



# YMCA DAY CAMP HERITAGE

Led by dedicated Y counselors, Day Camp provides nature based programming and an inclusive culture. Day Camp builds on the Y's core values of caring, honesty, respect and responsibility and promises an amazing experience for every camper.

**Camp Hours:** 9 a.m. – 4 p.m.

**Ages 4 – 15**

**A special relationship with Wargo Nature Center.**

**Location:** On Peltier Lake in Lino Lakes, across from Wargo Nature Center, part of the 5,000 acre Rice Creek Chain of Lakes Regional Park Reserve. This location is made possible through collaboration with the Anoka County parks.

## **Day Camp Heritage**

7732 Main Street

Lino Lakes, MN 55038

P 612-806-4309 or 612-227-9455

Weather alerts and Camp updates will be posted on Facebook. Questions? Contact: 612-230-9622.

**Before & After Care and Bus Transportation are available. See page X.**

## HERITAGE HIGHLIGHTS:

- Archery Range
- Swimming
- Canoeing
- Field Games
- Environmental Education
- Garden
- Arts and Crafts
- Fort Building
- Climbing Wall
- Tie Dye
- Gaga Pit
- Team Building
- Pioneering

[daycampheritage.org](http://daycampheritage.org)



# TRADITIONAL DAY CAMPS

## Wee Backpackers Camp

**Ages 4 & 5 year olds or entering Kindergarten in fall, 2020**  
June 8 – September 4\*

\*No program July 3, fee prorated

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Start your child's appreciation of the great outdoors by enrolling him or her in Wee Backpackers! From the moment campers arrive each day, counselors guide them through traditional camp experiences including hiking, nature study, swimming, group games, and arts and crafts. They have opportunities to sing songs, tell stories, and meet new friends. All activities are geared to show your preschool camper the wonders of nature. Wee Backpackers is carried out in small groups under the watchful eye of counselors trained to meet the needs of young campers. The Wee Backpacker program maintains a low staff to child ratio.

## Traditional Day Camp

**Entering grades 1 – 6 in fall, 2020**  
June 8 – September 4\*

\*No program July 3, fee prorated

Member Participants: \$205/week

Non-Member Program Participants: \$230/week

Campers explore hiking through wooded trails, studying the wonders of nature, canoeing along lake shores, and conquering many challenges under the leadership of well-trained staff. Exciting activities may include archery, swimming, nature studies, canoeing, fort building, camp crafts, gardening, pioneering and group games!



"Like" us on Facebook.

**REGISTER EARLY & SAVE**

Visit [daycampheritage.org](http://daycampheritage.org) for the most updated information.

Through January 31  
March 4 – 10  
April 13 – 24

**\$20 OFF SESSION**  
**\$15 OFF SESSION**  
**\$10 OFF SESSION**

# SPECIALTY DAY CAMPS

At YMCA Specialty Camps, day campers spend approximately two hours of each day in their specialized activity. The remainder of the day is spent enjoying traditional camp activities.

Samples of a typical day can be found at [daycampheritage.org](http://daycampheritage.org)



## ARTS AND IMAGINATION

### Dragons, Fairies and Princesses Camp

Entering grades 1 – 3 in fall, 2020

Weeks of June 8, June 22, July 6, August 3 and August 24

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Campers let their imaginations soar in this magical fairy tale-themed camp. Adventures will include themed arts and crafts, a mystical quest and a special tea party!

### Arts and Crafts Camp

Entering grades 1 – 3 in fall, 2020

Weeks of June 15, July 13, August 10 and August 17

Entering grades 4 – 6 in fall, 2020

Weeks of June 8, July 27 and August 24

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Campers discover their artistic side and let their imaginations soar. Kids create a variety of projects that may include: sketching, watercolors or paints, nature collages, picture frames, necklaces and bracelets, and much more. Campers create masterpieces to take home and enjoy! A field trip will be featured each week.

## NATURE AND SCIENCE

### New! WeeBee Critters and Crawlers Camp

Ages 4-5 year olds or entering Kindergarten in fall, 2020

Weeks of June 15, July 13, July 27 and August 10

Member Participants: \$235/week

Non-Member Program Participants: \$260/week

Campers become "Eco-Explorers" as they investigate the natural surroundings at camp. We will take forest treks, prairie walks and tours to explore our local wildlife. Activities include: bug safaris, nature hunt and more!

### New! Fish, Frogs and Forts Camp

Entering grades 1 – 3 in fall, 2020

Weeks of June 29, July 13, July 27, August 10 and August 24

\*No program July 3, fee prorated

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Filled with exploration and environmental education, we'll focus on fort building and discovery of insects, fish and frogs. Campers learn basic fishing skills while practicing the catch-and-release method. Bait and fishing equipment is provided at camp but you may bring your own.

### Wild About Nature Camp

Entering grades 1 – 3 in fall, 2020

Weeks of June 22, July 6, July 20, August 3 and August 17

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Young nature lovers will enjoy the great outdoors as we explore the wonders of nature! Campers will hike along our many paths to discover woods, prairies and wetlands. Each day focuses on a new theme of mammals, ponds, insects and birds. Campers learn about endangered species as well as the native wildlife; they even get to see a few animals up close!

Partnership with Wargo Nature Center.

### Outdoor Living Skills Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 15, July 6, July 27, August 10 and August 24

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Kids develop their outdoor living skills in this exciting, hands-on specialty camp! Campers discover the finer points of preparing for a big outdoor adventure. Participants will learn a variety of useful camping skills that may include building a fire, making camp shelters, knot tying, campfire cooking and more!

SCHOLARSHIPS AVAILABLE FOR ALL PROGRAMS.



## OUTDOOR SPORTS

### Outdoor Adventure Sampler Camp

Entering grades 1 – 3 in fall, 2020

Weeks of June 8, June 22, July 6, July 20 and August 3

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Paddle, Climb, Aim and Cast! Campers get a taste for each of our four specialty tracks. Outdoor Adventure is designed to expose kids and teach general skills in the following outdoor sports: canoeing, climbing, archery and fishing. Campers will also enjoy the outdoors while participating in traditional camp activities.

### New! Day Camp Extreme Adventure Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 22, July 20 and August 17

Member Participants: \$235/week

Non-Member Program Participants: \$260/week

**\*Includes overnight at Camp Heritage on Thursday**

Kids looking for some new experiences this summer can kick it up a notch with a week packed with extreme fun. This camp is designed to build self-confidence through challenging activities that work on advancing skills in the areas of climbing, archery, paddle sports, outdoor survival and more. This camp is designed to expose campers to an overnight experience that includes a sunset paddle and night hike. Enjoy this unforgettable adventure!

### Fishing Camp

Entering grades 4 – 6 in fall, 2020

Weeks of July 13, July 27, August 10 and August 24

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Kids get hooked on fishing as they learn basic fishing skills. Lakes provide the scene for fishing fun using the catch-and-release method. Campers can bring their own pole and tackle, or equipment will be provided. This camp features a special guided trip on a voyageur canoe provided by the Wargo Nature Center.

### Archery Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 8, June 29, July 6, July 20 and August 17

\*No program July 3, fee prorated

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

While learning the fundamentals of archery, campers examine equipment close up, identify the parts of the bow and arrow, and learn the science behind drawing the bow and releasing the arrow. Instructors teach proper grip, stance and aim alignment. This camp will feature a field trip. Equipment is provided.

### Bike Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 15, July 13, July 20 and August 3

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Take the outdoors on with two wheels! In this exciting camp, campers explore the Rice Creek Chain of Lakes area on safe and fun bike paths. They learn the basic parts of a bike and how to maintain them. We will use popular bike and city maps to navigate the wonderful trails using the best safety practices. **Campers must bring a bike and helmet. Bikes will be transported by a bus trailer and locked up at camp M – F.**

### Climbing Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 8, June 22, July 13, August 3 and August 17

Member Participants: \$250/week

Non-Member Program Participants: \$275/week

Campers embark on a climbing adventure! Campers will gain new skills and self-confidence every day through a variety of climbing activities. Campers test their strength, strategy, and skill while learning safety procedures, belay techniques, knot tying and proper climbing techniques. This camp will feature a field trip to Vertical Endeavours.



## CULTURE & DISCOVERY

### Spanish Camp

Entering grades 1 – 3 in fall, 2020

Week of July 13

Entering grades 4 – 6 in fall, 2020

Week of August 10

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

This program is designed for campers of all levels currently learning Spanish. Instruction and programming is conducted in Spanish. Campers explore hiking through wooded trails, studying the wonders of nature, canoeing along lakeshores, and conquering many challenges under the leadership of well-trained staff. Exciting activities include archery, swimming, nature studies, canoeing, fort building, gaga ball, camp crafts and group games!

### Pioneering Camp

Entering grades 1 – 3 in fall, 2020

Weeks of June 15, July 20, July 27 and August 10

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Campers take an exciting trip back in time as they learn how the early pioneers lived and developed the land and communities that we know today. Kids will explore heritage crafts and activities from the 19<sup>th</sup> century. They will also make food using techniques of the pioneers. A field trip will be featured each week.

### Theater Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 15, July 20 and August 3

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Kids free their imaginations and develop improvisational skills! Campers explore the world of theater through games, acting exercises, learning about stage make-up and even performing for an audience. This camp is great for building self-esteem. A performance will be given during Family Night and Friday afternoon. A field trip will be featured each week.

## WATER EXPLORATION

### Canoeing Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 22, July 6, July 27 and August 10

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Campers learn paddling skills and canoe safety as they experience the challenge of navigating water! Kids learn to identify the parts of the canoe, paddling techniques and the importance of teamwork. A day-long adventure on Centerville Lake will test the skills they've been working on all week.

**SCHOLARSHIPS AVAILABLE FOR ALL PROGRAMS.**

**REGISTER EARLY & SAVE**

Visit [daycampheritage.org](http://daycampheritage.org) for the most updated information.

Through January 31

March 4 – 10

April 13 – 24

**\$20 OFF SESSION**

**\$15 OFF SESSION**

**\$10 OFF SESSION**



# TEENS AND LEADERSHIP DAY CAMPS

Young people build self-confidence and leadership skills through new adventures and experiences.

Teen specialty campers spend a portion of each day in their specialized activity. The remainder of the day is spent enjoying traditional camp activities.

Samples of a typical day can be found at [daycampheritage.org](http://daycampheritage.org)

## Teen Quest

**Entering grades 7 – 9 in fall, 2020**

Weeks of June 8 – September 4\*

\*No program July 3, fee prorated

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Teen Quest is an exciting day camp program geared toward teens that want total outdoor fun! As a group quest, you will decide and plan out many of the camp activities and events throughout the week. This program develops valuable life skills such as open communication, team building, cooperation and conflict resolution.

## Teen Arts & Crafts Camp

**Entering grades 7 – 9 in fall, 2020**

Weeks of June 22 and July 20

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

You will discover your artistic side and let your imaginations soar. Create a variety of projects that may include: sketching, watercolors or paints, nature collages, picture frames, necklaces and bracelets, and much more. A field trip will be featured each week.



### Teen Fishing Camp

Entering grades 7 – 9 in fall, 2020

Weeks of July 20 and August 17

Member Participants: \$235/week

Non-Member Program Participants: \$260/week

Lakes provide the scene for fishing fun using the catch-and-release method. You are encouraged to bring your own pole and tackle if you wish but equipment is available for use as well. This camp features a special trip on a voyageur canoe guided by the Wargo Nature Center and a fishing trip to Chisago Lake.

### Teen Climbing Camp

Entering grades 7 – 9 in fall, 2020

Weeks of June 15, July 27 and August 10

Member Participants: \$265/week

Non-Member Program Participants: \$290/week

Each day focuses on a new element or challenge including knot tying, safety and team work. This camp is designed to build self-confidence and teach valuable skills while enjoying an unforgettable adventure. This camp will feature two field trips. **Spend one day at Camp St. Croix’s high teams challenge course and the highlight being a day trip at Taylors Falls for some classic outdoor top-rope climbing.**

### Teen Canoeing Camp

Entering grades 7 – 9 in fall, 2020

Weeks of June 15, July 13 and August 3

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

**\*Includes overnight on Wednesday**

Embark on a canoeing excursion full of adventure and challenges! Learn and master the skills of navigating along the St. Croix River. **The highlight of the week includes an overnight canoeing trip on the St. Croix River.**

### Teen Archery Camp

Entering grades 7 – 9 in fall, 2020

Weeks of June 22, July 13 and August 3

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

Fine tune your archery skills while learning new ones as well. Archery games and a friendly competition will be highlighted throughout the week. Instructors teach proper grip, stance and aim alignment. This camp will feature a field trip. Equipment is provided.

### Teen Water Adventure

Entering grades 7 – 9 in fall, 2020

Weeks of June 8, July 27 and August 24

Member Participants: \$265/week

Non-Member Program Participants: \$290/week

It’s the hottest way to cool off this summer! Spend a full week enjoying an awesome array of water activities including canoeing, kayaking, swimming, paddle boarding and more! One day will be spent at a water park.

### Teen Bike Camp

Entering grades 7 – 9 in fall, 2020

Weeks of July 6 and August 10

Member Participants: \$220/week

Non-Member Program Participants: \$245/week

**\*Includes overnight on Wednesday**

We will explore the Rice Creek Chain of Lakes area on safe and fun bike paths. Campers learn basics around fixing and maintaining their bikes. Fat tire biking and off road experience provided by Wargo Nature Center. The highlight of the week includes an overnight bike trip at Interstate Park. **Campers must bring a bike and helmet. Bikes will be transported by a bus trailer and locked up at camp M – F.**

### Leaders-In-Training

Entering grades 7 – 9 in fall, 2020

Two-Week Sessions:

Weeks of July 6 – 17 and August 17 – 28

Member Participants: \$325/session

Non-Member Program Participants: \$350/session

**\*Includes overnight at Camp Heritage during the second week of camp on Thursday.**

Rise to the challenge in Leaders-in-Training Camp and discover your leadership qualities. You will learn and develop the necessary camp skills needed to lead camper activities, as well as group responsibility through activity planning. You will have opportunities to shadow counselors and assist staff in camp activities. There will be plenty of time to hang out with friends – new and old. Come experience camp from a whole new perspective!

## SCHOLARSHIPS AVAILABLE FOR ALL PROGRAMS.

### REGISTER EARLY & SAVE

Visit [daycamheritage.org](http://daycamheritage.org) for the most updated information.

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# FAMILY ADVENTURE DAYS

Whether you are a current camp family, are interested in learning more about camp or are looking for some family fun, we have something for everyone!

## Possible Activities:

- Trail Rides
- Snowshoeing
- Target Sports – Archery, Slingshot, Hatchet
- Climbing
- High Ropes

Learn more at [ymcamn.org/familyadventuredays](http://ymcamn.org/familyadventuredays)



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# BEFORE AND AFTER CARE

For your convenience and peace of mind, our Before and After Care provides campers with supervised activities prior to and following the end of the program day.

Call 612-230-9622 for more information.

**Drop off:** 6:30 a.m. – 8 a.m.  
**Pick up:** 4 p.m. – 6 p.m.  
**Fee:** \$40 per week

## TRANSPORTATION

The YMCA provides safe and reliable transportation each day for our campers to begin their adventure! Transportation is provided by YMCA-owned vans, leased vans, and busses. All drivers have completed special training. Transportation is provided to and from camp. Convenient locations have been selected in your neighborhood. Please select only one bus stop during registration.

\*Authorized Pick Up individuals must be listed on the registration form and a photo ID is required at the time of pick up. Please contact the camp at 612-806-4309 & 612-227-9455 to make any changes prior to noon on the day of the change.

## LOCATIONS AND TIMES:

### YMCA Camp Heritage

7732 Main Street  
Lino Lakes, MN 55014  
**Drop Off:** 7 – 8:45 a.m.  
**Pick Up:** 4 – 6 p.m.

### Lino Lakes YMCA

7690 Village Drive  
Lino Lakes, MN 55104  
**Drop off:** 6:30 – 8:35 a.m.  
**Pick up:** 4:10 – 6 p.m.

### Lakes International Language Academy (LILA)

19850 Fenway Avenue N.  
Forest Lake, MN 55025  
**Drop off:** 6:30 – 8:10 a.m.  
**Pick up:** 4:45 – 6 p.m.

### Andover YMCA

15200 Hanson Blvd NW.  
Andover, MN 55304  
**Drop off:** 6:30 – 8:05 a.m.  
**Pick up:** 4:45 – 6 p.m.

### White Bear Lake Area YMCA

2100 Orchard Lane  
White Bear Lake, MN 55110  
**Drop off:** 6:30 – 8:30 a.m.  
**Pick up:** 4:30 – 6 p.m.

### Mounds View Community Center

5394 Edgewood Drive  
Mounds View, MN 55112  
**Drop off:** 6:30 – 8:30 a.m.  
**Pick up:** 4:30 – 6: p.m.

### St. Paul Location: To be determined.

Visit the website for updated times and location.

**BUS STOPS:** Parents drop off at camp begins at 8:45 a.m.

If bus transportation is needed please choose one of the following stops:

### RHINO BUS

#### Maplewood Community Center

2100 White Bear Avenue  
**White Bear Area YMCA\***  
2100 Orchard Lane

### HIPPO BUS

#### Shoreview YMCA

3760 N. Lexington Avenue  
**Mounds View Community Center\***  
5394 Edgewood Drive

### ELEPHANT BUS

#### Concordia Academy Roseville

2400 Dale St. N  
**2nd Stop To be determined:**  
Visit the website for updated times and location.

### ZEBRA BUS

#### Lakes International Language Academy (LILA)\*

19850 Fenway Avenue N.  
**Lino Lakes YMCA\***  
7690 Village Drive

### LION BUS

#### Andover YMCA\*

15200 Hanson Blvd NW.  
**Oak Park Community Church**  
12050 Aberdeen St NE, Blaine

Bus times and additional information is available at [daycampheritage.org](http://daycampheritage.org)

\*Before and After Care Sites

