



Woodbury YMCA GYM SCHEDULE

Apr 15-21

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00am-9:00am Open Gym	5:00am-8:00am Open Gym	5:00am-8:00am Open Gym	5:00am-7:45am Open Gym	5:00am-10:00am Open Gym	CLOSED	CLOSED
5:30							
6:00		8:00am-11:00am Competitive Pickleball	8:00am-11:00am All Levels Pickleball No Lessons Needed	7:45am-10:15am YMCA Pickleball Lessons*		7:00am-9:00am Adult Pick-up Basketball	7:00am-10:00am Open Gym
6:30							
7:00	9:30am-10:15am ForeverWell Bootcamp	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	10:30am-11:30am Kids Stuff	10:00am-11:00am Kids Stuff	9:00am-10:00am Teen Basketball	
7:30							
8:00	10:30am-11:30am Kids Stuff	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	11:30am-1:00pm Preschool	11:00am-1:00pm Preschool	10:00am-11:00am Kids Stuff	10:00am-12:00pm Drop-In Pickleball No Lessons Needed
8:30							
9:00	11:30pm-1:00pm Preschool	1:00pm-4:45pm Open Gym	1:00pm-7:00pm Open Gym	1:00pm-4:00pm Social Pickleball Lessons Recommended	1:00pm-4:00pm Social Pickleball Lessons Recommended	11:00am-12:00pm Open Gym	
9:30							
10:00	1:00pm-4:00pm Open Gym	5:45pm-7:45pm Youth Sports*	7:00pm-9:00pm Drop-In Pickleball No Lessons Needed	4:00pm-5:00pm Girls Gym	4:00pm-9:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym	12:00pm-2:00pm Drop-In Family Gym
10:30							
11:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	2:00pm-5:00pm Open Gym	2:00pm-5:00pm Open Gym
11:30							
12:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
12:30							
1:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
1:30							
2:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
2:30							
3:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
3:30							
4:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
4:30							
5:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
5:30							
6:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
6:30							
7:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
7:30							
8:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED
8:30							
9:00	4:00pm-9:00pm Youth Sports*	7:45pm-9:00pm Open Gym	7:00pm-9:00pm Youth Sports*	5:00pm-7:00pm Girls Youth Sports*	7:00pm-9:00pm Youth Sports*	CLOSED	CLOSED

*Paid \$\$ must register

Last Updated:4/08/24

**Gym Schedule is subject to change, due to events, weather, and programming
There could be frequent adjustments to the gym schedule.



Woodbury YMCA GYM SCHEDULE

April 22-28

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00am-9:00am Open Gym	5:00am-8:00am Open Gym	5:00am-8:00am Open Gym	5:00am-7:45am Open Gym	5:00am-10:00am Open Gym	CLOSED	CLOSED
5:30							
6:00							
6:30							
7:00							
7:30	8:00am-11:00am Competitive Pickleball	8:00am-11:00am All Levels Pickleball No Lessons Needed	7:45am-10:15am YMCA Pickleball Lessons*	10:00am-11:00am Kids Stuff	7:00am-9:00am Adult Pick-up Basketball	7:00am-10:00am Open Gym	
8:00					9:00am-10:00am Teen Basketball		
8:30							
9:00	9:30am-10:15am ForeverWell Bootcamp	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	11:30am-1:00pm Preschool	10:00am-11:00am Kids Stuff	10:00am-12:00pm Drop-In Pickleball No Lessons Needed	
9:30	11:00am-12:00pm Preschool						
10:00	10:30am-11:30am Kids Stuff						
10:30	1:00pm-4:00pm Open Gym	1:00pm-4:45pm Open Gym	1:00pm-5:45pm Open Gym	1:00pm-4:00pm Social Pickleball Lessons Recommended	11:00am-12:00pm Preschool	11:00am-12:00pm Open Gym	
11:00					12:00pm-1:00pm Age Care		
11:30					12:00pm-1:00pm School		
12:00	4:00pm-9:00pm Youth Sports*	4:45pm-7:45pm Youth Sports*	5:45pm-7:30pm YMCA Pickleball Lessons*	5:00pm-7:00pm Girls Youth Sports*	12:00pm-2:00pm Drop-In Family Gym	12:00pm-2:00pm Drop-In Family Gym	
12:30					2:00pm-5:00pm Open Gym		
1:00					2:00pm-5:00pm Open Gym		
1:30	4:00pm-9:00pm Youth Sports*	4:45pm-7:45pm Youth Sports*	5:45pm-7:30pm YMCA Pickleball Lessons*	5:00pm-7:00pm Girls Youth Sports*	1:00pm-3:00pm Social Pickleball Lessons Recommended	2:00pm-5:00pm Open Gym	
2:00					3:00pm-6:30pm Family Gym		
2:30					6:30pm-9:00pm Open Gym		
3:00	4:00pm-9:00pm Youth Sports*	4:45pm-7:45pm Youth Sports*	5:45pm-7:30pm YMCA Pickleball Lessons*	5:00pm-7:00pm Girls Youth Sports*	3:00pm-6:30pm Family Gym	2:00pm-5:00pm Open Gym	
3:30							CLOSED
4:00							
4:30	7:45pm-9:00pm Open Gym						
5:00		7:30pm-9:00pm Drop-In Pickleball No Lessons Needed					
5:30			7:00pm-9:00pm Youth Sports*				
6:00							
6:30							
7:00	4:00pm-9:00pm Youth Sports*	4:45pm-7:45pm Youth Sports*	5:45pm-7:30pm YMCA Pickleball Lessons*	5:00pm-7:00pm Girls Youth Sports*	3:00pm-6:30pm Family Gym	2:00pm-5:00pm Open Gym	
7:30							CLOSED
8:00							
8:30	7:45pm-9:00pm Open Gym						
9:00		7:30pm-9:00pm Drop-In Pickleball No Lessons Needed					
			7:00pm-9:00pm Youth Sports*				
	7:00pm-9:00pm Youth Sports*						

*Paid \$\$ must register

Last Updated:4/16/24

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There could be frequent adjustments to the gym schedule.