



Lap Swim Pool Schedule YMCA FOREST LAKE | JANUARY 24 - APRIL 13

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim LAP POOL	5:00am - 9:00am (4 LANES)	5:00am - 8:00am (4 LANES)	5:00am - 9:00am (4 LANES)	5:00am - 9:00am (4 LANES)	5:00am - 8:00am (4 LANES)	6:00am - 8:00am (4 LANES)	6:00am - 7:30am (4 LANES)
	9:00am - 11:00am (1 LANE)	8:00am - 8:45am (2 LANES)	9:00am - 11:00am (1 LANE)	9:00am - 11:00am (1 LANE)	8:00am - 10:00am (1 LANE)	8:00am - 10:00am (1 LANE)	7:30am - 8:15am (1 LANE)
	11:00am - 12:00pm (3 LANES)	8:45am - 11:00am (1 LANE)	11:00am - 12:00pm (3 LANES)	11:00am - 12:00pm (3 LANES)	10:00am - 11:00am (3 LANES)	10:00am - 7:00pm (2 LANES)	8:15am - 12:00pm (3 LANES)
	12:00pm - 4:00pm (4 LANES)	11:00am - 12:00pm (3 LANES)	12:00pm - 4:00pm (4 LANES)	12:00pm - 4:00pm (4 LANES)	11:00am - 4:00pm (4 LANES)	7:00pm - 8:00pm (3 LANES)	12:00pm - 7:00pm (2 LANES)
	4:00pm - 7:00pm (2 LANES)	12:00pm - 4:00pm (4 LANES)	4:00pm - 5:45pm (3 LANES)	4:00pm - 7:00pm (2 LANES)	5:00pm - 9:00pm (3 LANES)		7:00pm - 8:00pm (3 LANES)
	7:00pm - 10:00pm (3 LANES)	4:00pm - 7:00pm (2 LANES) 7:00pm - 10:00pm (3 LANES)	5:45pm - 6:45pm (NO LANES) 6:45pm - 10:00pm (3 LANES)	7:00pm - 10:00pm (3 LANES)			
Lap Walking LAP POOL	11:00am - 12:00pm (1 LANE)	11:00am - 12:00pm (1 LANE)	11:00am - 12:00pm (1 LANE)	11:00am - 12:00pm (1 LANE)	10:00am - 11:00am (1 LANE)		8:15am - 10:00am (1 LANE)



Open Swim Pool Schedule YMCA FOREST LAKE | JANUARY 24 - APRIL 13

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim LAP POOL	7:00pm - 10:00pm (1 LANE)	7:00pm - 10:00pm (1 LANE)	4:00pm - 5:25pm (1 LANE) 7:00pm - 10:00pm (1 LANE)	7:00pm - 10:00pm (1 LANE)	4:00pm - 9:00pm (1 LANE)	12:00pm - 7:00pm (2 LANES) 7:00pm - 8:00pm (1 LANE)	12:00pm - 4:00pm (2 LANES) 7:00pm - 8:00pm (1 LANE)
Open Swim LEISURE POOL	5:00am - 4:00pm (FULL POOL) 4:00pm - 7:00pm (SHALLOW WATER) 7:00pm - 10:00pm (FULL POOL)	5:00am - 4:00pm (FULL POOL) 4:00pm - 7:00pm (SHALLOW WATER) 7:00pm - 10:00pm (FULL POOL)	5:00am - 4:00pm (FULL POOL) 4:00pm - 7:00pm (SHALLOW WATER) 7:00pm - 10:00pm (FULL POOL)	5:00am - 4:00pm (FULL POOL) 4:00pm - 7:00pm (SHALLOW WATER) 7:00pm - 10:00pm (FULL POOL)	5:00am - 9:00pm (FULL POOL)	6:00am - 9:00am (FULL POOL) 9:00am - 12:00pm (SHALLOW WATER) 12:00pm - 8:00pm (FULL POOL)	6:00am - 4:00pm (FULL POOL) 4:00pm - 7:00pm (SHALLOW WATER) 7:00pm - 8:00pm (FULL POOL)
Water Features	11:30am - 4:00pm 7:00pm - 9:00pm	12:00pm - 4:00pm 7:00pm - 9:00pm	12:00pm - 4:00pm 7:00pm - 9:00pm	11:30am - 3:15pm 7:00pm - 9:00pm	11:30am - 8:00pm	12:30pm - 7:00pm	11:30am - 4:00pm
Water Slide	7:00pm - 9:00pm	7:00pm - 9:00pm	7:00pm - 9:00pm	7:00pm - 9:00pm	4:00pm - 7:00pm	12:30pm - 6:00pm	11:30am - 4:00pm
Vortex	10:00am - 5:00pm 7:00pm - 10:00pm	10:00am - 5:00pm 7:00pm - 10:00pm	10:00am - 5:00pm 7:00pm - 10:00pm	10:00am - 5:00pm 7:00pm - 10:00pm	10:00am - 10:00pm	10:00am - 9:00pm	10:00am - 9:00pm
Vortex FITNESS USE	5:00am - 10:00am 5:00pm - 7:00pm	5:00am - 10:00am 5:00pm - 7:00pm	5:00am - 10:00am 5:00pm - 7:00pm	5:00am - 10:00am 5:00pm - 7:00pm	5:00am - 10:00am	6:00am - 10:00am	6:00am - 10:00am