

2018 Schedule



YMCA Camp Ihduhapi

Hosted by YMCA Camp Widjiwagan, YMCA Camp Menogyn, and Camp Manito-wish YMCA

Tuesday, November 13

4:00 – 8:00 PM	Symposium Check-in at the Welcome Center
6:00 – 7:00 PM	Dinner
7:00 – 10:00 PM	Social Gathering

Wednesday, November 14

7:30 – 8:30 AM	Breakfast	
8:30 – 10:00 AM	Tying the Strongest Knots: Building an Organizational Culture of Risk Management <i>Steve Smith – Experiential Consulting, LLC</i>	
10:00 – 10:30 AM	Break	
10:30 – 12:00 PM	Mental Health/Mentoring Students to Manage Stress <i>Ben Koch and Jed Brensinger – New Vision Wilderness</i>	Physical Preparedness for Wilderness Contexts <i>Arthur D’Amato – Exercise Physiologist</i>
12:00 – 1:30 PM	Lunch and Break (lunch begins at 12:30pm)	
1:30 – 3:00 PM	Why wilderness and why returning can be such a struggle <i>Kris Henker – Freelance Facilitator & Master’s Degree in The Neuroscience of Leadership</i>	Anyone, anywhere, anytime: 40 years of risk management centered on a culture of inclusion at Wilderness Inquiry <i>Paul Lovaas and Marshal Landrum – Wilderness Inquiry</i>
3:00 – 3:30 PM	Break	
3:30 – 5:00 PM	Supporting Safety, Staff Development, and Retention through Training Progressions <i>Brad Little and Emily Ten Eyck– Voyageur Outward Bound School</i>	Let’s Talk: Current Practices in Serving Gender Non-binary and Trans Participants <i>Amy Hadow – YMCA Camp Widjiwagan</i> <i>Andy Sinykin – YMCA Camp Ihduhapi</i>
5:00 – 6:00 PM	Break	
6:00 – 7:30 PM	Dinner	

Thursday, November 15

7:30 – 8:30 AM	Breakfast	
8:30 – 10:00 AM	Stress Management: It's more than breathing exercises and getting enough sleep <i>Travis Loeffler – West Bend Mutual Insurance</i>	Courage and Vulnerability: Enacting Social Justice as a Pillar of Effective Risk Management <i>Danny Frank – Northland College</i>
10:00 – 10:30 AM	Break	
10:30 – 12:00 PM	Supporting Struggling Participants: Managing Behavior and Mental Health Issues <i>Katie Baum Mettenbrink – NOLS Risk Service</i>	Creating a Comprehensive Incident Database <i>Kathleen Floberg – YMCA Camp Widjiwagan</i> <i>Kurt Simer – BOLD & GOLD</i>
12:00 – 1:30 PM	Lunch and Break (lunch begins at 12:30pm)	
1:30 – 3:30 PM	Keynote Panel <i>Claire Dzierzak, Moderator</i> <i>Steve Smith – Experiential Consulting, LLC</i> <i>Katie Baum Mettenbrink – NOLS Risk Service</i> <i>Andy Sinykin – YMCA Camp Ihduhapi</i> <i>Poppy Potter – Voyageur Outward Bound School Twin Cities Center</i>	

**Thank you for joining us! Don't forget to fill out the surveys for each day!
We hope to see you again next year!**

**The dates and location of the 2019 Midwest Risk Management Symposium will appear on
our Facebook and webpage soon!**

www.widji.org/mrms

The mission of the Midwest Risk Management Symposium is to provide an opportunity for outdoor educators of the Upper Midwest to collaborate and to contribute to the advancement of risk management practices.