



# YMCA DAY CAMP SPRING LAKE

Led by dedicated Y counselors, Day Camp provides nature based programming and an inclusive culture. Day Camp builds on the Y's core values of caring, honesty, respect and responsibility and promises an amazing experience for every camper.

YMCA Day Camp Spring Lake is located in the Spring Lake Park Reserve, just minutes west of Hastings, giving us an environment filled with scenic bluff-lined trails and woodlands overlooking the majestic Mississippi. This lovely park is part of the Dakota County park system.

**Camp Hours:** 9 a.m. – 3:30 p.m.

**Ages 4 - 15**

See the Day Camp experience for yourself at [daycampspringlake.org](http://daycampspringlake.org)

**Location:**  
Day Camp Spring Lake  
13690 Pine Bend Trail  
Rosemount, MN 55068

**Phone Hastings Y:** 651-480-8887

**Before & After Care and Bus Transportation are available. See page 9.**

**“My child loves camp, he comes home dirty, exhausted and happy every day. I love that he is active and learning at the same time.” – Day Camp Parent**

## SPRING LAKE HIGHLIGHTS:

- Swimming
- Canoeing
- Archery
- Environmental Ed.
- Cookouts
- Arts and Crafts
- Fort Building



[daycampspringlake.org](http://daycampspringlake.org)



# SPECIALTY DAY CAMPS

At YMCA Specialty Camps, day campers spend approximately two hours of each day in their specialized activity. The remainder of the day is spent enjoying Traditional Camp activities.

Samples of a typical day can be found at [daycampspringlake.org](http://daycampspringlake.org)

## ARTS AND IMAGINATION

### Dragons, Fairies and Princesses Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 24, July 1\*, July 29, August 12 and August 26

\*No program July 4 - 5, fee prorated

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Campers let their imaginations soar in this magical fairy tale-themed camp. Adventures will include themed arts and crafts, a mystical quest and a special tea party!

### Super Heroes Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 17, July 8, July 22, August 5 and August 19

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

BAM! POW! KAZAM! Kids think, dress, and act like superheroes! Activities include super games, super crafts and super fun. Where else can kids spend the day as their alter-ego superhero, meet other superheroes and save the world?

## Arts and Crafts Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 10, July 15, August 5 and August 12

Entering grades 4 – 6 in fall, 2019

Weeks of June 17, June 24, July 8 and August 19

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Campers discover their artistic side and let their imaginations soar. Kids create a variety of projects that may include: sketching, watercolors or paints, nature collages, picture frames, necklaces and bracelets, and much more. Campers create masterpieces each day to take home and enjoy!

## Pirate Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 10, July 8, July 15 and July 29

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Arrrrrgh! Young Buccaneers learn the swashbuckling lingo of pirates, play games like Capture the Pirate Flag, try their balancing skills as they walk the plank, go on treasure hunts and a whole lot more!

## Magic Camp

Entering grades 4 – 6 in fall, 2019

Weeks of June 17, July 15, July 22, August 5 and August 12

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Campers will learn new tricks, embrace imagination, explore their creativity, and participate in hands on learning as they explore magic every day.

## CULTURE & DISCOVERY

### Theater Camp

For campers entering grades 4 – 6 in fall, 2019

Weeks of June 10, June 24 and July 8

Member Participants: \$210/week

Non-Member Program Participants \$235/week



Kids free their imaginations and develop improvisational skills! Campers explore the world of theater through games, acting exercises, working on a script and even performing for an audience. This camp is great for building self-esteem. Staff includes actors and teachers from Black Dirt Theater, our local theater company.

### NEW! Bookworm Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 10, June 24, July 22 and August 19

Member Participants: \$210/week

Non-Member Program Participants \$235/week

Have a kiddo that's never without a book? Campers will embrace their love of reading in the book barn—designed with plenty of cozy nooks and crannies for reading. Kids will also expand into new horizons by learning about plays based on books and literary-themed music.

# TRADITIONAL DAY CAMPS

## Wee Backpackers Camp

Ages 4 & 5 year olds or entering Kindergarten in fall, 2019

June 10 – August 30\*

\*No program July 4 - 5, fee prorated

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Start your child's appreciation of the great outdoors by enrolling him or her in Wee Backpackers! From the moment campers arrive each day, counselors guide them through traditional camp experiences including hiking, nature study, swimming, group games, and arts and crafts. They have opportunities to sing songs, tell stories, and meet new friends. All activities are geared to show your preschool camper the wonders of nature. Wee Backpackers is carried out in small groups under the watchful eye of counselors trained to meet the needs of young campers. The Wee Backpacker program maintains a low staff to child ratio.

## Traditional Day Camp

Entering grades 1 – 6 in fall, 2019

June 10 – August 30\*

\*No program July 4 - 5, fee prorated

Member Participants: \$195/week

Non-Member Program Participants: \$220/week

Campers explore hiking through wooded trails, studying the wonders of nature, canoeing along lake shores, and conquering many challenges under the leadership of well-trained staff. Exciting activities may include archery, swimming, nature studies, canoeing, fort building, camp crafts, cookouts and group games!



"Like" us on Facebook.

Day Camp

REGISTER EARLY & SAVE

Through January 31

February 28 – March 5

April 12 – April 22

\$20 OFF SESSION

\$15 OFF SESSION

\$10 OFF SESSION

Visit [daycampspringlake.org](http://daycampspringlake.org) for the most updated information.



## NATURE AND SCIENCE

### Critters and Crawlers Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 17, July 8, July 15, July 22 and August 5

Member Participants: \$210

Non-Member Program Participants: \$235

Campers become “Eco-Explorers” as they investigate the natural surroundings at camp. We will take forest treks, prairie walks, and watch presentations about local wildlife. Activities include: bug safaris, nature hunt and more!

### Farm and Garden Camp

Entering grades 1 – 3 in fall, 2019

Weeks of June 17, June 24, July 29 and August 12

Member Participants: \$210

Non-Member Program Participants: \$235

Kids working the farm will explore gardens, fields, and pastures. Young farmers experience the daily routines of feeding and caring for farm animals. Campers discover how plants, animals, soil, and people work together to produce the food that we eat every day. Plus they’ll have the opportunity to tour local farms.

### Fishing Camp

Entering grades 4 – 6 in fall, 2019

Weeks of June 10, July 8, July 15 and July 22

Member Participants: \$210

Non-Member Program Participants: \$235

Kids get hooked on fishing as they learn basic fishing skills. Local lakes provide the scene for fishing fun using the catch-and-release method. Friday will be spent fishing from a pontoon. Campers can bring their own pole and tackle, or equipment will be provided.

### Full STEAM Ahead Camp

Entering grades 4 – 6 in fall, 2019

Weeks of June 10, June 24, July 8, July 22, July 29 and August 5

Member Participants: \$210

Non-Member Program Participants: \$235

This camp is perfect for our young scholars who are passionate about Science, Technology, Engineering, Arts and Mathematics. Campers will spend the week engaged in hands on, interactive projects. We will figure out how things work and why it’s important. There will be lots of learning, using their imaginations, and exploring the indoors and outdoors at camp!

### Outdoor Living Skills Camp

Entering grades 4 – 6 in fall, 2019

Weeks of June 17, July 8, July 15, July 22, July 29, August 5 and August 12

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Kids develop their outdoor living skills in this exciting, hands-on specialty camp! Participants will learn a variety of useful camping skills that may include building a fire, making camp shelters, knot tying, campfire cooking, and more! Campers will test their skills during an overnight at camp on Thursday of their camp week.

## OUTDOOR SPORTS

### Archery/Slingshot Camp

Entering grades 4 – 6 in fall, 2019

Weeks of June 17, July 1\*, July 29, August 5, August 19 and August 26

\*No program July 4 – 5, fee prorated

Member Participants: \$210/week

Non-Member Program Participants: \$235/week

Two amazing and traditional target sports, the bow and arrow and the slingshot, are very popular today. Participants will gain understanding and learn to properly use them both safely. Campers will learn to make and use their own targets, learn about different types of bows, and the basics of aiming and target shooting.

## WATER EXPLORATION

### WeeBackpacker Water Safety Camp

Ages 4 – 5 year olds or entering Kindergarten in fall, 2019

Weeks of July 22 and July 29

Member Participants: \$225/week

Non-Member Program Participants: \$250/week

All of the wonderful outdoor adventures in the Wee Backpacker program plus swimming lessons! Each day Wee Bees will have a 60-minute progressive swimming lesson at the Hastings Y pool with our certified swim instructors. The remainder of the day will be spent enjoying traditional camp activities. A swim lesson certificate will be given at the end of the session.

## TEAM BUILDING & CLIMBING

### Challenge Camp

Entering grades 4 – 6 in fall, 2019

Weeks of June 10, June 24, July 29 and August 12

Member Participants: \$240/week

Non-Member Program Participants: \$265/week

Campers strike out on a bold adventure as they test their strength, strategy and skill. Climbers learn about basic climbing, belay techniques, knot tying and climbing safety. Fun team challenge initiatives will aid in a successful climb. Two to three hours a day will be spent on the Challenge Course at a variety of Y camps.

Day Camp

REGISTER EARLY & SAVE

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Through January 31

February 28 – March 5

April 12 – April 22

\$20 OFF SESSION

\$15 OFF SESSION

\$10 OFF SESSION

FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS.



# HORSE CAMPS

Come experience the joys of horseback riding at Horse Camp! Camp St. Croix riding programs are progressively structured to provide campers with a fun experience of interacting with gentle horses. Instructors are trained in horsemanship and carefully match the experience level of the child with an appropriate horse. Instruction is provided at the staging area and on the horses. Safety is our top priority at Horse Camp.

For all horse programs, we recommend that participants wear leather shoes or boots with heels. Long pants and protective helmets (provided by camp) are required of all participants. Our horse camp is a recreational riding program and is not intended to replace formal riding lessons.

Alternative programs may be planned if weather conditions such as extreme heat, rain, or wind jeopardize the safety of campers or horses.

### HORSE CAMP LOCATION:

YMCA Camp St. Croix  
532 County Road F  
Hudson, WI 54016

### Colts – Introductory Level

Entering grades 3 – 6 in fall, 2019

Weeks of June 17, July 15, July 29 and August 12

Member Participants: \$360/week

Non-Member Program Participants: \$385/week

Colts is a two-hour-per-day introductory program for campers with little or no experience around horses. First-time riders will build confidence and skills while learning the basics of western horseback riding. Instruction includes safety, leading, mounting, dismounting, reining, and basic trail riding. The remainder of the day is spent in traditional camp activities at Spring Lake.

### Buckaroos – Intermediate Level

Entering grades 4 – 6 in fall, 2019

Weeks of June 17, July 15, July 29 and August 12

Member Participants: \$375/week

Non-Member Program Participants: \$400/week

Buckaroos is an intermediate program for campers with at least one year of riding experience. Two hours of daily instruction includes a basic skill review, intermediate ring riding, trotting, grooming and saddling. The remainder of the day is spent in traditional camp activities at Spring Lake.

# TEENS AND LEADERSHIP

Teen specialty campers spend a portion of each day in their specialized activity. The remainder of the day is spent enjoying Traditional Camp activities.

Samples of a typical day can be found at [daycampspringlake.org](http://daycampspringlake.org).

### Leaders-in-Training Camp

Entering grades 7 – 9 in fall, 2019

Two Week Sessions: June 10, July 8 and August 12

Member Participants: \$315/two weeks

Non-Member Program Participants: \$340/two weeks

Rise to the challenge in Leaders-in-Training Camp and discover your leadership qualities. You will learn and develop the necessary camp skills needed to lead camper activities, as well as group responsibility through activity planning. You will have opportunities to shadow counselors and assist staff in camp activities. There will be plenty of time to hang out with friends – new and old. Come experience camp from a whole new perspective!

### Teen Arts & Drama Camp

Entering grades 7 – 9 in fall, 2019

Weeks of June 17 and July 15

Member Participants: \$225/week

Non-Member Program Participants: \$250/week

Take to the stage to learn and perform, participate in improv, act in theater skits, and create craft projects. You will learn from staff of the Black Dirt Theater, our local theater company.

### NEW! Teen Safety & Rescue Camp

Entering grades 7 – 9 in fall, 2019

Weeks of July 22 and July 29

Member Participants: \$240/week

Non-Member Program Participants: \$265/week

Develop a strong sense of leadership and learn about what you can do in case of an emergency at camp or in your everyday life. During camp, you'll earn a First Aid and Basic Life Support (BLS) certification, which includes CPR and AED usage.

### Teen Challenge Course Camp

Entering grades 7 – 9 in fall, 2019

Weeks of July 8, July 22 and August 5

Member Participants: \$240/week

Non-Member Program Participants: \$265/week

Strike out on a bold adventure as you test your strength, strategy, and skill against our high ropes challenge course. Learn about basic climbing, belay techniques, knot tying and climbing safety. Fun team challenge initiatives will aid in a successful climb. Most of the day is spent on the Challenge Course at a variety of Y camps.

### NEW! Teen Outdoor Adventure Camp

Entering grades 7 – 9 in fall, 2019

Weeks of June 17, June 24, July 1\*, July 29, August 5,

August 12, August 19 and August 26

\*No program July 4-5, fee prorated

Member Participants: \$225/week

Non-Member Program Participants: \$250/week

Strike out on a bold adventure as you test your strength, strategy and skill through a week of your favorite outdoor activities. This exciting camp allows you to create and implement a fun outing through the exploration of your favorite outdoor activities. We will enjoy outdoor activities such as archery, slingshot, fishing and more.

### Teen Survival Skills Camp

Entering grades 7 – 9 in fall, 2019

Weeks of June 10 and June 24

Member Participants: \$225/week

Non-Member Program Participants: \$250/week

Develop your camping skills as you work together to set up camp at Spring Lake. Learn a variety of useful camping skills that including: building a fire, shelters building, knot tying, campfire cooking, navigating maps and more! Campers will test their skills during an overnight at camp on Thursday of their camp week

## FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS.

Day Camp  
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Through January 31 \$20 OFF SESSION  
February 28 – March 5 \$15 OFF SESSION  
April 12 – April 22 \$10 OFF SESSION



## BEFORE AND AFTER CARE

For your convenience and peace of mind, our Before and After Care provides the camper with supervised activities prior to and following the end of the program day. Call 612-230-9622 for more information.

Drop off: 6:30 a.m. – 8 a.m.  
Pick up: 3:45 p.m. – 6 p.m.

Fee: \$40 per week

### LOCATIONS AND TIMES:

**YMCA in Hastings**  
85 Pleasant Drive  
Hastings, MN 55033  
June 10 – August 30

**West St. Paul:  
Baker Community Center**  
209 Page Street West  
St. Paul, MN 55107  
June 10 – August 30

**Rosemount:  
Shannon Park Elementary**  
13501 Shannon Parkway  
Rosemount, MN 55068  
June 10 – August 16

**Eagan:  
Dakota Hills Middle School**  
4183 Braddock Trail  
Eagan, MN 55123  
June 10 – August 16

**YMCA in Eagan**  
550 Opperman Drive  
Eagan, MN 55123  
August 19 – August 30

**Prescott:  
Malone Intermediate School**  
220 St Croix St,  
Prescott, WI 54021  
July 1 – August 30

### PEAK ADVENTURE CAMP

Discover camp's wild side! Participants enjoy 2 nights and 3 days of the great outdoors during Peak Adventure Camp. These camps promise unlimited fun. Sign up for one or all four. Participants will ride in a 15 passenger van departing from the Southdale YMCA in Edina. The packing list is available online.

#### Entering grades 7 – 9 in fall, 2019

Offered: Various dates on 3 day-sessions listed below.

#### Lanesboro Biking & Cave Tour

Offered June 25 - 27 and July 30 - August 1

Member Participants: \$365/session

Non-Member Program Participants: \$390/session

This adventure begins at Mystery Cave State Park near Lanesboro, where we'll set up camp. Then we go underground to an exciting guided cave tour at one of the nation's most unique caves. We'll spend the next day renting bikes and exploring the historic town of Lanesboro and the trails and parks along the Root River.

#### Trollhaugen Zip Line & Aerial Adventure

Offered July 9 - 11

Member Participants: \$365/session

Non-Member Program Participants: \$390/session

This adventure will take you soaring! Beautiful Interstate Park is our campsite for one night. We'll enjoy the park's rolling, wooded hills and the banks of the St. Croix River, and spend a half-day at Trollhaugen Adventures soaring through the Aerial Tour Challenge Course. Then experience a night sleeping at YMCA Camp Icahowan. We will canoe and participate in camp activities. Truly a memory-making getaway.

### Wisconsin Dells Outdoor Adventure

Offered July 16 - 18

Member Participants: \$365/session

Non-Member Program Participants: \$390/session

Fully experience the great outdoors. Tent camp for two nights with us at Devils Lake State Park in Baraboo, WI. On Tuesday we leave Southdale YMCA for Devils Lake State Park. Once camp is set up, the adventures begin! Wednesday is spent at a water park in WI Dells. We'll explore the park and enjoy group games, hike and end with a blazing campfire and a hearty meal. Join us for this thrilling outdoor adventure!

### North Shore Kayak & Adventure Park

Offered June 18 - 20 and July 23 - 25

Member Participants: \$365/session

Non-Member Program Participants: \$390/session

The starting point for this North Shore adventure is the spectacular harbor city of Duluth. There are so many fun things to see and do there. We'll spend two nights camping at Spirit Mountain Camp-ground. Our first day adventures include the Spirit Mountain Adventure Park and exploring Gooseberry Falls. On Wednesday we will spend the day on a guided kayak tour to local islands. This is a trip you don't want to miss!

### Peak Adventure Transportation: Drop Off/ Pick up Location:

**Southdale YMCA**  
7355 York Avenue South  
Edina, MN 55435  
P: 952-835-2567

## TRANSPORTATION

The YMCA provides safe and reliable transportation each day for our campers to begin their adventure! Transportation is provided by YMCA-owned vans, leased vans, and busses. All drivers have completed special training. Transportation is provided to and from camp. Convenient locations have been selected in your neighborhood. Please select only one bus stop during registration.

**Individuals picking up campers must have a photo ID and be listed on the Authorized Pick-up list.** Please contact camp to make changes prior to noon on the day of the change.

### BUS STOPS:

#### Shark Bus

**Malone Intermediate**  
June 10 – August 30

1220 St. Croix Street  
Prescott, WI

**YMCA in Hastings\***  
June 10 – August 30

85 Pleasant Drive  
Hastings, MN

#### Raccoon Bus

**Baker Community Center\***  
June 10 – August 30

209 Page Street West  
West St. Paul, MN

**YMCA in West St. Paul**  
June 10 – August 30

150 Thompson Avenue East  
West St. Paul, MN

**Simley High School**  
June 10 – August 30

2920 80th Street East  
Inver Grove Heights, MN

#### Bear Bus

**Woodcrest Church**  
June 10 – August 30

525 Cliff Road  
Eagan, MN

**Dakota Hills Middle School\***  
June 10 – August 16

4183 Braddock Trail  
Eagan, MN

#### Penguin Bus

**Akin Elementary**  
June 10 – August 16

5231 195th Street West  
Farmington, MN

**North Trail Elementary**  
June 10 – August 16

5580 170th Street West  
Farmington, MN

**East Lake Elementary**  
June 10 – August 16

4715 162nd Street West  
Rosemount, MN

**Shannon Park Elementary\***  
June 10 – August 16

13501 Shannon Parkway  
Rosemount, MN

**YMCA in Eagan\***  
August 19 – 30

550 Opperman Drive  
Eagan, MN

\*Before and After Care site.

Visit [daycampspringlake.org](http://daycampspringlake.org) for bus times and most updated information.

