



YMCA OF THE GREATER TWIN CITIES
651 Nicollet Mall, Suite 500
Minneapolis, MN 55402

YMCA CAMP ST. CROIX
532 County Rd. F
Hudson, WI 54016

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
YMCA
TWIN CITIES MN

GET TO KNOW CAMP

**GET TO KNOW CAMP MN PARENT
CAMP FAIR AT COMO ZOO SATURDAY**

SATURDAY, FEBRUARY 23

10 a.m. – 2 p.m.

**YMCA SUMMER PROGRAMS FAIR
AT ALL YMCA LOCATIONS**

SATURDAY, MARCH 2

9:30 a.m. – NOON

OPEN HOUSE AT CAMP ST. CROIX

SUNDAY, JUNE 2

11:00 a.m. – 2:00 p.m.

View photos on [flickr.com/campstcroix](https://www.flickr.com/photos/campstcroix/)
Visit us at [campstcroix.org](https://www.campstcroix.org)

Have a question?
Contact us at 612-822-2267
Email us at: info@campstcroix.org

SAVE \$25 BY REFERRING A FRIEND

See page 15 for more information.



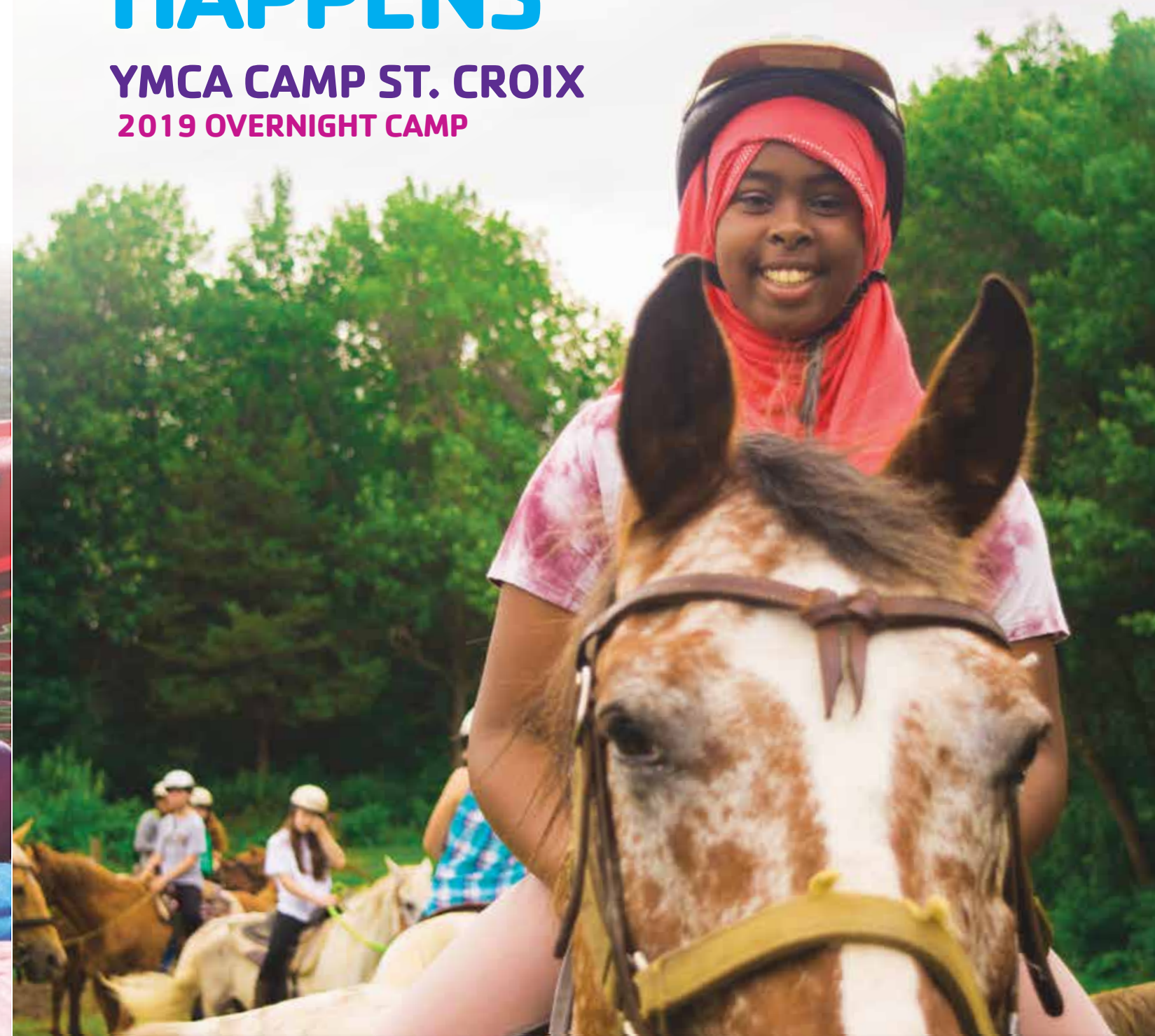
YMCA of the Greater Twin Cities is a not-for-profit 501c3 organization.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE SUMMER HAPPENS

**YMCA CAMP ST. CROIX
2019 OVERNIGHT CAMP**



TRADITIONAL CAMP
Ages 7-14

ADVENTURE CAMP
Ages 10-15

LEADERSHIP DEVELOPMENT
Ages 14-17

[campstcroix.org](https://www.campstcroix.org)

GREETINGS FROM CAMP ST. CROIX

For 110 years, Camp St. Croix has brought boys and girls out to the bluffs overlooking the St. Croix River to enjoy the best weeks of their summers. Whether a second grader trying camp for the very first time or a seasoned camper for whom camp is their second home, the youth who join us each summer have a ton of fun, challenge themselves, and make friends in a positive, supportive environment.

Our camp programming is progressive, with campers experiencing and learning more as they return year after year. In traditional camps, kids get a taste of all that camp has to offer. In adventure camps, participants spend time each day building skills in their area of focus. Our oldest participants take part in our Leadership Development Program, preparing to be the next generation of leaders at Camp St. Croix and beyond.

Camp St. Croix lives by the core values of the YMCA of caring, honesty, respect, and responsibility. These values influence the ways in which campers interact with their counselors, their peers, their equipment and the places they travel. Campers leave Camp St. Croix with lasting friendships, increased self-confidence, strong leadership skills, and a deep appreciation for the natural world around them.



OUR MISSION

YMCA Camp St. Croix builds community and teaches respect for self, others, and nature through summer camp, outdoor education and retreats.

LIFE AT CAMP

ACTION FILLED DAYS

Days at Camp St. Croix are fun and action packed. From archery to rock climbing, arts to canoeing, and swimming to outdoor cooking, every camper is guaranteed activities they'll love. In the evenings we play all-camp games, roast marshmallows, and sing camp songs around campfires.

CABIN LIVING

Campers live in cabin groups with nine other kids and two leaders. Campers form close-knit relationships with each other and truly get to know their counselors. Young campers live close to camp center, while older campers live in rustic outposts and may spend time on trail in tents.

A BALANCED DIET

Campers enjoy family style dining with their cabin group at each meal. Along with accommodating dietary restrictions, our kitchen staff offers up a variety of fresh fruit and a lunch and dinner salad bar so campers have a well-rounded dining experience at each meal.

WELL TRAINED STAFF

Our staff are amazing young men and women who make camp safe, fun, and enriching. They are trained on a wide variety of subjects, from leading games to guiding wilderness experiences and from supporting homesick campers to facilitating nightly reflections. Their goal is to make sure every camper has the best week of their summer.

A SAFE, HEALTHY EXPERIENCE

We maintain our American Camp Association (ACA) accreditation by voluntarily meeting 300 health, safety, and program quality standards that go above and beyond the state's basic licensing requirements.

- An ACA-qualified nurse or doctor is on site every day.
- All of our staff are lifeguards and trained in Wilderness First Aid and CPR.
- Hudson Hospital and Clinic is less than two miles from camp.

LEARN MORE ABOUT:

- Buddy requests: page 4
- Medical volunteers: page 5
- Financial assistance: page 7
- Camp Oz and Needlepoint: page 8
- The week of July 2nd: page 9



CAMP ACTIVITIES

- | | | | |
|-----------------|--------------------|---------------------|--------------------------|
| • Arts & Crafts | • Field Games | • Nature Hikes | • Hatchet Throwing |
| • Canoeing | • Tennis | • Campfires | • Human Foosball |
| • Kayaking | • Volleyball | • Outdoor Cooking | • Nine Square in the Air |
| • Sailing | • Soccer | • Rock Climbing | • Shelter Building |
| • Team Building | • Basketball | • Tent Camping | • Music and Theater |
| • Hiking | • Archery | • High Teams Course | • Service Learning |
| • Swimming | • Horseback Riding | | |

Please understand that some activities are limited to certain ages (such as high team building elements) or to participants in certain adventure camps (such as horseback riding)

LOCATION

25 miles east of the Twin Cities in Hudson, Wisconsin.

YMCA CAMP ST. CROIX

532 County Road F
Hudson, WI 54016
Phone: 715-386-4380

TRADITIONAL CAMPS

THE BEST OF CAMP ST. CROIX

Campers in our traditional camps experience the best that St. Croix has to offer. They have tons of fun with their cabins in the morning, take part in Camper’s Choice in the afternoon, join in all camp games in the evening, and round out the day with all camp games and campfires with their cabin groups.

Our youngest campers, typically in grades 2-4, form our Pioneer Unit, those age grades 4-6 our Trailblazer Unit, and our oldest traditional campers make up our Woodcrafter Unit. Units form extended families for campers with unit coordinators organizing games and activities throughout the week. While Pioneers spend all nights at camp in their cabin, Trailblazers and Woodcrafters camp out in tents for one night on St. Croix’s forested south property.

THREE DAY SUMMER SAMPLER

Entering grades 2-5; \$335

June 12 - 14	*entering grades 2-9
June 23 - 25	
June 26 - 28	
June 30 - July 2	*entering grades 2-9
August 4 - 6	
August 7 - 9	

ONE WEEK TRADITIONAL

Entering grades 2-9; \$635

June 23 - 28
July 7 - 12
July 14 - 19
July 21 - 26
July 28 - August 2
August 4 - 9

BUDDY REQUESTS

Cabin Buddy requests can be made during registration. We allow two friend requests per camper, with a maximum age difference of two years.

HORSES

RIDE, GROOM, CARE AND TRAIN

Campers in our horse program develop from novice riders to young adults experienced in many aspects of equine care, grooming, riding, and training. For most Trail Trotters, their camp session is their first exposure to horseback riding, and their session focuses primarily on developing basic western riding skills. Boots and Saddles campers transition from Western to English riding, spending afternoons with our partners at the St. Croix Training Center. Wranglers, with us for two weeks, spend more time in activities besides riding such as grooming and training; they train over their weekend with Pine Lake Pastures.

See page 10 for information on our Horse Leadership Development Program.

TRAIL TROTTERS

Entering grades 5-9; \$725

June 23 - 28	*girls only
June 30 - July 2	*3 day session; \$375
July 7 - 12	*girls only
July 14 - 19	*girls only
July 21 - 26	*girls only
July 28 - August 2	*girls only
August 4 - 9	

BOOTS AND SADDLES

In partnership with Saint Croix Training Center.

Entering grades 6-9; \$725

June 23 - 28	
June 30 - July 2	*3 day session; \$375
July 7 - 12	*girls only
July 14 - 19	*girls only
July 28 - August 2	*girls only
August 4 - 9	

WRANGLERS

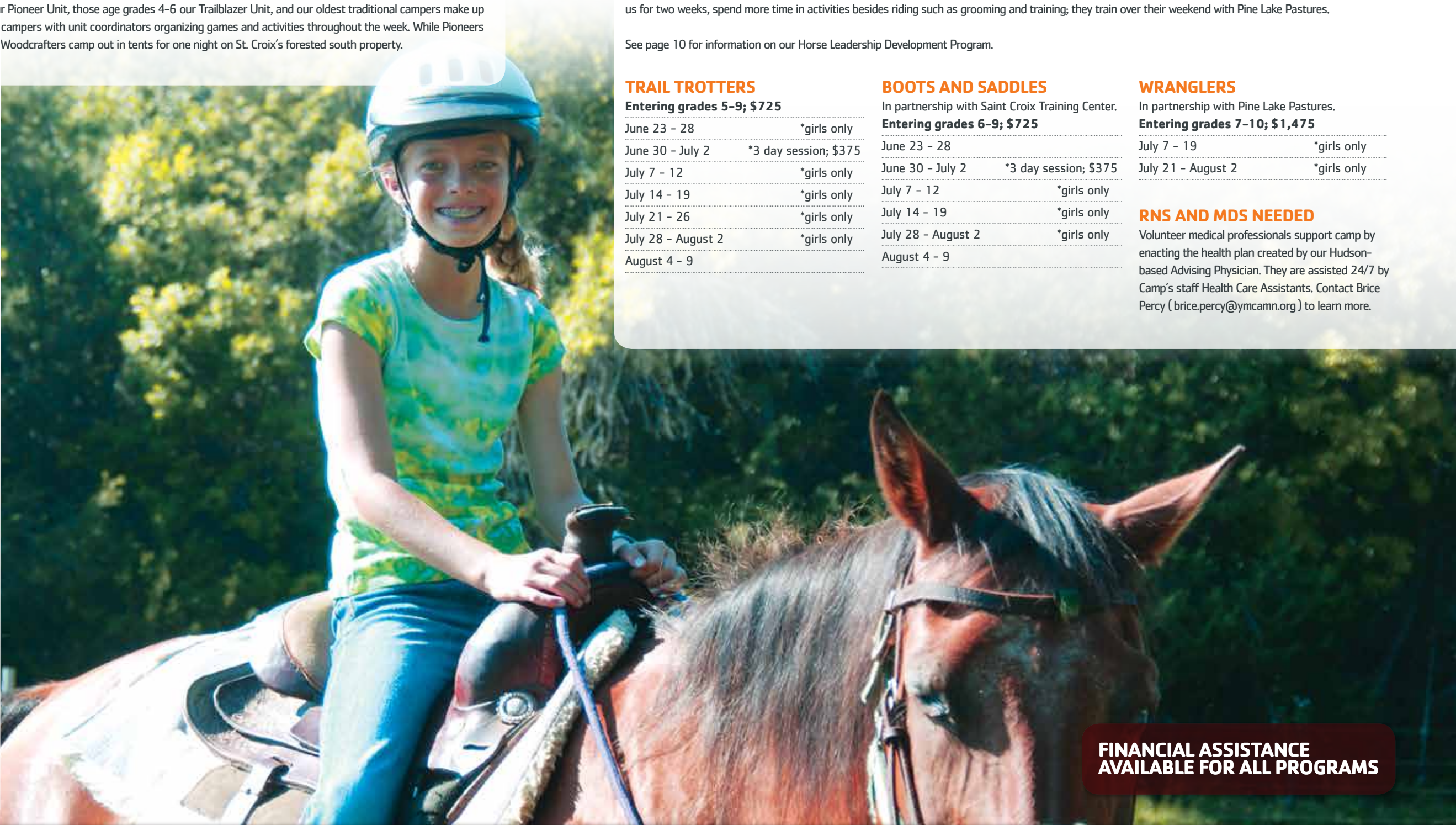
In partnership with Pine Lake Pastures.

Entering grades 7-10; \$1,475

July 7 - 19	*girls only
July 21 - August 2	*girls only

RNS AND MDS NEEDED

Volunteer medical professionals support camp by enacting the health plan created by our Hudson-based Advising Physician. They are assisted 24/7 by Camp’s staff Health Care Assistants. Contact Brice Percy (brice.percy@ymcamn.org) to learn more.



FINANCIAL ASSISTANCE
AVAILABLE FOR ALL PROGRAMS

CANOEING

PADDLE WILDERNESS LAKES AND STREAMS

For over a century St. Croix campers have paddled some of the most gorgeous waterways in North America. It’s a tradition we carry on to this day. Our Frontiers campers learn the basics of canoe tripping before they spend two nights camping on the Lower St. Croix River; for most of those campers it is their first time traveling by canoe. Our Voyageur campers review paddling skills at Camp, then head north to the Boundary Waters Canoe Area Wilderness with their St. Croix counselor. There they take part in a five day wilderness expedition in partnership with our sister camp, YMCA Camp Menogyn.

See page 10 for more information on our Canoeing Leadership Development Program.

FRONTIERS

Entering grades 6–9; \$675

June 23 – 28	*girls only
June 30 – July 2	*3 day session; \$340
July 7 – 12	*boys only
July 14 – 19	*girls only
July 21 – 26	*boys only
July 28 – Aug 2	*girls only
August 4 – 9	*boys only

VOYAGEURS

In partnership with YMCA Camp Menogyn.

Entering grades 7–10; \$1,400

July 7 – 19
July 21 – August 2

SAILING

EXPERIENCE THE FREEDOM OF WIND

On Lake St. Croix, the mile wide portion of river alongside which camp sits, St. Croix campers gain skills that can take them anywhere. The First Mates program is designed to give an introduction to basic sailing skills and techniques on optimist-class boats. First Mates spend a portion of each day receiving sailing instruction and the rest of their time participating in traditional camp activities. Our Windjammers graduate to 420s and a variety of other keelboats. The highlights of the Windjammer program are training sessions with the St. Croix Sailing School, a regionally renowned youth sailing academy.

See page 10 for information on our Sailing Leadership Development Program.

FIRST MATES

Entering grades 6–9; \$675

June 23 – 28	*boys only
June 30 – July 2	*3 day session; \$340
July 7 – 12	*boys only
July 14 – 19	*girls only
July 21 – 26	*boys only
July 28 – August 2	*girls only
August 4 – 9	*boys only

WINDJAMMERS

In partnership with Saint Croix Sailing School.

Entering grades 7–10; \$1,400

July 7 – 19
July 21 – August 2

FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS

Personal Pricing Plans are available for all of Camp St. Croix’s sessions, giving those who apply between 10% and 50% off and the opportunity to take part in May workdays to help pay for camp.

Visit campstcroix.org for more information.

ROCK CLIMBING

CLIMB THE BEST OF THE NORTH

Our youngest climbers, Rockers, learn basic climbing techniques and safety protocols at Camp St. Croix’s climbing facilities. Midway through their week Rockers take part in an overnight camping trip to Taylors Falls for some classic outdoor top-rope climbing. Cliffhangers similarly begin with safety training at camp before hitting the trail for the crags of Devil’s Lake State Park. All of our outdoor climbing is facilitated by our amazing partner Vertical Endeavors Guided Adventures.

See page 10 for information on our Rock Climbing Leadership Development Program.

ROCKERS

In partnership with Vertical Endeavors Guided Adventures.

Entering grades 6-9; \$675

June 23 - 28	*boys only
June 30 - July 2	3 day session; \$340
July 7 - 12	*girls only
July 14 - 19	*boys only
July 21 - 26	*girls only
July 28 - August 2	*boys only
August 4 - 9	*girls only

CLIFFHANGERS

In partnership with Vertical Endeavors Guided Adventures.

Entering grades 7-10; \$1,400

July 7 - 19
July 21 - August 2

FOR YOUTH WITH DIABETES AND EPILEPSY

In partnership with the American Diabetes Association (Camp Needlepoint) and the Epilepsy Foundation of Minnesota (Camp Oz), Camp St. Croix helps make possible the best weeks of summer for hundreds of youth with diabetes and epilepsy. Contact Brice to learn more (brice.percy@ymcamn.org)

BICYCLING

YOU CAN’T BE SAD WHEN YOU ARE RIDING A BIKE

Camp St. Croix collaborates with North Star Mountain Bike Guides to bring the world of mountain biking to St. Croix campers. While riding is certainly a component of our bicycling program, participants spend the majority of their time building, maintaining, and tuning bicycles. The rides, which bring our bikers to some of the best single-track in Wisconsin, are the cherries on top.

Bicycling campers must bring their own functioning mountain bicycles with them to camp.

RANDONNEURS

In partnership with North Star Mountain Bike Guides

Entering grades 6-9; \$665

June 23 - 28	
June 30 - July 2	3day session; \$340
August 4 - 9	

JULY 1-3

From July 1st to 3rd our adventure camps, which are normally one week, will be abridged to 3 days. Campers can still expect to enjoy all the best that camp has to offer. The week’s capstones will be full day trips to climb at Taylor’s Falls or to take to Lake St. Croix by canoe or sailboat.

LEADERSHIP DEVELOPMENT PROGRAMS

BUILD SKILLS FOR LIFE

Camp St. Croix’s teen leadership progression prepares young people to be leaders in their families, their communities, and their world. The “LDP” rests on three pillars: service leadership, outdoor skill development, and team facilitation.

SERVICE LEADERSHIP

At Camp St. Croix we believe that what we give is far more important than what we take. We immerse LDPs in this ethic as they assist in daily camp activities and work on durable projects that make camp better for years to come.

OUTDOOR SKILL DEVELOPMENT

Sailing, climbing, mountain biking, canoeing, and equestrianism are Camp St. Croix’s core skill tracks. Our LDP participants build expertise in these areas not only through their own practice, but also as they are coached to instruct others.

CAMP ST. CROIX LEADERSHIP DEVELOPMENT MODEL

4 VALUES + 4 ROLES + 5 SKILLS

- | | | |
|------------------|---------------|--------------------------|
| • Caring | • Self Leader | • Communication |
| • Honesty | • Partner | • Grit |
| • Respect | • Team Member | • Emotional Intelligence |
| • Responsibility | • Team Leader | • Initiative |
| | | • Judgment |

TEAM FACILITATION

Our LDP participants learn that a team is a group with shared goals and that a leader helps their team accomplish their goals. LDP participants apply this principle as they make consequential decisions within their groups, facilitate activities for younger campers, and lead all camp games.

Admission into the LDP is by application only, it is a competitive process and limited space is available. Applications will be reviewed on a rolling basis beginning on January 15, 2019. Prospective participants are encouraged to submit their applications prior to that date to assure they are among the first to be reviewed.

The full LDP Information and Application Packet is available at campstcroix.org under the “Forms and Publications” tab.

**FINANCIAL ASSISTANCE
AVAILABLE FOR ALL PROGRAMS**

MORE ABOUT CAMP

BOLD & GOLD LEADERSHIP DEVELOPMENT FOR YOUTH FROM ALL BACKGROUNDS

The YMCA of the Greater Twin Cities is a national hub for Boys and Girls Outdoor Leadership Development (BOLD & GOLD), an outdoor education program designed to develop multi-cultural leadership skills in young men and women (age 12-17) through challenging outdoor activities. BOLD & GOLD experiences are open to all with no experience necessary. We work to remove barriers by making programs accessible to all who are interested. Scholarships are available and enable us to create groups that reflect the diversity of our communities. To learn more visit ymcamn.org/boldgold or contact Program Director Kurt Simer (kurt.simer@ymcamn.org)

2019 STAFFING LIFE CHANGING WORK FOR YOUNG ADULTS

Every summer Camp St. Croix hires eighty staff age 18-25. Many of the best candidates have professional experience working with youth and educational backgrounds in youth work or education in some way. All of our best candidates are enthusiastic, caring, professional and have great senses of humor. Half of our staff are recruited from the Twin Cities while the other half come from the Greater United States and abroad.

To inquire about working at Camp St. Croix contact Camp Director Brice Percy (brice.percy@ymcamn.org).

WORLD CAMP A GLOBAL CENTER OF EXCELLENCE

For years Camp St. Croix has welcomed both expatriate and foreign national boys and girls (age 10 - 17) from around the world for a month of classic American summer camp. With cultural immersion elements like American family homestays and field trips (yes, we will go to the Mall of America) the month is absolutely a once in a lifetime opportunity.

In 2019 World Camp will take place from July 7 - August 4. Contact Camp Director Brice Percy (brice.percy@ymcamn.org) for more information.

ENVIRONMENTAL EDUCATION

The diverse wildlife and ecosystems present at Camp St. Croix provide unique opportunities to learn about the environment, enrich your present curriculum, build teamwork, enhance self-confidence and provide hands-on experiences with nature.

TEAM BUILDING

For experiences that build teamwork, enhance communication, build self-confidence, leadership and trust turn to Camp St. Croix. We tailor programs to meet your goals and objectives and create an experience uniquely designed for your group's success.

CONFERENCES & RETREATS

Nature provides the ultimate meaningful environment for gathering people, promoting ideas and inspiring minds. Camp St. Croix provides an experience you can count on for your next successful group getaway.

HOMESCHOOL

Join us for hands-on, multi-age, and cross-curricular programming. All programs are designed to fit your needs as a homeschool household. Bring the whole family to experience something new, connect with other families and discover the outdoors.

DAY CAMP DAYCROIX

YMCA Day Camp DayCroix is the perfect environment to explore all the benefits of camp while allowing campers to return home each afternoon. Day Camp is about learning skills, developing character and making friends. Camping teaches self-reliance, a love for nature and the outdoors, and the development of attitudes and practices that build character and leadership. The Day Camp experience is built on the Y's values of caring, honesty, respect and responsibility. Y counselors are dedicated to making sure camp is an amazing experience for every camper.

CALENDAR

- Prairie Burn Music Festival .September 15, 2018
- Breakfast with SantaDecember 8, 2018
- Candlelight Hike and Ski January 12, 2019
- Community Predator Prey June 9, 2019
- Prairie Burn Music Festival .September 14, 2019

For more info visit campstcroix.org.

DISCOVER Y OVERNIGHT CAMPS

YMCA CAMPING: AN EXPERIENCE LIKE NO OTHER.

At the Y, we embrace adventure. Our camps nurture the development of every camper through providing all of the elements that make a camp experience great: outstanding counselors, well developed programing, unmatched facilities, and a caring culture where campers grow in character and confidence.

We are committed to providing quality programs with a variety of outdoor experiences for both children and families.

OVERNIGHT CAMPS:

Camp St. Croix
Camp Icahowan
Camp Ihduhapi
Camp Warren

TEEN WILDERNESS CAMPS:

Camp Menogyn
Camp Widjiwagan

FAMILY CAMP:

Camp du Nord
Camp Northern Lights

ymcacamps.org

“This experience was fantastic for my son. It was empowering for him to be “on trail”. He came home changed and ready to take on more challenges.”

— Camper Parent

SUMMER REGISTRATION

TO REGISTER

- ◆ We’re going green, registration online at campstcroix.org
- ◆ To download a registration form go to campstcroix.org under forms and publications.
- ◆ Registrations accepted now throughout summer 2019.
- ◆ Each registration must be accompanied with a \$150 non-refundable deposit per session. The completed registration materials, along with the deposit will secure your place at camp.

ADDITIONAL CAMP PAPERWORK

- ◆ Additional camper paperwork will be required to attend camp. Forms can be found at campstcroix.org. website under Forms and Publications.
- ◆ Complete and bring paperwork with you to camp. DO NOT MAIL.

PAYMENT PLAN

- ◆ The balance is due in three monthly installments on March 15, April 15, & May 15 unless you have a pre-arranged payment plan established with the Customer Service Center. If the balance is not paid by May 15, 2019, you may forfeit your place at camp along with the deposit.
- ◆ If you have questions about our payment plan policy or would like to establish a payment plan, please contact the Customer Service center at the time of registration at 612-822-2267.

FINANCIAL ASSISTANCE – PERSONAL PRICING PLAN

- ◆ The YMCA welcomes all who wish to participate in our programs. The YMCA annually raises funds through our Annual Fund to help make that possible. Financial Assistance is granted on a first-come, first-served basis. Please visit campstcroix.org or call for an application at 612-822-2267.

CONFIRMATION

- ◆ Email confirmation will be sent immediately upon completion of online registration.
- ◆ Confirmations will be emailed within three weeks upon receiving mailed or faxed registrations.
- ◆ The Parent Handbook contains important camper information such as packing lists and session information. It can be found at campstcroix.org. Please review thoroughly.

**FINANCIAL ASSISTANCE
AVAILABLE FOR ALL PROGRAMS**

CANCELLATION & CHANGE POLICY

- ◆ Cancellations must be in writing and can be submitted to ymcamn.org/contact_us or faxed to 612-223-6322.
- ◆ Cancellations received one month prior to the session start date will be refunded however, your deposit is nonrefundable.
- ◆ Cancellations made less than one month prior to the session start date are non-refundable and non-transferable.
- ◆ If cancellation is due to a camper’s illness or medical reasons, or other uncontrollable circumstance, your camp fees may be refunded minus the deposit when cancellation is accompanied by a doctor’s record/official statement.
- ◆ If a camper has a significant discipline problem during a session, we reserve the right to dismiss him or her, without refund, for the remainder of the session.

ACCESSIBILITY

If your child has a disability requiring an accommodation or a special need you would like us to be aware of, please let us know. This information enables us to better meet the needs of your child within available resources. For campers requiring special accommodation for food allergies, disabilities, developmental disorders and behavioral issues, decisions are made on a case-by-case basis. Please contact Brice Percy at YMCA Camp St. Croix, 612-465-0566.

NON-DISCRIMINATION STATEMENT

In the operation of the Summer Camp Program, no child, as defined by the program regulations, will be discriminated against because of race, sex, color, national origin, age, or handicap. Any person, who believes that a child has been discriminated against in any USDA related activity, should write immediately to the Secretary of Agriculture, Washington, DC 20250.

REFER A FRIEND

Refer a friend to camp and receive \$25 credit off your camp fee for each NEW camper. You and your friend(s) must be registered by April 1, 2019 and they must be new to YMCA Camp St. Croix. Referral discount does not apply for siblings.

Sign up for Refer A Friend when you register for camp.

Register online or download the registration form.

Refer A Friend promotion ends April 1, 2019.

Online registration available campstcroix.org