Lino Lakes YMCA
Family Engagement Programs Schedule
Late Fall 2019 - Classes start week of October 28, 2019
(651) 795-9622        ymcamn.org/linolakes        www.facebook.com/chainoflakesymca

CLASS SCHEDULE

BUILDING HOURS

<table>
<thead>
<tr>
<th>Monday-Friday</th>
<th>M-Th 5:00am-10:00pm, F 5:00am-9:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday:</td>
<td>6:00am-8:00pm</td>
</tr>
<tr>
<td>Sunday:</td>
<td>6:00am-8:00pm</td>
</tr>
</tbody>
</table>

KIDS STUFF HOURS

<table>
<thead>
<tr>
<th>Monday-Friday</th>
<th>M-Th 8:30am-8:30pm, F 8:30am-7:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday:</td>
<td>8:00am-1:00pm</td>
</tr>
<tr>
<td>Sunday:</td>
<td>12:00pm-8:00pm</td>
</tr>
</tbody>
</table>

PARENT’S NIGHT OUT INFORMATION

November 16th 4-8pm Everything MN Sports,
November 30th 4-8pm Thanksgiving,
December 14th 4-8pm, Holidays Around the World

*2020 Dates coming soon!

Classes starting Monday, October 28

Art Lab
10:00 am to 10:45 am
Class meets 7 times
3-7 yrs
Kitchen
$30/$55

Classes starting Tuesday, October 29

Messy Play
10:00 am to 10:45 am
Class meets 7 times
6-9 yrs
Kitchen
$30/$55

Classes starting Thursday, November 7

Painting
10:00 am to 10:30 am
Class meets 5 times
3-5 yrs
Kitchen/Conf Rm
$21/$39

Classes starting Friday, November 1

Young Scientist Preschool
10:00 am to 10:30 am
Class meets 7 times
3-5 yrs
Kitchen/Conf Rm
$30/$55

Dance Classes

Ballet
10:00 am to 10:45 am
Class meets 7 times on Wednesdays starting 10/30
3-5 yrs
Activity Center
Cara
$68/$75

Contemporay/Lyrical 30
10:55 am to 11:25 am
Class meets 7 times on Wednesdays starting 10/30
1-4 yrs
Activity Center
Erin
$58/$65

Mommy & Me Class

Ballet
5:15 pm to 6:00 pm
Class meets 5 times on Thursdays starting 11/7
3-5 yrs
Activity Center
Erin
$49/$54

Hip Hop
6:10 pm to 6:55 pm
Class meets 5 times on Thursdays starting 11/7
6-9 yrs
Activity Center
Erin
$49/$54

Class Descriptions

Art Lab
Join us in exploring great literature and expressing your creative side. Each day we will read a book and then do an art project or science project based on that book. At the end of the class everyone gets to take home their project.

Dance: Ballet
Dancers learn and improve ballet technique in progression over the weeks. Dancers also learn choreography in a fun class setting. Encourages self-confidence, spatial awareness, coordination & rhythm through imagery, music and imagination. No Prerequisite

Dance: Contemporay/Lyrical 30
Dancers learn an intro to Contemporary Dance, the fusion of jazz, lyrical and ballet. Dancers will learn choreography in a fun and enjoyable class setting.

REGISTRATION BEGINS SEPTEMBER 24, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.
<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dance: Hip Hop</td>
<td>Upbeat and tempo hip hop &amp; pop-styled steps and movements. Dancers learn and improve dance technique in progression over the weeks. Dancers also learn choreography in a fun class setting. Encourages individuality, self-confidence, spatial awareness, coor</td>
</tr>
<tr>
<td>Messy Play</td>
<td>Messy Play offers a structured environment for your kids to get their hands dirty, while making new friends and wild creations.</td>
</tr>
<tr>
<td>Painting</td>
<td>Our painting classes teach your kids to notice the beauty of the world around them and how to capture that beauty with color, shape and balance</td>
</tr>
<tr>
<td>Young Scientist Preschool</td>
<td>Children have the opportunity to get their hands dirty while creatively learning about science experiments and projects.</td>
</tr>
</tbody>
</table>