



# YMCA Camp Menogyn Winter Camp 2015 Sun December 27 – Wedn December 30

Greetings Winter Campers,

What an exciting time to be in the Boundary Waters! Below is your packing list, and bus schedule. Remember, temperatures range from -30 to 30 degrees Fahrenheit, so don't forget to layer. You will be expected to carry your gear or to pull it on a sled across the lake from the parking lot so we suggest packing in a backpack or a sturdy, water repellant duffel bag.

**You** will be planning and helping run the weekend so be prepared to work with the community and give your input! We look forward to seeing you at camp!

## **PACKING LIST**

This list is required if you want to camp out in a tent or quinzhee huts. If not, all items may still come in handy but those marked with an asterisk (\*) are optional.

### **Outdoor clothing:**

- \_ Long underwear: top and bottom (not cotton)
- \_ 4 pair wool/fleece socks
- \_ Mukluks or snow boots (waterproof bottoms and removeable liners)
- \_ Fleece or wool pants\*
- \_ Wool or fleece tops
- \_ Wind Jacket\*
- \_ Wind Pants\*
- \_ Fleece/Wool Hat or balaclava
- \_ Face mask\*
- \_ Wool/fleece mittens with water repellant outer mitts
- \_ Warm parka
- \_ Sunglasses or snow goggles\*
- \_ Rain jacket and pants
- \_ Snow pants
- \_ Gaiters\*
- \_ Thin wool/silk gloves\*
- \_ Extra pair mittens
- \_ Over mitts\*
- \_ Extra boot liners\*

### **Bedding**– for overnights which are optional

- \_ 2nd set of long underwear and hat to wear at night\*
- \_ Sleeping bag (camp has extras to double up for sleeping out)-all need for cabins
- \_ Sleeping pad\*

### **Other Important Items**

- \_ Headlamp or small flashlight
- \_ Chapstick
- \_ Stuff bags and plastic bags
- \_ Toothbrush and toiletries
- \_ Water bottle
- \_ X-country ski equipment and snowshoes\* (Menogyn can supply)
- \_ Camera
- \_ Backpack
- \_ Swimsuit for sauna
- \_ Wool socks for sauna (so bare feet don't stick to the ice!)
- \_ Towel
- \_ Tennis shoes/slippers/moccasins to wear in dining hall
- \_ Instruments, books, board games\*
- \_ Money for Tuck Shop items
- \_ Ice fishing gear\*

**Please do not bring:** iPods, cell phones, video games, etc. Small electronics are allowed on the bus, but will be collected while at camp. Illegal drugs, tobacco, alcohol, firearms, and fireworks are strictly prohibited.



## TRANSPORTATION INFORMATION

**Departure**  
**December 27, 2015:**

**REI:** 7:00-7:15am

**Forest Lake:** 8:00-8:30am

**Duluth:** 9:45-10:15am

**Return**  
**December 30, 2015:**

**Duluth:** 2:15-2:45pm

**Forest Lake:** 4:15-5:00pm

**REI:** 5:00-5:30pm

### **Bus Stop Locations**

**Bloomington REI Outdoor Store**

I-494 and Lyndale Ave

750 W American Blvd, Bloomington, MN 55420

(Please note: vehicles cannot be left here)

**Forest Lake Holiday Gas Station**

ON EAST SIDE OF I-35

From I-35, take exit 131 and go east on Highway 2.

The Holiday Station is 1 block on the south side of Highway 2.

**Duluth**

THOMPSON OVERLOOK REST AREA From I-35, just South of Duluth, take Exit 249-Boundary Ave Exit and follow the signs to the parking lot of the rest area.

