



# Elk River YMCA Youth Development Class Schedule

2015 Late Spring • April 13 - May 31

Phone (763) 230-2800 • Fax (763) 441-2764

[www.elkriverymca.org](http://www.elkriverymca.org)    [www.facebook.com/elkriverymca](http://www.facebook.com/elkriverymca)

## KIDS STUFF

**Monday-Friday** 8:00 a.m. - 8:30 p.m.

**Saturday** 8:00 a.m. - 4:00 p.m.

**Sunday** 11:00 a.m. - 4:00 p.m.

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Kids Stuff is the Y's free drop-off child care while you workout. Sign-in your child for up to 2 hours per day in our care. Parents must remain in the building while child is in the Kids Stuff area.

## PARENTS NIGHT OUT

Kids ages 2-10! Join us for games, pizza, and a themed night of FUN! Fitness and gym time incorporated into each session! Registration is required and due by the prior Thursday at noon. Upcoming PNO April 18 and May 16 Watch me GrowEarly Bird Price: Members \$15/session, Non-Members \$25/session Regular Price: Members \$25/session, Non-Members \$35/session

## BIRTHDAY

Celebrate your birthday at the YMCA! We have everything you need to have the perfect party, hassle free, & customized to fit you. All parties include a party space, guest passes and a t-shirt for the birthday child. Prices range from \$115-\$200 depending on the type of party. Contact Anna Denis at 763-230-2808 or [Anna.Denis@ymcatwincities.org](mailto:Anna.Denis@ymcatwincities.org) with questions.

## About Y Youth Development

The Y is the starting point for many youth to learn about being active and developing healthy habits they'll carry with them throughout their lives. And the benefits are far greater than just physical health. The Y is offering a variety of youth classes ranging from sports, crafts, dance, special interests and more.

Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

## Register Online at [ymcatwincities.org](http://ymcatwincities.org)

- To search classes by multiple Ys: All Y Schedules
- To find the classes available at your Y: Locations
- To read more about classes, ages, levels and skills: Youth Programs>Child and Youth Development Overview

### First time Sign In your account

- If you are a Y Member or have participated in Y programs, click on "Activate Your Account"
  - Verify your Date of Birth
  - Enter a user name and new password
- If you are not a Y Member or have not participated in Y Programs, click on "Register for a New Account"
- If you have any questions, please call our Customer Service Center at (612) 230-9622.

## Family Fridays

Once a month we have a free event for members and guests to come and do fun activities together as a family?

Upcoming Family Fridays:

Friday, April 10

Friday, May 8

Please contact Anna at [Anna.Denis@ymcatwincities.org](mailto:Anna.Denis@ymcatwincities.org) or our member service team with questions.

## Register in-person at your Y or by phone with Customer Service

- In-person at your Y during regular hours
- By phone with Customer Service at (612) 230-9622

## Early Birds Pricing

- 10% off Classes
- Early Bird pricing ends Monday, March 30th, 2015

## Y Summer Programs

Looking for something for your child to do this summer that is fun, engaging and enriching? Whether is it heading out to an over night camp, getting dirty out at one of our day camps or spending time at one of the programs at our branch we have something for every child! Visit us at [ymcatwincities.org](http://ymcatwincities.org) to learn more about all The Y has to offer in the summer months!

Time	Class	Age Range	Class Description	Location	Instructor	Member Participant	Non-Member Participant
<b>Monday</b>		<b>April 13 - May 18</b>			<i>(Once a week for 6 weeks-prorated**)</i>		
5:15pm-6:00pm	Soccer	3-5	Explore soccer at the YMCA. Learn fundamental soccer skills such as passing, trapping, shooting, dribbling and goal keeping. Instruction includes sporting drills, scrimmages and games against other teams, with a focus on teamwork, sportsmanship and fun.	GYM	Lindsay	20	50
6:15pm-7:00pm	Soccer Level 1	6-11	Explore soccer at the YMCA. Learn fundamental soccer skills such as passing, trapping, shooting, dribbling and goal keeping. Instruction includes sporting drills, scrimmages and games against other teams, with a focus on teamwork, sportsmanship and fun.	GYM	Lindsay	20	50
<b>Tuesday</b>		<b>April 14 - May 26</b>			<i>(Once a week for 7 weeks)</i>		
5:15pm-6:00pm	Preschool Ballet	3-5	Large and fine motor skills are taught along with flexibility and basic Ballet steps. Class is designed to encourage self confidence, spatial awareness, coordination and rhythm.	Community Room		42	84
6:15pm-7:00pm	Ballet and Lyrical Level 1	6-9	Large and fine motor skills are taught along with flexibility and basic Ballet steps. Class is designed to encourage self confidence, spatial awareness, coordination and rhythm.	Community Room		42	84
<b>Thursday</b>		<b>April 16 - May 28</b>			<i>(Once a week for 7 weeks)</i>		
5:15pm-6:00pm	<b>New !</b> Gym Games	6-11	Youth will participate in various gym games while learning teamwork and fair play.	GYM		20	50