



Forest Lake YMCA Sports Programs Schedule

2019 Session 5, October 21 - December 22

(651) 259-2133

ymcamn.org/forestlake

www.facebook.com/ymcaforestlake

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of October 21

Girls Basketball League: grades 1-2

Forest Lake YMCA

Wed 5:00 pm to 6:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3188_30_102319_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 1-2

Forest Lake YMCA

Tue 5:00 pm to 6:00 pm
Thu 5:30 pm to 7:30 pm

38_SP_3189_20_102219_YYD

\$100 member / \$125 non-member

Some games may be played on Saturdays

Boys Basketball League: grades 1-2

Forest Lake YMCA

Wed 5:00 pm to 6:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3189_30_102319_YYD

\$100 member / \$125 non-member

Girls Basketball League: grades 3-4

Forest Lake YMCA

Wed 6:00 pm to 7:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3182_30_102319_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 3-4

Forest Lake YMCA

Tue 5:00 pm to 6:00 pm
Thu 5:30 pm to 7:30 pm

38_SP_3183_20_102219_YYD

\$100 member / \$125 non-member

Some games may be played on Saturdays

Boys Basketball League: grades 3-4

Forest Lake YMCA

Wed 6:00 pm to 7:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3183_30_102319_YYD

\$100 member / \$125 non-member

Girls Basketball League: grades 5-6

Forest Lake YMCA

Thu 6:00 pm to 7:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3184_40_102419_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 5-6

Forest Lake YMCA

Tue 6:00 pm to 7:00 pm
Thu 5:30 pm to 7:30 pm

38_SP_3185_20_102219_YYD

\$100 member / \$125 non-member

Some games may be played on Saturdays

Boys Basketball League: grades 5-6

Forest Lake YMCA

Thu 6:00 pm to 7:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3185_40_102419_YYD

\$100 member / \$125 non-member

Girls Basketball League: grades 7-8

Forest Lake YMCA

Thu 7:00 pm to 8:00 pm
Sat 9:00 am to 3:00 pm

38_SP_3186_40_102419_YYD

\$100 member / \$125 non-member

REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Boys Basketball League: grades 7-8 Forest Lake YMCA	Tue 7:00 pm to 8:00 pm Thu 5:30 pm to 7:30 pm	38_SP_3187_20_102219_YYD \$100 member / \$125 non-member
<i>Some games may be played on Saturdays</i>		
Boys Basketball League: grades 7-8 Forest Lake YMCA	Thu 7:00 pm to 8:00 pm Sat 9:00 am to 3:00 pm	38_SP_3187_40_102419_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 1-2 Forest Lake YMCA	Mon 5:00 pm to 6:00 pm Wed 5:30 pm to 7:30 pm	38_SP_3796_10_102119_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 3-4 Forest Lake YMCA	Mon 5:00 pm to 6:00 pm Wed 5:30 pm to 7:30 pm	38_SP_3797_10_102119_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 5-6 Forest Lake YMCA	Mon 6:00 pm to 7:00 pm Wed 5:30 pm to 7:30 pm	38_SP_3798_10_102119_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 7-8 Forest Lake YMCA	Mon 6:00 pm to 7:00 pm Wed 5:30 pm to 7:30 pm	38_SP_3799_10_102119_YYD \$100 member / \$125 non-member

ADULT & HIGH SCHOOL LEAGUES starting week of October 21

Co-Ed Adult Basketball League St Paul Eastside YMCA	Sun 3:00 pm to 8:00 pm	38 SP 3630 70 102719 YHL 38 SP 3630 71 102719 YHL \$350 team / \$45 individual
Co-Ed Adult Futsal League St Paul Eastside YMCA	Sat 3:00 pm to 8:00 pm	38 SP 3643 60 102619 YHL 38 SP 3643 61 102619 YHL \$350 team / \$45 individual

SCHOOL'S OUT SPORTS CAMPS

Basketball School's Out Sports Camp: grades 1-8 Forest Lake YMCA	October 17 Thu 9:00 am to 2:00 pm	38_SP_3618_40_101719_YYD \$30 member / \$30 non-member
Soccer School's Out Sports Camp: grades 1-8 Forest Lake YMCA	October 18 Fri 9:00 am to 2:00 pm	38_SP_3624_50_101819_YYD \$30 member / \$30 non-member

CLASSES

Basketball Class: grades K-1 Forest Lake YMCA	Fri 5:15 pm to 6:00 pm Class meets 8 times starting October 25	38_SP_3502_50_102519_YYD \$65 member / \$90 non-member
Floor Hockey Class: grades K-1 Forest Lake YMCA	Mon 5:15 pm to 6:00 pm Class meets 8 times starting October 21	38_SP_3523_10_102119_YYD \$65 member / \$90 non-member
Soccer Class: age 3 Forest Lake YMCA	Tue 10:00 am to 10:30 am Class meets 8 times starting October 22	38_SP_3542_20_102219_YYD \$65 member / \$90 non-member
Soccer Class: age 3 Forest Lake YMCA	Thu 10:00 am to 10:30 am Class meets 7 times starting October 24	38_SP_3542_40_102419_YYD \$57 member / \$79 non-member
Soccer Class: age 3 Forest Lake YMCA	Thu 5:00 pm to 5:30 pm Class meets 7 times starting October 24	38_SP_3542_41_102419_YYD \$57 member / \$79 non-member
Soccer Class: ages 4-5 Forest Lake YMCA	Tue 10:00 am to 10:45 am Class meets 8 times starting October 22	38_SP_3543_20_102219_YYD \$65 member / \$90 non-member
Soccer Class: ages 4-5 Forest Lake YMCA	Thu 10:00 am to 10:45 am Class meets 7 times starting October 24	38_SP_3543_40_102419_YYD \$57 member / \$79 non-member
Soccer Class: ages 4-5 Forest Lake YMCA	Thu 5:00 pm to 5:45 pm Class meets 7 times starting October 24	38_SP_3543_41_102419_YYD \$57 member / \$79 non-member

REGISTRATION BEGINS SEPTEMBER 3, 2019

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PROGRAM LOCATIONS

Forest Lake YMCA

19845 Forest Rd N

Forest Lake

MN

55025

St Paul Eastside YMCA

875 Arcade St

Saint Paul

MN

55106