



## **Summer Camper Handbook YMCA Camp du Nord**

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### **Camp du Nord Mission Statement**

The mission of Camp du Nord is to strengthen families by providing opportunities for individual and family growth, supporting spiritual development, and enhancing environmental awareness in a wilderness setting.

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## CAMP DU NORD PHILOSOPHY

The remote location of YMCA Camp du Nord has been calling families to the north woods for more than sixty years. The beauty of the setting, with the vast sky at night and the towering pines on the shores of Burntside Lake, provides an atmosphere ideal for a connection to family and nature, as well as personal reflection and spiritual growth.

In the du Nord logo, the intertwining circles represent the intra-family and inter-family relationships. Within the circles, the tree represents all of nature. The campfire symbolizes the fellowship of people gathering together and the canoe portrays the family quietly reaching into the world. Significantly, the canoe is used in the emblem, for it symbolizes du Nord's efforts to actively preserve the wilderness character of the area and maintain a program consistent with that end.

Guided by this philosophy, achievement of the following objectives is sought:

1. To enrich family life and relationships.
2. To develop new insights and understanding between family members.
3. To cultivate awareness of the natural world and strengthen appreciation for the wilderness.
4. To encourage spiritual growth and experience in a wilderness setting.

YMCA Camp du Nord seeks to promote an atmosphere where all persons feel welcome, included, and respected. At du Nord, we pride ourselves in appreciating the value of diverse populations and welcome all! Our programs are designed to enhance the relationships of all those you consider a part of your family.

### **Financial Assistance and Scholarships**

The Y raises funds annually to help make camp more affordable for all. Our scholarships are partly supported by contributions from our Annual Campaign and provide scholarships and subsidies for qualifying applicants within our available resources. Please let us know if we may serve you or your family in this way. If a scholarship could help a family you know visit Camp du Nord, please have them [visit our website](#) or contact our Customer Service Center at 612-822-2267.

### **Contributions**

We are so grateful for the contributions and support we receive from our camp community. We would not be able to operate du Nord without financial contributions, support, and guidance provided by our camp and volunteer community. Please consider donating to Camp du Nord [through our website](#).



# WHAT TO BRING

Please visit our website for a detailed [Summer Packing List](#).

**Food.** If you are not on the meal plan, pack enough food for your week at camp. *Note: Breakfast is not provided by the Dining Hall at this time, so all campers should expect to prepare their own.* Platform cabins, platform tents, and tent sites have an outdoor fire ring for cooking, a bear box, and access to a refrigerator. The nearest grocery store is approximately 25 minutes away in Ely.

**Dishes.** All cabins are equipped with a full kitchen and include cookware, dishes, utensils, a coffee maker (and filters), a toaster, and a microwave. Platform cabins and tent sites will have dishes and cookware available. If you require any special equipment for cooking while you are here (a crock pot, waffle maker, etc.) please plan to bring it with you.

**Towels.** Make sure to bring hand, bath, beach, and dish towels. Camp du Nord does not provide towels.

**Bedding.** Campers are responsible for their own bedding and pillows. Sleeping bags are convenient, especially for those planning overnight camping. You may also want to bring a fitted sheet for the mattresses. Most of the beds in camp are queen and long twins. Remember to include blankets, as nights up north can be chilly. The bed arrangement for each cabin can be found [here](#).

**Clothing.** Be sure to include rain gear and hiking boots or sturdy shoes for all family members. Bring shorts, hats, and beachwear for sunny days, and jeans, warm jackets, and sweaters for chillier weather. There are no public laundry facilities at camp. Having sufficient clothing for varying weather conditions can be the difference in your comfort at camp!

**Toiletries and Additional Health-Related Items.** Be sure to include all your common toiletries – toothbrush, toothpaste, soap, shampoo, etc. – as well as any medications your family will need throughout the week. We sell a few basic toiletries in our camp store if you forget something.

**Miscellaneous.** Other items you may want to consider include an electric fan, flashlight, battery-operated lantern, sunscreen, bug spray, binoculars, pocket knife, lawn chairs, musical instruments, fishing gear, Minnesota Fishing License (if 16 years of age and older), water bottles, portable BBQ grill, bug net (if camping), plastic wrap for leftover food, games, puzzles or other activities that your family enjoys. These are just a few ideas!

**Bikes.** You are welcome to bring bikes, although biking is limited to the North Arm Road. We ask campers not to ride bikes on camp trails. Please make sure to include a helmet and both forward and backward-facing lights so you can be seen on the road after dark.

# PLANNING FOR THE WEEK



**Food Service.** Lunches and dinners will be available in our Dining Hall for an additional charge per person. You can find pricing, registration, and dietary accommodation info [here](#). **Space in the Dining Hall is limited, and spots are first-come, first-served, so please register early.**

Registration will close when we have hit our maximum number of campers or 5 days before your arrival date.

**Prepping for Camp.** In addition to reading through this handbook, a couple of weeks before your arrival please fill out your [Camper Participant Information Form](#) so that staff know who is staying in your cabin. This is important to have for Age Group and other programs staffed appropriately throughout the week.

**Phones.** If you need to supply an emergency phone number for folks back home, the Camp du Nord office number in Ely is 218-365-0365. Messages are checked frequently. Cell phone coverage can be hit and miss – as of 2023, AT&T tends to have the best reception around camp.

**Cell Phones.** It is our intention to create a place where families can unplug and be removed from the technology elements of our daily lives, allowing for a simple, peaceful, and quiet family vacation in the woods. A huge part of what makes du Nord such a special place for families is the absence of these things. Out of respect for others, please keep your cell phones and screens in your cabins. Thank you!

**WI-FI Access.** Wi-Fi access is extremely limited at Camp du Nord. Morning Glory and the West Wing of the Dining Hall will be available to campers who need brief Wi-Fi access. We are unable to offer private workspaces. If you need to use the internet for a longer time during your stay, we suggest heading into town to use the WiFi at the library or one of the local coffee shops.

**Mail.** Mail may be addressed to you at:  
*Your Name (and Cabin/Tent site)*  
*YMCA Camp du Nord*  
*3606 North Arm Road*  
*Ely, MN 55731*

**Pets.** As much as we love animals at Camp du Nord, we do not allow campers to bring their pets to camp. Please let the camp staff know before your arrival if you will have a certified service animal with you.

**Electric Vehicle Chargers.** For those with electric vehicles, Camp du Nord has three EV 11 kW Level II (60 Amp) chargers located at the Pine Pointe Village Parking lot. These chargers have the standard J-1772 plugs that fit most EVs. For more information, visit our page on [PlugShare](#).

# YOUR WEEK AT CAMP

## ARRIVAL AND CHECK-IN

Please plan to arrive between 3-6 p.m. on **Sunday**. We do not accept check-ins prior to 3:00 p.m. as this time is vital for cleaning, maintenance, and staff time off throughout the summer. Campers will be greeted by staff at Gateway House at the entrance of Pine Pointe Village during this timeframe.

If your family arrives after 6:00 p.m., a map will be posted outside Gateway House to help guide you to your cabin – you may move right in. A radio is also located there if you need to get in touch with staff to find your cabin or site. Information on how to locate staff at other times and other important information for the week will be available at your cabin or campsite.

## WEEKLY SCHEDULE

A final detailed schedule for the week along with sign-up information will be waiting in your cabin when you arrive. For more info on the typical daily schedule and activities check out our website [here](#). While there are many activities offered daily at Camp du Nord, campers are welcome to participate in as many or as few as they like.

## AGE GROUPS

All children ages 0-18 are invited to join our staff and other campers their age in our morning Age Group Programs. Kids are divided into small groups based primarily on age to explore, adventure, play, and laugh from 9:30-Noon Monday-Friday. Activities and group breakdowns will vary each week of the summer depending on how many kids are in camp that week. For this reason, it is extremely important to fill out this [Camper Participant Information Form](#) at least one week before you arrive at camp. Please make sure that each person staying in your cabin is listed – especially if multiple families are staying in one cabin. This helps us staff our Age Groups appropriately for each week.



## OUTDOOR ACTIVITY CENTER (OAC)

Outdoor Activity Center staff can be found through the service window located next to the Camp Store in the lower level of the Dining Hall. Hours will be posted. The indoor space will be limited to staff and campers cleaning up from cookouts or overnights.

The OAC provides fun activities to draw attention to the natural beauty around us at du Nord. You can learn matchless fire starting, orienteering, and trail cooking. The staff offers help and guidance in planning your own family hike, paddle or cookout. Maps of the immediate area, camping gear, canoe pads, and other equipment are also available to use.

## **Cookouts and Overnights**

Families looking for an outdoor adventure can plan a cookout or an overnight trip to a nearby campsite during your week at camp. OAC staff will help you pick a location and pack out appropriate food and gear. Campers will be charged \$5 per person for a cookout and \$8 per person for an overnight.

This is one of the few camp experiences you can register for before you arrive at camp! Please fill out this [Cookout or Overnight Request Form](#) as least one week prior to your session start date so OAC staff can get you on the schedule. We cannot guarantee that there will still be available openings for cookouts and overnights if you request it after you get to camp.

## **THE FAMILY ARTS CENTER (FAC)**



The Family Art Center will be open throughout your week for all things creative! Mornings in the FAC will be devoted to art projects catered to the interests of the various Age Groups, with adults having it to themselves on Friday mornings.

In the afternoons, the Family Art Center hosts Open Art Afternoons where families can drop in to work on projects including, but not limited to, friendship bracelets, drawing, watercolor, felting, woodburning, and more.

Sign-up Art Classes are typically held at the Morning Glory Pavilion or the deck of the Dining Hall. These classes vary from summer to summer. Past classes have included inkle weaving, plein air painting, felting, tie-dye, macrame, and more. Information on these classes will be available upon your arrival at camp.

## **SAUNAS**

Experiencing a north woods sauna is a highlight of many campers' stay at du Nord. Camp has three saunas. The du Nord village sauna is oldest building in camp. This traditional sauna features a woodstove, lantern lighting, and a ramp straight to the lake. This sauna will be available for sign-up only. The Pine Pointe Village sauna has both an electric and a wood-burning stove. Campers may heat up this sauna using the electric stove on days when wood-burning saunas are not scheduled. The Northland Village sauna is electric only and campers may turn it on and use it at any time throughout the week. Campers will have the opportunity to sign up for a family, men's, women's, or all-gender sauna experience.



## CAMP STORE

The Camp Store is located in the lower level of the Dining Hall. Hours will be listed in your weekly schedule. Costs for items range from a few dollars for snacks to \$50-\$60 for sweatshirts and jackets.

### Sample Items Available

- Espresso drinks, hot chocolate, local root beer
- Ice cream and snacks
- Camp du Nord items: T-shirts, jackets, sweatshirts, stuffed animals, hats, postcards, stamps, stickers, coffee mugs, travel mugs, water bottles and more!
- Insect repellent, sunscreen, toothbrushes, and limited toiletries

The camp store is now cashless! You will need to bring a card to set up your account on your first visit to the store, and your card will be charged at the end of the week.



# CABINS AND TENT SITES

**Cabins.** All full-facility and rustic cabins have electricity and kitchens with running water, appliances, cookware, and dishes. Platform cabins do not have electricity or running water.



Details on bed arrangements and cabin amenities can be found [here](#) for planning purposes. **Bedding and pillows are not provided - campers must provide their own bedding.** Sleeping bags are convenient if you plan to go on an overnight during your stay.

For cabins without bathrooms there are outhouses (biffies) conveniently located throughout camp as well as shower houses with modern bathroom facilities.

**Tent Sites.** Each campsite and platform cabin has a picnic table and fire pit with nearby refrigeration and food storage. Cooking equipment, dishes, utensils, and dishwashing supplies are in the bear box at each campsite.

Fire pits have a grate for cooking that can swing aside to allow for campfires. Fires are only allowed in designated areas. It is possible that dry conditions will create a fire ban at any time throughout the summer. If this occurs, camp stoves for tent campers are necessary. Please plan for the possibility by bringing a camp stove.

There are no water or electric hookups at any of the camping sites. Each site has a centrally located food storage cache with refrigerators, electricity, and a water spigot. All water in camp is safe for drinking unless noted otherwise. To prevent animals from disrupting your food supplies, plan to store food in the food cache refrigerators, bear boxes at your sites, your personal vehicle, or bring a mouse-proof container to store on the food cache shelves.

**Cabin and Tent Site Clean-Up.** Care of the cabins and grounds is the responsibility of all campers. Every du Nord camper is expected to clean their cabin or tent site at the end of their stay. Final cleanup of cabins should include wiping down counters and appliances, sweeping and/or vacuuming floors, and taking out garbage and recycling. The final cleanup of campsites should include emptying ashes from the fire pit, wiping down the bear boxes, and cleaning out refrigeration sheds.

Staff have a rigorous schedule of cleaning and maintenance between groups of campers. To allow enough time to transition for the next week, please plan on cleaning your sites well and leaving camp by 11 a.m. on Saturday. Thank you ahead of time for helping us keep Camp du in great shape.



## CAMP INFO AND PROCEDURES

**Our Northwoods Environment.** Camp du Nord summer programs often take our beautiful north woods environment into account. We aim to create a greater appreciation for, and understanding of, the outdoors. Program activities are continually being developed with an emphasis on stewardship of this amazing piece of land.

**Firewood & Campfires.** Although surrounded by woodland, our supply of wood is not unlimited. Our wood supply, for your use at no charge, is dependent upon hundreds of hours of volunteer efforts and donated woodcutting equipment. We ask that you use firewood conservatively for campfires and in the fireplaces. Campfires are only allowed inside designated fire rings around Camp. Staff will inform campers of any fire restrictions that may exist due to dry weather.

**Supervision Responsibility of Children.** Children will be under the direct supervision of camp counselors Monday-Friday from 9:30 am to noon during Age Group programming. At all other times, Parents/guardians assume responsibility for the supervision, care, and safety of their children at Camp du Nord. Camp is an incredibly safe environment, and as a community, we all agree to keep an eye on the children at camp. Any child under the age of 12 must be accompanied by an adult to all programmed activities.

**Wildlife.** Camp du Nord shares the north woods with many creatures. Bears do visit camp from time to time looking for unattended food. Please help us prevent visits from bears by making sure that any food and garbage are properly put away at all times. If you are staying in a tent site, you can store food in the nearby food cache, in the bear boxes provided, or in your vehicle. Do not store food on screen porches. While black bears are not usually dangerous to humans, remember that they are unpredictable wild animals and keep a safe distance.

**Recycling, Trash, and Compost.** Please make sure to rinse recycled material thoroughly and sort it in the appropriate bins at the garbage and recycling stations throughout camp. Recycling facilities are somewhat limited in the area. We recycle glass, some plastic, paper, and metal. While we do compost out of our Dining Hall Kitchen, we do not currently have composting abilities in the cabins.

**Alcohol, Tobacco, and Cannabis.** Camp du Nord is a family-oriented space where responsible behavior is key, especially concerning substances. Alcohol is permitted only in campers' living areas, and the legal drinking age of 21 must be followed. Smoking tobacco and cannabis are not allowed on camp property, and the use of illegal drugs is strictly prohibited. Please ensure these substances are stored where children do not have access. Thanks for helping create a safe and enjoyable environment for everyone!

**Lost and Found.** Please keep track of all personal items brought to camp. Lost and Found items will be brought to the camp store throughout the week. All unclaimed

lost and found items will be sorted and donated at the end of the summer. Camp du Nord is not responsible for personal items that are lost, left behind, or misused by other campers.

**Accessibility.** If a family member has a disability requiring accommodation or a special need you would like us to be aware of, please let us know as soon as possible. This information enables us to better meet the needs of your family within available resources. Please contact the YMCA Customer Service Center for more information.

**Transportation.** Campers will have an option to use our Camp Shuttle between du Nord and Pine Pointe Villages throughout the week. Please note that camp vehicles must not exceed the passenger seating limit set by the manufacturer. Safety is our priority, so all passengers must use restraint devices like seat belts and booster seats based on age/weight guidelines. Remember to stay seated while the vehicle is in motion for a safe and enjoyable ride. **Emergency Procedures.** Emergency Equipment can be found in the Camp Office (located in the lower level of the Dining Hall), the kitchen area of Morning Glory, and The Nest (in the basement, middle door, of Thor's Lodge cabin). Information on how to reach staff can be found there. At these locations, you can also find:

- Automatic Defibrillator (AED)
- First Aid Kit
- Access to the camp radio and phones for emergencies
- Oxygen Tank (office only)

A detailed emergency procedure list will be posted at your cabin or tent site – please make sure to read this over when you arrive at camp.

**Illness or Injury.** Camp du Nord does not have a medical professional on-site. All staff are trained in basic first aid and CPR. If a camper gets sick or injured there is a Clinic and Emergency Room in Ely, which is about a 25-minute drive from camp. Campers are responsible for their own transportation. Please monitor the health of all members of your family and wash your hands often. Do not send family members to Age Group or other camp programming if they are experiencing symptoms of illness.

**Camp Equipment and Demos.** Campers are free to use Camp du Nord canoes, kayaks, axes, and other equipment after attending our Equipment Demonstration (Demos) early in your week. Demos are the only activity all week we require all to campers attend – please make sure to do so to ensure that our equipment is well taken care of and that you have a safe and enjoyable week at Camp.

### **Waterfront and Swimming**

- Children 12 and under must be always supervised by an adult.
- Swimming is allowed only in designated beach areas.
- Inflatable beach toys and glass items are not allowed at any beach area.
- If you'd like to listen to music at the beach, it must be limited to headphones.
- Fishing is not allowed at, or near any beach, or from any dock near swimming areas – anywhere campers may have bare feet.

- Lifeguards will be on duty during programmed activities only. All other times campers swim at their own risk.

### **Canoes and Kayaks**

- Children 12 and under must be always accompanied by an adult.
- Watercraft are only available during daylight hours.
- All campers must wear securely fastened, properly sized lifejacket at all times.
- All du Nord watercraft, paddles, and lifejackets must be properly put away after each use.
- We follow a “wet boot” policy. Watercraft should only touch the water – not sand or rocks. If you plan to use a watercraft, plan on getting your feet wet.
- There should be no more than four people in a canoe. One person per seat on a kayak.
- Do not go out on boats in rough water or when there is thunder or lightning.
- If you swamp, stay with your canoe or kayak so you can be seen. Lock your arms over the belly and don’t worry about any of the gear.

### **Paddleboards**

- Campers 12 and under must have a parent nearby on another paddleboard, canoe, or kayak
- Paddleboarders must wear securely fastened, properly sized lifejackets at all times.
- Paddleboarders must stay within view of the Northland boathouse.
- Paddleboarders may not go behind Northland/Blueberry Island, or past Peace Pointe near the shore.

**Islands.** There are two islands on Burntside Lake that you can see from Camp. Because of safety concerns, we do not allow swimming to or at either island. Loon/du Nord Island (the larger of the two islands – closer to Pine Pointe Village is a loon nesting spot and we are very lucky to have a family of loons nesting there nearly every year. We ask that campers not visit that island so we can give the loons a peaceful environment.

**Personal Vehicles.** After unloading your vehicle when you arrive, please bring your car to a camp parking lot for the week. The only exception is that cars may be kept in tent site areas for food storage. Parking lots are located at the North Arm Trailhead, directly across the road from Northland Village, and at the top of the hill at Pine Pointe Village. For safety reasons, we do not allow cars to be driven through Camp during the week.

**Bicycles at Camp.** Bikes are a great way to navigate the distance between the Pine Pointe and du Nord/Northland villages of Camp du Nord (approx. 1 mile). While we do not allow bikes on camp paths, you are welcome to ride on the North Arm Road. This is a public road, so always be aware of traffic. Please make sure to wear a helmet and have front and back lights if you plan to ride after dark.

**Child Protection Policy.** The Y has a Child Protection Policy to protect your family, our staff, and the YMCA. The policy states, in part, that staff members and volunteers may not have contact with children who are YMCA program participants in non-YMCA activities (such as babysitting or weekend trips) without the knowledge of the Executive Director and the written consent of the family.

Some children wish to communicate with their counselors or other camp staff after their camp experience or during the school year. We ask that families send this communication directly to our Executive Director at the camp office, who will ensure that the letter gets to the staff person. We do not allow our staff to give out personal addresses, phone numbers, email addresses, or social media information to children. Thank you for your understanding.

**YMCA Member, Participant, and Guest Code of Conduct.** We expect persons using YMCA programs and facilities to behave in a mature and responsible way, and to respect the rights and dignity of others. Our Code of Conduct does not permit language or any action that can hurt or frighten another person, or that falls below a generally accepted standard of conduct.

The following activities are prohibited in all YMCA facilities and programs

- Inappropriate attire. Appropriate attire must be worn at all times.
- Angry or vulgar language, including swearing, name-calling or shouting.
- Physical contact with another person in any angry or threatening way.
- Any demonstration of sexual activity or sexual contact with another person.
- Harassment or intimidation by words, gestures, body language or any menacing behavior.
- Theft or behavior that results in the destruction of property.
- Carrying or concealing any weapons or devices or objects that may be used as weapons.
- Using or possessing illegal chemicals on YMCA property, in YMCA vehicles, or at YMCA-sponsored programs.
- Any other conduct of an inappropriate, threatening or offensive nature.
- Loitering is not permitted in or outside YMCA facilities or programs
- Smoking is not permitted in or outside YMCA facilities or programs, or on YMCA property or program sites. YMCA facilities and grounds are a smoke-free environment.
- Members, participants, and guests are encouraged to be responsible for their personal comfort and safety and to ask any person whose behavior threatens their comfort to refrain. If a member, participant or guest feels uncomfortable in confronting the person directly, they should report the behavior to a YMCA staff person.
- Campers may be asked to isolate themselves or family members and may be asked to leave camp early if they display symptoms of illness such as COVID-19.

**A member, participant, or guest who is in violation of the Code of Conduct could be subject to consequences including removal from a program and/or termination of membership or program privileges.**

# CAMP DU NORD SUMMER POLICIES

1. All deposits are non-refundable.
2. Requests for ANY change(s) must be made in writing to [customerservice@ymcamn.org](mailto:customerservice@ymcamn.org) at least 1 month before the session start date. Changes are subject to a \$25 fee per change.
3. Final payments for Summer 2024 reservations are due May 15, 2024.
4. There are no refunds for Summer 2024 on cancellations made after May 15, 2024.
5. If you need to cancel due to a family emergency or medical issue, please email [customerservice@ymcamn.org](mailto:customerservice@ymcamn.org) and they will work with Camp Leadership to decide if a refund or partial refund is appropriate.
6. Cabins not in use because of registration cancellations may be used by the camp staff for other functions.
7. Exceeding cabin or site capacity by one person of any age is permissible for a fee of \$150 per week.
8. Campers may not exceed the capacity of any cabin or tent site by two or more people of any age.
9. Full payment for food service is due at the time of registration. There are no refunds on food service.
10. Space in the Dining Hall is limited, and meals can fill up. Registration for meals will close once the maximum capacity of the Dining Hall is reached.
11. Due to staffing and food ordering needs, the final cutoff for food service registration is 5 days before your arrival date. We will not be able to add diners after that day.
12. Summer Registration includes a YMCA waiver. By submitting your registration you grant permission to use photographs of individuals, families, or other members of your party in YMCA promotional materials.
13. Every attempt is made to encourage the preservation of this unique wilderness setting. All campers are expected to respect the trees, land, buildings, equipment, and each other. Campers be held responsible for any damage to the grounds, property, buildings, and/or equipment.
14. Domestic animals belonging to campers and/or volunteers are not permitted at Camp du Nord at any time.
15. Use of alcoholic beverages at camp is limited to campers' immediate living area. The legal drinking age of 21 years and must be followed. Responsible behavior around alcohol is expected at all times.
16. Campers who bring alcohol to camp are responsible for keeping it out of the hands of those under 21.
17. Use of tobacco and cannabis is prohibited on camp property.
18. Possession and use of illegal drugs is prohibited on camp property.
19. The YMCA of the North bans guns and weapons of any kind on the premises of Camp du Nord. All firearms are prohibited on camp property.
20. Campers will park cars in established parking lots during their stay at camp. We ask that personal vehicles only be driven through camp for loading and unloading during arrival and departure.
21. Canoes, kayaks, rowboats, and paddle boards are available for use as a part of the camp fee. A 10 hp motor may be used ONLY by people with physical disabilities and the motor must be removed from the boat after each use. If you wish to bring a fishing boat it is limited to 10 hp. A nearby boat landing must be used for launching the boat. Larger fishing boats and/or motors may not be brought to Camp du Nord.
22. If you choose to bring any personal recreation equipment, please keep it in your cabin or site when not in use. Camp du Nord will not be responsible for any damages or misuse of personal equipment by other campers.
23. There are no lifeguards on duty except during waterfront programming at Camp. Campers swim at their own risk. Children under 12 must be always supervised by an adult at waterfront areas.
24. Camper families are responsible for their own emergency care and emergency transportation.
25. All campers should hike and paddle with a partner and communicate their route and estimated time of return to other members of their group. Any expenses incurred for search and rescue efforts will be charged to the camper.
26. Day permits are required to enter the BWCAW for day hiking, skiing, or paddling. Permits may be obtained at the trailhead at the North Arm Parking lot or at portages that enter the BWCAW.
27. Any recreational activity carries with it normal levels of physical risk. Any injuries to campers while participating in activities at Camp du Nord are the responsibility of that camper or responsible adult. Camp du Nord does not carry accident insurance for campers.

## FALL WINTER SPRING AT CAMP DU NORD

Every season is the best season at Camp du Nord! Reserve a cozy cabin and spend time hiking on the North Arm Trails in the fall and cross-country skiing in the winter. Short-term reservations and Programmed Weekends are available throughout the year!

**Reservations for Fall Winter Spring programs and Book Your Own Getaway cabin reservations open in early May for the following season.**

**Visit [dunord.org](http://dunord.org) for more info.**

