am		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		5:10am-5:55am HIIT Class 6:00am-7:00am Drop-In Open Gym		CLOSED		CLOSED		
7:00 7:30 8:00	7:00am-10:00am Int/Advanced		Drop-In Open Gym		7:00am-10:00am Int/Advanced				7:00am-10:00am Int/Advanced		7:00am-8:30am Drop-In Open Gym		7:00am-9:00am Int/Advanced Open Pickleball		
8:30 9:00 9:30	Open Pic	kleball	9:00am- 11:00am	9:00am-	Open Pickleball		8:45am- 10:00am Open Gym	9:00am- 9:45am Circuit	Open Pickleball		8:30am-10:00am CLOSED - Event set up		9:00am-10:00am Open Beginner Pickleball		
10:00 10:30 11:00	10:15am-1 Drop-In Op		Pickleball Class 11:15am- 12:00pm	11:30am Family Gym	11:30am 10:45am 10:45am Open	10:15am- 10:45am Kids Fit 40am Open	10:00am-1:00pm Int/Advanced		10:15am-11:40am Drop-In Open Gym		10:00am-1:00pm Healthy Kids Day Event				
11:30 12:00 12:30	11:40am- Adult Pi Basket	ck-Up	Open 12:00pm-1:00pm Drop-In Open Gym		11:40am-1:10pm Adult Pick-Up Basketball		Open Pickleball		11:40am-1:10pm Adult Pick-Up Basketball		Ticality Nus Day Event				
1:00	1:10pm-1:30							1:00pm-2:00pm Open				1:00pm-2:30pm		10:00am-5:00pm	
1:30	1:30pm-2:30		1:00pm-3:15pm				Beginner Pickleball				CLOSED - Event clean up		Drop-In Open Gym		
2:00 2:30 3:00 3:30 4:00	Beginner P	Pickleball		Pickleball Class EN 3:15-4:30pm Pickleball Class		1:00pm-6:00pm Drop-In Open Gym			1:15pm-4:30pm Drop-In Open Gym		2:30pm-5:00pm Drop-In Open Gym				
4:30 5:00				OFER			2:00pm-9:00pm		4-20	F.00					
5:30	2:30pm-9						Drop-In Open Gym		4:30pm- 7:30pm Open Gym	5:00pm- 7:00pm Family Gym					
6:00	Drop-In Open Gym				6,000,00	6:00pm-									
6:30				-9:00pm	/:30nm	7:30pm									
7:00			Youth Sports		Open Gym Pickleball Clinic 7:30pm-9:00pm Drop-In Open Gym						CLOSED CLOSE	CLOSED	CLOSED	CLOSED	
7:30 8:00									7:30pm-9:00pm Drop-In Open Gym						
8:30															
9:00															

^{**}Gym Schedule is subject to change, due to events, weather, and programming There could be frequent adjustments to the gym schedule.

YMCA Sports Program
Open Adult Basketball

Family Gym Fitness Class Open Pickleball
Kids Fitness Class

Open Beg. Pickleball
Gym Event/Rental

4/13/2024

Last Updated:

Youth & Adult Sports Game Days:

Saturday, April 6, 2024 8:30am-5:00pm Saturday, April 27, 2024 8:30am-5:00pm

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Hudson YMCA

GYM SCHEDULE

April 22 - April 28, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	
5:00 5:30 6:00 6:30	5:30 5:00am-7:00am 5:00 Drop-In Open Gym		5:00am-8:30am		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym 8:45am- 9:00am-		5:10am-5:55am HIIT Class 6:00am-7:00am Drop-In Open Gym		CLOSED		CLOSED		
7:00 7:30 8:00 8:30	7:00am-10:00am Int/Advanced Open Pickleball		Drop-In Open Gym Open		7:00am-10:00am Int/Advanced Open Pickleball				7:00am-10:00am Int/Advanced Open Pickleball		7:00am-8:30am Drop-In Open Gym		7:00am-9:00am Int/Advanced Open Pickleball		
9:00 9:30	Орен ги	CKIEDali	9:00am- 11:00am	0,000,55	·		10:00am Open Gym	9:45am Circuit	Орен Ріскіеван				9:00am-10:00am Open Beginner Pickleball		
10:00 10:30 11:00	10:15am- Drop-In O		Pickleball Class 11:15am-	9:00am- 11:30am Family Gym	10:15am- 10:45am 10:45am Open Kids Fit 10:45-11:40am Open	10:00am-1:00pm Int/Advanced		10:15am-11:40am Drop-In Open Gym							
11:30 12:00 12:30	11:40am Adult P Baske	ick-Up	12:00pm Open 12:00pm-1:00pm Drop-In Open Gym		11:40am-1:10pm Adult Pick-Up Basketball		Open Pickleball		11:40am-1:10pm Adult Pick-Up Basketball		Youth Sports Game Days				
1:00	1:10pm-1:3	0pm Open			ii e		1:00pm-2:00pm Open				(See Dates & Times Below)		10.00 5.00		
1:30	1:30pm-2:3	Opm Open	1:00pm-3:15pm Pickleball Class				Beginner Pickleball						10:00am-5:00pm Drop-In Open Gym		
2:00	Beginner	Pickleball													
2:30 3:00 3:30 4:00			OPEN 4:00-5:00pm	OPEN 3:15-4:30pm Pickleball						1:15pm-4:30pm Drop-In Open Gym					
4:30 5:00	2:30pm-9:00pm	Sports	OPEN	1:00pm Drop-In C	'		4:30pm-	5:00pm- 7:00pm Family Gym			_				
5:30 6:00	Drop-In O						Drop-In Open Gym		7:30pm Open Gym						
6:30 7:00	00 00 00 00			5:00pm-9:00pm Youth Sports							CLOSED	CLOSED	CLOSED	CLOSED	
7:30 8:00									7:30pm-9:00pm Drop-In Open Gym						
8:30 9:00															

**Gym Schedule is subject to change, due to events, weather, and programming There could be frequent adjustments to the gym schedule.

YMCA Sports Program
Open Adult Basketball

Family Gym Fitness Class Open Pickleball Kids Fitness Class Open Beg. Pickleball

Gym Event/Rental

3/28/2024

Last Updated:

Youth & Adult Sports Game Days:

Saturday, April 6, 2024 8:30am-5:00pm Saturday, April 27, 2024 8:30am-5:00pm