

Risk and Resilience: Getting Everyone Outside

Abigail Lucas and Quinn Sullivan Wilderness Inquiry

Wilderness Inquiry







WI Programs

- Canoemobile
- Share The Adventure
- Families Integrating Together
- Gateway To Adventure



Universal Program Participation Model



<u>Participants</u>

- Cognitive, Physical,
 Social Capacity
- Motives
- Degree of Selfknowledge
- Attitude

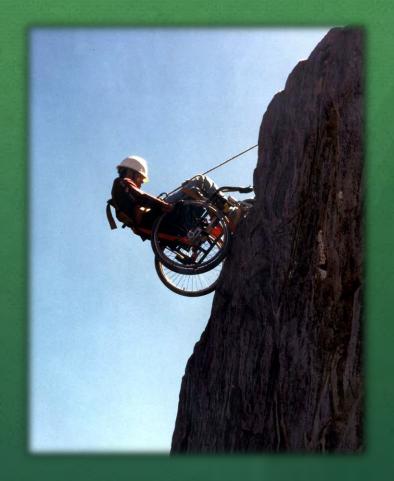
People First Language

People First:	Disability First:
Individuals with disabilities	Handicapped/ Disabled
(S)He has	(S)He is
Accessible	Handicapped
(S)He uses	(S)He is bound
Children with abilities	Normal/Healthy/Disabled



Functional Ability

A functional impairment is defined as the inability or the decreased ability to perform a task, activity, or function without some adaptation, supervision, or other form of assistance. In this context, a person with a disability is not necessarily disabled in every function. The converse is also true: Not every person without disabilities can perform every function without some assistance.



One of the keys to making an integrated adventure work is the ability of staff to utilize strengths and encourage cooperative relationships that alleviate the effects of a disability.

Resources

- Equipment
- Staff and Support
- Training
- Auxiliary Aids
- Money

7 Steps to Social Integration



- 1. Respect Each Person's Dignity
- 2. Open Lines of Communication
- 3. Promote Integrated Decision Making
- 4. Emphasize All Contributions
- 5. Focus on Group Challenges and Activities
- 6. Delineate and Delegate Tasks
- 7. Develop Symbiotic Relationships

Universal Design

- Architect Ed Roberts –
 Independent Living
 Movement
- Designs to be as usable as possible by as many people as possible

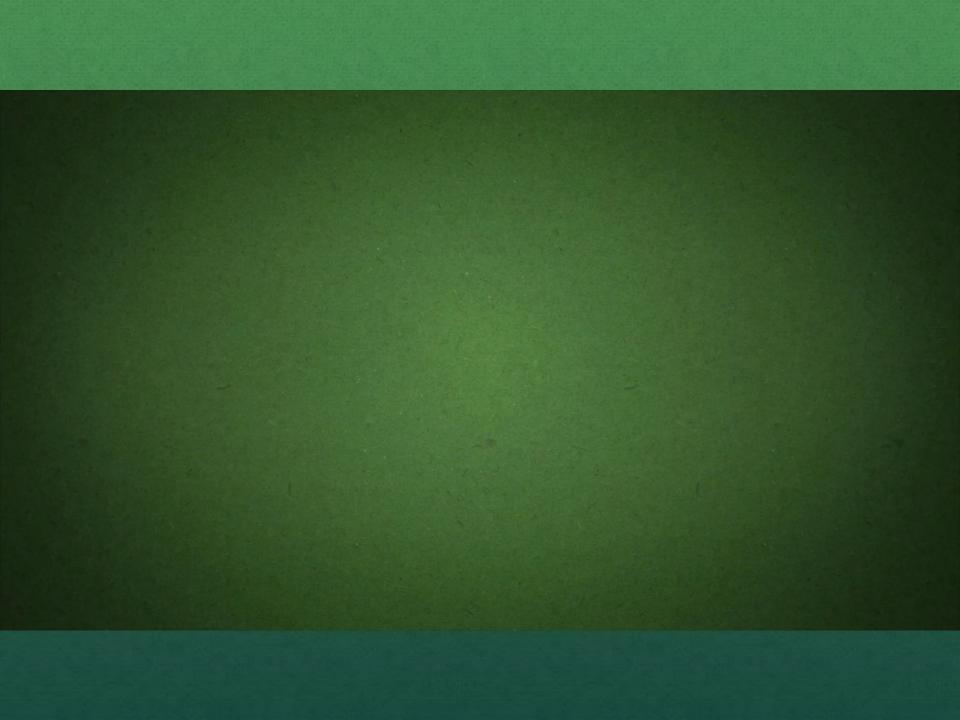






Environment

- Terrain
- Natural Hazards
- Remoteness
- Degree of Modification



Activities

- Cognitive Ability Required
- Physical Ability Required
- Time Required
- Cooperative or competitive







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Putting UPPM to Use – Fluid Policies and Practices

Policy Making

- Hard fast policies that are non-negotiable
- Industry Standards
- Typical Population

Sound Situational Judgment

- Training on situational decision making
- Empowering leaders to make their own decisions
- Backing-up and Supporting leaders' decisions

Full and Safe Participation Requires a Balance

- What can you control or change?
- Weakness in one area can be compensated by strength in other areas

