

FOR YOUTH DEVELOPMENT™ FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

The YMCA of the Greater Twin Cities:

As a Global Center of Excellence Y, the YMCA of

the Twin Cities is committed to international

youth development work; we want to do our

part to instill the Y's values of caring, honesty,

respect and responsibility in young people the

A Global Center of Excellence

world around.

2017 WORLD CAMP

AGE 10-17; HUDSON, WI, USA; JULY 8 - AUGUST 5; \$2675 PROGRAM OVERVIEW

Camp St. Croix draws dozens of youth from around the globe, both American ex-patriots and foreign nationals, to Hudson each summer. While here, international campers experience the best that St. Croix offers and spend their weekends in homestays experiencing American culture (like the Mall of America and Twins Baseball).

Some participants come as individuals, flying by themselves to Minneapolis-St. Paul International Airport

where they are picked up at the gate by St. Croix staff. Others come in groups, with multiple participants coming from partnering organizations, commonly YMCAs, overseas.

Throughout their time at Camp, international campers are supported by third-culture kid competent staff and surrounded by both American and international staff (one-fifth of our staff are from overseas). They are able to phone home once a week during their stay and we scan and email written communications daily.

WASHINGTON DAKOTA MONTANA SOUTH WISCONSIN DAKOTA MICHIGAN OREGON NH YORK MA oBoston WYOMING Chicago NEBRASKA ILLINOIS OHIO New York to reach fluency. NEVADA INDIANA United States DENJ COLOBADO San Francisco MISSOURI VIRGINIA KENTUCKY VIRGINIA CALIFORNIA OLas Vegas TENNESSEE NORTH OKLAHOMA ARKANSAS Los Angeles ARIZONA NEW MEXICO MISSISSIPPI CAROLINA ALABAMA GEORGIA LOUISIANA A Houston FLORIDA Gulf of

At Camp all participants are immersed in the English Language. While Elementary Proficiency is required, World Camp participation is a great way for non-native English speakers





PROGRAM OVERVIEW

Depending on their age, campers take part in either Traditional, Adventure, or Leadership Development Program sessions. In Traditional sessions, campers do everything that camp has to offer. They canoe, sail, create art, play innumerable games, are introduced to our trail program, and make friends with other youth from all over the world. Adventure camps are similar to traditional camps except that participants choose a focus: either horses, rock climbing, sailing or canoeing.

The Leadership Development Program is how St. Croix trains its next generation of leaders. Camp's focus shifts to outdoor skill mastery, service learning, and group leadership.

International Staff

Roughly a fifth of St. Croix's seventy summer staff are from abroad. As with all our staff we look for extensive experience with youth and with outdoor activities. Volunteer or professional experience with the YMCA is a plus as well. International young adults who are interested in pursuing employment can contact John Bussey at john.bussey@ymcamn.org.

All of our campers live in modern cabins with groups of other boys or girls their age, eat healthy meals, and are led by experienced and well-trained staff. We have a health professional on camp at all times, either a registered nurse or a doctor, and are five minutes from a hospital.

	July 9 –21	July 23– August 4	
10-12 year olds	Traditional Camp ——————	Traditional Camp ——————	
13-15 year olds	Adventure Camp ——————	Adventure Camp ——————	
16 year olds	Adventure Camp ——————	Leadership Development Program (Basic)	
17 year olds	Leadership Development Program (Advanced)		

Feel free to contact John Bussey, Program Director at YMCA Camp St. Croix with any questions:

- john.bussey@ymcamn.org
- 1.612.465.0566



REGISTRATION: GENERAL INFORMATION

Register for 2017 World Camp by completing all four pages of registration document and sending it electronically, as a .pdf attachment, to john.bussey@ymcatwincities.org.

PARTICIPAN	T INFORMATION					
Camper name:			🗆 Mal	le □ Female	Date of birth:	
Address:			City, Country:			
Phone:			Email	:		
Passport Cou	untry and Number:				Passport Exp.:	
PARENT/GUA	ARDIAN INFORMATION					
First parent/	guardian:		Secor	nd parent/guardia	an:	
Primary phone:			Primary phone:			
Email:			Email	:		
Address:			Addre	ess:		
City, Country	/:		City,	Country:		
PROGRAM C	HOICE					
pages 5-12	rogram selections based of the Camp St. Croix cata	alog.	-		or all programs can	be found on
10-12 yrs old	All 12 and 13 year olds do	a variety of activities while	e they are at	camp.		
13-15 yrs old	Select 9-21 July session:	☐ Wilderness Canoeing	□ Sailing	\square Rock Climbing	☐ Horses (+\$100)	\square Variety
	Select 23 July-4 August session:	☐ Wilderness Canoeing	□ Sailing	☐ Rock Climbing	□ Horses (+\$100)	☐ Variety
16 yrs old	Select 9-21 July session	☐ Wilderness Canoeing	□ Sailing	\square Rock Climbing	☐ Horses (+\$100)	
	Select 23 July-4 August session:	☐ Wilderness Canoeing	🛮 Sailing a	nd Rock Climbing	☐ Horses (+\$100)	
17 yrs old	Select 9 July-4 August session:	☐ Wilderness Canoeing	🛮 Sailing a	nd Rock Climbing		
PAYMENT IN	IFORMATION		PARENT/6	SUARDIAN SIGNA	TURE	
World Camp	costs \$2675 plus extra fo	or horse camps.				
•	oay with credit card. I und		Please sig	n above affirmin	g all is accurate	
charged a non-refundable \$150 now and the remainder on May 1, 2017.		Return all four pages of this form electronically to john.bussey@ymcamn.org				
☐ Visa ☐ MasterCard ☐ Discover ☐ American Express		•		386-4382 W campst	croix ora	
Card #:		Exp.:	. , , 5 50	0 13001 /13 2	.55 1552 W Campst	.c. oix.org
☐ I want to p the arrangen	oay by wire transfer, pleas nents.	e contact me to make			O omerican ossociation accredited	CAM ST. CROD

REGISTRATION: HEALTH INFORMATION

CAMPER INSURANCE INFORMATION	
Health Insurance Co:	Policy/Group Number:
Primary Insured Name:	Primary Insured Date of Birth:
Primary Emergency Contact Phone:	Emergency Contact Email:
CAMPER HEALTH INFORMATION	
Please attach additional pages if necessary.	
Medical conditions	Treatment at Camp St. Croix
Does your camper have any medical concerns that we should be aware of?	Camp St. Croix has a registered nurse on premises at all times and a supervising physician who reviews our treatment standards. As part of routine treatment our health staff may use common medications such as, but not limited to, Tylenol, Benadryl, Pepto Bismol, Neosporin, Ibuprofen, Calamine lotion, Chloraseptic and cough drops. Please explain here if we should not give your camper one or more of these medications:
Medical treatment	
Has your camper received recent medical treatment that we should be aware of?	
	Medications from home
Allergies and dietary restrictions Does your camper have allergies to foods, animals, insects or drugs or have a restricted diet that we should be aware of?	If you will be sending medications from home please send them with your camper in the original container with complete instructions for their usage including a dosage schedule with the exact times that medications should be given, any interactions they may have, and relationships with food.
 	Camper Health Examination
	A physical health examination by your doctor is suggested but not required for camp attendance. If your camper receives a physical that reveals information that may be of
Restricted activities	use to the camp health staff in case of treatment, please attach the physicians report to this form.
Are there any camp activities from which your camper should be restricted for medical reasons?	attach the physicians report to this form.
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REGISTRATION: PERSONAL INFORMATION

CAMPER LETTER TO CAMP ST. CROIX	
Please, future camper, tell us in $6-8$ sentences why you want to cowith your camp staff before you arrive.	ome to Camp St. Croix in 2017. Your letter will be shared
Parent's Authorization	
This personal history is correct, so far as I know, and the person herein his give permission to the physician selected by the YMCA to order X-Rays, revent I cannot be reached in an emergency, I hereby give permission to the treatment for, and to order injection and/or anesthesia and/or surgery for follow safety instructions, remain in areas designated by staff and refrain adhere to program policies will be cause for participant's dismissal without promotional purposes. This form may be photocopied for use away from the sunscreen to my child's exposed skin, on an as-needed basis.	outine tests, and treatment for the health of my child, and in the le physician selected by the YMCA to hospitalize, secure proper r my child named above. We recognize that the participant must a from behavior that is harmful to oneself or others. Failure to ut refund of fees. Photos or video of my child may be used for
Parent/Guardian Signature:	Date:
Memo of Understanding	
To be read, understood and signed by Camper and Parent	
In order to provide the best possible camp experience for everyone, there health and safety of all involved.	are certain rules and policies that have been established for the
1. The camper agrees to abide by the rules and regulations set by the cam 2. Campers are not allowed to smoke, chew tobacco, or possess any smok 3. All medications/prescribed drugs must be kept in the Health Office und 4. Campers are not to possess or use firecrackers or explosives, Campers 5. Willful destruction of property will be the financial responsibility of the 6. Campers may not leave camp property or established boundaries witho 7. Continued inappropriate behavior, including threatening, swearing, not improper behavior in transportation vehicles, may result in IMMEDIATE DI 8. The YMCA is not responsible for articles of clothing or personal belong We reserve the right and WILL send ANYONE home (at parents' expense a	king materials, alcohol or illegal drugs. er the control of the Health Supervisor. may not possess weapons of any kind. camper's parent. ut YMCA staff permission. following directions, teasing, sexual harassment/intimidation and ISMISSAL FROM CAMP WITH NO REFUND. ings lost or damaged.
parent/guardian to pick up or arrange transportation home for the campe constitutes a violation of these rules and will enforce them as necessary.	
I have read, understood and will abide by the rules as stated above through	ghout my stay at camp.
Parent/Guardian Signature:	Date:
Campor Signaturo	Nate.

REGISTRATION: WAIVER

In consideration of participating in YMCA activities, and for other good and valuable consideration, I hereby agree to release and discharge from liability arising from negligence the YMCA of the Greater Twin Cities (hereinafter referred to as YMCA) and its owners, directors, officers, employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

- 1. I acknowledge that participating in YMCA activities involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death, and property damage. Risks include, but are not limited to, broken bones, torn ligaments or other injuries as a result of falls or contact with other participants; death as a result of drowning or brain damage caused by near drowning in pools or other bodies of water; medical conditions resulting from physical activity; and damaged clothing or other property. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity.
- 2. I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees. My/My child's participation in these activities is purely voluntary and we elect to participate despite the risks. In addition, if at any time I believe that event conditions are unsafe or that I or my child are unable to participate due to physical or medical conditions, then I will immediately discontinue participation.
- 3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my/my child's participation in these activities, or

- our use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct or conduct that constitutes greater than ordinary negligence. Should Releasees or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- 4. I represent that I have adequate insurance to cover any injury or damage I or my child may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I/my child have no medical or physical conditions which could interfere with our safety in these activities, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.
- 5. In the event that I file a lawsuit, I agree to do so in the state where Releasees' facility is located, and I further agree that the substantive law of that state shall apply.
- I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

PARENT/GUARDIAN AUTHORIZATION SECTION — TRANSPORTATION/MEDICAL

- 1. In the event that I/my child need immediate medical attention for injuries received while participating in a YMCA program, I authorize the YMCA staff to give me or my child reasonable first aid, and to arrange transport of myself or my child to a health care facility for emergency services as needed.
- 2. I give permission for myself and/or my child to be transported by the YMCA as needed for field trips, inclement weather, or late pick up. I also give my permission to participate in walking field trips.
- 3. I also give permission for myself or my child to enter Canada with the YMCA. I also understand that I/my child will need to bring our passport to camp if the trip involves such travel to Canada.
- 4. I hereby acknowledge that the YMCA will assume that either parent of the child may pick up the child at any time during the program unless there is pertinent court documentation on file at the YMCA that indicates otherwise.
- 5. ! agree to the release of any records necessary for treatment, referral, billing or insurance purposes. The YMCA receives medical information on campers/ participants that may need to be shared with medical providers.
- 6. If I or my child requires use and administration of an epi-pen, prescription or over the counter medication, it is my responsibility to ensure that the epi-pen and/or medication are on me or my child or within our personal belongings every day of the program. If YMCA staff is required to administer and use the epi-pen and/or medication, I agree to forever release and discharge the YMCA and its directors, officers, and employees from any and all liability arising out of or resulting from use or administration of the epi-pen and/or medication.

GENERA

- 1. I hereby release all pictures of myself or my child taken by the YMCA for promotional purposes and programming materials including the YMCA website.
- 2. I acknowledge that certain sections of this waiver may not apply to me and/or my child and the programs or activities that we have chosen but agree to be bound by any applicable language.

By signing this document, I agree that if I or my child is hurt or our property is damaged during participation in these activities, then I or my child may be found by a court of law to have waived our right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

I have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to me or that the cost to engage in this activity would be significantly greater if the YMCA did not utilize waivers as a method to lower insurance and administrative costs. I have read and understood this document and I agree to be bound by its terms.

Signature:	Print Name:		
Address:	City, State, Zip:		
Telephone:	Date:		
PARENT OR GUARDIAN ADDITIONAL AGREEMENT (Must be completed for participants under the age of 18)			
In consideration of(print minor's name) being permitted to participate in this activity, I further agree to indemnify and hold harmless Releasees from any claims alleging negligence which are brought by or on behalf of minor or are in any way connected with such participation by minor.			
Signature:	Print Name:	Date:	

FREQUENTLY ASKED QUESTIONS

What is the age range for international campers?

Campers must be between 10 and 17 years old on 1 July, 2017 to take part in World Camp.

How does travel work?

World Camp begins on 9 July and ends on 4 August.

If your camper is flying in just for camp, flights should be scheduled to arrive at Minneapolis-St. Paul Airport (MSP) on 8 July and to depart on 5 August. Send your camper's flight information to St. Croix assistant Program Director Dean Welsh (dean.welsh@ymcamn.org).

If your camper will spend time with friends or family in the United States before or after camp they should be dropped off at camp between 1 and 3 pm on 9 July and picked up between 1 and 3 pm on 4 August.

What does the camper fee cover?

\$2675 covers the entire experience for most campers. We charge an extra \$100 -\$150 per horse session.

From the time your camper gets off the plane on 8 July until they get back on 5 August all needs will be taken care of.

The fee does not cover flights, health insurance, or spending money (we recommend \$50-\$150 dollars).

Can my camper have electronics like an audio player or cell phone?

Campers may bring electronics for use during travel and during their weekend homestay. During the majority of their time, however, they will not be allowed to have electronic devices with them.

Where will my camper store their electronics, passport and other valuables?

We will store your camper's electronics, passport, documents and cash in a secure location.

Will my camper see America outside of camp?

Yes, your camper will have a two night homestay during which time they and one other international camper will spend the weekend with an American host family. Host families often bring their international guests to sporting events, malls, and American restaurants. Our host families are frequently families of other St. Croix campers and have all undergone background checks.

How can we be in contact with our camper?

All international campers place one call home per week.

We also encourage email communication. We print received emails to campers daily and scan and send home letter written from campers.

What if my camper gets hurt or sick?

We have a registered nurse on camp property at all times and are 3 miles from an emergency room and clinic if need be. In cases of emergency we will contact you immediately, regardless of any time difference. If a condition is not serious we will contact you as soon as possible at a reasonable hour, considering the time difference.

Does my camper need to speak English?

Your camper will need to speak English, but they do not have to speak it perfectly to have a successful experience.

Does my camper need health insurance?

Yes, all campers must have health insurance valid in the United States. In many cases your standard health insurance will cover visits to the United States. If you need to purchase temporary health insurance we encourage you to use www.insuremytrip.com to find basic single trip medical insurance.

Who pays for medical care if my camper needs treatment?

The parent is responsible for the cost of medical care. Camp St. Croix is not responsible for the cost of any medical care that takes place during a camper's time at camp.

While we work with doctors who help keep medical fees reasonable, treatment in the United States can be expensive. For this reason it is very important that your camper holds health insurance.

How do I register my camper?

You register by completing and submitting the World Camp Registration Packet.

Who is my primary contact in the United States?

You can contact John Bussey at john.bussey@ymcamn.org or 1.612.465.0566.

This document will be updated as we receive more questions. You can always find the most up to date version at campstcroix.org/









FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EARLY BIRD REGISTRATION NOW THROUGH DECEMBER 31, 2016

Save \$25 off your camp fees and receive a limited edition t-shirt!

GREETINGS FROM CAMP ST. CROIX



For over a century Camp St. Croix has brought boys and girls out to the bluffs overlooking the St. Croix River to enjoy the best weeks of their summers. From paddling and sailing to horseback riding and rock climbing, campers who come to St. Croix have a ton of fun, challenge themselves, and (most importantly) make friends in a positive, supportive environment.

In traditional camps younger campers get a taste of all that camp has to offer. In adventure camps participants choose their area of focus – sailing, canoeing, rock climbing, bicycling or horseback riding – and spend hours each day building skills and having fun in their area of choice. Our oldest participants take part in our Leadership Development Program, continuing to hone their outdoor abilities while learning group leadership skills. No matter which session your camper attends they will have a safe, fun and enriching experience.

We hope to see your camper out here at Camp St. Croix this coming summer!

Sincerely,

715-386-4380

612-465-0566

Amy Schneider, Executive Director amy.schneider@ymcamn.org

John Bussey, Program Director john.bussey@ymcamn.org

OUR MISSION

YMCA Camp St. Croix builds community and teaches respect for self, others, and nature through summer camp, outdoor education and retreats.



LIFE AT CAMP

ACTION FILLED DAYS

Days at Camp St. Croix are fun and action packed. From archery to rock climbing, arts to canoeing, and swimming to outdoor cooking, every camper is guaranteed activities they'll love. In the evenings we play all-camp games, roast marshmallows, and sing camp songs around campfires.

CABIN LIVING

Campers live in cabin groups with nine other kids and two leaders. Campers form close-knit relationships with each other and truly get to know their counselors. Young campers live close to camp center, while older campers live in rustic outposts and may spend time on trail in tents.

A BALANCED DIET

Campers enjoy family style dining with their cabin group at each meal. Along with accommodating dietary restrictions, our kitchen staff offers up a variety of fresh fruit and a lunch and dinner salad bar so campers have a well-rounded dining experience at each meal.

WELL TRAINED STAFF

Our staff are amazing young men and women who make camp safe, fun, and enriching. They are trained on a wide variety of subjects, from leading games to guiding wilderness experiences and from supporting homesick campers to facilitating nightly reflections. Their goal is to make sure every camper has the best week of their summer.

A SAFE, HEALTHY EXPERIENCE

We maintain our American Camp Association (ACA) accreditation by voluntarily meeting 300 health, safety, and program quality standards that go above and beyond the state's basic licensing requirements.

- An ACA-qualified nurse or doctor is on site every day.
- All of our staff are lifeguards and trained in Wilderness First Aid and CPR.
- Hudson Hospital and Clinic is less than two miles from camp.

LEARN MORE ABOUT:

- Buddy requests: page 4
- Medical volunteers: page 5
- Financial assistance: page 7
- Camp Oz and Needlepoint: page 8
- The week of July 2nd: page 9

CAMP ACTIVITIES

- Arts & Crafts
- Canoeing
- Kayaking
- Sailing
- Team Building
- Hiking
- Swimmina
- Field Games
- Tennis
- Volleyball Soccer
- Basketball
- Archery
- Horseback Riding
- Nature Hikes
- Campfires
- Outdoor Cooking
- Rock Climbing
- High Teams Course
- Tent Camping
- Hatchet Throwing
- Human Foosball
- Nine Square in the Air
- Shelter Building
- Music and Theater
- Service Learning

Please understand that some activities are limited to certain ages (such as high team building elements) or to participants in certain adventure camps (such as horseback riding)



25 miles east of the Twin Cities in Hudson, Wisconsin.

YMCA CAMP ST. CROIX

532 County Road F Hudson, WI 54016 Phone: 715-386-4380

TRADITIONAL CAMPS

THREE DAY SUMMER SAMPLER

Most sessions age 7-9; \$310

June 14 – 16	ages 7 – 12
June 25 – 27	
June 28 – 30	
July 2 – 4	
July 5 – 7	
August 6 – 8	
August 9 – 11	

ONE WEEK TRADITIONAL

Most sessions age 7-12; \$590

June 25 – 30	
July 2 – 7	
July 9 – 14	ages 7 – 14
July 16 – 21	ages 7 – 14
July 23 – 28	
July 30 – August 4	
August 6 – 11	

TWO WEEK TRADITIONAL

In partnership with Vertical Endeavors Guided Adventures.

Age 10-14; \$1250

July 23 - August 4

July 9 - 21

BUDDY REQUESTS

Cabin Buddy requests can be made during registration. We allow two friend requests per person, with a maximum age difference of two years.

THE BEST OF CAMP ST. CROIX

THREE DAYS TO TWO WEEKS: AGE 7-15

Our Traditional campers experience the best that St. Croix has to offer.

They have tons of fun with their cabins in the morning, take part in Camper's Choice in the afternoon, join in all camp games in the evening, and round out the day with all camp games and campfires with their cabin groups.

Our youngest campers, typically age 7–10, form our **Pioneer Unit**, those age 10–12 our Trailblazer Unit, and our oldest traditional campers make up our Woodcrafter Unit. Units form extended families for campers with unit coordinators organizing games and activities throughout the week.

While Pioneers spend all nights at camp in their cabin, Trailblazers and Woodcrafters are introduced to Camp St. Croix's tripping program. One-weekers spend a night camping out in Camp St. Croix's South Forest and two week campers spend four nights on trail paddling and climbing. Please note that traditional campers may not have time do some adventure camp activities, such as horseback riding and sailing.

HORSES

RIDE, GROOM, CARE AND TRAIN

ONE TO FOUR WEEKS, AGE 10-17

Campers in our horse program develop from novice riders to young adults experienced in many aspects of equine care, grooming, riding, and training. For most Trail Trotters, their camp session is their first exposure to horseback riding, and their session focuses primarily on developing basic western riding skills. Boots and Saddles campers transition from Western to English riding, spending afternoons with our partners at the St. Croix Training Center. Wranglers, with us for two weeks, spend more time in activities besides riding such as grooming and training; they train over their weekend with Pine Lake Pastures.

Our horse-focused Leadership Development Program, titled Equestrians, takes campers skills to the next level and introduces them to long-term opportunities in training and equine therapy. Learn more about Equestrians on page 10.

TRAIL TROTTERS

Age 10-12; one week; \$725

June 25 – 30	*girls only
July 2 – 7	
July 9 – 14	*girls only
July 16 – 21	*girls only
July 23 – 28	*girls only
August 6 – 11	

BOOTS AND SADDLES

In partnership with Saint Croix Training Center. Age 12-14; one week; \$775

June 25 – 30	*girls only
July 2 – 7	
July 9 – 14	*girls only
July 16 – 21	*girls only
July 30 - August 4	*girls only
August 6 – 11	

WRANGLERS

In partnership with Pine Lake Pastures. Age 13-15; two weeks; \$1,450

July 9 – 21	*girls only
July 23 – August 4	*girls only

RNS AND MDS NEEDED

Volunteer medical professionals support camp by enacting the health plan created by our Hudsonbased Advising Physician. They are assisted 24/7 by Camp's staff Health Care Assistants. Contact John Bussey (john.bussey@ymamn.org) to learn more.



YMCA CAMP ST. CROIX

CANOEING

PADDLE WILDERNESS LAKES AND STREAMS

ONE TO FOUR WEEKS, AGE 12-17

For over a century St. Croix campers have paddled some of the most gorgeous waterways in North America. It's a tradition we carry on to this day.

Our **Frontiers** campers learn the basics of canoe tripping before they spend two nights camping on the Lower St. Croix River; for most of those campers it is their first time traveling by canoe. Our **Voyageur** campers review paddling skills at Camp, then head north to the Boundary Waters Canoe Area Wilderness with their St. Croix counselor. There they take part in a five day wilderness expedition with logistics and guiding facilitated by our sister camp, YMCA Camp Menogyn.

Our wilderness canoeing focused Leadership Development Program, titled **Explorers**, brings campers deeper still into the wilderness. Learn more on page 10.

FRONTIERS

Age 12-14; one week; \$675

June 25 - 30

July 2 – 7

*\$600; see page 9

July 9 – 14

July 30 - August 4

VOYAGEURS

In partnership with YMCA Camp Menogyn.

Age 13-15; two weeks; \$1300

July 9 - 21

July 23 - August 4

SAILING

EXPERIENCE THE FREEDOM OF WIND

ONE TO FOUR WEEKS, AGE 12-17

On Lake St. Croix, the mile wide portion of river alongside which camp sits, St. Croix campers gain skills that can take them anywhere.

The **First Mates** program is designed to give an introduction to basic sailing skills and techniques on optimist-class boats. First Mates spend a portion of each day receiving sailing instruction and the rest of their time participating in traditional camp activities. Our **Windjammers** graduate to 420s and a variety of other keelboats. The highlights of the Windjammer program are training sessions with the St. Croix Sailing School, a regionally renowned youth sailing academy.

Mariners, our Leadership Development Program that combines rock climbing and sailing, brings campers to the Apostle Islands, Lake Pepin, and Isle Royale; learn more on page 10.

FIRST MATES

Age 12-14; one week; \$675

June 25 – 30

July 2 - 7

\$600; see page 9

July 9 - 14

July 30 – August 4

August 6 – 11

WINDJAMMERS

In partnership with Saint Croix Sailing School.

Age 13–15; two weeks; \$1300

July 9 - 21

July 23 – August 4

FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS

Personal Pricing Plans are available for all of Camp St. Croix's sessions, giving those who apply between 10% and 50% off and the opportunity to take part in May workdays to help pay for camp.

Visit campstcroix.org for more information.



ROCK CLIMBING

CLIMB THE BEST OF THE NORTH

ONE TO FOUR WEEKS, AGE 12-17

Our youngest climbers, Rockers, learn basic climbing techniques and safety protocols at Camp St. Croix's climbing facilities. Midway through their week Rockers take part in a two-night camping trip to Taylors Falls for some classic outdoor top-rope climbing. Cliffhangers similarly begin with safety training at camp before hitting the trail for the crags of Devil's Lake State Park. All of our outdoor climbing is facilitated by our amazing partners Vertical Endeavors Guided Adventures.

Our most advanced climbers and sailors unite to take part in the Mariners Leadership Development Program. See page 10 for more information.

ROCKERS

In partnership with Vertical Endeavors Guided Adventures.

Age 12-14; one week; \$675

June 25 - 30

July 2 - 7 \$600; see p. 9

July 9 - 14

July 23 - 28

August 6 - 11

CLIFFHANGERS

In partnership with Vertical Endeavors Guided Adventures.

Age 13-15; two weeks; \$1300

July 9 - 21

July 23 - August 4

FOR YOUTH WITH DIABETES AND EPILEPSY

In partnership with the American Diabetes Association (Camp Needlepoint) and the Epilepsy Foundation of Minnesota (Camp Oz), Camp St. Croix helps make possible the best weeks of summer for hundreds of youth with diabetes and epilepsy. Contact John to learn more (john.bussey@ymcamn.org)

BICYCLING

YOU CAN'T BE SAD WHEN YOU ARE RIDING A BIKE

ONE WEEKS, AGE 12-14

PILOT FOR 2017.

In 2017 Camp St. Croix will be partnering with Art Doyle's Spokes and Peddles to bring the world of bike touring to St. Croix campers. While riding will certainly be a component of our bicycling program, participants will spend the majority of their time building, maintaining, and tuning bicycles. The rides will be the cherries on top: our Rouleurs will take part in a single night overnight bike trip and our Randonneurs a four night trip. All overnight trips will take make use of Wisconsin's amazing network of crushed limestone bicycle trails.

RANDONNEURS

In partnership with Art Doyle's Spokes and Pedals

Age 12-14; one week; \$675

June 25 - 30

July 2 -7 \$600: see page 9

(tentative)

August 6 - 11

DURING THE WEEK OF JULY 2 – 7

During the week of July 2 – 7 our Rockers, Randonneurs, Frontiers, and First Makes will share cabins. Campers can expect to enjoy all the best that camp has to offer as well as spend at least 3 hours a day in their skill area of choice. Rather than overnights, the week's capstones will be full day trips to climb at Taylor's Falls, ride the Gandy Dancer, or take to Lake St. Croix by canoe or sailboat.



LEADERSHIP DEVELOPMENT PROGRAMS

BUILD SKILLS FOR LIFE

TWO TO FOUR WEEKS, AGES 14 - 17

The LDP refers to our challenging outdoor leadership progression for youth age 14–17. LDP instructors coach on group facilitation and leadership, teach technical outdoor skills, and ask participants to collaboratively make consequential decisions.

Participants may apply for a space in Explorers, Equestrians, or Mariners without previous experience at Camp St. Croix. Once those courses have been completed a participant may be invited to take part in Advanced Explorers, Advanced Equestrians, and Advanced Mariners.

Acceptance is competitive and limited space is available. Applications will be reviewed on a rolling basis beginning January 1st, 2017. Space is not guaranteed for applications received after March 31, 2017. As with all Camp St. Croix programs, financial assistance is available. The full LDP Information and Application Packet are available at campstcroix. org under the "Forms and Publications" tab.

MARINERS, EXPLORERS

AGE 14-16; 7/23 - 8/4; \$1,300

EOUESTRIANS

AGE 14-16; 7/23 - 8/4; GIRLS ONLY; \$1,450

ADVANCED MARINERS, ADVANCED EXPLORERS

AGE 15-17; 7/9 - 8/4; \$2,600

ADVANCED EQUESTRIANS

AGE 15-17; 7/9 - 8/4; GIRLS ONLY; \$2,750

CAMP ST. CROIX LEADERSHIP DEVELOPMENT MODEL

4 VALUES + 4 ROLES + 5 SKILLS

- Caring

- Grit • Team Member • Emotional Intelligence • Initiative • Judgment



MARINERS (SAILING/CLIMBING)

IN PARTNERSHIP WITH VERTICAL ENDEAVORS GUIDED ADVENTURES, AMICUS ADVENTURES AND SAIL PEPIN.

Mariners develop skills in both climbing and sailing. On the water, participants hone skills on Optimists, 420s and J22s. After they master the basics they head out on incredible sailing expeditions on Lake Pepin and Lake Superior. They will also build climbing skills in camp before exploring the Upper Midwest's best crags including Devil's Lake and Shovel Point. The Mariner program is heavily instruction focused, meaning Mariners spend significant time coaching younger campers.

EXPLORERS (CANOEING)

IN PARTNERSHIP WITH YMCA CAMP MENOGYN.

Camp St. Croix's Explorers master paddling and portaging skills in the upper reaches of the St. Croix watershed before heading out on multi week canoeing trips in Minnesota's Boundary Waters Canoe Area Wilderness. More than anything else that Camp St. Croix does, the Explorer program teaches wilderness travel skills. The expeditions are not for the faint of heart.

EQUESTRIANS (HORSES)

IN PARTNERSHIP WITH PINE LAKE PASTURES AND **CHANGING GAITS EQUINE THERAPY.**

Equestrians are the future leaders of our horse program. They gain skills in training, riding, and caring for horses and work with our staff wranglers to teach skills to younger campers. They spend weekends at various training and equine therapy centers in the St. Croix Valley.

FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS

MORE ABOUT CAMP

BOLD & GOLD

LEADERSHIP DEVELOPMENT FOR YOUTH FROM ALL BACKGROUNDS

The YMCA of the Greater Twin Cities is a national hub for Boys and Girls Outdoor Leadership Development (BOLD & GOLD), an outdoor education program designed to develop multi-cultural leadership skills in young men and women (age 12-17) through challenging outdoor activities.

BOLD & GOLD experiences are open to all with no experience necessary. We work to remove barriers by making programs accessible to all who are interested. Scholarships are available and enable us to create groups that reflect the diversity of our communities.

In 2017 Camp St. Croix will join Camp Menogyn and Camp Widjiwagan in hosting BOLD & GOLD camp sessions.

To learn more visit ymcamn.org/boldgold or contact Program Director Kurt Simer (kurt.simer@ymcamn.org)

2017 STAFFING

LIFE CHANGING WORK FOR YOUNG ADULTS

Every summer Camp St. Croix hires eighty staff age 18-25. Many of the best candidates have professional experience working with youth and educational backgrounds in youth work or education in some way. All of our best candidates are enthusiastic, caring, professional and have great senses of humor. Half of our staff are recruited from the Twin Cities while the other half come from the Greater United States and abroad.

To inquire about working at Camp St. Croix contact Camp Director John Bussey (john.bussey@ymcamn.org)

WORLD CAMP

A GLOBAL CENTER OF EXCELLENCE

For years Camp St. Croix has welcomed both expatriate and foreign national boys and girls (age 10 - 17) from around the world for a month of classic American summer camp. With cultural immersion elements like American family homestays and field trips (yes, we will go to the Mall of America) the month is absolutely a once in a lifetime opportunity.

In 2017 World Camp will take place from July 8 - August 5. Contact Camp Director John Bussey (john.bussey@ymcamn.org) for more information.

ENVIRONMENTAL EDUCATION

The diverse wildlife and ecosystems present at Camp St. Croix provide unique opportunities to learn about the environment, enrich your present curriculum, build teamwork, enhance self-confidence and provide hands-on experiences with nature.

TEAM BUILDING

For experiences that build teamwork, enhance communication, build self-confidence, leadership and trust turn to Camp St. Croix. We tailor programs to meet your goals and objectives and create an experience uniquely designed for your group's success.

CONFERENCES & RETREATS

Nature provides the ultimate meaningful environment for gathering people, promoting ideas and inspiring minds. Camp St. Croix provides an experience you can count on for your next successful group getaway.

HOMESCHOOL

Join us for hands-on, multi-age, and cross-curricular programming. All programs are designed to fit your needs as a homeschool household. Bring the whole family to experience something new, connect with other families and discover the outdoors.

DAY CAMP DAYCROIX

YMCA Day Camp DayCroix is the perfect environment to explore all the benefits of camp while allowing campers to return home each afternoon. Day Camp is about learning skills, developing character and making friends. Camping teaches self-reliance, a love for nature and the outdoors, and the development of attitudes and practices that build character and leadership. The Day Camp experience is built on the Y's values of caring, honesty, respect and responsibility. Y counselors are dedicated to making sure camp is an amazing experience for every camper.

CALENDAR

Breakfast with SantaDecember 10, 2016 Candlelight Hike and Ski January 14, 2017 For the Love of Croix April 27, 2017 Prairie Burn Music Festival Sept. 16, 2017

For more info visit campstcroix.org.



DISCOVER Y OVERNIGHT CAMPS

YMCA CAMPING: AN EXPERIENCE LIKE NO OTHER.

"This experience was fantastic for my son. It was empowering for him to be "on trail". He came home changed and ready to take on more challenges."

Camper Parent

At the Y, we embrace adventure. Our camps nurture the development of every camper through providing all of the elements that make a camp experience great: outstanding counselors, well developed programing, unmatched facilities, and a caring culture where campers grow in character and confidence.

We are committed to providing quality programs with a variety of outdoor experiences for both children and families.

OVERNIGHT CAMPS:

Camp St. Croix Camp Icaghowan Camp Ihduhapi Camp Warren

TEEN WILDERNESS CAMPS:

Camp Menogyn Camp Widjiwagan

> FAMILY CAMP: Camp du Nord

> > ymcacamps.org

SUMMER REGISTRATION

TO REGISTER

- We're going green, registration online at campstcroix.org
- To download a registration form go to campstcroix.org under forms and publications.
- Registrations accepted now throughout summer 2017.
- Each registration must be accompanied with a \$150 nonrefundable deposit per session. The completed registration materials, along with the deposit will secure your place at camp.

ADDITIONAL CAMP PAPERWORK

- Additional camper paperwork will be required to attend camp.
 Forms can be found at campstcroix.org. website under Forms and Publications.
- Complete and bring paperwork with you to camp. DO NOT MAIL.

PAYMENT PLAN

- The balance of the session fee is due one month prior unless you
 have a pre-approved payment plan established with the Customer
 Service Center. If the balance is not paid by one month prior, you
 may forfeit your place at camp along with the deposit.
- If you have questions about our payment plan policy or would like to establish a payment plan, please contact the Customer Service Center at the time of registration at 612-822-2267.

FINANCIAL ASSISTANCE – PERSONAL PRICING PLAN

• The YMCA welcomes all who wish to participate in our programs. The YMCA annually raises funds through our Annual Campaign to help make that possible. Financial Assistance is granted on a firstcome, first-served basis. Please visit campstcroix.org or call for an application at 612-822-2267.

CONFIRMATION

- Email confirmation will be sent immediately upon completion of online registration.
- Confirmation will be sent within three weeks upon receiving mailed or faxed registration materials and deposit.
- The Parent Handbook contains important camper information such as packing lists and session information. It can be found at campstcroix.org. Please review thoroughly.

FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS

CANCELLATION & CHANGE POLICY

- Cancellations must be in writing and can be submitted to ymcamn.org/contact_us or faxed to 612-223-6322.
- Cancellations received one month prior to the session start date will be refunded however, your deposit is nonrefundable.
- Cancellations made less than one month prior to the session start date are non-refundable and non-transferable.
- If cancellation is due to a camper's illness or medical reasons, or other uncontrollable circumstance, your camp fees may be refunded minus the deposit when cancellation is accompanied by a doctor's record/official statement.
- If a camper has a significant discipline problem during a session, we reserve the right to dismiss him or her, without refund, for the remainder of the session.

ACCESSIBILITY

If your child has a disability requiring an accommodation or a special need you would like us to be aware of, please let us know. This information enables us to better meet the needs of your child within available resources. For campers requiring special accommodation for food allergies, disabilities, developmental disorders and behavioral issues, decisions are made on a case-bycase basis. Please contact John Bussey at YMCA Camp St. Croix, 612-465-0566.

NON-DISCRIMINATION STATEMENT

In the operation of the Summer Camp Food Service Program, no child, as defined by the program regulations, will be discriminated against because of race, sex, color, national origin, age, or handicap. Any person, who believes that a child has been discriminated against in any USDA related activity, should write immediately to the Secretary of Agriculture, Washington, DC 20250.

REFER A FRIEND

Refer a friend to camp and receive \$25 credit off your camp fee for each NEW camper. You and your friend(s) must be registered by April 1, 2017 and they must be new to YMCA Camp St. Croix.

Sign up for Refer A Friend when you register for camp. Register online or download the registration form.

Credit is non-refundable and non-transferable. Refer A Friend promotion ends April 1, 2017.

Online registration available campstcroix.org



YMCA OF THE GREATER TWIN CITIES

2125 E Hennepin Ave Minneapolis, MN 55413

YMCA CAMP ST. CROIX

532 County Rd. F Hudson, WI 54016 NON-PROFIT ORGANIZATION U.S. POSTAGE

PAID YMCA TWIN CITIES MN

GET TO KNOW CAMP

GET TO KNOW CAMP MN PARENT CAMP FAIR AT COMO ZOO SATURDAY SATURDAY, FEBRUARY 25

10 a.m. – 2 p.m.

YMCA SUMMER PROGRAMS FAIR AT ALL YMCA LOCATIONS SATURDAY, MARCH 4

9 a.m. – NOON

OPEN HOUSE AT CAMP ST. CROIX SUNDAY, JUNE 4

11:00 a.m. – 2:00 p.m.

View photos on flickr.com/campstcroix Visit us at campstcroix.org

Have a question?
Contact us at 612-822-2267
Email us at: info@campstcroix.org









See page 15 for more information.



SAVE \$25 BY REFERRING A FRIEND