

# WELCOME TO YMCA CAMP DU NORD

## CAMP DU NORD MISSION STATEMENT

The mission of Camp du Nord is to strengthen families by providing opportunities for individual and family growth, supporting spiritual development and enhancing environmental awareness in a wilderness setting.

***Please read through this information – we hope it will answer most of your questions before you arrive at camp. Please do not hesitate to contact our office for more details.***

## ARRIVAL TIME

Campers may arrive any time after 4:00 p.m. the first day of their reservation. Please check in at Gateway House (at the entrance to Pine Pointe Village) before proceeding to your cabin.

## WHAT TO BRING

Bedding and Towels: Bedding, pillows, and towels are not provided at Camp du Nord. For bedding, sleeping bags are convenient, or you can bring sheets and blankets. Please contact our office if you would like information on bed sizes in your cabin. Bring hand, bath, dish, and beach towels.

Food: If you are preparing meals in your cabin, pack all food. Perishable food items are not for sale in the camp store this time of year. There are cooking utensils, pots, pans, a microwave, toaster, coffee pot, and dishes in all cabins. On non-programmed weekends, meal service can be requested for groups of 30 or more by contacting our administrative office at 651-645-6605.

Clothing: The weather can change quickly at du Nord and it is best to be prepared for anything. Be sure to pack multiple warm layers, extra socks, warm jackets, hats, and mittens. In the spring and fall, it is always a good idea to pack raincoats, rain pants, and shoes or boots that can get wet. In the winter, winter coats, snow pants, and snow boots are a necessity. Be sure to pack enough clothes for your entire stay, as there are no public laundry facilities at camp.

Miscellaneous: Water bottle and backpack for hiking or skiing adventures, flashlight, alarm clock, swimsuit, personal toiletries, hand soap, and a camera.

## DIRECTIONS TO CAMP du NORD

*If you have never been to camp, please take a look at these directions! Driving directions found online do not always give the best route to camp.*

### To Ely from the Twin Cities:

- I-35 north to the Cloquet exit
- Highway 33 north through Cloquet to Highway 53
- Highway 53 north past Virginia to Highway 169
- Highway 169 north to Ely

### To Camp from Ely:

- Drive through town and turn left on 88 (or Grant McMahan Blvd.) which is just past the International Wolf Center.
- Go 2.3 miles and turn right onto 116 (or Echo Trail).

- Go 9.1 miles and turn left on North Arm Road, which is less than 1 mile past Fenske Lake Campground.
- Drive 3.0 miles (you will pass YMCA Camp Widjiwagan) to the entrance to Pine Pointe Village (check in here at Gateway House), the entrance the du Nord village is an additional .5 miles and the entrance to the Northland Village is an additional .8 miles. All entrances are on the left.

## PHONES AND COMPUTERS

The camp phone is for emergency use only. Should an emergency arise at home, the caller should contact the administrative office at 651-645-6605 or call camp directly at 218-365-0365. If there is an emergency in the evening, you could try a staff member at home at 218-365-2796 or 218-365-7686. Cell phones have a limited service at camp, and we ask that participants only use cell phones inside their cabins.

Camp du Nord is a *Wi-Fi cold spot*. We encourage you to unplug while at camp!

## CONTACT INFORMATION

### Administrative Office

YMCA Camp du Nord  
651 Nicollet Mall Ste.500  
Minneapolis, MN 55402  
Phone: 651-645-6605  
Fax: 651-646-5521

### Wilderness Address

YMCA Camp du Nord  
3606 North Arm Rd  
Ely, MN 55731  
Phone: 218-365-3681  
Fax: 218-365-5677

info@dunord.org

## 2019 YEAR-ROUND STAFF

Becca Fink — Executive Director  
Emily Weise — FWS Program Director  
Andy Gibbons — Maintenance Assistant  
Jen Fogel — Administrative Coordinator

Nick Weber — Summer Program Director  
Scott Olson — Resident Property Manager  
Jake Cahill — Maintenance Assistant  
Anastasia Anderson — Admin. Coordinator

## PLANNING FOR THE WEEKEND

There are always plenty of options to choose from during programmed weekends at du Nord. Choose as many or as few in which you would like to participate.

## SUPERVISION OF CHILDREN

During programmed weekends you will be informed about the program possibilities for both family and individual participation when you arrive at camp. During family camp weekends, staff takes full responsibility for children only during age group activities (between 9:30 – 12:00 on Friday and Saturday). At all other times, parents or adult chaperones assume responsibility for the care, supervision and safety of children. See policy page for suggested chaperone to child ratios.

## SAUNA

The authentic Finnish sauna will be available one time during your stay. For programmed weekends, a schedule will be available upon arrival. For other visits to camp, staff at du Nord will set up at sauna time for you and your family after your arrival. Soap is not allowed in the sauna or in Burntside Lake. Wool socks or something similar are required for a winter sauna to prevent foot injuries on the ice.

## **TRADING POST**

The Trading Post is located in the lower level of the dining hall. Items available for purchase include postcards, stamps, and assorted Camp du Nord souvenirs like T-shirts, sweatshirts, and stuffed animals. Please be aware that we do not offer ice cream or other perishable food items (such as milk or bread) in the fall, winter, and spring. The Trading Post operates on a cash and carry basis this time of year, so please be prepared to make purchases with check, cash, or credit card.

## **USE OF EQUIPMENT**

During the fall and spring seasons, Camp du Nord has canoes, kayaks and rowboats for use at no extra charge. Please do not use watercraft if water temperature is below 40 degrees Fahrenheit or if staff inform you it is too cold to be on the water. In the winter, skis and snowshoes are available for rent at an additional fee once there is enough snow for adequate trail coverage. Read over any safety rules and regulations posted by the equipment or in your cabin information binder before using. Campers are responsible for the safe and proper use of our equipment and will be asked to replace anything that is broken due to misuse. Please inspect all equipment before use, and inform staff if anything is in need of repair.

## **MEAL SERVICE**

Meal service at the dining hall is available on a first-come, first-serve, **pre-registered** basis during programmed weekends. During non-programmed visits, meals can be arranged for groups of 30 or more. To register for meal service, please contact the Administrative Office at 651-645-6605 before your visit to camp. Meal times are 8:00 a.m., 12:30 p.m. and 5:30 p.m. unless noted or requested otherwise. With advance notice, efforts will be made to meet special dietary needs.

## **RECYCLING**

All trash and recycling should be delivered daily to the recycling/trash area between 8 a.m. and 4 p.m. In keeping with our philosophy, Camp du Nord insists upon recycling glass and metal. Recyclables must be separated from burnables and placed in the appropriate containers. THANK YOU!

## **CABIN CLEAN UP**

Care of the cabins and grounds is the responsibility of all campers. As a courtesy, final cleanup should include cleaning the appliances, sweeping and/or vacuuming floors, recycling glass, aluminum, plastic and tin, and disposing of non-recyclable trash. Please remember to plan your cleanup schedule so that you are out of your cabin by 11:00 a.m. on your last day.

## **FIREWOOD**

Camp du Nord programs are based on the natural values of the north woods environment and aim to create a greater appreciation for and understanding of the outdoors. Although surrounded by woodland, our supply of wood is not unlimited. Our wood supply, for your use at no charge, is dependent upon hundreds of hours of volunteer efforts and donated woodcutting equipment. We ask that you use firewood conservatively for campfires and in the fireplaces.

## **EMERGENCY PROCEDURES**

First aid kits are located outside the office below the dining hall, the basement of Thor's Lodge, Morning Glory Program Center, and the dining hall kitchen. If there is an emergency (i.e., lost participant, fire, etc.), an air horn will sound for several minutes. Staff members will

gather either at Thor's Lodge, the office, or the Pine Pointe Morning Glory Program Center. Available adults should also report to these locations if they are willing to assist. Weather emergencies often happen very suddenly and it is the responsibility of all campers to take appropriate cover.

### **PETS**

Out of respect for possible allergies of other campers, pets are not permitted at Camp du Nord or in any of the cabins or sites.

### **ALCOHOL & TOBACCO**

The use of alcoholic beverages at camp is limited to the campers' immediate living area. The legal drinking age is 21 and must be adhered to at all times. Use of illegal drugs is prohibited. Tobacco use inside any structure or near camper cabins or sites is not allowed.

### **LOST AND FOUND**

Please keep track of all personal items brought to camp. A lost and found is located in the basement of the dining hall. All unclaimed lost and found items will be donated to the Camp du Nord fall and spring garage sales. Camp du Nord is not responsible for personal items that are lost, left behind, or misused by other campers.

### **ACCESSIBILITY**

If a family member has a disability requiring an accommodation or a special need you would like us to be aware of, please let us know as soon as possible. This information enables us to better meet the needs of your family within available resources. Please contact the YMCA Customer Service Center at 612-645-6605 for more information.

### **YMCA Camp du Nord – Camping for All Seasons**

Every season at camp is the best season! The North Arm Trails are perfect for hiking in the fall and skiing in the winter. Camp du Nord, an exceptional site for a family outing, a church retreat or fellowship with a group of friends, is open weekdays and weekends, for short-term or long-term visits during these seasons. Call the Administrative Office at 651-645-6605 soon as reservations for current openings are being accepted now.

*The YMCA welcomes those who wish to participate and annually raises funds to help make that possible. Financial assistance is supported in part by contributions through our Annual Campaign and other donors, and provides scholarships and subsidies for qualifying applicants within our available resources. Please let us know if we may serve you or your family in this way. If financial assistance could help a family visit Camp du Nord, please have them request a campership application by calling 651-645-6605.*

## CAMP DU NORD POLICIES

1. Every attempt is made to encourage preservation of this unique wilderness setting. All campers are expected to respect the trees, land, buildings, equipment, and each other. Individuals, families or groups registered will be held responsible for any damage to the grounds, property, buildings and/or equipment.
2. Rowboats, kayaks and canoes are available for use as a part of the camp fee. A 10 h.p. motor may be used ONLY by people with physical disabilities and the motor must be removed from the boat after each use. If you wish to bring a fishing boat, its length is limited to 16 feet and the motor on your boat is limited to 10 hp. A nearby boat landing must be used for launching the boat. Larger fishing boats and/or motors cannot be brought to Camp du Nord. Cross country ski and snowshoe rental are available during the winter season for an additional fee.
3. If you choose to bring any personal recreation equipment, please keep it in your cabin or site when not in use. Camp du Nord will not be responsible for any damages or misuse of personal equipment by other campers.
4. To respect possible allergy issues of other campers, domestic animals belonging to campers and/or volunteers are not permitted at any of the villages at Camp du Nord at any time.
5. Use of alcoholic beverages at camp is limited to campers' immediate living area. The legal drinking age limit is 21 years and is adhered to at all times. Please be safe and responsible!
6. Tobacco use inside any structure or on the grounds away from camper cabins or sites is not allowed. Nearby smoking area is available.
7. Use of illegal drugs is prohibited.
8. The YMCA of the Greater Twin Cities bans guns and weapons of any kind on the premises of Camp du Nord. All firearms are prohibited on camp property.
9. Campers should park cars in established parking lots during their stay at camp. We ask that personal vehicles are only driven through camp for loading and unloading during arrival and departure.
10. Camp du Nord requires all youth groups, with youth 18 years and younger, should have chaperone ratios as follows:

<u>Age</u>	<u># Adults</u>	<u># campers</u>
<i>5 and under</i>	<i>1</i>	<i>5</i>
<i>6-8 years</i>	<i>1</i>	<i>6</i>
<i>9-14 years</i>	<i>1</i>	<i>8</i>
<i>15-18 years</i>	<i>1</i>	<i>10</i>

That adult should be 21 years of age or older and at least five years older than the oldest participant in the group. Young adult groups, ages 19 and 20 years old, shall have one responsible adult chaperone to 15 campers. That adult should be 22 years of age or older and at least three years older than the oldest participant in the group. The responsible adult chaperone is the person signing the reservation agreement and is legally responsible for the group. Adult chaperones should

have the health history, emergency contact information, and transportation permission for each participant. There should be two adults present, one with age-appropriate first aid, CPR, and AED certification and current lifeguard certification from a nationally recognized certifying body for waterfront activities.

11. For rental groups using the waterfront areas, we recommend at least two adults be present, one with lifeguard certification from a nationally recognized certifying body and an adult with experience and skill in paddling instruction.
12. Camper families or groups are responsible for their own emergency care and emergency transportation. Camp will supply an Emergency Card for healthcare contact information.
13. Camp du Nord advises group leaders to carry participant health information including name and address, emergency contact information, allergies or health conditions, and a signed permission to treat or religious waiver for any minors.
14. All campers should hike, ski, boat or canoe with a partner and communicate their route and estimated time of return to another responsible adult. All search and rescue effort expenses will be charged to the lost campers.
15. Day permits are required to enter the BWCAW for day hiking, skiing, or paddling. Permits may be obtained at the trailhead at the North Arm parking lot or at portages that enter the BWCAW.
16. Any recreational activity carries with it normal levels of physical risk. Any injuries to campers while participating in activities at Camp du Nord are the responsibility of that camper or responsible adult. Camp du Nord does not carry accident insurance for campers.
17. All persons attending Camp du Nord must sign a YMCA waiver prior to or upon arrival. By submitting a waiver form, campers automatically grant permission to use photographs of individuals, families and/or groups in YMCA promotional materials.
18. ANY change(s) made to a summer reservation are subject to a \$50 service charge per change.
19. If a summer reservation is cancelled for ANY reason and not rescheduled, 50% of the total reservation fee is forfeited if the cabin or site is not reserved by another family not yet registered. The \$150 registration fee is not refundable. Cabins not in use because of registration cancellations may be used by the camp staff for other functions.
20. If a fall, winter, or spring reservation is cancelled more than 3 weeks in advance, \$50 is non-refundable. Cancellations made within 3 weeks of the reservation are non-refundable.
21. If your cancellation is due to a camper's illness, medical reasons, or other uncontrollable circumstance, your camp fees will be refunded minus the deposit when cancellation is accompanied by a doctor or other official statement.
22. A \$20 service fee will be charged for all returned checks and credit card payment

