



Gym Schedule

YMCA IN WEST ST PAUL | September 1 - 30

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym WEST SIDE	5:00am - 9:30am 1:30pm - 5:00pm 7:00pm - 10:00pm	5:00am - 7:00am 11:00am - 4:30pm 7:00pm - 10:00pm	5:00am - 9:30am* 1:30pm - 4:30pm 7:00pm - 10:00pm	5:00am - 7:00am 11:00am - 5:00pm 8:00pm - 10:00pm	5:00am - 9:00am 1:30pm - 10:00pm 5:00pm - 9:00pm*	6:00am - 9:00am 11:00am - 6:00pm* 6:00pm - 8:00pm*	6:00am - 11:00am* 11:00am - 5:00pm* 5:00pm - 8:00pm
Open Gym EAST SIDE	5:00am - 7:00am 9:00am - 11:30am* 1:30pm - 10:00pm*	5:00am - 7:00am 11:00am - 7:00pm 9:45pm - 10:00pm	5:00am - 7:00am 9:00am - 11:30am* 1:30pm - 10:00pm*	5:00am - 7:00am 11:00am - 10:00pm*	5:00am - 7:00am 1:30pm - 10:00pm 5:00pm - 9:00pm*	6:00am - 7:00am 10:00am - 8:00pm 12:45-6:30 pm*	6:00am - 8:00pm*
Basketball ADULT PICK-UP	11:30am - 1:30pm		11:30am - 1:30pm		11:30am - 1:30pm		
Pickleball ALL SKILL LEVELS	7:00am - 9:00am East Side	7:00am - 10:00am	7:00am - 9:00am East Side	7:00am - 10:00am	7:00am - 9:00am East Side	7:00am - 10:00am East Side	
Volleyball ADULT PICK-UP		7:00pm - 9:45pm East Side					
YMCA Programs RESERVED	9:30am - 10:30 am 5:00pm - 6:00pm	10:00am - 11:00am 5:00pm - 6:00pm	9:30am - 10:30am 5:00pm - 6:00pm	10:00am - 11:00am 5:00pm - 6:00pm	9:30am - 10:30am 5:00pm - 6:00pm 5:00pm - 9:00pm*	9:00am - 11:00am 11:00am - 6:00pm* 6:00pm-8:00pm*	11:00am - 5:00pm*

*Reserved for birthday parties, events, and sports leagues, as needed. Contact branch for availability.