# Sports Programs Schedule

**2020 Session 2, March 16 - June 7**

(763) 785-7882     ymcamn.org/emmabhowe

## Sports Programs

### Leagues

**Leagues** let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn’t just for kids– high school and adult leagues are available too!

*Note: a structured game or meet schedule will be developed and issued the first week of each session.*

### Classes

In **Classes**, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

### School’s Out Sports Camps

At **School’s Out Sports Camps**, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

### Clinics

**Clinics** let kids try out a sport they’re curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

### Registration Begins February 4, 2020

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

## Leagues

| League Description | Age | Fee | Class Schedule | Location
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>3 on 3 Basketball League: grades 3-4</td>
<td>3-4</td>
<td>$105 member / $130 non-member</td>
<td>Wed 7:00 pm to 8:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>3 on 3 Basketball League: grades 5-6</td>
<td>5-6</td>
<td>$105 member / $130 non-member</td>
<td>Tue 6:00 pm to 7:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>3 on 3 Basketball League: grades 7-8</td>
<td>7-8</td>
<td>$105 member / $130 non-member</td>
<td>Tue 7:00 pm to 8:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
</tbody>
</table>

## Classes

### Starting Week of March 16

| Class Name | Age | Fee | Class Schedule | Location
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Basketball League: grades 1-2</td>
<td>1-2</td>
<td>$105 member / $130 non-member</td>
<td>Wed 6:00 pm to 7:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>Boys Basketball League: grades 1-2</td>
<td>1-2</td>
<td>$105 member / $130 non-member</td>
<td>Wed 6:00 pm to 7:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>Futsal Soccer League: grades 1-2</td>
<td>1-2</td>
<td>$105 member / $130 non-member</td>
<td>Mon 6:00 pm to 7:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>Futsal Soccer League: grades 3-4</td>
<td>3-4</td>
<td>$105 member / $130 non-member</td>
<td>Mon 6:00 pm to 7:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>Futsal Soccer League: grades 5-6</td>
<td>5-6</td>
<td>$105 member / $130 non-member</td>
<td>Mon 7:00 pm to 8:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>Futsal Soccer League: grades 7-8</td>
<td>7-8</td>
<td>$105 member / $130 non-member</td>
<td>Mon 7:00 pm to 8:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
</tbody>
</table>

## School’s Out Sports Camps

| Camp Name | Session | Fee | Schedule | Location
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-Ed High School 3 on 3 Basketball League</td>
<td>3 on 3</td>
<td>$105 member / $130 non-member</td>
<td>Sat 12:00 pm to 5:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
</tbody>
</table>

## Clinics

### Starting Week of March 16

| Clinic Name | Session | Fee | Schedule | Location
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>3 on 3 Basketball League: grades 3-4</td>
<td>3-4</td>
<td>$105 member / $130 non-member</td>
<td>Wed 7:00 pm to 8:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>3 on 3 Basketball League: grades 5-6</td>
<td>5-6</td>
<td>$105 member / $130 non-member</td>
<td>Tue 6:00 pm to 7:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
<tr>
<td>3 on 3 Basketball League: grades 7-8</td>
<td>7-8</td>
<td>$105 member / $130 non-member</td>
<td>Tue 7:00 pm to 8:00 pm</td>
<td>Emma B Howe YMCA</td>
</tr>
</tbody>
</table>
Girls High School 3 on 3 Basketball League
Emma B. Howe YMCA
Sat 12:00 pm to 5:00 pm
$105 member / $130 non-member

Boys High School 3 on 3 Basketball League
Emma B. Howe YMCA
Sat 12:00 pm to 5:00 pm
$105 member / $130 non-member

Basketball Class: ages 4-5
Emma B Howe YMCA
Wed 5:00 pm to 5:45 pm
Class meets 8 times starting March 18
$70 member / $95 non-member

Basketball Class: grades K-1
Emma B Howe YMCA
Wed 5:00 pm to 5:45 pm
Class meets 8 times starting March 18
$70 member / $95 non-member

Soccer Class: age 3
Emma B. Howe YMCA
Mon 5:00 pm to 5:30 pm
Class meets 8 times starting March 16
$70 member / $95 non-member

Basketball Class: ages 4-5
Emma B Howe YMCA
Mon 5:00 pm to 5:45 pm
Class meets 8 times starting March 16
$70 member / $95 non-member

Soccer Class: ages 4-5
Emma B. Howe YMCA
Mon 5:00 pm to 5:45 pm
Class meets 8 times starting March 16
$70 member / $95 non-member

Tumbling Class: age 3
Emma B Howe YMCA
Tue 4:30 pm to 5:00 pm
Class meets 8 times starting March 17
$70 member / $95 non-member

Tumbling Class: ages 4-5
Emma B Howe YMCA
Tue 5:00 pm to 5:45 pm
Class meets 8 times starting March 17
$70 member / $95 non-member

Tumbling Class: grades K-1
Emma B Howe YMCA
Tue 5:45 pm to 6:30 pm
Class meets 8 times starting March 17
$70 member / $95 non-member

Tumbling Class: grades 2-3
Emma B Howe YMCA
Tue 6:30 pm to 7:30 pm
Class meets 8 times starting March 17
$70 member / $95 non-member

Homeschool P.E. Class: grades K-2
Emma B Howe YMCA
Tue 1:00 pm to 3:00 pm
Class meets 10 times starting March 24
$100 member / $137.50 non-member

Homeschool P.E. Class: grades 3-5
Emma B Howe YMCA
Tue 1:00 pm to 3:00 pm
Class meets 10 times starting March 24
$100 member / $137.50 non-member

Homeschool P.E. Class: grades 6-9
Emma B Howe YMCA
Tue 1:00 pm to 3:00 pm
Class meets 10 times starting March 24
$100 member / $137.50 non-member

Homeschool P.E. Class: grades 10-12
Emma B Howe YMCA
Tue 1:00 pm to 3:00 pm
Class meets 10 times starting March 24
$100 member / $137.50 non-member

REGISTRATION BEGINS FEBRUARY 4, 2020

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.
<table>
<thead>
<tr>
<th>Program</th>
<th>Schedule</th>
<th>Registration Code</th>
<th>Location Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core Sports Sampler: age 3</td>
<td>Thu 5:00 pm to 5:30 pm</td>
<td>27.SP.3800.40.051420.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 14</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Core Sports Sampler: ages 4-5</td>
<td>Thu 5:30 pm to 6:15 pm</td>
<td>27.SP.3801.40.051420.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 14</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Core Sports Sampler: grades K-1</td>
<td>Thu 5:30 pm to 6:15 pm</td>
<td>27.SP.3802.40.051420.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 14</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Flag Football Class: grades K-1</td>
<td>Wed 6:00 pm to 6:45 pm</td>
<td>27.SP.3516.30.051320.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 13</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Flag Football Class: grades 2-3</td>
<td>Wed 7:00 pm to 8:00 pm</td>
<td>27.SP.3517.30.051320.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 13</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Soccer Class: age 3</td>
<td>Tue 5:00 pm to 5:30 pm</td>
<td>27.SP.3542.20.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Soccer Class: ages 4-5</td>
<td>Tue 5:30 pm to 6:15 pm</td>
<td>27.SP.3543.20.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Soccer Class: grades K-1</td>
<td>Tue 5:30 pm to 6:15 pm</td>
<td>27.SP.3544.20.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Tumbling Class: age 3</td>
<td>Tue 4:30 pm to 5:00 pm</td>
<td>27.SP.3563.21.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Tumbling Class: ages 4-5</td>
<td>Tue 5:00 pm to 5:45 pm</td>
<td>27.SP.3564.20.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Tumbling Class: grades K-1</td>
<td>Tue 5:45 pm to 6:30 pm</td>
<td>27.SP.3565.20.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
<tr>
<td>Tumbling Class: grades 2-3</td>
<td>Tue 6:30 pm to 7:30 pm</td>
<td>27.SP.3566.20.051220.YYD</td>
<td></td>
</tr>
<tr>
<td>Emma B. Howe YMCA</td>
<td>Class meets 4 times starting May 12</td>
<td>$35 member / $48 non-member</td>
<td></td>
</tr>
</tbody>
</table>

REGISTRATION BEGINS FEBRUARY 4, 2020

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.