



# Forest Lake YMCA Family Engagement Programs Schedule

Late Spring 2019 - Classes start week of April 15, 2019

(651) 259-2133

[www.ymcamn.org/forestlake](http://www.ymcamn.org/forestlake)

[www.facebook.com/ymcaforestlake](http://www.facebook.com/ymcaforestlake)

## BUILDING HOURS

Monday-Friday: M-Th 5:00am-10:00pm, F 5:00am-9:00pm  
Saturday: 6:00am-8:00pm  
Sunday: 6:00am-8:00pm

## KIDS STUFF HOURS

Monday-Friday: M-Th 8:30am-8:00pm, F 8:30am-7:00pm  
Saturday: 8:00am-2:00pm  
Sunday: 8:00am-1:00pm, 4:00pm-8:00pm

## PARENT'S NIGHT OUT INFORMATION

### Classes starting Thursday, April 18

<b>Cooking: Basics Preschool</b>	5:30 pm to 6:00 pm	3-5 yrs	\$30/\$55
38_LE_5101_40_041819_YYD	Class meets 7 times		

### Dance Classes

<b>Ballet</b>	1:00 pm to 1:45 pm	3-5 yrs	\$68/\$75
38_LE_3675_60_042019_YYD	Class meets 7 times on Saturdays starting 4/20		

### Class Descriptions

<b>Cooking: Basics Preschool</b>	Our hands on cooking classes give your kids the opportunity to discover and make tasty healthy treats and meals.
<b>Dance: Ballet</b>	Dancers learn and improve ballet technique in progression over the weeks. Dancers also learn choreography in a fun class setting. Encourages self-confidence, spatial awareness, coordination & rhythm through imagery, music and, imagination. No Prerequisite