



YMCA CAMP DU NORD
FAMILY CAMPS
ADULT RETREATS
CABIN RESERVATIONS

FALL/WINTER/SPRING
2016-2017



YMCA CAMP DU NORD



Families today know how difficult it is to find the time and the space to create meaningful connections and memories with each other. Life is busy - our schedules keep us moving quickly from one event to the next- work, school, sports, clubs, social outings...the list continues. Where is the time for families and friends to really BE together, to spend a few days connecting without technology at their fingertips? Where is the time for each of us to take a much deserved break, to breathe in fresh air, laugh with friends, and connect with a gorgeous landscape? We all deserve a place to play, to explore and to grow. At YMCA Camp du Nord, we believe we are that place. What we offer is quite simple, and in its simplicity something remarkable happens.

Each season in the north woods provides spectacular beauty and ample opportunities for outdoor adventure.

Don't just take our word for it. Come experience it!

Niki Roussopoulos Geisler
Executive Director



CAMP DU NORD
3606 North Arm Road
Ely, MN 55731

WE WELCOME YOU

YMCA Camp du Nord seeks to promote an atmosphere where all persons feel welcome, included, and respected. At du Nord, we pride ourselves on appreciating the value of diverse populations and welcome all! Our programs are designed to enhance the relationships of any and all those that you consider a part of your family.

OUR MISSION

YMCA Camp du Nord's mission is to strengthen families by providing opportunities for individual and family growth, supporting spiritual development and enhancing environmental awareness in a wilderness setting. Guided by

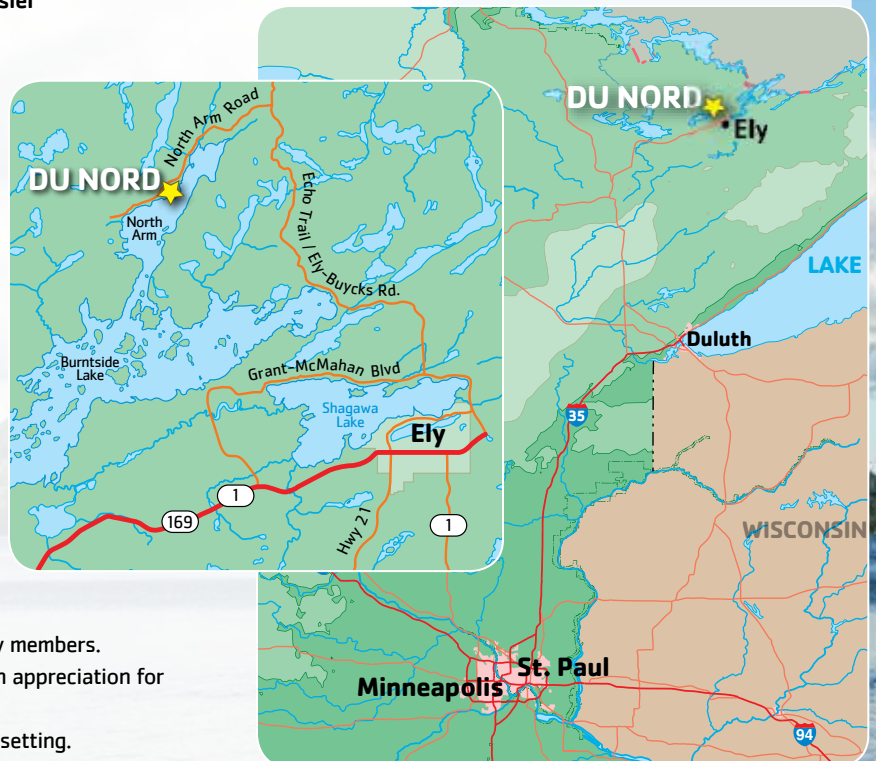
our mission, our programs seek to:

- Enrich family life and inter-family relationships.
- Develop new insights and understanding between family members.
- Cultivate awareness of the natural world and strengthen appreciation for the outdoors.
- Encourage spiritual growth and renewal in a wilderness setting.

WHO WE ARE

YMCA Camp du Nord is not only a superb and well-renowned Family Camp, but also a top of the line retreat destination. Because of its proximity to the Boundary Waters Canoe Area Wilderness, du Nord is in a unique position to help families, groups, and individuals connect with nature and with each other. In operation since 1960, YMCA Camp du Nord has a rich history of offering activities that enhance personal relationships outside of our everyday routines- in the beautiful north woods of Minnesota.

Camp du Nord is also an excellent location for a family holiday or getaway, reunion, group retreat, wedding, and more! Want to come to camp on your own? Cabins and meal service are available for reservation all year long.



FAMILY CAMPS FALL, WINTER, SPRING

“We had an amazing ‘unplugged’ weekend at Fall Colors Family Camp. We can’t wait to go back!”

-Family Camp Participant

Our **Family Camp** programs during the fall, winter, and spring seasons offer a small-scale version of our summer camp experience for families. These programs run from Thursday to Sunday, unless otherwise noted, and often coincide with school breaks. What better way to create long-lasting family memories than a fun-filled adventure in a cabin up north? Program highlights include: age groups (youth programming), crafts, hiking, canoeing, cross country skiing, sledding, sports activities, campfires, saunas, naturalist presentations and much more!

FEST DU NORD: LABOR DAY WEEKEND FAMILY MUSIC FESTIVAL

September 2-5, 2016 (Friday-Monday)

Concerts each day - no age groups

AUTUMN ADVENTURES

October 20-23, 2016

DU THANKS

November 23-27, 2016

Families may arrive Wednesday. Programing and meals will begin with Thanksgiving Dinner on Thursday evening.

WINTER WONDERLAND

March 2-5, 2017

CABIN FEVER

March 16-19, 2017

SPRING FLING

May 11-14, 2017



Okee Dokee Brothers

FAMILY CAMP WEEKEND SAMPLE SCHEDULE THURSDAY EVENING:

5:00-7:00 p.m. . . . Arrive and settle into cabin

FRIDAY & SATURDAY

8:00 Breakfast

9:30 Age Groups

12:30 Lunch

2:00-4:00 Family Activities
Skiing, Hikes, Paddles, Crafts, etc.

5:30 Dinner

7:00 Evening Family Activities: Campfire, Night Hike,
Sing-alongs, Family Sauna, Nature Presentations

9:00-10:00 Women’s Sauna

10:00-11:00 Men’s Sauna

SUNDAY

10:30 Brunch for ALL families

12:00 Departure

Visit dunord.org for registration information.



FAMILY CAMPS PRICING

Cabins are reserved on a first-come-first serve basis. Visit our website at dunord.org for cabin and site descriptions, photos and a map of camp. Meal service is available for an additional charge. Please note: Exceeding cabin capacity by one person only of any age is permissible at a fee of \$40 per night. No fee for three years and younger.

CABIN AND TENT SITE RATES

Prices per family camp sessions.

DU NORD VILLAGE

THOR'S LODGE	\$1655
LYNX LODGE	\$1445
LUNTA LOFT.....	\$1150
DANE LODGE	\$1115
JACK'S II	\$880
SANS SOUCI	\$315

PINE POINTE VILLAGE

NORTHERN LIGHTS, GREENSTONE	\$1115
BALD EAGLE, OSPREY, TIMBER WOLF.....	\$865
CHICKADEE, SPLIT ROCK, RAVEN	\$750
WINTERGREEN	\$675

NORTHLAND VILLAGE

TWILIGHT, SUNSHINE, WHITE PINE, NORTH STAR	\$915
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ADDITIONAL SITES AVAILABLE ONLY FOR FEST DU NORD

THE WINDS	\$1095
SALT LICK.....	\$525
KAWNIPI , NORTH COVE, NUGGET, TOTEM, SIAM	\$400
MCKENZIE.....	\$380
PILOT HOUSE	\$315
PLATFORM CABINS	\$295
PLATFORM TENTS	\$255
RUSTIC CAMP SITES AND AUTO TENT SITES	\$210

MEAL SERVICE*

FAMILY CAMPS

BREAKFAST, LUNCH & DINNER FRIDAY & SATURDAY

- Meal service will be available beginning on Friday morning, ending at brunch on Sunday.
 - Brunch on Sunday morning is included in the cost of your registration fees.
- | | |
|------------|------------------|
| \$70 | 13 years & older |
| \$53 | 8-12 years olds |
| \$35 | 4-7 years olds |

FEST DU NORD

BREAKFAST & LUNCH SATURDAY AND SUNDAY, BRUNCH MONDAY

- Dinners are not available in the dining hall
 - Concessions and food vendors will be available during the afternoon concerts.
- | | |
|------------|--------------------|
| \$57 | 13 years and older |
| \$44 | 8-12 years olds |
| \$32 | 4-7 year olds |

DU THANKS

THANKSGIVING DINNER THURS., BREAKFAST, LUNCH & DINNER FRIDAY & SATURDAY

- Brunch on Sunday morning is included in the cost of your registration fees.
- | | |
|------------|--------------------|
| \$86 | 13 years and older |
| \$65 | 8-12 years olds |
| \$43 | 4-7 year olds |
- #### THANKSGIVING DINNER ONLY OPTION
- | | |
|------------|--------------------|
| \$15 | 13 years and older |
| \$12 | 8-12 years olds |
| \$8 | 4-7 years old |

- No cost for children three years of age and under.
- We are not able to offer refunds on paid meal service within one month of your visit to camp.
- Please visit dunord.org for schedule, meal, and registration information.

ADULT RETREATS

Registration fee includes the cost of all meals, housing, programs, and equipment use.

Our **Adult Retreat** opportunities offer just that...a much needed retreat. We all deserve a bit of time away to renew, relax and have some fun!

- ◆ Opportunities for personal growth through reflection, solitude, enjoyment of nature's grandeur and quiet woodland setting next to the Boundary Waters Canoe Area Wilderness.
- ◆ Small group activities and workshops offer a place to make new friends and catch up with old ones.
- ◆ Evening events, whether a performance or all-group gatherings, are a time and place for fun and fellowship.

WOMEN'S FALL & SPRING RETREATS

September 29 – October 2, 2016

May 4–7, 2017

Our Fall & Spring Women's Retreats bring amazing women from all over the country to the beautiful and vibrant north woods. Professional and fun facilitators offer a wide variety of workshops; including creative arts, health and fitness, personal growth, and outdoor adventures. Let's not forget about nutritious and delicious meals, and plenty of time for relaxation and entertainment. Join us for a weekend all about YOU!

\$350 Fall Registration Deadline: August 20, 2016

\$350 Spring Registration Deadline: March 17, 2017

REGISTER EARLY – IT IS COMMON FOR OUR RETREATS TO FILL BEFORE THE DEADLINES.

Visit dunord.org for registration information.

WOMEN'S SKI & SNOWSHOE RETREATS

January 26–29, 2017

February 23–26, 2017

This is your chance to get out on skis or snowshoes and experience winter in the north woods. Guides will be available to take you on the winter trails, or you can head out on your own adventure. Enjoy evenings saunas or relaxing by campfires!

\$305 Registration Deadline: December 3, 2016

WINTER COUPLE'S GETAWAY

March 9–12, 2017

Escape for the weekend and relax at your favorite north woods destination with your significant other. The weekend provides opportunities for group social time, outdoor guided adventures, skiing, snowshoeing, massages, winter saunas, and peaceful time together as a couple! Whisk your partner away for a weekend up north.

\$500 per couple for your own cabin

\$400 per couple if you sign up to share a cabin

Registration Deadline: January 28, 2017

"I always end up leaving these retreats with both my body and my soul well fed!"

– Women's Retreat Participant

CABIN RESERVATIONS

Come up with your family, friends or bring a group.

RUSTIC CABINS & TENT SITES

All cabins have electricity and kitchens. The cabins are near a centrally located shower house with modern bathroom conveniences. Nearby biffies are also available. These cabins are not heated, and are only available September and May.

WINDS: sleeps 10, 4 bedrooms, kitchen, woodburning stove, bathroom, lake view, screened porch. Beds: 2 queen, 2 bunk beds, 2 long twin **\$295 /night**

SKIPPER: (formerly Director's Cabin) sleeps 5, 2 bedrooms, woodburning stove, screened porch, kitchen, deck, bathroom. Beds: 1 queen, 1 bunk and 1 twin. **\$215 /night**

SALT LICK: sleeps 6, 2 bedrooms, kitchen, fireplace, lake view, screened porch. Beds: 1 full and 2 bunk. **\$150/night**

NORTH COVE: sleeps 5, 2 bedrooms, bathroom, kitchen, fireplace, lake view. Beds: 1 full, 1 bunk, 1 twin. **\$190/night**

MCKENZIE: sleeps 5, 2 bedrooms, kitchen, screened porch. Beds: 1 queen, 1 bunk, and 1 twin. **\$120/night**

NUGGET: sleeps 4, 2 sleeping alcoves, kitchen, fireplace, lake view. Beds: 1 full, 1 bunk. **\$110/night**

TOTEM: sleeps 4, 2 bedrooms, kitchen, lake view. Beds: 1 full and 1 bunk. **\$110/night**

SIAM: sleeps 4, 1 bedroom, kitchen, deck, lake view. Beds: 1 full, 1 bunk. **\$110/night**

PILOT HOUSE: sleeps 2, 1 room with fireplace, kitchen. The romantic porch extends over the lake offering great views. Beds: 1 full. **\$100/night**

SANS SOUCI: sleeps 2, 1 room with kitchen, fireplace, lake view. Beds: 1 full Available year round. **\$100/night**

***PLATFORM CABINS/PLATFORM TENTS:** sleep 6 **\$40/night**

***TENT SITES:** sleep 8 **\$15/night**

***AVAILABLE ONLY IN SEPTEMBER**

FULL FACILITY CABINS

The full facility cabins have bathrooms, full kitchens and are scenically located. Cabins are convenient to all program activities and waterfront areas.

NORTHLAND VILLAGE

TWILIGHT, SUNSHINE, WHITE PINE & NORTH STAR: Cabins sleep 7, bathroom and a full kitchen, gas fireplace, 2 bedrooms and a loft, in-floor heat, central vacuum, and a screened porch. Beds: 1 queen, 5 long twins. **\$285/night**

DU NORD VILLAGE

THOR'S LODGE: sleeps 16, woodburning stove, spacious kitchen, 6 bedrooms, 2 bathrooms, deck. Beds: 6 full and 4 twin. ADA Accessible **\$645/night**

LYNX LODGE: sleeps 14, hand-hewn log cabin with kitchen, 5 bedrooms, fireplace, 2 bathrooms, Beds: 2 queen, 10 twin in bunk and stand alone configurations. **\$570/night**

DANE LODGE: sleeps 10, hand-hewn log cabin with large kitchen, 3 bedrooms upstairs, stone fireplace in great room, half bath. Beds: 2 full, 2 twin and 2 bunk. (No shower) **\$410/night**

LUNTA LOFT: sleeps 10, large kitchen, 2 bedrooms, 2 alcove bedrooms, fireplace in great room, 2 bathrooms. Beds: 2 queen and 3 bunk. **\$435/night**

JACK'S II: sleeps 7, great room with woodburning stove, kitchen, 2 bedrooms and sleeping loft, bathroom. Beds: 1 queen, 3 twin (one is a roll out), and 1 bunk. **\$285/night**

PINE POINTE VILLAGE

GREENSTONE: sleeps 11, fireplace, full kitchen, 4 bedrooms and sleeping loft, screened porch, deck, 2 bathrooms. Beds: 2 queen and 7 long twin. **\$440/night**

NORTHERN LIGHTS: sleeps 11, fireplace, full kitchen, 4 bedrooms and sleeping loft, 2 decks, 2 bathrooms. Beds: 2 queen, 7 long twin. **\$430/night**

BALD EAGLE, OSPREY, TIMBER WOLF : Cabins sleep 7, screened porch, 2 decks, 2 bedrooms and sleeping loft, fireplace, full kitchen, bathroom. **BALD EAGLE & OSPREY** Beds: 1 queen and 5 long twin. **TIMBER WOLF** Beds: 2 queen and 3 long twin. **\$285/night**

CHICKADEE, SPLIT ROCK, RAVEN: Cabins sleep 5, screened porch, 2 decks, 2 bedrooms, full kitchen, bathroom, fireplace. Beds: 1 queen, 1 long twin and 1 bunk. ADA accessible cabins. **\$210/night**

WINTERGREEN: sleeps 4, screened porch, 2 decks, 2 bedrooms, fireplace, full kitchen, bathroom. Beds: 1 queen and 2 long twin. **\$205/night**

DISCOUNTS

- **GET THURSDAY NIGHT FREE** when staying Friday and Saturday nights.
- **MID-WEEK DISCOUNT 50% OFF** Sunday–Wednesday nights.

DISCOUNTS DO NOT INCLUDE

- New Year's Eve (December 29–January 1), Martin Luther King and Presidents Weekend
- Family Camp Weekends
- Weddings
- Platform Cabins, Platform Tents and Tent Sites

Please note: Exceeding cabin capacity by one person only of any age is permissible at a fee of \$40 per night. No fee for three years and younger.

ADDITIONAL INFORMATION

Camp du Nord is made up of three unique villages that offer a variety of housing. Families, individuals and organized groups can return year after year and experience a different cabin each time.

MEETING AND DINING FACILITIES

The Lodge du Nord Dining Hall includes facilities for banquet or family style dining. This building is great for large-group gatherings, weddings and receptions.

The Morning Glory Program Center in Pine Pointe Village includes a meeting/classroom area and a lounge that also serves as a large-group gathering area. **Fee is \$100 for two days of exclusive use.**



MEAL SERVICE

Hearty and nutritious meals are available in the Lodge du Nord Dining Hall for groups of 30 or more people. Meals are served family style and can also be served buffet style on request. With proper notice, our staff can accommodate most dietary needs, restrictions and wishes. Please consult rates below for meal prices. All meal service requests must be finalized two weeks prior to your visit to camp. Form available at dunord.org. We are not able to offer refunds on paid meal service within one month of your visit.

PROGRAM EQUIPMENT

Each of the villages at Camp du Nord has a sauna: two electric and one wood burning. The wood burning sauna will be available one time during your stay. All villages have access to the Camp Trading Post where cross-country skis and snowshoes are available for rent. In fall and spring canoes, rowboats and kayaks are available at no additional cost.

FALL/WINTER/SPRING ACTIVITIES

- Hiking
- Cross country skiing
- Snowshoeing
- Stargazing
- Sledding
- Family Board Games
- Paddling
- Sauna
- Campfires and s'mores

Visit dunord.org for registration information.

MEAL SERVICE FEES FOR GROUPS

(Meals are available for groups of 30 or more.)

	Breakfast 8:00	Lunch 12:30	Dinner 5:30	Sun. Brunch 10:30	All Meals
13 years of age and older	\$8.75 breakfast	\$11.50 lunch	\$14.75 dinner	\$12.00 brunch	\$35.00 day/3 meals/person
8-12 years of age	\$6.75 breakfast	\$8.50 lunch	\$11.50 dinner	\$9.00 brunch	\$26.75 day/3 meals/person
4-7 years of age	\$4.75 breakfast	\$5.75 lunch	\$7.25 dinner	\$7.00 brunch	\$17.75 day/3 meals/person
3 years of age and younger:	No charge				

RESERVATION PROCEDURES

Visit dunord.org for registration information. All reservations are accepted on a first-come, first-served basis.

PAYMENT INFORMATION

- A 50% non-refundable deposit is required to make a reservation for family camp or cabin reservations.
- Adult retreats require payment in full at the time of reservation.
- The reservation balance plus any food service fees etc., is due one month before your visit.

CANCELLATION POLICY

- \$50 per site is non-refundable for Family Camp and Cabin Reservations.
- \$50 of the fee is non-refundable for Adult Retreats.
- If you cancel within one month of your reserved date, you will be charged the total fee.
- No refunds on paid meal service within one month of your visit to camp.

**“Another amazing weekend playing in the snow, great food and friendship”
– du Nord Family**

PERSONAL PRICING PLAN

YMCA Camp du Nord welcomes all who wish to participate, within resources available, and annually raises funds to help make that possible. Please let us know if we may serve your family in this way. Personal pricing is available online at dunord.org or by calling the du Nord Administrative Office at 651-645-6605 and requesting an application. All requests for personal pricing are kept strictly confidential.



YMCA CAMP du NORD Winter Map

dunord.org

Legend

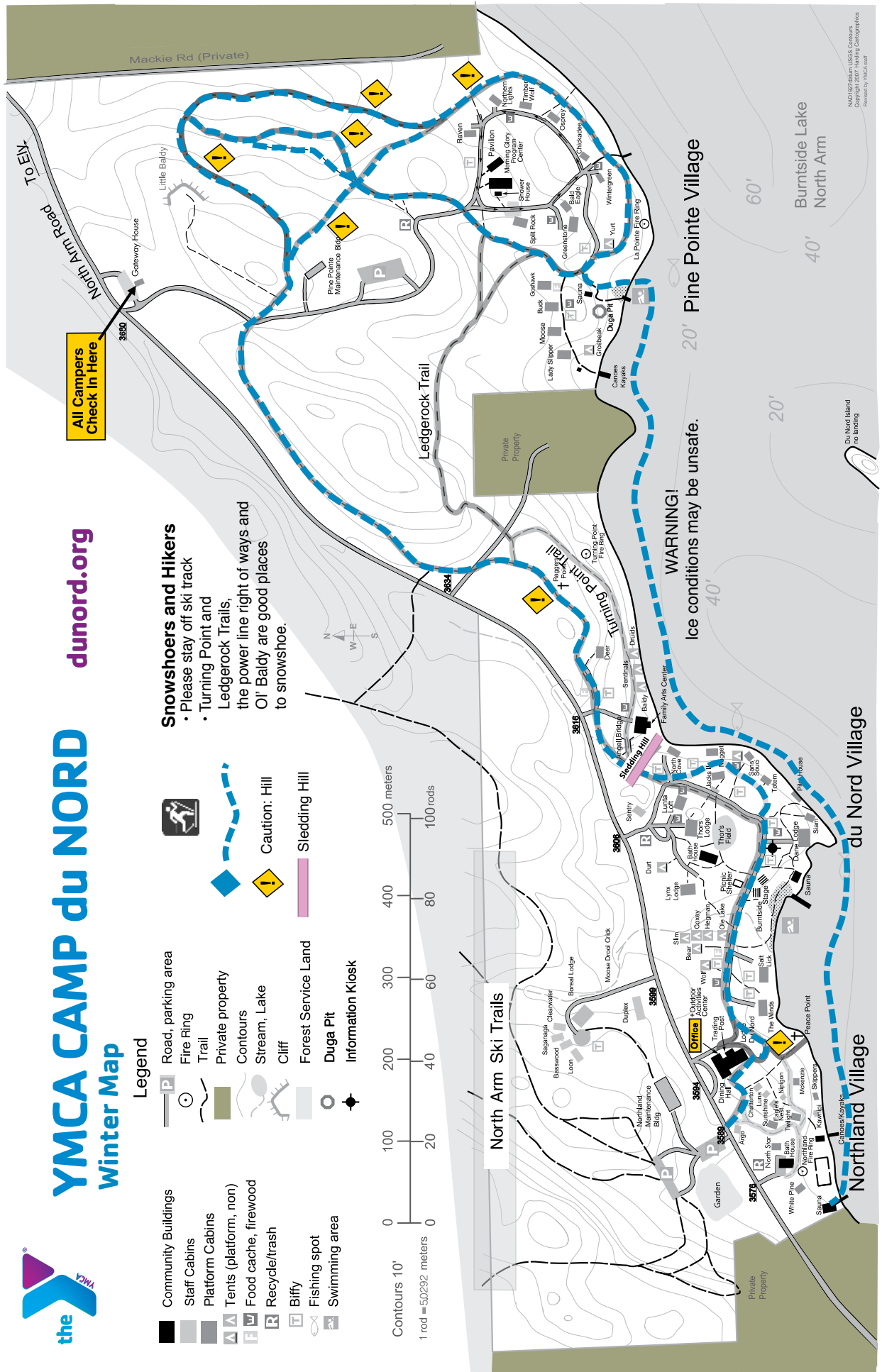
- Community Buildings
- Staff Cabins
- Platform Cabins
- Tents (platform, non)
- Food cache, firewood
- Recycle/trash
- Biffy
- Fishing spot
- Swimming area

- Road, parking area
- Fire Ring
- Trail
- Private property
- Contours
- Stream, Lake
- Cliff
- Forest Service Land
- Duga Pit
- Information Kiosk

- Snowshoers and Hikers
- Caution: Hill
- Sledding Hill

Snowshoers and Hikers

- Please stay off ski track
- Turning Point and Ledgerrock Trails, the power line right of ways and Old Baldy are good places to snowshoe.



NAD is a registered LEISS Contour
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Map by YMCANAD



YMCA CAMP du NORD

Spring-Summer-Fall Map

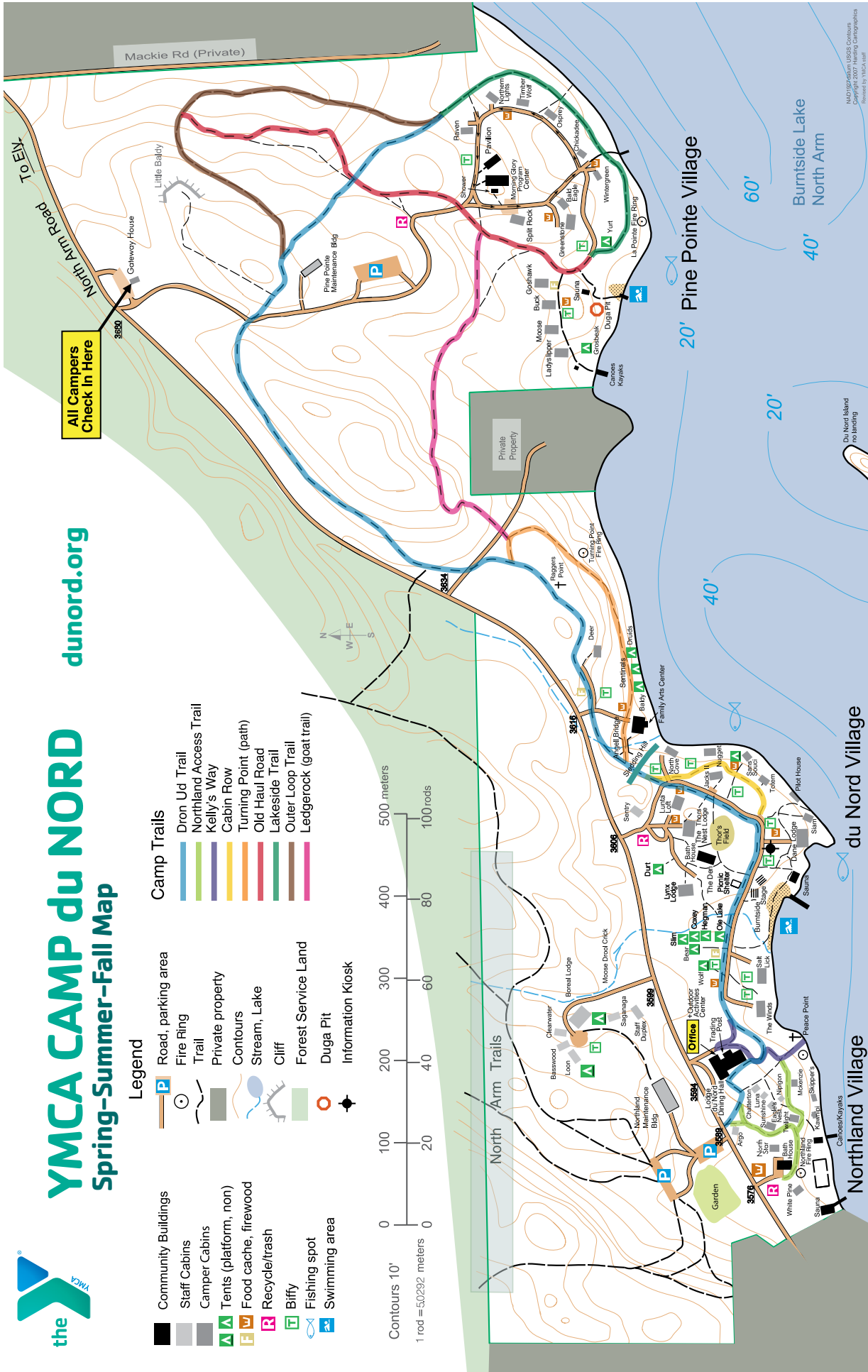
dunord.org

Legend

- | | | | |
|--|-----------------------|--|---------------------|
| | Community Buildings | | Road, parking area |
| | Staff Cabins | | Fire Ring |
| | Camper Cabins | | Trail |
| | Tents (platform, non) | | Private property |
| | Food cache, firewood | | Contours |
| | Recycle/trash | | Stream, Lake |
| | Biffy | | Cliff |
| | Fishing spot | | Forest Service Land |
| | Swimming area | | Duga Pit |
| | | | Information Kiosk |

Camp Trails

- | | |
|--|------------------------|
| | Dron Ud Trail |
| | Norhland Access Trail |
| | Kelly's Way |
| | Cabin Row |
| | Turning Point (path) |
| | Old Haul Road |
| | Lakeside Trail |
| | Outer Loop Trail |
| | Ledgerock (goat trail) |



NAD 1983 datum USGS Contours
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Revised by W. Wood

VOLUNTEER OPPORTUNITIES

Many YMCA Camp du Nord supporters work behind the scenes all year long! We couldn't create the kind of du Nord experience that brings so many families back to camp without the dedication and support of our volunteers. A variety of opportunities are available for you and your family to enjoy fun volunteer events both at camp and in the Twin Cities. These volunteer projects help support staff, make necessary improvements, and help keep YMCA Camp du Nord affordable for all.

WORK WEEKENDS

Families and individuals are encouraged to take part in a long-standing tradition of Volunteer Work Weekends. The du Nord staff and Buildings and Land Stewardship Committee invites you to participate in these fun and productive events! Plan on lots of enjoyable work projects, hearty meals, evening sauna, good fellowship and memories to last a lifetime! Kids work too! Reservations are accepted on a first-come, first-served basis.

Work weekend registration forms are available at dunord.org.

FALL WORK WEEKEND & TREES AND TRAILS

October 6 – 9, 2016

MEMORIAL DAY WORK WEEKEND

May 26 – 29, 2017

SUMMER PREP WORK WEEKEND

June 2-4, 2017

COMMUNITY BOARD/COMMITTEE VOLUNTEERS

Camp du Nord has very strong Board involvement and is always looking for additional skills, talents, and dedicated supporters. Volunteers serve a three year term on our Advisory Board of Directors, or can also join one of our active committees- i.e. Buildings and Land Stewardship, Outreach and Inclusion, Mission Advancement, Finance, Programs and Marketing, and Risk Management. Meetings are held in the Twin Cities on a monthly basis.

SPECIAL EVENTS

Camp du Nord is always looking for volunteers for a variety of annual special events.

- **Annual Garage Sales**, a joint fundraiser with Camp Widjiwagan
- **Esprit du Nord**, annual spring fundraiser
- **Annual Giving Program**
- **Family Camp 365**, family events in the Twin Cities.

Please contact us if you're interested in volunteering for Camp du Nord at info@dunord.org.





YMCA OF THE GREATER TWIN CITIES
YMCA CAMP DU NORD
Administrative Office
2125 East Hennepin Ave.
Minneapolis, MN 55413

NON-PROFIT
ORGANIZATION
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TWIN CITIES MN

OUR LOCATION

Only 250 miles north of the Twin Cities lies the Boundary Waters Canoe Area Wilderness — over a million acres of lakes and forest — a place to captivate your heart and inspire your imagination. Camp du Nord is located on the North Arm of beautiful Burntside Lake just north of Ely, Minnesota.



“Like” us on Facebook.

Follow us on Twitter.

View photos on flickr.com/ymcacampdunord

Visit us at dunord.org

Have a question?

Contact us at 651-645-6605

Email us at: info@dunord.org

