

Number of Lessons

Assigned Instructor

Swimmer Name

# 2018 Southdale YMCA Private Swim Lessons





# YMCA PRIVATE SWIM LESSONS

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We develop confidence one lesson at a time. Private swim lessons are perfect for kids and adults looking to advance their swim skills or to overcome their fear of water. With one-on-one instruction, they provide swimmers new found confidence and skills which could save a life, and will last for lifetime. Our instructors are nationally-certified and have continuous training opportunities to help swimmers build skills and comfort in the water. You can count on Y expertise for a high-quality, personalized learning experience.

## **One-on-One Attention:**

Private swim lessons provide the greatest flexibility with one-on-one attention for swimmers of any age. They are ideal for kids stuck between skill levels and kids who have a hard time in group settings. Private swim instruction adapts to any swimming ability from extreme beginner to seasoned aquatic veteran.

## **Convenient:**

The thirty minute lessons are scheduled at a convenient time for both student and instructor based on pool and staff availability. Most students take four to five private swim lessons. Additional private swim lessons can be purchased and scheduled at any time.

## **Fun:**

We offer semi-private swim lessons, too. Semi-private swim lessons are a fun and unique way to learn lifelong skills with a friend or family member. Two participants are required at the time of registration.

## **Lessons to last a lifetime:**

Our curriculum is centered on early development of personal safety skills and core swim strokes. We provide a safe, thriving environment for your swimmer to develop these skills, discover the health benefits of swimming and make lasting memories. Our commitment to nurturing the potential of all participants promoting healthy living, and fostering a sense of social responsibility with this life-saving skill comes alive in the pool.

While you do not need to be a member to take Y swim lessons, one of the many benefits of Y membership includes reduced fees for swim lessons. Members also enjoy access to all Y pools to practice newly acquired swim skills, state-of-the-art Fitness Centers, FREE Group Exercise classes and FREE drop-off child care, plus much more!

## **2018 Registration Fees:**

Y Member:	1 private lesson = \$40	
	3 private lessons = \$110	3 customized small group lessons = \$196
	7 private lessons = \$225	7 customized small group lessons = \$392
Program Participant:	1 private lesson = \$80	
	3 private lessons = \$220	3 customized small group lessons = \$392
	7 private lessons = \$450	7 customized small group lessons = \$804

# Private Swim Lesson Questionnaire

**Instructions:** Please fill out the following information and return it to the membership service desk, along with payment for your lessons. The Coordinator of Swim Lessons will review your form and begin processing it to identify an instructor. After the instructor has been assigned, the instructor will contact you to schedule your first lesson.

## Contact Information

Participant Name		Birthdate	Age
Address		City	Zip
Cell Phone	Home Phone	Email Address	

If swimmer is a minor please fill in the below information

Main Contact or Parent/Guardian (1)		Parent/Guardian (2)	
Cell Phone (1)	Home Phone (1)	Cell Phone (2)	Home Phone (2)
Email Address (1)		Email Address (2)	

It is a goal of ours to have positive and ongoing communication. Please indicate the best way for us to communicate with you.  Email  Phone  Text

## Schedule

*We strive to accommodate your family's busy schedule.*

**What days are you available to conduct lesson(s)? (Select all that apply)**

Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday

**What are the best times of the day you would prefer the lesson(s)? (Select all that apply)**

Morning  Early Afternoon  Late Afternoon  Evening

Specific Time Request? \_\_\_\_\_

## Goals / Current Ability

**What are your personal swimming goals?**

*Do you want you or child to be able to roll over and swim to safety, be comfortable wearing a lifejacket, etc.?  
Please be as specific as possible.*

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**Have you worked with a private swim lesson instructor in the past?**  Yes  No

*If yes, who / when?* \_\_\_\_\_

**Do you have previous swim lesson experience?**  Yes  No

*If yes, where and last level completed?* \_\_\_\_\_

**Do you prefer to work with a male or female instructor?**  Male  Female  No Preference

*Specific instructor request?* \_\_\_\_\_

**Current swimming ability:**

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### **Special Considerations:**

*Fill in if applicable*

**Please include anything else you would like us to know.**

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**Describe swimmer's motor & sensory skills and concerns.**

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**Describe swimmer's communication style.**

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# Notice of Understanding and Consent

By signing this consent, I acknowledge that I am informed of the following:

- 1. All pre-paid private swim lessons must be used within one year of purchase. Prior to the one-year expiration, you, and the instructor may arrange to extend sessions past one year. If such arrangement is not made, all sessions not used within one year are automatically forfeited without notice to you, the client.
- 2. No refunds are given for unused, prepaid sessions for any reason.
- 3. Please be advised that a swim lesson may be rescheduled: however, you must give no less than 24 hours' notice to your instructor if you cannot make a session. If you give less than 24 hours' notice, or you do not show up for a session, you will be held responsible for payment of that missed session.

I, \_\_\_\_\_ understand and agree to the terms of this understanding and consent. I will abide by such terms in order to begin and successfully continue my personal training program after it is initiated. I understand that I may discontinue training at any time without a refund or prepaid sessions.

\_\_\_\_\_  
*Signature of Participant*  
*(or Guardian of Participant if under 18 years of age)*

\_\_\_\_\_  
*Date*

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### Office Use Only

Number of Lessons	Paid Invoice	Date Received	Instructor Assigned