



# HELLO SUMMER

YMCA IN HUDSON

2018 YOUTH SUMMER PROGRAMS AND  
DAY CAMP DAYCROIX

AGES 4 – 17

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer)

Membership not required for enrollment.



**SAVE**

**ON SUMMER PROGRAMS**

Thursday, March 1 – Tuesday, March 6

Friday, April 13 – Monday, April 23

Offers listed inside.



## QUICK GUIDE



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

The Y is a movement that enables kids to realize their potential, provides lifelong skills and offers ways for families to have fun together.

**YMCA IN HUDSON**  
2211 Vine Street  
Hudson, WI 54016  
P 715-386-1616

### FOR YOUTH OF ALL AGES

Page

#### Pre-K and Kindergarten

Summer Power	3
Wee Backpackers Day Camps	10

#### Grades 1-3

Summer Power	3
Summer Sports	6
Traditional Day Camp	10
Specialty Day Camps	11

#### Grades 4-6

Summer Power	3
Summer Sports	6
Summer Uproar	8
Traditional Day Camp	10
Specialty Day Camps	11

#### Teens – Grades 7 +

Summer Sports	6
Summer Uproar	8
Teen Day Camps	16

### OPEN HOUSE FOR SUMMER PROGRAMS

Saturday, February 10, 9:30 – 11:30 a.m.  
at Hudson Y

### OPEN HOUSE FOR CAMP ST. CROIX

Sunday, June 3; 11 a.m. – 2 p.m.  
at Camp St. Croix

More information online  
including your Parent Handbook and  
samples of a typical day at

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer) or  
[daycroix.org](http://daycroix.org)

# SUMMER POWER



## Entering grades K\* – 5 in fall, 2018

\*Child must be 5 years old on/by 1<sup>st</sup> day of program.

### May 29 – August 31, Monday – Friday

No program May 28 and July 4

**Summer Power is a flexible full-day enrichment program focused on quality, small group, age-appropriate activities.** Kids stay active with two field trips per week, swimming and group games. We provide a healthy living experience by educating on healthy food choices and the right balance of physical activity. Kids engage in a variety of values-strengthening activities including core elements of science, technology, engineering, arts and math (STEAM), and service projects.

## SUMMER POWER THEMES

### Rockin' & Rollin' into Summer

Week of May 29 – June 1

Kick off the summer with a rockin' fun time! No lazy days allowed this week as we make new friends, learn new games, and celebrate the great outdoors.

### Petite Picassos

Week of June 4 – June 8

Find the artist in you through a mixture of artistic creations as we learn about painting, sculpting, drawing, and collage making. We can't wait to see all the hidden talent, who knows, you might be the next Picasso!

### Magnify Your Mind

Week of June 11 – June 15

Challenge yourself this week to expand your mind and explore the wonders of STEAM (Science, Technology, Engineering, Arts and Math). Get ready to get messy as you create your own slime, make sink or float scientific predictions, construct the tallest cup tower, and build a structure out of marshmallows and spaghetti.

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer)

### Splash and Dash

Week of June 18 – June 22

Beat the summer heat with splash-tacular fun! Get soaked in this water-filled week of swimming, water balloon games, water relays, sprinklers, and more.

### Rockin' Sock Hop

Week of June 25 – June 29

Stomp your feet and move to the beat! This week we will be movin' and groovin' to the music, creating musical instruments, and having a dance party!

### Destination USA

Week of July 2 – July 6

No program July 4

Participate in activities that celebrate our country and community, show pride in our citizens, culture, and land. Activities and games will include whiffle ball, four square, fruit kabobs, a community clean-up, and field trips to historical destinations.

### Too Fit to Quit

Week of July 9 – July 13

On your mark, get set, go! It's non-stop fun as we get moving with a week full of games & activities that focus on having fun, developing sportsmanship, and learning how to stay active.

continued on next page

# SUMMER POWER



continued from previous page

## **Navigating Nature**

Week of July 16 – July 20

The great outdoors beckons you during this fun-filled week complete with bugs, nature crafts, outdoor scavenger hunts, nature hikes, and more! Be prepared to be amazed by the wonderful world around us.

## **Artrageous**

Week of July 23 – July 27

Prepare to have fun with outrageous arts & crafts using watercolors, chalk, clay, and more! Additional activities might include learning origami, painting with marbles, and tie-dying t-shirts.

## **Traveling Tourist**

Week of July 30 – August 3

Become a Twin Cities tourist as we explore our fine metro area. We will spend the week learning about Minnesota and visiting local tourist attractions & parks.

## **Outta This World**

Week of August 6 – August 10

What does the future hold? We will ask this question and more as we attempt to unlock the secrets of the universe. Get ready to expand your minds and dream beyond the limits of today's world. We will play galaxy tag, make moon sand, and visit local science attractions.

## **Drama-o-Rama**

Week of August 13 – August 17

Lights, camera, action! It's time to step into the spotlight and showcase your talents. Be a star as you discover your talents and share them with your friends. Field trips might include a theatrical performance, magicians, or a behind the scenes tour of a production company.

## **Kids on the Move**

Week of August 20 – August 24

It's fun to be healthy! We will keep the kids moving this week and reinforce the importance of a healthy lifestyle. We'll provide physical activity and encourage healthy eating habits through fun nutrition lessons.

## **Endless Summer**

Week of August 27 – August 31

Celebrate the end of summer! Let's keep the summer going forever by playing our favorite outdoor games, joining in on water activities, and continuing to explore the cities we live in.

Summer Power

**REGISTER EARLY & SAVE**

February 5 – March 6

**\$50 OFF REGISTRATION FEE**

April 13 – April 23

**\$25 OFF REGISTRATION FEE**



**Fees:** \$122 – 3 days/wk.  
\$154 – 4 days/wk.  
\$172 – 5 days/wk.

Registration Fee – \$50 per child, one-time fee, non-refundable. Weekly fee includes all field trip admissions, open swimming, program t-shirt and program supplies. **Financial assistance available for all programs.**

**Drop-off:** 6 a.m. – 8:30 a.m.  
**Program Hours:** 8:30 a.m. – 3:30 p.m.  
**Pick-up:** 3:30 p.m. – 6 p.m.

**Summer Power Locations:**

**YMCA IN HUDSON**  
2211 Vine Street  
Hudson, WI 54016

**RIVER CREST ELEMENTARY**  
532 County Road F  
Hudson, WI 54016  
**Dates only: May 29 – August 17**

## YMCA SWIM LESSONS

Teach your child to swim this summer with YMCA Swimming Lessons. Our learn-to-swim program features small class sizes with nationally certified instructors and a variety of flexible times during the summer months.

Check with Member Services or go to [ymcamn.org](http://ymcamn.org) for information on rates and registration.

# SUMMER SPORTS



Entering grades 1 – 6\* in fall, 2018

\*Disc Golf Entering grades 1 – 8 in fall, 2018

Kids of all skill levels and abilities can choose from a variety of sports to explore this summer in week-long YMCA Summer Sports camps.

## FRIDAY PLAY DAYS

Friday Play Days give participants the opportunity to put their hard work and new skills into action by engaging in friendly competition and scrimmaging against other YMCA locations at the end of each week.

## TRACK AND FIELD

Week of June 11

Kids learn the proper techniques of running, pacing, jumping and throwing.

## BASEBALL/TBALL/SOFTBALL

Weeks of June 18 and August 6

Participants develop and improve skills: throwing, catching, pitching, hitting and running bases. **FIELD TRIP:** Week of June 18: Twins Game.

## SOCCER

Weeks of June 11, July 23 and August 27

Kids will work through curriculum focused on ball-control, passing, trapping, shooting and defense. Participants have the option of bringing their own shin guards and cleats.

## CHEER

Weeks of June 18, July 16 and August 13

Kids learn the ins and outs of basic and advanced cheer moves. Finish the week participating in a choreographed routine put to music.

## BASKETBALL

Weeks of June 25, July 16 and August 20

Players will progress through the skills of basketball: dribbling, passing, shooting and defensive skills through drills. **FIELD TRIP:** Week of July 16: Lynx Game.

## LACROSSE

Week of June 25

Our lacrosse instruction is designed to stimulate a kid's love of the game through focus on skills, drills and rules of the game.

Summer Sports

**REGISTER EARLY & SAVE**

February 5 – March 6

**\$15 OFF SESSION**

April 13 – April 23

**\$10 OFF SESSION**



## GOLF

Weeks of July 2\* and August 6

\*No program July 4, fee prorated

Kids will practice on a local golf course where young golfers will have an opportunity to improve their driving, chipping and putting. Bring your own golf clubs; but clubs are available if needed.

## FLAG FOOTBALL

Weeks of May 29\*, July 9 and August 13

\*No program May 28, fee prorated

Kids play every position and learn the basic offense and defense skills including catching, passing and capturing the flag.

## TENNIS

Weeks of July 9 and July 30

Participants learn the fundamentals of tennis with trained instructors. Kids are encouraged to bring their own racquet. Tennis balls are provided.

## VOLLEYBALL

Week of June 4, July 2\* and July 23

\*No program July 4, fee prorated

Kids learn about the sport of volleyball including rules, communication skills, serving, setting and passing.

## FLOOR HOCKEY

Week of August 20

Kids can improve their stick handling, passing and shooting skills through drills and our hockey curriculum.

## DISC GOLF

Entering grades 1 – 8 in fall, 2018

Week of June 4 and July 30

Participants will learn different throwing techniques and increase concentration skills while learning the etiquette of this popular twist to traditional golf.

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer)

**Fees :** Member Participants: \$200/week  
Non-Member Program Participants: \$225/week

\*Week of July 4, prorated 4-day week:

Member Participants: \$160/week

Non-Member Program Participants: \$180/week

**One time, non-refundable deposit of \$50 per week per child** includes a program T-shirt and will be applied to the weekly fee. Weekly fee includes all field trip admissions and program supplies. Field trip information and activities are subject to change. **Financial assistance available for all programs.**

**Program Hours:** 9 a.m. – 3 p.m.

**Sports Location:**

**YMCA in Hudson**

2211 Vine Street

Hudson, WI 54016

Please visit [ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer) for most updated information.

**Before and After Care: \$40/week**

6 – 9 a.m. and 3 – 6 p.m.

For your convenience and peace of mind, our Before and After Care provides the participant with supervised activities prior to and following the end of the program day.

**Before & After Care Location:**

**YMCA in Hudson**

2211 Vine Street

Hudson, WI 54016

# SUMMER UPROAR



## Entering grades 5 – 8 in fall, 2018

**May 29 – August 31, Monday – Friday**

No program May 28 and July 4

**Fees: \$127 – 3 days/wk.**

**\$161 – 4 days/wk.**

**\$181 – 5 days/wk.**

Registration Fee - \$50 per child, one-time fee, non-refundable. Weekly fee includes all field trip admissions, open swimming, program t-shirt and program supplies. Weekly fee includes all field trip admissions, open swimming, program t-shirt and program supplies. **Financial assistance available for all programs.**

**Summer Uproar is a full-day, experience-based enrichment program that encourages older kids to explore, increase understanding, build independence and most importantly, have fun!** We provide a Healthy Living experience for kids by educating on healthy food choices and the right balance of physical activity. Uproar brings a multitude of character development experiences to kids through community involvement, leadership activities, team building exercises, goal setting and more. Days are filled with field trips, outings to amusement and water parks, and fun group activities that exercise the body, challenge the mind and nurture the spirit of our youth.

NOTE: Summer Uproar activities vary by YMCA branch and program location. A detailed schedule will be available on April 1, 2018. Find it at your branch location or online at [ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer).

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer)

**Drop-off: 6 a.m. – 9 a.m.**

**Program Hours: 9 a.m. – 3 p.m.**

**Pick-up: 3 p.m. – 6 p.m.**

### Summer Uproar Location:

**YMCA IN HUDSON**

2211 Vine Street  
Hudson, WI 54016

### Summer Uproar

**REGISTER EARLY & SAVE**

February 5 – March 6

**\$50 OFF REGISTRATION FEE**

April 13 – April 23

**\$25 OFF REGISTRATION FEE**



# YMCA DAY CAMP DAYCROIX



[daycroix.org](http://daycroix.org)

"My child loves camp, he comes home dirty, exhausted and happy every day. I love that he is active and learning at the same time." - Day Camp Parent

# DAY CAMP

**Ages 4 – 17**

See the Day Camp experience for yourself at [daycroix.org](http://daycroix.org)

Led by dedicated Y counselors, Day Camp provides nature based programming and an inclusive culture. Day Camp builds on the Y's core values of caring, honesty, respect and responsibility and promises an amazing experience for campers.

**Camp Hours:** 9 a.m. – 4 p.m.

Before & After Care and Bus transportation are available. See below and page 17.

**DayCroix Office**

P 715-386-4380 or  
Summer on-site phone: 651-592-3241

**Location:**

2 miles south of Hudson;  
25 minutes east of the Twin Cities.

**DayCroix** at YMCA Camp St. Croix  
532 County Road F  
Hudson, WI 54016

**Day Camp**

## REGISTER EARLY & SAVE

Through January 31  
**\$20 OFF SESSION**

March 1 – 6  
**\$15 OFF SESSION**

April 13 – April 23  
**\$10 OFF SESSION**



"Like" us on Facebook.

## BEFORE AND AFTER CARE

For your convenience and peace of mind, our Before and After Care provides the camper with supervised activities prior to and following the end of the program day. Call 612-230-9622 for more information. **Please note this exception: There is no extended care on Thursday afternoons at Camp St. Croix due to Family Night.**

**Fee:** \$40 per week for Before and After Camp Care

**Hours:** 7 – 9 a.m.  
4 – 6 p.m.

**LOCATION:**

**Camp St. Croix**  
532 County Road F  
Hudson, WI 54016

**Hours:** 6:30 – 8:10 a.m. (bus arrival)  
5 – 6 p.m.

**LOCATION:**

**St. Paul Midway YMCA Program Ctr.**  
530 Wheeler St. N  
St. Paul, MN 55104

**Hours:** 6:30 – 8:40 a.m. (bus arrival)  
4:20 – 6 p.m.

**LOCATION:**

**St. Croix Preparatory Academy**  
4260 Stagecoach Trail North  
Stillwater, MN 55082

## TRADITIONAL DAY CAMP

Entering grades 1 – 6 in fall, 2018\*

Member Participants: \$215/week

Non-Member Program Participants: \$240/week

June 11 – August 31\*

\*No program July 4, fee prorated

Campers explore hiking through wooded trails, studying the wonders of nature, building character through teamwork and conquering many challenges under the leadership of well-trained staff. Exciting activities include farm and garden, swimming, nature studies, fort building, gaga ball, camp crafts, target sports and group games!

## WEE BACKPACKERS

Ages 4 & 5 years old or entering Kindergarten in fall, 2018

Member Participants: \$275/week

Non-Member Program Participants: \$300/week

June 11 – August 31\*

\*No program July 4, fee prorated

Start your child's appreciation of the great outdoors by enrolling him or her in Wee Backpackers! From the moment campers arrive each day, counselors guide them through traditional camp experiences including hiking, nature study, swimming, group games, and arts and crafts. They have opportunities to sing songs, tell stories, and meet new friends. All activities are geared to show your preschool camper the wonders of nature. Wee Backpackers is carried out in small groups under the watchful eye of counselors trained to meet the needs of young campers. The Wee Backpacker program maintains a low staff to child ratio.

Additional camp paperwork will be required for campers ages 4 – 6. The state of Wisconsin requires the Health History and Emergency Care Plan form, immunization record and signed waiver at camp. Forms found on our website: [daycroix.org](http://daycroix.org).

## BAG LUNCH PROGRAM

DayCroix offers an added convenience with a bag lunch option. For a fee of \$35/week, campers are provided a nutritious lunch.

**SAMPLE OF A DAYCROIX LUNCH:**

- Sandwich
- Chips or Crackers
- Fruit or Vegetable
- Granola Bar
- Milk

# SPECIALTY DAY CAMPS



## ARTS AND IMAGINATION

### ARTS AND CRAFTS CAMP

Entering grades 1 – 3 in fall, 2018  
Weeks of June 11, July 9 and August 6

Entering grades 4 – 6 in fall, 2018  
Weeks of July 2\* and July 23  
\*No program July 4, fee prorated

Member Participants: \$230/week  
Non-Member Program Participants: \$255/week

Campers discover their artistic side and let their imaginations soar. Kids create a variety of projects that may include: sketching, watercolors or paints, nature collages, picture frames, necklaces and bracelets and much more. Campers create masterpieces to take home and enjoy!

### DRAGONS, FAIRIES & PRINCESSES CAMP

Entering grades 1 – 3 in fall, 2018

Member Participants: \$230/week  
Non-Member Program Participants: \$255/week  
Weeks of June 25 and July 30

Campers let their imaginations soar in this magical fairy tale-themed camp. Adventures will include themed arts and crafts, a mystical quest and a special tea party!

At each YMCA Specialty Camp, day campers spend approximately two hours of each day in their specialized activity. The remainder of the day is spent enjoying Traditional Camp activities. Samples of a typical day can be found at [daycroix.org](http://daycroix.org).

## CULTURE AND DISCOVERY

### PIONEERING CAMP

Entering grades 1 – 3 in fall, 2018  
Weeks of July 2\*, July 16 and July 30  
\*No program July 4, fee prorated

Entering grades 4 – 6 in fall, 2018  
Weeks of June 18 and August 13

Member Participants: \$230/week  
Non-Member Program Participants: \$255/week

Campers take an exciting trip back in time as they learn how the early pioneers lived and developed the land and communities that we know today. Kids will explore heritage crafts and activities from the 19<sup>th</sup> century. They will also make food using techniques of the pioneers.

### THEATER CAMP

Entering grades 4 – 6 in fall, 2018  
Member Participants: \$245/week  
Non-Member Program Participants: \$270/week  
Week of June 18 and July 16

Kids free their imaginations and develop improvisational skills! Campers explore the world of theater through games, acting exercises, learning about stage make-up and even performing for an audience. This camp is great for building self-esteem.

**FINANCIAL ASSISTANCE AVAILABLE  
FOR ALL PROGRAMS**



## NATURE AND SCIENCE

### FARM AND GARDEN CAMP

Entering grades 1 – 3 in fall, 2018

Weeks of July 16 and August 13

Entering grades 4 – 6 in fall, 2018

Weeks of June 11, August 6 and August 20

Member Participants: \$260/week

Non-Member Program Participants: \$285/week

Join us for a week of wholesome fun on the farm and in the garden! Kids working the farm will explore gardens, fields and pastures. Young farmers experience the daily routines of feeding and caring for farm animals. Campers discover how plants, animals, soil and people work together to produce the food that we eat every day. Plus, they'll learn what it means to be a good steward in this unique farming experience.

### FISH, FROGS AND FORTS CAMP

Entering grades 1 – 3 in fall, 2018

Member Participants: \$230/week

Non-Member Program Participants: \$255/week

Weeks of June 11, June 25, July 23, July 30 and August 13

Filled with exploration and environmental education, we'll focus on fort building and discovery of insects, fish and frogs. Campers learn basic fishing skills while practicing the catch-and-release method. Bait and fishing equipment is provided at camp but campers may bring their own.

### OUTDOOR COOKING CAMP

Entering grades 1 – 3 in fall, 2018

Weeks of June 18, July 9, July 23, August 6 and August 20

Entering grades 4 – 6 in fall, 2018

Weeks of June 25 and July 23

Member Participants: \$230/week

Non-Member Program Participants: \$255/week

Kids develop their camping skills by learning how to build a fire and cook over it. Campers receive lessons in outdoor cooking safety, cooking techniques, and the essentials for making healthy snacks and scrumptious meals in the great outdoors.

### SCIENCE EXPLORER CAMP

Entering grades 4 – 6 in fall, 2018

Member Participants: \$230/week

Non-Member Program Participants: \$255/week

Week of June 18, July 16 and August 13

Campers take off into a world of exploration through hands-on experiments to learn essential concepts applied towards a variety of eruptions, engineering experiments and much more. STEM curriculum is used in a fun, hands on way. The highlight of the week will be a field trip to the Science Museum of Minnesota in St. Paul.

### OUTDOOR LIVING SKILLS CAMP

Entering grades 4 – 6 in fall, 2018

Member Participants: \$245/week

Non-Member Program Participants: \$270/week

Weeks of July 16, July 30 and August 6

Kids develop their outdoor living skills in this exciting, hands-on specialty camp! Campers discover the finer points of preparing for a big outdoor adventure. Participants will learn a variety of useful camping skills that may include building a fire, making camp shelter, knot tying, campfire cooking and more!

### JUNIOR RANGER CAMP

Entering grades 4 – 6 in fall, 2018

Member Participants: \$245/week

Non-Member Program Participants: \$270/week

Weeks of July 9 and July 23

The YMCA and National Park Service have partnered together to empower youth to create new outdoor opportunities to play, learn and serve. Campers will earn their Junior Ranger badge and experience firsthand the Junior Ranger motto of Explore, Learn and Protect. Campers will explore the St. Croix River and work with a Park Ranger!





## WATER EXPLORATION

### WEE BACKPACKERS LEARN TO SWIM

Ages 4 & 5 years old or entering Kindergarten in fall, 2018

Member Participants: \$260/week

Non-Member Program Participants \$285/week

Weeks of June 18, July 16 and August 13

All of the wonderful outdoor adventures in the Wee Backpacker program plus swimming lessons! Each day Wee Bees will have a 40-minute progressive swimming lesson with certified swim instructors. Little swimmers will also have time to play water games and swim at the Hudson YMCA. The remainder of the day will be spent enjoying traditional camp activities.

### LEARN TO SWIM CAMP

Entering grades 1 – 3 in fall, 2018

Member Participants: \$260/week

Non-Member Program Participants: \$285/week

Weeks of June 25, July 23 and August 20

All of the outdoor adventures in the day camp program plus YMCA swimming lessons! Each day campers will have a 40-minute YMCA progressive swimming lesson with certified swim instructors at the Hudson YMCA. Campers will also have time to play water games and swim at the Hudson YMCA. The remainder of the day will be spent enjoying traditional camp activities.

### WATER ADVENTURE CAMP

Entering grades 1 – 3 in fall, 2018

Weeks of June 18 and July 16

Entering grades 4 – 6 in fall, 2018

Weeks of June 11, July 9, July 30 and August 13

Member Participants: \$275/week

Non-Member Program Participants: \$300/week

The hottest way for kids to cool off this summer! Campers spend the full week enjoying an awesome array of water activities including canoeing, kayaking, swimming, pontoon ride and other water activities. The highlight of the week will be a field trip to a water park.

### CANOE/KAYAK CAMP

Entering grades 4 – 6 in fall, 2018

Member Participants: \$245/week

Non-Member Program Participants: \$270/week

Weeks of July 2\* and August 6

\*No program July 4, fee prorated

Campers learn paddling skills and canoe/kayak safety as they experience the challenge of navigating water! Kids learn to identify the parts of the canoe/kayak, paddling techniques and the importance of teamwork.

### LOG ROLLING CAMP

Entering grades 4 – 6 in fall, 2018

Member Participants: \$230/week

Non-Member Program Participants: \$255/week

Week of July 9

Kids learn about the life of a lumberjack and their importance in building our first cities. Campers discover how the sport of log rolling or "birling" developed out of maneuvering logs down rivers to the old saw mills. Skills learned are great for improving balance and coordination! Log rolling instruction will take place at our camp beach with a trained instructor.

### SAILING CAMP – INTRODUCTORY LEVEL

Entering grades 4 – 6 in fall, 2018

Member Participants: \$260/week

Non-Member Program Participants: \$285/week

Weeks of June 25, July 16, July 30 and August 13

Sailing is a life-long sport teaching teamwork and an appreciation for the outdoors. Each day young sailors learn the basics of sailing and safety with camp instructors. Campers will be taught techniques and terminology for operating our fleet of sailboats as they practice their skills on Lake St. Croix

### SAILING CAMP – ADVANCED LEVEL

Entering grades 4 – 6 in fall, 2018

Member Participants: \$260/week

Non-Member Program Participants: \$285/week

Weeks of July 9 and August 6

Campers receive daily ground and water instruction in basic sailing skills and techniques, as well as boat maintenance and care. Time is spent learning skills such as rigging, jibbing, tacking, knot tying, water safety, and river etiquette. Sailors will operate our fleet of sailboats on Lake St. Croix. **Prior sailing experience required.**

At each YMCA Specialty Camp, day campers spend approximately two hours of each day in their specialized activity. The remainder of the day is spent enjoying Traditional Camp activities. Samples of a typical day can be found at [daycroix.org](http://daycroix.org).



## OUTDOOR SPORTS

### CLIMBING CAMP

Entering grades 1 – 3 in fall, 2018  
Weeks of June 11, June 18, July 2\*, July 9 and August 6  
\*No program July 4, fee prorated

Entering grades 4 – 6 in fall, 2018  
Weeks of June 18, June 25, July 16, July 30 and August 20

Member Participants: \$275/week  
Non-Member Program Participants: \$300/week

Campers embark on a climbing adventure! Campers will gain new skills and self-confidence every day through a variety of climbing activities. Campers test their strength, strategy, and skill while learning safety procedures, belay techniques, knot tying and proper climbing techniques. Campers in grades 4-6 will get a chance to test their skills rock-climbing at Taylors Falls.

### FISHING CAMP

Entering grades 4 – 6 in fall, 2018  
Member Participants: \$230/week  
Non-Member Program Participants: \$255/week  
Weeks of June 25, July 9, July 23

Kids get hooked on fishing as they learn basic fishing skills. The St. Croix River provides the scene for fishing fun using the catch-and-release method. Campers can bring their own pole and tackle, or equipment will be provided.

### ARCHERY/SLINGSHOT CAMP

Entering grades 4 – 6 in fall, 2018  
Member Participants: \$230/week  
Non-Member Program Participants: \$255/week  
Weeks of June 11, July 2\*, July 9, July 23, August 6 and August 20  
\*No program July 4, fee prorated

While learning the fundamentals of archery, campers examine equipment close up, identify the parts of the bow and arrow, and learn the technique behind drawing the bow and releasing the arrow. Campers will learn and practice other target sports including slingshots and hatchet throwing. Instructors teach proper grip, stance and aim alignment. Campers will also receive a lesson from the pros on their field trip to A1 Archery in Hudson, WI. Equipment is provided.

**FINANCIAL ASSISTANCE AVAILABLE  
FOR ALL PROGRAMS**

Day Camp

**REGISTER EARLY & SAVE**

Through January 31

**\$20 OFF SESSION**

March 1 – 6

**\$15 OFF SESSION**

April 13 – April 23

**\$10 OFF SESSION**



## HORSE CAMPS

**Come experience the joys of horseback riding at Horse Camp! Camp St. Croix riding programs are progressively structured to provide campers with a fun experience of interacting with gentle horses. Instructors are trained in horsemanship and carefully match the experience level of the child with an appropriate horse. Instruction is provided at the staging area and on the horses.**

**Safety is our top priority at Horse Camp. For all horse programs, we recommend that participants wear leather shoes or boots with heels. Long pants and protective helmets (helmets provided by camp) are required of all participants. Our horse camp is a recreational riding program and is not intended to replace formal riding lessons.**

**Alternative programs may be planned if weather conditions such as extreme heat, rain, or wind jeopardize the safety of campers or horses.**

Horse day campers spend approximately two hours with horses each day. The remainder of the day is spent enjoying Traditional Camp activities. Samples of a typical day can be found at [daycroix.org](http://daycroix.org).

### COLTS – INTRODUCTORY LEVEL

Entering grades 4 – 6 in fall, 2018

Member Participants: \$320/week

Non-Member Program Participants: \$345/week

Weeks of June 11 – August 31\*

\*No program July 4, fee prorated

Colts is an approximately two-hour-per-day introductory program for campers with little or no experience around horses. First-time riders will build confidence and skills while learning the basics of western horseback riding. Instruction includes safety, leading, mounting, dismounting, reining, and basic trail riding. The remainder of the day is spent in traditional camp activities. Colts campers will have a horse show on Thursday afternoon. (See Family Nights, page 18.)

### BUCKAROOS – INTERMEDIATE LEVEL

Entering grades 4 – 6 in fall, 2018

**Previous Colts or similar experience required.**

Member Participants: \$335/week

Non-Member Program Participants: \$360/week

Weeks of June 11 – August 31\*

\*No program July 4, fee prorated

Buckaroos is an intermediate program for campers with at least one year of riding experience. Approximately two hours of daily instruction includes a basic skill review, intermediate ring riding, trotting, grooming and saddling. The remainder of the day is spent in traditional camp activities. Buckaroos campers will have a horse show on Thursday afternoon. (See Family Nights, page 18.)

### TEEN HORSE CAMP

Entering grades 7 – 9 in fall, 2018

For full information please see page 17.



## TEENS AND LEADERSHIP

### TEEN QUEST

Entering grades 7 – 9 in fall, 2018

Member Participants: \$230/week

Non-Member Program Participants: \$255/week

Weeks of June 11 – August 31\*

\*No program July 4, fee prorated

Spend a week at camp doing the things you love most. As a group you will decide and plan out many of the camp activities throughout the week. You will have the opportunity to go climbing, boating, camping, do target sports and experience the great outdoors.

### TEEN CLIMBING CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$275/week

Non-Member Program Participants: \$300/week

Weeks of June 11, July 9 and August 13

Test your strength, strategy, and skill as you focus on a challenging high element each day. Learn and develop climbing skills, belay techniques, knot tying and climbing safety. Spend a day at Taylors Falls rock-climbing in the bluffs of the St. Croix River.

## FINANCIAL ASSISTANCE AVAILABLE FOR ALL PROGRAMS

**Teen specialty campers spend a portion of each day in their specialized activity.**

**The remainder of the day is spent enjoying Traditional Camp activities.**

**Samples of a typical day can be found at [daycroix.org](http://daycroix.org).**

### TEEN ARCHERY CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$260/week

Non-Member Program Participants: \$285/week

Weeks of June 18 and July 16

Fine tune your archery skills and learn new ones. Archery games will help you discover the science behind drawing and releasing the bow. Learn and practice slingshots and hatchet throwing to develop your target sport skills. Instructors will show you proper grip, stance and aim alignment. Receive a lesson from the pros at A1 Archery in Hudson, WI. Equipment will be provided.

### TEEN CANOE/KAYAK CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$245/week

Non-Member Program Participants: \$270/week

Week of July 23

Embark on a canoeing/kayaking excursion full of adventure. Develop your paddling skills and learn boating safety as you experience the challenge of navigating the water!

### TEEN WATER ADVENTURE CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$275/week

Non-Member Program Participants: \$300/week

Weeks of June 25 and August 20

Spend a full week enjoying an awesome array of water activities including canoeing, kayaking, swimming, boating and more! One day will be spent at a water park.

### TEEN SAILING CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$260/week

Non-Member Program Participants: \$285/week

Weeks of July 2\* and July 23

\*No program July 4, fee prorated

Receive daily ground and water instruction in basic sailing skills and techniques, as well as boat maintenance and care. Time is spent learning skills such as rigging, jibbing, tacking, knot tying, water safety, and river etiquette. You will operate our fleet of sailboats on Lake St. Croix.

### TEEN OUTDOOR LIVING SKILLS CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$230/week

Non-Member Program Participants: \$255/week

Weeks July 9 and July 30

Develop your camping skills as you work together to set up camp in the remote campsites at St. Croix. Learn a variety of useful camping skills that including: building a fire, shelter building, knot tying, campfire cooking, navigating maps and more!



## TEEN HORSE CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$335/session

Non-Member Program Participants: \$360/session

Weeks of June 11 –, August 31\*

\*No program July 4, fee prorated

Build confidence as you develop horsemanship skills. Trained instructors will teach the basics of western horseback riding. You will work on leading, mounting, ring work, grooming, trotting and saddling. By week's end, groups may have the opportunity to enjoy a scenic trail ride. You will be a part of a horse show on Thursday afternoon. (See Family Nights, page 18)

## TEEN FISHING CAMP

Entering grades 7 – 9 in fall, 2018

Member Participants: \$230/session

Non-Member Program Participants: \$255/session

Weeks of June 18 and August 6

Get hooked on fishing as you learn basic fishing skills. The St. Croix River provides the scene for fishing fun using the catch-and-release method. You are encouraged to bring your own pole and tackle if you wish but equipment is available for use as well.

## LEADERS-IN-TRAINING

Entering grades 7 – 9 in fall, 2018

Member Participants: \$335

Non-Member Program Participants: \$360

**Two-week Sessions:** Weeks of June 25 – July 6\* and July 16 – 27

\*No program July 4, fee prorated

Rise to the challenge in Leaders-in-Training Camp and discover your leadership qualities. You will learn and develop the necessary camp skills needed to lead camper activities, as well as group responsibility through activity planning. You will have opportunities to shadow counselors and assist staff in camp activities. There will be plenty of time to hang out with friends – new and old. Come experience camp from a whole new perspective!

## CAMP LEADERSHIP CORPS

Entering grades 10 – 12 in fall, 2018

Member Participants: \$305

Non-Member Program Participants: \$330

**Three-week Sessions:**

Weeks of June 11 – 29, July 9 – 27 and July 30 – August 17

Grow as a leader as you help counselors facilitate camp programs. CLC is designed to build community and provide mentoring and character development. Skills learned are transferrable to camp and non-camp jobs. Preferred qualifications: Completion of Leaders-In-Training or similar leadership program.

To apply, please visit [daycroix.org](http://daycroix.org). Applications are reviewed and interviews are scheduled on a rolling basis beginning February 1, 2018.

## TRANSPORTATION INFORMATION

Please check the appropriate space on the registration form to sign up for bus transportation. Choose one of the following bus stops:

### DAY CAMP DAYCROIX BUS STOPS

BUS	DATES	LOCATION
<b>Fox Bus</b>	June 11 – August 31	<b>St. Paul Midway YMCA Program Ctr.</b> 530 North Wheeler Street, St. Paul
<b>Owl Bus</b>	June 11 – August 24	<b>St. Paul Academy &amp; Summit School</b> Hartford/Wheeler Intersection, St. Paul (South side of school)
<b>Raccoon Bus</b>	June 11 – August 24	<b>St. Paul Eastside YMCA</b> 875 Arcade Street, St. Paul
	June 11 – August 24	<b>Capitol Hill Magnet School</b> 560 Concordia Avenue, St. Paul (Upper west lot)
<b>Sunfish Bus</b>	June 11 – August 24	<b>Rutherford Elementary</b> 115 Rutherford Road, Stillwater
	June 11 – August 24	<b>Stillwater Area High School</b> 5701 Stillwater Boulevard North Oak Park Heights (Northwest corner of parking lot)
	June 11 – August 24	<b>St. Croix Preparatory Academy</b> 4260 Stagecoach Trail N, Stillwater
<b>Wolf Bus</b>	June 11 – August 24	<b>East Ridge High School</b> 4200 Pioneer Drive, Woodbury
	June 11 – August 24	<b>Cabela's</b> 8400 Hudson Road, Woodbury (West parking lot)
	June 11 – August 24	<b>Gander Mountain (Former)</b> 10470 Hudson Road, Woodbury

Bus drop-off and pick-up times available at [daycroix.org](http://daycroix.org)

## FAMILY ADVENTURE DAYS

Whether you are a current camp family, are interested in learning more about camp or are just looking for an afternoon of family fun, we have something for everyone! Enjoy a Saturday afternoon at one of our Day Camps for Family Adventure Days.

#### Possible Activities:

- family scavenger hunt
- arts & crafts
- climbing
- outdoor games
- canoeing

**Cost is \$25 pre-sale or \$30 at the door, per family.**

For dates & more information visit:  
[ymcamn.org/familyadventuredays](http://ymcamn.org/familyadventuredays)



## OPEN HOUSE FOR SUMMER PROGRAMS

Saturday, February 10, 9:30 – 11:30 a.m.  
at Hudson Y

## CAMP ST. CROIX OPEN HOUSE

Sunday, June 3 – 11 a.m. – 2 p.m.

### FAMILY PICNIC LUNCH – 11 a.m. – 1 p.m.

Take a tour of Camp St. Croix, meet the summer staff, get your questions answered and get a glimpse of what your child will experience at camp. Call the Camp Office with questions, 715-386-4380. Registration not required.

## FAMILY NIGHTS

### THURSDAYS DURING CAMP AT DAYCROIX 4 – 5:30 p.m.

We bring families together to have fun. That’s what Family Night is all about – an opportunity to enjoy camp fun with the whole family. It’s a time where your camper can show you the exciting things they’ve experienced at day camp.

## ACCOMMODATION PROCESS

Consideration is given to the individual needs of every child and the ability of the program to meet those needs. Please inform the Y during the enrollment process if you or your child requires any special accommodation. It is helpful for a smooth program transition to have a conference prior to enrollment. This information enables the Y to better meet your needs or those of your child, within available resources and to the extent reasonable. All staff that will be working with a child with special needs will be informed of how to care for or meet those needs in a timely fashion through a meeting or written notification.

## YMCA PERSONAL PRICING PLAN

We look forward to having you with us! The Personal Pricing Plan is a needs-based scholarship fund made available through Y Annual Fund – individual and business contributions to our communities. Download an application for YMCA Personal Pricing Plan at: [ymcamn.org/summer](http://ymcamn.org/summer). Enter the key words: Personal Pricing in the top right corner and follow instructions or call 612-230-9622. Please submit Personal Pricing Plan application with Registration Form. (Scholarship for Day Camp is applied toward a maximum of two weeks per child).

## HOW TO REGISTER

- We have gone green! Register online at [ymcamn.org/summer](http://ymcamn.org/summer). For registration assistance contact 612-230-9622.

### SUMMER POWER, UPROAR AND UPROAR DAY TRIPPERS

- A \$50 one-time, non-refundable registration fee is required per program. You may register for as many weeks as needed. Register online or find forms at [ymcamn.org/summer](http://ymcamn.org/summer), select the **Hudson** location, select Summer Paperwork and Schedules. Please review the handbook for important information.

### SUMMER SPORTS

- A \$50 non-refundable deposit is required per session. The deposit is applied to the session fee. Register online or find forms at [ymcamn.org/summer](http://ymcamn.org/summer), select the **Hudson** location, select Summer Paperwork and Schedules. Please review the handbook for important information.

### ALL PROGRAMS

- Confirmation will be sent via email after registration. You will be billed for the remaining balance, due the week prior to the start of the session. Online registration requires automatic electronic fund transfer (EFT), which will be processed the Tuesday prior to each program session week.
- Changes to the original registration, including cancellation, must be made in writing by Monday, one week prior to the start of the session. Submit your changes or cancellations through the contact page of our website: [ymcamn.org/contact\\_us](http://ymcamn.org/contact_us). We encourage change notices to be submitted as soon as possible. If the change notice is not received, you will be billed for the original enrollment choices. There are no refunds on registration deposits and/or registration fees.
- A parent handbook is available online at [ymcamn.org/summer](http://ymcamn.org/summer) after April 1, 2018. **It is important to review all information contained in this document.**

### PROGRAM ACCESS

The Y is committed to the policy that all persons should have equal access to its programs, facilities, and enjoyment without regard to race, ability, creed, national origin and sex. The Y will accommodate special needs into existing programs to the extent that financial and physical resources permit. So we may provide a positive experience, please contact the Y if your child has any special needs requiring any accommodations.

## Register Online!

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer)

Membership not required for enrollment.



**DISCOVER Y OVERNIGHT CAMPS**

# **YMCA CAMPING: AN EXPERIENCE LIKE NO OTHER.**

At the Y, we embrace adventure. Our camps nurture the development of every camper through providing all of the elements that make a camp experience great: outstanding counselors, well developed programming, unmatched facilities, and a caring culture where campers grow in character and confidence.

We are committed to providing quality programs with a variety of outdoor experiences for both children and families.

## **OVERNIGHT CAMPS:**

Camp St. Croix  
Camp Icaghowan  
Camp Ihduhapi  
Camp Warren

## **TEEN WILDERNESS CAMPS:**

Camp Menogyn  
Camp Widjiwagan

## **FAMILY CAMP:**

Camp du Nord

“This experience was fantastic for my son. It was empowering for him to be ‘on trail’. He came home changed and ready to take on more challenges.”

– Camper Parent

[ymcacamps.org](http://ymcacamps.org)



**YMCA of the Greater Twin Cities**  
**YMCA in Hudson**  
 2125 East Hennepin Avenue  
 Minneapolis, MN 55413

Non-profit  
 Organization  
 U.S. Postage  
 Paid  
 YMCA  
 Twin Cities, MN



"Like" us on Facebook  
 Follow us on Twitter  
 Follow us on Instagram

Visit us at [daycroix.org](http://daycroix.org)

## MARK YOUR CALENDAR!

### SPECIAL EVENTS

#### YMCA SPONSORED MN PARENT FAIR

**Saturday, February 24**

**10 a.m. – 2 p.m. at Como Zoo**

Meet YMCA staff, pick up summer program information and start planning your child's summer.

#### YMCA SUMMER PROGRAMS FAIR

**Saturday, March 3 at all YMCA Branches**

**9:30 a.m. – noon**

Talk to the experts, get your questions answered.

#### OPEN HOUSE FOR SUMMER PROGRAMS

**Saturday, February 10, 9:30 – 11:30 a.m.**  
 at Hudson Y

#### CAMP ST. CROIX OPEN HOUSE

**Sunday, June 3**

**11 a.m. – 2 p.m.**

See inside for more details.

### SAVE – 2018 SPECIAL DEALS

#### YMCA RALLY DAYS

**Thursday, March 1 – Tuesday, March 6**

#### YMCA SUMMER BLAST OFF

**Friday, April 13 – Monday, April 23**

Offers listed inside.

[ymcamn.org/hudsonsummer](http://ymcamn.org/hudsonsummer)



10% Post-Consumer Recycled Paper

If you do not need this catalog, please share it with a friend.

YSPC 2018