



Emma B Howe - Coon Rapids YMCA Lifeguard and Safety Training Classes

Fall/Winter 2019 9/1/2019 - 2/28/2020
Phone: (763) 785-7882 Fax: (763) 785-9133
ymcamn.org/emmabhowe

BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm
Saturday 6:00am-8:00pm
Sunday: 6:00am-8:00pm

KIDS STUFF HOURS

Mon-Fri: M-Th 8:00am-8:30pm, F 8:00am-7:00pm
Saturday: 8:00am-5:00pm
Sunday: 11:00am-6:00pm

ARC Lifeguard + Oxygen Full - Blended

27_LE_2402_30_101619_YSR

Cost: \$220

Registration available through 10/8

Wednesday 10/16 Thursday 10/17 Friday 10/18
9:00 AM-4:00 PM 9:00 AM-4:00 PM 9:00 AM-4:00 PM

ARC Lifeguard + Oxygen Full - Blended

27_LE_2402_70_111019_YSR

Cost: \$220

Registration available through 11/2

Sunday 11/10 Sunday 11/17 Sunday 11/24
11:00 AM-7:00 PM 11:00 AM-7:00 PM 11:00 AM-7:00 PM

ARC Lifeguard Review

27_LE_2441_30_112719_YSR

Cost: \$100

Registration available through 11/27

Please Note: I will do an AHSI oxygen challenge for Y team members who need it

Wednesday 11/27
9:00 AM-6:00 PM

ARC Lifeguard Review

27_LE_2441_70_122219_YSR

Cost: \$100

Registration available through 12/22

Please Note: I will provide an ASHI oxygen Challenge to Y team members who need to recertify oxygen as well

Sunday 12/22
11:00 AM-8:00 PM

ARC Lifeguard + Oxygen Full

27_LE_2401_70_122919_YSR

Cost: \$220

Registration available through 12/29

Sunday 12/29 Monday 12/30 Tuesday 12/31
8:00 AM-6:30 PM 8:00 AM-6:30 PM 8:00 AM-4:30 PM

ARC Lifeguard Review

27_LE_2441_70_010520_YSR

Cost: \$100

Registration available through 1/5

Please Note: I will provide and AHSI oxygen challenge class for Y team members who need it.

Sunday 1/5
11:00 AM-8:00 PM

Class Descriptions

ARC Lifeguard + Oxygen Full

Ages: 15+

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Includes oxygen.

ARC Lifeguard + Oxygen Full - Blended

Ages: 15+

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ARC Lifeguard Review

Ages: 15+

Renew your American Red Cross Lifeguarding certification for another two years. Participants must attend all class sessions, and present verification of current American Red Cross Lifeguarding certification.