



Gym Schedule

Elk River | September 9 - 30

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym	BOTH GYMS 5:00am - 9:00am 10:30am - 12:00pm 3:00pm - 7:00pm 9:30pm - 10:00pm NORTH GYM 9:00am - 10:30am 12:00-3:00 pm 7:00pm - 9:30pm	BOTH GYMS 5:00am - 2:00pm 3:00pm-6:30pm 9:30pm-10:00pm NORTH GYM 2:00pm - 3:00pm	BOTH GYMS 5:00am - 9:00am 10:45am - 12:00pm 3:00pm - 7:00pm 9:30pm - 10:00pm NORTH GYM 9:00am - 10:45am 7:00pm - 9:30pm	BOTH GYMS 5:00am - 6:30pm 98:30pm-10:00pm	BOTH GYMS 5:00am - 9:00am 10:30am - 12:00pm 3:00pm - 7:00pm 8:30pm - 9:00pm NORTH GYM 9am - 10:30am 12:00-3:00 pm 7:00pm - 8:30pm	BOTH GYMS 6:00am - 8:45am 10:15am-8:00pm NORTH GYM 8:45-10:15 am	BOTH GYMS 6:00am - 7:30am 11:30am-8:00 pm
Group X Class	9:00am - 10:30am SOUTH GYM		9:00am - 10:45am SOUTH GYM		9:00am - 10:30am SOUTH GYM	8:45am - 10:15am SOUTH GYM	
Pickleball	12:00pm - 3:00pm SOUTH GYM		12:00pm - 3:00pm BOTH GYMS		12:00pm - 3:00pm SOUTH GYM		
Park and Rec		6:30pm - 9:30pm ADULT PICKUP BASKETBALL BOTH GYMS		6:30pm - 8:30pm FAMILY OPEN GYM BOTH GYMS			
Volleyball	7:00pm - 9:30pm ADULT PICK-UP SOUTH GYM		7:00pm - 9:30pm ADULT PICK-UP SOUTH GYM		7:00pm - 8:30pm ADULT PICK-UP SOUTH GYM		
WHY Church							7:30am - 11:30am BOTH GYMS 9:30am WORSHIP
YMCA Programs RESERVED		2:00pm - 3:00pm HOMESCHOOL SOUTH GYM					

Organized team practices are not permitted. Gym schedule is subject to change at the discretion of management