



Forest Lake YMCA Sports Programs Schedule

2019 Session 2, March 18 - June 9

(651) 259-2133

www.ymcamn.org/forestlake

www.facebook.com/ymcaforestlake

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of March 18

Futsal Soccer League: grades 1-2 Forest Lake YMCA	Mon 6:00 pm to 7:00 pm Sat 10:00 am to 3:00 pm	38_SP_3796_10_031819_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 3-4 Forest Lake YMCA	Mon 6:00 pm to 7:00 pm Sat 10:00 am to 3:00 pm	38_SP_3797_10_031819_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 5-6 Forest Lake YMCA	Mon 7:00 pm to 8:00 pm Sat 10:00 am to 3:00 pm	38_SP_3798_10_031819_YYD \$100 member / \$125 non-member
Futsal Soccer League: grades 7-8 Forest Lake YMCA	Mon 7:00 pm to 8:00 pm Sat 10:00 am to 3:00 pm	38_SP_3799_10_031819_YYD \$100 member / \$125 non-member
3 on 3 Basketball League: grades 1-2 Forest Lake YMCA	Thu 5:00 pm to 6:00 pm Sat 9:00 am to 12:00 pm	38_SP_3367_40_032119_YYD \$100 member / \$125 non-member
3 on 3 Basketball League: grades 3-4 Forest Lake YMCA	Thu 6:00 pm to 7:00 pm Sat 9:00 am to 12:00 pm	38_SP_3371_40_032119_YYD \$100 member / \$125 non-member
3 on 3 Basketball League: grades 5-6 Forest Lake YMCA	Thu 7:00 pm to 8:00 pm Sat 10:00 am to 3:00 pm	38_SP_3376_40_032119_YYD \$100 member / \$125 non-member
3 on 3 Basketball League: grades 7-8 Forest Lake YMCA	Wed 6:00 pm to 7:00 pm Sat 10:00 am to 3:00 pm	38_SP_3377_30_032019_YYD \$100 member / \$125 non-member
3 on 3 Basketball League: grades 9-12 Forest Lake YMCA	Wed 7:00 pm to 8:00 pm Sat 10:00 am to 3:00 pm	38_SP_3378_30_032019_YYD \$100 member / \$125 non-member

CLASSES

Basketball Class: age 3 Forest Lake YMCA	Tue 5:00 pm to 5:30 pm Class meets 8 times starting March 19	38_SP_3500_20_031919_YYD \$65 member / \$90 non-member
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REGISTRATION BEGINS FEBRUARY 12, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Basketball Class: age 3 Forest Lake YMCA	Fri 4:30 pm to 5:00 pm Class meets 8 times starting March 22	38_SP_3500_50_032219_YYD \$65 member / \$90 non-member
Basketball Class: ages 4-5 Forest Lake YMCA	Tue 5:00 pm to 5:45 pm Class meets 8 times starting March 19	38_SP_3501_20_031919_YYD \$65 member / \$90 non-member
Basketball Class: ages 4-5 Forest Lake YMCA	Fri 4:30 pm to 5:15 pm Class meets 8 times starting March 22	38_SP_3501_50_032219_YYD \$65 member / \$90 non-member
Basketball Class: grades K-1 Forest Lake YMCA	Tue 6:00 pm to 6:45 pm Class meets 8 times starting March 19	38_SP_3502_20_031919_YYD \$65 member / \$90 non-member
Basketball Class: grades K-1 Forest Lake YMCA	Fri 5:30 pm to 6:15 pm Class meets 8 times starting March 22	38_SP_3502_50_032219_YYD \$65 member / \$90 non-member
Core Sports Sampler: age 3 Forest Lake YMCA	Mon 5:15 pm to 5:45 pm Class meets 8 times starting March 18	38_SP_3800_10_031819_YYD \$65 member / \$90 non-member
Core Sports Sampler: age 3 Forest Lake YMCA	Wed 10:00 am to 10:30 am Class meets 8 times starting March 20	38_SP_3800_30_032019_YYD \$65 member / \$90 non-member
Core Sports Sampler: ages 4-5 Forest Lake YMCA	Mon 5:15 pm to 6:00 pm Class meets 8 times starting March 18	38_SP_3801_10_031819_YYD \$65 member / \$90 non-member
Core Sports Sampler: ages 4-5 Forest Lake YMCA	Wed 10:00 am to 10:45 am Class meets 8 times starting March 20	38_SP_3801_30_032019_YYD \$65 member / \$90 non-member
Core Sports Sampler: grades K-1 Forest Lake YMCA	Mon 6:00 pm to 6:45 pm Class meets 8 times starting March 18	38_SP_3802_10_031819_YYD \$65 member / \$90 non-member
Tumbling Class: age 3 Forest Lake YMCA	Wed 5:00 pm to 5:30 pm Class meets 8 times starting March 20	38_SP_3563_30_032019_YYD \$65 member / \$90 non-member
Tumbling Class: age 3 Forest Lake YMCA	Sat 11:00 am to 11:30 am Class meets 8 times starting March 23	38_SP_3563_60_032319_YYD \$65 member / \$90 non-member
Tumbling Class: ages 4-5 Forest Lake YMCA	Wed 5:00 pm to 5:45 pm Class meets 8 times starting March 20	38_SP_3564_30_032019_YYD \$65 member / \$90 non-member
Tumbling Class: ages 4-5 Forest Lake YMCA	Sat 11:00 am to 11:45 am Class meets 8 times starting March 23	38_SP_3564_60_032319_YYD \$65 member / \$90 non-member
Martial Arts Class: ages 4-6 Forest Lake YMCA	Sat 11:00 am to 12:00 pm Class meets 8 times starting March 23	38_SP_1110_60_032319_YYD \$65 member / \$90 non-member
Martial Arts Class: ages 7-11 Forest Lake YMCA	Thu 4:30 pm to 5:30 pm Class meets 8 times starting March 21	38_SP_1111_40_032119_YYD \$65 member / \$90 non-member
Martial Arts Class: ages 12-17 Forest Lake YMCA	Wed 7:00 pm to 8:00 pm Class meets 8 times starting March 20	38_SP_1112_30_032019_YYD \$65 member / \$90 non-member
Martial Arts Class: ages 18-99 Forest Lake YMCA	Wed 7:00 pm to 8:00 pm Class meets 8 times starting March 20	38_SP_1113_30_032019_YHL \$65 member / \$90 non-member

PROGRAM LOCATIONS

Forest Lake YMCA

19845 Forest Rd N

Forest Lake

MN

55025

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