



IN ALL THAT WE DO, WE ARE COMMITTED TO EXCELLENCE

**2017 REGISTRATION AND RELEASE FORM FOR
EQUINE ASSISTED THERAPY, HORSE RIDING, AND VOLUNTEERING**

BY SIGNING THIS RELEASE FORM, I ACKNOWLEDGE THAT I INTEND TO PARTICIPATE IN riding and/or working in activities around horses at the horse ranch where Changing Gaits, Inc. is operating its equine programs and whose office is located at 27274 Monument Road, Brook Park, MN 55007. I, the undersigned do hereby agree to hold harmless and indemnify Changing Gaits, Inc. including all owners, employees, and staff members as well as any contract personnel. The undersigned further releases any of the above listed from liability or responsibility for any and all accidents, damages, injuries, or illnesses occurring to the undersigned or to any horse owned by the undersigned or to any family member or spectator accompanying the undersigned on the premises.

REGISTRATION

(print) Name: _____ Date of Birth: _____ Age: _____
Address: _____
City: _____ State: _____ Zip: _____
Home Phone: _____ Work Phone: _____
Emergency Contact: _____ Phone Number: _____

CONSENT AND WAIVER OF LIABILITY

I hereby request that the participant named above be accepted into the equine-assisted growth and development program, operated by the staff at Changing Gaits, Inc. I acknowledge that the staff at Changing Gaits, Inc. has fully explained to me the steps of the equine assisted program, including, but not limited to, the potential for injury, which can occur from riding horses, caring for horses or being involved in therapeutic and learning activities that involves horses. Because the potential benefits of the equine-assisted program outweigh the explained risks, I hereby consent to and waive any and all claims that I or the client potentially have against Changing Gaits, Inc. or any of its staff members, employees, or contract personnel arising out of any injury which the client may sustain while involved in the equine program.

The undersigned assumes the unavoidable risks inherent in all horse-related activities, including, but not limited to, bodily injury and physical harm to horse, rider, and spectator. In consideration of the benefits provided by the equine assisted growth and development program at Changing Gaits, Inc. I fully and completely consent to this waiver of liability and, in cases of therapeutic services, agree to provide a complete and accurate medical history and physician release form. Said medical history and physician release form is hereby incorporated into this consent and waiver of liability and must disclose any and all medical conditions and/or limitations.

CLOTHING LIST FOR EQUINE ACTIVITIES

All equine session are held outdoors, in barn, or in the arena. As such, you are exposed to unheated buildings and unpredictable weather conditions. It is imperative that you dress appropriately. Below is a list of weather



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conditions and suggested apparel. Please note - there are no jackets, sweaters, boots, etc. available for use at Changing Gaits. It is better to over-dress and be able to remove clothing than it is to under-dress and become chilled or uncomfortable. It is always advisable to wear sunscreen on exposed parts of the body. Please remember that you are dressing to work outside and with a horse; conditions are sometimes muddy and dirty. Very casual, warm and comfortable clothing is always appropriate. Even in the summer time, long pants (not shorts) are recommended in the barn or with the horse. Baggy and large bell/flare bottomed pants are **NOT** permitted! This is to protect both you and the horses. You need to be able to move freely with no fear of tripping, falling, or becoming tangled in props or equipment.

COLD WEATHER:

Wear layers of clothing: shirts, turtlenecks, sweater, jackets, etc. Please wear multiple pairs of socks and warm waterproof shoes or boots. Even if the weather is moderate, the ground may be cold, muddy or damp. Please wear a hat and make sure that your hands are covered. Gloves are preferred to mittens so you have use of your fingers.

WARM/COOL WEATHER:

Wear layers of clothing as the barn may be cool even if it's warm outdoors. Shirts under sweatshirts under jackets are ideal, as you'll be able to remove clothing if it gets warm or if we move outdoors where you'll be in the sun. Warm, waterproof boots or shoes are advisable.

HOT WEATHER:

In spite of hot humid days, the barn may feel cool to you if we work indoors. Layers of clothing are recommended - a tank shirt under a long sleeved blouse or shirt, for example. That way, you can remove if you get warm and retain clothing if you are in a cool area. Long pants (not shorts) are recommended.

FOOTWEAR:

Waterproof shoes or old shoes are recommended. Leather as opposed to canvas shoes protects the foot better if the horse should step on your foot. **NO SANDALS** are allowed during equine sessions!

Signature of Participant: _____ Date: _____

Signature of Parent or Guardian: _____ Date: _____

(print) Signature of Parent or Guardian: _____