



Emma B Howe - Coon Rapids YMCA Sports Programs Schedule

2019 Session 5, October 21 - December 22

(763) 785-7882 ymcamn.org/emmabhowe

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of October 21

Girls Basketball League: grades 1-2

Emma B. Howe YMCA

Tue 6:00 pm to 7:00 pm
Thu 5:30 pm to 8:00 pm

27_SP_3188_20_102219_YYD

\$100 member / \$125 non-member

Game-days will take place at various North Region YMCAs- Occasional Saturday games

Girls Basketball League: grades 1-2

Emma B. Howe YMCA

Wed 6:00 pm to 7:00 pm
Sat 9:00 am to 12:00 pm

27_SP_3188_30_102319_YYD

\$100 member / \$125 non-member

Saturday gamedays will take place at various North Region YMCAs

Boys Basketball League: grades 1-2

Emma B. Howe YMCA

Tue 6:00 pm to 7:00 pm
Thu 5:30 pm to 7:30 pm

27_SP_3189_20_102219_YYD

\$100 member / \$125 non-member

Game-days will take place at various North Region YMCAs- Occasional Saturday games

Boys Basketball League: grades 1-2

Emma B. Howe YMCA

Wed 6:00 pm to 7:00 pm
Sat 9:00 am to 12:00 pm

27_SP_3189_30_102319_YYD

\$100 member / \$125 non-member

Saturday gamedays will take place at various North Region YMCAs

Girls Basketball League: grades 3-4

Emma B. Howe YMCA

Tue 6:00 pm to 7:00 pm
Thu 5:30 pm to 7:30 pm

27_SP_3182_20_102219_YYD

\$100 member / \$125 non-member

Game-days will take place at various North Region YMCAs- Occasional Saturday games

Girls Basketball League: grades 3-4

Emma B. Howe YMCA

Wed 6:00 pm to 7:00 pm
Sat 9:00 am to 4:00 pm

27_SP_3182_30_102319_YYD

\$100 member / \$125 non-member

Saturday gamedays will take place at various North Region YMCAs

Boys Basketball League: grades 3-4

Emma B. Howe YMCA

Tue 6:00 pm to 7:00 pm
Thu 5:30 pm to 7:30 pm

27_SP_3183_20_102219_YYD

\$100 member / \$125 non-member

Game-days will take place at various North Region YMCAs- Occasional Saturday games

Boys Basketball League: grades 3-4

Emma B. Howe YMCA

Wed 6:00 pm to 7:00 pm
Sat 9:00 am to 4:00 pm

27_SP_3183_30_102319_YYD

\$100 member / \$125 non-member

Saturday gamedays will take place at various North Region YMCAs

REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Girls Basketball League: grades 5-6		27_SP_3184_20_102219_YYD
Emma B. Howe YMCA	Tue 7:00 pm to 8:00 pm Thu 5:30 pm to 7:30 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs- Occasional Saturday games</i>		
Girls Basketball League: grades 5-6		27_SP_3184_30_102319_YYD
Emma B. Howe YMCA	Wed 7:00 pm to 8:00 pm Sat 9:00 pm to 4:00 pm	\$100 member / \$125 non-member
<i>Saturday gamedays will take place at various North Region YMCAs</i>		
Boys Basketball League: grades 5-6		27_SP_3185_20_102219_YYD
Emma B. Howe YMCA	Tue 7:00 pm to 8:00 pm Thu 5:30 pm to 7:30 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs- Occasional Saturday games</i>		
Boys Basketball League: grades 5-6		27_SP_3185_30_102319_YYD
Emma B. Howe YMCA	Wed 7:00 pm to 8:00 pm Sat 9:00 am to 4:00 pm	\$100 member / \$125 non-member
<i>Saturday gamedays will take place at various North Region YMCAs</i>		
Girls Basketball League: grades 7-8		27_SP_3186_20_102219_YYD
Emma B. Howe YMCA	Tue 7:00 pm to 8:00 pm Thu 5:30 pm to 7:30 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs- Occasional Saturday games</i>		
Girls Basketball League: grades 7-8		27_SP_3186_30_102319_YYD
Emma B. Howe YMCA	Wed 7:00 pm to 8:00 pm Sat 9:00 am to 4:00 pm	\$100 member / \$125 non-member
<i>Saturday gamedays will take place at various North Region YMCAs</i>		
Boys Basketball League: grades 7-8		27_SP_3187_20_102219_YYD
Emma B. Howe YMCA	Tue 7:00 pm to 8:00 pm Thu 5:30 pm to 7:30 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs- Occasional Saturday games</i>		
Boys Basketball League: grades 7-8		27_SP_3187_30_102319_YYD
Emma B. Howe YMCA	Wed 7:00 pm to 8:00 pm Sat 9:00 am to 4:00 pm	\$100 member / \$125 non-member
<i>Saturday gamedays will take place at various North Region YMCAs</i>		
Futsal Soccer League: grades 1-2		27_SP_3796_10_102119_YYD
Emma B. Howe YMCA	Mon 6:00 pm to 7:00 pm Wed 6:00 pm to 7:00 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs</i>		
Futsal Soccer League: grades 3-4		27_SP_3797_10_102119_YYD
Emma B. Howe YMCA	Mon 6:00 pm to 7:00 pm Wed 6:00 pm to 7:00 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs</i>		
Futsal Soccer League: grades 5-6		27_SP_3798_10_102119_YYD
Emma B. Howe YMCA	Mon 7:00 pm to 8:00 pm Wed 7:00 pm to 8:00 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs</i>		
Futsal Soccer League: grades 7-8		27_SP_3799_10_102119_YYD
Emma B. Howe YMCA	Mon 7:00 pm to 8:00 pm Wed 7:00 pm to 8:00 pm	\$100 member / \$125 non-member
<i>Game-days will take place at various North Region YMCAs</i>		

ADULT & HIGH SCHOOL LEAGUES starting week of October 21

Men's Adult Basketball League		27 SP 3630 70 102719 YHL 27 SP 3630 71 102719 YHL
St Paul Eastside YMCA	Sun 3:00 pm to 8:00 pm	\$350 team / \$45 individual
<i>6 games and playoffs</i>		

SCHOOL'S OUT SPORTS CAMPS

Basketball School's Out Sports Camp: grades 1-6	October 17	27_SP_3618_40_101719_YYD
Emma B. Howe YMCA	Thu 9:00 am to 2:00 pm	\$30 member / \$30 non-member

REGISTRATION BEGINS SEPTEMBER 3, 2019

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Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Emma B. Howe YMCA

Fri 9:00 am to 2:00 pm

\$30 member / \$30 non-member

CLASSES**Basketball Class: age 3**

Thu 5:30 pm to 6:00 pm

27_SP_3500_40_102419_YYD

Emma B. Howe YMCA

Class meets 7 times starting October 24

\$57 member / \$79 non-member

*Class times may change slightly depending on enrollment***Basketball Class: ages 4-5**

Thu 6:00 pm to 6:45 pm

27_SP_3501_40_102419_YYD

Emma B. Howe YMCA

Class meets 7 times starting October 24

\$57 member / \$79 non-member

*Class times may change slightly depending on enrollment***Basketball Class: grades K-1**

Thu 6:45 pm to 7:30 pm

27_SP_3502_40_102419_YYD

Emma B. Howe YMCA

Class meets 7 times starting October 24

\$57 member / \$79 non-member

*Class times may change slightly depending on enrollment***Tumbling Class: ages 4-5**

Tue 5:00 pm to 5:45 pm

27_SP_3564_20_102219_YYD

Emma B. Howe YMCA

Class meets 8 times starting October 22

\$65 member / \$90 non-member

*Class times may change slightly depending on enrollment***Tumbling Class: grades K-1**

Tue 5:45 pm to 6:30 pm

27_SP_3565_20_102219_YYD

Emma B. Howe YMCA

Class meets 8 times starting October 22

\$65 member / \$90 non-member

*Class times may change slightly depending on enrollment***Tumbling Class: grades 2-3**

Tue 6:30 pm to 7:30 pm

27_SP_3566_20_102219_YYD

Emma B. Howe YMCA

Class meets 8 times starting October 22

\$65 member / \$90 non-member

*Class times may change slightly depending on enrollment***Tumbling Class: grades 4-5**

Tue 6:30 pm to 7:30 pm

27_SP_3567_20_102219_YYD

Emma B. Howe YMCA

Class meets 8 times starting October 22

\$65 member / \$90 non-member

*Class times may change slightly depending on enrollment***PROGRAM LOCATIONS****Emma B. Howe YMCA**

8950 Springbrook Dr NW

Coon Rapids

MN

55433

St Paul Eastside YMCA

875 Arcade St

Saint Paul

MN

55106