

Led by dedicated Y counselors, Day Camp provides nature based programming and an inclusive culture. Day Camp builds on the Y's core values of caring, honesty, respect and responsibility and promises an amazing experience for every camper.

YMCA Day Camp Spring Lake is located in the Spring Lake Park Reserve, just minutes west of Hastings, giving us an environment filled with scenic bluff-lined trails and woodlands overlooking the majestic Mississippi. This lovely park is part of the Dakota County park system.

Camp Hours: 9 a.m. – 3:30 p.m.

Ages 4 - 15

See the Day Camp experience for yourself at **daycampspringlake.org**

Location: Day Camp Spring Lake 13690 Pine Bend Trail Rosemount, MN 55068

Phone Hastings Y: 651-480-8887

Before & After Care and Bus Transportation are available. See page 9.

"My child loves camp, he comes home dirty, exhausted and happy every day. I love that he is active and learning at the same time." - Day Camp Parent

SPRING LAKE HIGHLIGHTS:

- Swimming
- Canoeing
- Archery
- Environmental Ed.
- Cookouts
- Arts and Crafts
- Fort Building



daycampspringlake.org



TRADITIONAL DAY CAMPS

Wee Backpackers Camp

Ages 4 & 5 year olds or entering Kindergarten in fall, 2020 June 8 – September 4* *No program July 3, fee prorated Member Participants: \$220/week Non-Member Program Participants: \$245/week

Start your child's appreciation of the great outdoors by enrolling him or her in Wee Backpackers! From the moment campers arrive each day, counselors guide them through traditional camp experiences including hiking, nature study, swimming, group games, and arts and crafts. They have opportunities to sing songs, tell stories, and meet new friends. All activities are geared to show your preschool camper the wonders of nature. Wee Backpackers is carried out in small groups under the watchful eye of counselors trained to meet the needs of young campers. The Wee Backpacker program maintains a low staff to child ratio.

Traditional Day Camp

Entering grades 1 – 6 in fall, 2020 June 8 – September 4* *No program July 3, fee prorated Member Participants: \$205/week Non-Member Program Participants: \$230/week

Campers explore hiking through wooded trails, studying the wonders of nature, canoeing along lake shores, and conquering many challenges under the leadership of well-trained staff. Exciting activities may include archery, swimming, nature studies, canoeing, fort building, camp crafts, cookouts and group games!



"Like" us on Facebook.

REGISTER EARLY & SAVE

Visit **daycampspringlake.org** for the most updated information.

Through January 31 March 4 – 10 April 13 – 24 \$20 OFF SESSION \$15 OFF SESSION \$10 OFF SESSION

SPECIALTY DAY CAMPS

SPECIALTY DAY CAMPS

At YMCA Specialty Camps, day campers spend approximately two hours of each day in their specialized activity. The remainder of the day is spent enjoying Traditional Camp activities.

Samples of a typical day can be found at **daycampspringlake.org**

ARTS AND IMAGINATION

Dragons, Fairies and Princesses Camp

Entering grades 1 – 3 in fall, 2020 Weeks of July 6, July 27, August 3, August 24 and August 31 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Campers let their imaginations soar in this magical fairy tale-themed camp. Adventures will include themed arts and crafts, a mystical quest and a special tea party!

Super Heroes Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 15, July 27 and August 17 Member Participants: \$220/week Non-Member Program Participants: \$245/week

BAM! POW! KAZAM! Kids think, dress, and act like superheroes! Activities include super games, super crafts and super fun. Where else can kids spend the day as their alter-ego superhero, meet other superheroes and save the world?

FAMILY ADVENTURE DAYS

Whether you are a current camp family, are interested in learning more about camp or are looking for some family fun, we have something for everyone!

Possible Activities:

- Trail Rides
- Snowshoeing
- Target Sports Archery, Slingshot, Hatchet
- Climbing
- High Ropes

Learn more at ymcamn.org/familyadventuredays

Arts and Crafts Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 8, June 22, July 13, July 20 and August 10 Entering grades 4 – 6 in fall, 2020 Weeks of June 15, July 6 and August 17 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Campers discover their artistic side and let their imaginations soar. Kids create a variety of projects that may include: sketching, watercolors or paints, nature collages, picture frames, necklaces and bracelets, and much more. Campers create masterpieces each day to take home and enjoy!

Pirate Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 22, June 29, August 3, August 24 and August 31 *No program July 3, fee prorated Member Participants: \$220/week Non-Member Program Participants: \$245/week

Arrrrgh! Young Buccaneers learn the swashbuckling lingo of pirates, play games like Capture the Pirate Flag, try their balancing skills as they walk the plank, go on treasure hunts and a whole lot more!

Magic Camp

Entering grades 4 – 6 in fall, 2020 Weeks of June 8, June 22, July 13, July 27 and August 3 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Campers will learn new tricks, embrace imagination, explore their creativity, and participate in hands on learning as they explore magic every day.

CULTURE & DISCOVERY

Bookworm Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 8, July 6, July 20 and August 17 Member Participants: \$220/week Non-Member Program Participants \$245/week

Have a kiddo that's never without a book? Campers will embrace their of love of reading in the book barn—designed with plenty of cozy nooks and crannies for reading. Kids will also expand into new horizons by learning about plays based on books and literary themed music.

Theater Camp

For campers entering grades 4 – 6 in fall, 2020 Weeks of June 15, June 22 and July 6 Member Participants: \$220/week Non-Member Program Participants \$245/week

Kids free their imaginations and develop improvisational skills! Campers explore the world of theater through games, acting exercises, working on a script and even performing for an audience. This camp is great for building self-esteem. Staff includes actors and teachers from Black Dirt Theater, our local theater company.



NATURE AND SCIENCE

Critters and Crawlers Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 15, June 22, July 13, July 20 and August 3 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Campers become "Eco-Explorers" as they investigate the natural surroundings at camp. We will take forest treks, prairie walks, and watch presentations about local wildlife. Activities include: bug safaris, nature hunt and more!

Farm and Garden Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 15, July 13, July 27 and August 10 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Kids working the farm will explore gardens, fields, and pastures. Young farmers experience the daily routines of feeding and caring for farm animals. Campers discover how plants, animals, soil, and people work together to produce the food that we eat every day. Plus they'll have the opportunity to tour local farms.

New! Fish, Frogs and Forts Camp

Entering grades 1 – 3 in fall, 2020 Weeks of June 8, July 6 and August 10 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Filled with exploration and environmental education, we'll focus on fort building and discovery of insects, fish and frogs. Campers learn basic fishing skills while practicing the catch-and-release method. Bait and fishing equipment is provided at camp but you may bring your own.

Fishing Camp

Entering grades 4 – 6 in fall, 2020 Weeks of June 8, June 22, July 20 and August 3 Member Participants: \$220/week Non-Member Program Participants: \$235/week

Kids get hooked on fishing as they learn basic fishing skills. Local lakes provide the scene for fishing fun using the catch-and-release method. Friday will be spent fishing from a pontoon. Campers can bring their own pole and tackle, or equipment will be provided.

Outdoor Living Skills Camp

Entering grades 4 – 6 in fall, 2020 Weeks of June 8, June 15, July 6, July 13, July 27, August 3 and August 10 Member Participants: \$220/week Non-Member Program Participants: \$245/week

Kids develop their outdoor living skills in this exciting, hands-on specialty camp! Participants will learn a variety of useful camping skills that may include building a fire, making camp shelters, knot tying, campfire cooking, and more! Campers will test their skills during an overnight at camp on Thursday of their camp week.

Full STEAM Ahead Camp

Entering grades 4 – 6 in fall, 2020 Weeks of June 22, June 29, July 20, August 10, August 24 and August 31 *No program July 3, fee prorated Member Participants: \$220/week Non-Member Program Participants: \$245/week

This camp is perfect for our young scholars who are passionate about Science, Technology, Engineering, Arts and Mathematics. Campers will spend the week engaged in hands on, interactive projects. We will figure out how things work and why it's important. There will be lots of learning, using their imaginations, and exploring the indoors and outdoors at camp!

SCHOLARSHIPS AVAILABLE FOR ALL PROGRAMS.



OUTDOOR SPORTS

Archery/Slingshot Camp

Entering grades 4 – 6 in fall, 2020

Weeks of June 29, July 6, July 20, August 24 and August 31 *No program July 3, fee prorated Member Participants: \$220/week Non-Member Program Participants: \$245/week

Two amazing and traditional target sports, the bow and arrow and the slingshot, are very popular today. Participants will gain understanding and learn to properly use them both safely. Campers will learn to make and use their own targets, learn about different types of bows, and the basics of aiming and target shooting.

New! Outdoor Games Camp

Entering grades 4 – 6 in fall, 2020 Weeks of June 8, June 22, July 13, July 20, July 27 and August 17 Member Participants: \$220/week Non-Member Program Participants: \$245/week

It's all fun and games as campers learn to play a variety of outdoor games with a "camp style". Campers learn to play Gaga, 9-square in the air, flag football, and other field games. This camp is designed to build self-esteem and teamwork through fun, engaging activities.

WATER EXPLORATION

WeeBackpacker Water Safety Camp

Ages 4 – 5 year olds or entering Kindergarten in fall, 2020 Weeks of June 15, July 27 and August 3 Member Participants: \$235/week Non-Member Program Participants: \$260/week

All of the wonderful outdoor adventures in the Wee Backpacker program plus swimming lessons! Each day Wee Bees will have a 60-minute progressive swimming lesson at the Hastings Y pool with our certified swim instructors. The remainder of the day will be spent enjoying traditional camp activities. A swim lesson certificate will be given at the end of the session.

TEAM BUILDING & CLIMBING

Challenge Camp

Entering grades 4 – 6 in fall, 2020 Weeks of June 15, July 13, August 3 and August 10 Member Participants: \$250/week Non-Member Program Participants: \$275/week

Campers strike out on a bold adventure as they test their strength, strategy and skill. Climbers learn about basic climbing, belay techniques, knot tying and climbing safety. Fun team challenge initiatives will aid in a successful climb. Two to three hours a day will be spent on the Challenge Course at a variety of Y camps.

REGISTER EARLY & SAVE

Visit **daycampspringlake.org** for the most updated information.

Through January 31 March 4 – 10 April 13 – 24 \$20 OFF SESSION \$15 OFF SESSION \$10 OFF SESSION



HORSE CAMPS

Come experience the joys of horseback riding at Horse Camp! Camp St. Croix riding programs are progressively structured to provide campers with a fun experience of interacting with gentle horses. Instructors are trained in horsemanship and carefully match the experience level of the child with an appropriate horse. Instruction is provided at the staging area and on the horses. Safety is our top priority at Horse Camp.

For all horse programs, we recommend that participants wear leather shoes or boots with heels. Long pants and protective helmets (provided by camp) are required of all participants. Our horse camp is a recreational riding program and is not intended to replace formal riding lessons.

Alternative programs may be planned if weather conditions such as extreme heat, rain, or wind jeopardize the safety of campers or horses.

HORSE CAMP LOCATION:

YMCA Camp St. Croix 532 County Road F Hudson, WI 54016

Colts – Introductory Level

Entering grades 3 – 6 in fall, 2020 Weeks of June 15, July 13, July 27 and August 10 Member Participants: \$370/week Non-Member Program Participants: \$395/week

Colts is a two-hour-per-day introductory program for campers with little or no experience around horses. First-time riders will build confidence and skills while learning the basics of western horseback riding. Instruction includes safety, leading, mounting, dismounting, reining, and basic trail riding. The remainder of the day is spent in traditional camp activities at Spring Lake.

Buckaroos – Intermediate Level

Entering grades 4 – 6 in fall, 2020 Weeks of June 15, July 13, July 27 and August 10 Member Participants: \$385/week Non-Member Program Participants: \$410/week

Buckaroos is an intermediate program for campers with at least one year of riding experience. Two hours of daily instruction includes a basic skill review, intermediate ring riding, trotting, grooming and saddling. The remainder of the day is spent in traditional camp activities at Spring Lake.

TEENS AND LEADERSHIP

Teen specialty campers spend a portion of each day in their specialized activity. The remainder of the day is spent enjoying Traditional Camp activities.

Samples of a typical day can be found at daycampspringlake.org.

Leaders-in-Training Camp

Entering grades 7 – 9 in fall, 2020 Two Week Sessions: June 22 – July 2, July 13 – 24 and August 10 – 21 Member Participants: \$325/two weeks Non-Member Program Participants: \$350/two weeks

Rise to the challenge in Leaders-in-Training Camp and discover your leadership qualities. You will learn and develop the necessary camp skills needed to lead camper activities, as well as group responsibility through activity planning. You will have opportunities to shadow counselors and assist staff in camp activities. There will be plenty of time to hang out with friends – new and old. Come experience camp from a whole new perspective!

Teen Artist Camp

Entering grades 7 – 9 in fall, 2020 Weeks of June 29, July 6, July 27, August 3, August 24 and August 31 *No program July 3, fee prorated Member Participants: \$235/week Non-Member Program Participants: \$260/week

Self-expression comes to life in this creative art camp! Your imagination becomes the window of discovery as you create original art. You will create masterpieces to take home and enjoy!

Teen Safety & Rescue Camp

Entering grades 7 – 9 in fall, 2020 Weeks of June 8, June 15 and August 3 Member Participants: \$250/week Non-Member Program Participants: \$275/week

Develop a strong sense of leadership and learn about what you can do in case of an emergency at camp or in your everyday life. During camp, you'll earn a First Aid and Basic Life Support (BLS) certification, which includes CPR and AED usage.

Teen Challenge Course Camp

Entering grades 7 – 9 in fall, 2020 Weeks of July 6 and July 20 Member Participants: \$250/week Non-Member Program Participants: \$275/week

Strike out on a bold adventure as you test your strength, strategy, and skill against our high ropes challenge course. Learn about basic climbing, belay techniques, knot tying and climbing safety. Fun team challenge initiatives will aid in a successful climb. Most of the day is spent on the Challenge Course at a variety of Y camps.

Teen Outdoor Adventure Camp

Entering grades 7 – 9 in fall, 2020 Weeks of June 15, July 13, July 27, August 10 and August 17 Member Participants: \$235/week Non-Member Program Participants: \$260/week

This exciting camp allows you to create and implement a fun outing through the exploration of your favorite outdoor activities. We will enjoy outdoor activities such as archery, slingshot, fishing and more.

Teen Survival Skills Camp

Entering grades 7 – 9 in fall, 2020 Weeks of June 22 and July 20 Member Participants: \$235/week Non-Member Program Participants: \$260/week

Develop your camping skills as you work together to set up camp at Spring Lake. Learn a variety of useful camping skills that including: building a fire, shelters building, knot tying, campfire cooking, navigating maps and more! Campers will test their skills during an overnight at camp on Thursday of their camp week.

SCHOLARSHIPS AVAILABLE FOR ALL PROGRAMS.

REGISTER EARLY & SAVE

Visit **daycampspringlake.org** for the most updated information.

Through January 31 March 4 – 10 April 13 – 24 \$20 OFF SESSION \$15 OFF SESSION \$10 OFF SESSION



Discover camp's wild side! Participants enjoy 2 nights and 3 days of the great outdoors during Peak Adventure Camp. These camps promise unlimited fun. Sign up for one or all four. Participants will ride in a 15 passenger van departing from the Southdale YMCA in Edina.

The packing list is available online.

Entering grades 7 – 9 in fall, 2020 Offered: Various dates on 3 day-sessions listed:

Peak Adventure Transportation: Drop Off/ Pick up Location:

Southdale YMCA

7355 York Avenue South Edina, MN 55435 **P:** 952-835-2567

Trollhaugen Zip Line & Aerial Adventure

Offered July 7 – July 9 Member Participants: \$375/session Non-Member Program Participants: \$400/session

This adventure will take you soaring! Beautiful Interstate Park is our campsite for one night. We'll enjoy the park's rolling, wooded hills and the banks of the St. Croix River, and spend a half-day at Trollhaugen Adventures soaring through the Aerial Tour Challenge Course. Then experience a night sleeping at YMCA Camp Icaghowan. We will canoe and participate in camp activities. Truly a memory-making getaway.

Wisconsin Dells Outdoor Adventure

Offered June 16 – June 18 and July 28 – July 30 Member Participants: \$375/session Non-Member Program Participants: \$400/session

Fully experience the great outdoors. Tent camp for two nights with us at Devils Lake State Park in Baraboo, WI. On Tuesday, we leave Southdale YMCA for Devils Lake State Park. Once camp is set up, the adventures begin! Wednesday is spent at a water park in WI Dells. We'll explore the park and enjoy group games, hike and end with a blazing campfire and a hearty meal. Join us for this thrilling outdoor adventure!

BEFORE AND AFTER CARE

For your convenience and peace of mind, our Before and After Care provides the camper with supervised activities prior to and following the end of the program day.

Call 612-230-9622 for more information.

Drop off:	6:30 a.m. – 8 a.m.
Pick up:	3:45 p.m. – 6 p.m.

Fee:

\$40 per week

LOCATIONS AND TIMES:

YMCA in Hastings June 8 – August 28

West St. Paul YMCA Located at the new West St. Paul YMCA site. June 8 – 12

Baker Community Center June 15 – September 4

Rosemount: Shannon Park Elementary June 8 – August 21 Eagan: Pinewood Community June 15 – August 21

YMCA in Eagan June 8-12 August 24 – September 4

Prescott: Malone Intermediate School July 6 – August 28

TRANSPORTATION

The YMCA provides safe and reliable transportation each day for our campers to begin their adventure! Transportation is provided by YMCA-owned vans, leased vans, and busses. All drivers have completed special training. Transportation is provided to and from camp. Convenient locations have been selected in your neighborhood. Please select only one bus stop during registration.

Individuals picking up campers must have a photo ID and be listed on the Authorized Pick-up list. Please contact camp to make changes prior to noon on the day of the change.

BUS STOPS:

Shark Bus	
Malone Intermediate	June 8 – August 28
*Hastings YMCA	June 8 – August 28

Raccoon Bus

*Baker Community Center	June 15 – September 4	
West St. Paul YMCA	June 8 – September 4	
Located at the new West St. Paul YMCA site.		
Simley High School	June 8 – September 4	

Bear Bus

Woodcrest Church	June 8 – September 4
*Pinewood Community School	June 8 – August 21

Penguin Bus

Akin Elementary	June 8 – September 4
North Trail Elementary	June 8 – September 4
East Lake Elementary	June 8 – August 21
*Shannon Park Elementary	June 8 – August 21
Eagan YMCA	August 24 – September

4



DAY CAMP SPRING LAKE OPEN HOUSE Saturday, June 6; 9 - 11 a.m.

Join us in our first open house family night of the 2020 summer. Whether you're a new camper or returning, this is a great opportunity to come and visit camp with your family. Program areas and our camp store will be open. Tours will be available and camp staff will be available to answer questions. We look forward to seeing you!

THURSDAY FAMILY NIGHTS

Selected Thursdays from 6 – 7:30 p.m at Camp Spring Lake: June 11, June 25, July 9, July 23, July 30, August 6 and August 13

We bring families together to have fun. That's what Family Night is all about – an opportunity to enjoy camp fun with the whole family. It's a time where your camper can show you the exciting things they've experienced at day camp. Program areas are open to try and tours will be available. After a camp dinner (available for purchase), families will enjoy a program of fun songs, exciting stories and more. The camp store is open for you to purchase your camp gear. It's great family fun! All families are welcome at any Family Nights no matter when you are registered.

Visit our web page at ymcamn.org/summer for more information.

PROGRAM ACCESS

The Y is committed to the policy that all persons should have equal access to its programs, facilities, and enjoyment without regard to race, ability, creed, national origin and sex. The Y will accommodate special needs into existing programs to the extent that financial and physical resources permit. So we may provide a positive experience, please contact the Y if your child has any special needs requiring any accommodations.

ACCOMMODATION PROCESS

Consideration is given to the individual needs of every child and the ability of the program to meet those needs. Please inform the Y during the enrollment process if you or your child requires any special accommodation. It is helpful for a smooth program transition to have a conference prior to enrollment. This information enables the Y to better meet your needs or those of your child, within available resources and to the extent reasonable. All staff that will be working with a child with special needs will be informed of how to care for or meet those needs in a timely fashion through a meeting or written notification.

YMCA SCHOLARSHIPS

We look forward to having you with us! YMCA Scholarships are a needs-based scholarship fund made available through Y Annual Fund – individual and business contributions to our communities. Learn more about YMCA Scholarships and apply online at: **ymcamn.org/scholarships**. Call 612-230-9622 if you have questions about the application process.

HOW TO REGISTER

• We have gone green! Register online at **ymcamn.org/summer**. For registration assistance contact 612-230-9622.

DAY CAMP

A \$50 non-refundable deposit is required per camp session. The deposit is applied to the session fee. To receive the member rate, the child must be a member at the time of registration and during participation in the program. Register online or find forms at campstreefland.org under Forms and Publications.
Please review the Day Camp handbook for important information.

SUMMER POWER AND UPROAR

• A \$50 one-time, non-refundable registration fee is required per program. You may register for as many weeks as needed. Register online or find forms at **ymcamn.org/burnsvillesummer**, select Summer Paperwork and Schedules. Please review the handbook for important information.

SUMMER SPORTS CAMP

• A \$50 non-refundable deposit is required per session. The deposit is applied to the session fee. Register online or find forms at **ymcamn.org/burnsvillesummer**, select Summer Paperwork and Schedules. Please review the handbook for important information.

ALL PROGRAMS

- Confirmation will be sent via email after registration. You will be billed for the remaining balance, due the week prior to the start of the session. Online registration requires automatic electronic fund transfer (EFT), which will be processed the Tuesday prior to each program session week.
- Changes to the original registration, including cancellation, must be made in writing by Monday, one week prior to the start of the session. Submit your changes or cancellations through the contact page of our website: ymcamn.org/contact_us. We encourage change notices to be submitted as soon as possible. If the change notice is not received, you will be billed for the original enrollment choices. There are no refunds on registration deposits and/or registration fees For Day Camp and Sports camp: A \$10 change fee is applied to each session, bus or care change that is made, per camper.
- A parent handbook is available online at **ymcamn.org/summer** after April 1, 2020. It is important to review all information contained in this document.

ymcamn.org/burnsvillesummer Membership not required for enrollment

REGISTER ONLINE!

"This experience was fantastic for my son. It was empowering for him to be 'on trail'. He came home changed and ready to take on more challenges."

- Camper Parent

YMCA CAMPING: AN EXPERIENCE LIKE NO OTHER.

At the Y, we embrace adventure. Our camps nurture the development of every camper through providing all of the elements that make a camp experience great: outstanding counselors, well developed programing, unmatched facilities, and a caring culture where campers grow in character and confidence.

We are committed to providing quality programs with a variety of outdoor experiences for both children and families.

- Overnight Camp: • Camp Ihduhapi Teen Wilderness Camp: • Camp Menogyn Family Camp:
- Camp Northern Lights

ymcacamps.org