



Pool Schedule

Southdale YMCA | February 27 - March 24, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim LAP POOL	5:00am - 7:10am 8:00am - 10:00pm 3 OR MORE LANES 7:10am - 8:00am 2 OR LESS LANES	5:00am - 7:10am 8:00am - 3:30pm 7:30pm - 10:00pm 3 OR MORE LANES 7:10am - 8:00am 3:30pm - 7:30pm 2 OR LESS LANES	5:00am - 7:10am 8:00am - 3:30pm 5:00pm - 10:00pm 3 OR MORE LANES 7:10am - 8:00am 3:30pm - 5:00pm 2 OR LESS LANES	5:00am - 7:10am 8:00am - 3:30pm 7:30pm - 10:00pm 3 OR MORE LANES 7:10am - 8:00am 3:30pm - 7:30pm 2 OR LESS LANES	5:00am - 7:10am 8:00am - 10:00pm 3 OR MORE LANES 7:10am - 8:00am 2 OR LESS LANES	6:00am - 9:00pm 3 OR MORE LANES	8:00am - 9:00pm 3 OR MORE LANES 6:00am - 8:00am 2 OR LESS LANES
Open Swim LAP POOL	7:15pm - 10:00pm	7:30pm - 10:00pm	11:30am - 3:30pm 7:00pm - 10:00pm	11:00am - 1:30pm 7:30pm - 10:00pm	10:00am - 3:45pm 7:15pm - 10:00pm	1:00pm - 9:00pm	11:15am - 3:00pm 7:00pm - 9:00pm
Water Group Exercise LAP POOL	7:15am - 8:00am	7:15am - 8:00am	7:15am - 8:00am	7:15am - 8:00am	7:15am - 8:00am	8:15am - 9:00am	
YMCA Programs RESERVED LAP POOL	9:15am - 10:00am 12:45pm - 3:00pm 3:15pm - 7:15pm	5:00am - 7:15am 1:30pm - 3:30pm 3:30pm - 7:30pm	10:00am - 11:00am 3:30pm - 7:00pm	5:00am - 7:15am 10:00am - 11:00am 1:30 pm - 3:30pm 3:30pm - 7:30pm	9:15am - 10:00am 3:45pm - 7:30pm	9:00am - 1:00pm	6:00am - 10:00pm 3:00pm - 7:00pm
Lap Swim LEISURE POOL	5:00am - 8:00am 2 OR LESS LANES	5:00am - 8:00am 2 OR LESS LANES	5:00am - 8:00am 2 OR LESS LANES	5:00am - 8:00am 2 OR LESS LANES	5:00am - 8:00am 2 OR LESS LANES	6:00am - 8:00am 2 OR LESS LANES	6:00am - 8:00pm 2 OR LESS LANES
Open Swim LEISURE POOL (Main)	5:00am - 8:10am 1:00pm - 4:00pm 6:45pm - 10:00pm	5:00am - 12:15pm 1:00pm - 4:00pm 7:15pm - 10:00pm	5:00am - 8:10am 9:55am - 12:15pm 1:00pm - 5:45pm 7:15pm - 10:00pm	5:00am - 9:20am 11:15am - 12:15pm 1:00pm - 3:30pm 7:15pm - 10:00pm	5:00am - 8:10am 12:00pm - 3:45pm 7:17pm - 10:00pm	6:00am - 9:00am 1:00pm - 9:00pm	6:00am - 3:00pm 7:00pm - 9:00pm
Water Group Exercise LEISURE POOL (Main)	8:10am - 9:50am 12:15pm - 1:00pm	12:15pm - 1:00pm	6:15am - 7:00am 8:10am - 9:50am 12:15pm - 1:00pm	12:15pm - 1:00pm	8:10am - 9:50am		
YMCA Programs RESERVED LEISURE POOL	10:00am - 12:15am 4:00pm - 6:45 pm	1:30pm - 3:30pm 4:00pm - 7:45pm	5:45pm - 7:15pm	9:20am - 12:15pm 1:30 pm - 7:15pm	10:00am - 12:00pm 3:45pm - 7:15pm	9:00am - 1:00pm	8:00am - 10:00pm 3:00pm - 7:00pm
Open Swim ZERO DEPTH	5:00am - 10:00pm	5:00am - 10:00pm	5:00am - 10:00pm	5:00am - 10:00pm	5:00am - 10:00pm	6:00am - 9:00pm	6:00am - 3:00pm 5:00pm - 9:00pm
Open Swim VORTEX	10:00am - 8:00pm	10:00am - 8:00pm	10:00am - 8:00pm	10:00am - 8:00pm	10:00am - 8:00pm	9:00am - 8:00pm	9:00am - 3:00pm 5:00pm - 9:00pm
YMCA Programs RESERVED VORTEX Adults Only	5:00am - 10:00am 8:00pm - 10:00pm	5:00am - 10:00am 8:00pm - 10:00pm	5:00am - 10:00am 8:00pm - 10:00pm	5:00am - 10:00am 8:00pm - 10:00pm	5:00am - 10:00am 8:00pm - 10:00pm	6:00am - 9:00am 8:00pm - 9:00pm	6:00am - 9:00am 3:00pm - 5:00pm 8:00pm - 9:00pm