**LEAGUES**

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn’t just for kids—high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

**CLASSES**

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

**SCHOOL’S OUT SPORTS CAMPS**

At SCHOOL’S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

**CLINICS**

CLINICS let kids try out a sport they’re curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

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**LEAGUES starting week of October 21**

**Girls Basketball League: grades 1-2**
Lino Lakes YMCA  
Tue 5:45 pm to 6:45 pm  
Sat 10:00 am to 11:00 am  
$100 member / $125 non-member

**Boys Basketball League: grades 1-2**
Lino Lakes YMCA  
Tue 5:45 pm to 6:45 pm  
Thu 5:45 pm to 6:45 pm  
$100 member / $125 non-member

**Boys Basketball League: grades 1-2**
Lino Lakes YMCA  
Thu 5:45 pm to 6:45 pm  
Sat 10:00 am to 11:00 am  
$100 member / $125 non-member

**Boys Basketball League: grades 3-4**
Lino Lakes YMCA  
Tue 5:45 pm to 6:45 pm  
Sat 10:00 am to 11:00 am  
$100 member / $125 non-member

**Boys Basketball League: grades 3-4**
Lino Lakes YMCA  
Tue 5:45 pm to 6:45 pm  
Thu 5:45 pm to 6:45 pm  
$100 member / $125 non-member

**Boys Basketball League: grades 3-4**
Lino Lakes YMCA  
Thu 5:45 pm to 6:45 pm  
Sat 10:00 am to 11:00 am  
$100 member / $125 non-member

**Girls Basketball League: grades 5-6**
Lino Lakes YMCA  
Tue 6:45 pm to 7:45 pm  
Sat 11:00 am to 12:00 pm  
$100 member / $125 non-member

**Boys Basketball League: grades 5-6**
Lino Lakes YMCA  
Tue 6:45 pm to 7:45 pm  
Thu 6:45 pm to 7:45 pm  
$100 member / $125 non-member

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Registration begins September 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.
**Boys Basketball League: grades 5-6**
Lino Lakes YMCA
Thu 6:45 pm to 7:45 pm
Sat 11:00 am to 12:00 pm
$100 member / $125 non-member

**No Practice Thanksgiving Games times may Vary Occasional Saturday**

**Girls Basketball League: grades 7-8**
Lino Lakes YMCA
Tue 7:45 pm to 8:45 pm
Sat 12:00 pm to 1:00 pm
$100 member / $125 non-member

**Boys Basketball League: grades 7-8**
Lino Lakes YMCA
Tue 7:45 pm to 8:45 pm
Thu 7:30 pm to 8:30 pm
$100 member / $125 non-member

**No Practice Thanksgiving Games times may Vary Occasional Saturday**

**Boys Basketball League: grades 7-8**
Lino Lakes YMCA
Thu 7:45 pm to 8:45 pm
Sat 12:00 pm to 1:00 pm
$100 member / $125 non-member

**Futsal Soccer League: grades 1-2**
Lino Lakes YMCA
Mon 5:45 pm to 6:45 pm
Wed 5:45 pm to 6:45 pm
$100 member / $125 non-member

**Futsal Soccer League: grades 3-4**
Lino Lakes YMCA
Mon 5:45 pm to 6:45 pm
Wed 5:45 pm to 6:45 pm
$100 member / $125 non-member

**Futsal Soccer League: grades 5-6**
Lino Lakes YMCA
Mon 6:45 pm to 7:45 pm
Wed 6:45 pm to 7:45 pm
$100 member / $125 non-member

**Futsal Soccer League: grades 7-8**
Lino Lakes YMCA
Mon 6:45 pm to 7:45 pm
Wed 6:45 pm to 7:45 pm
$100 member / $125 non-member

**ADULT & HIGH SCHOOL LEAGUES** starting week of October 21

**Men’s Adult Basketball League**
St Paul Eastside YMCA
Sat 3:00 pm to 6:00 pm
$350 team / $45 individual

**Men’s Adult Futsal League**
St Paul Eastside YMCA
Sat 3:00 pm to 6:00 pm
$350 team / $45 individual

**SCHOOL’S OUT SPORTS CAMPS**

**Basketball School’s Out Sports Camp: grades 1-8** October 17
Lino Lakes YMCA
Thu 10:00 am to 3:00 pm
$30 member / $30 non-member

**Soccer School’s Out Sports Camp: grades 1-8** October 17
Lino Lakes YMCA
Thu 10:00 am to 3:00 pm
$30 member / $30 non-member

**CLASSES**

**Basketball Class: age 3**
Lino Lakes YMCA
Tue 5:00 pm to 5:30 pm
$65 member / $90 non-member
Class meets 8 times starting October 22

**Basketball Class: ages 4-5**
Lino Lakes YMCA
Thu 5:00 pm to 5:45 pm
$57 member / $79 non-member
Class meets 7 times starting October 24

**Basketball Class: grades K-1**
Lino Lakes YMCA
Thu 5:00 pm to 5:45 pm
$57 member / $79 non-member
Class meets 7 times starting October 24

**REGISTRATION BEGINS SEPTEMBER 3, 2019**

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.
## Basketball Class: grades K-1
Lino Lakes YMCA
Class meets 8 times starting October 26
Sat 9:00 am to 9:45 am
$65 member / $90 non-member

## Soccer Class: age 3
Lino Lakes YMCA
Class meets 8 times starting October 23
Wed 5:00 pm to 5:30 pm
$65 member / $90 non-member

## Soccer Class: ages 4–5
Lino Lakes YMCA
Class meets 8 times starting October 26
Sat 9:00 am to 9:45 am
$65 member / $90 non-member

## Soccer Class: grades K–1
Lino Lakes YMCA
Class meets 8 times starting October 26
Fri 5:45 pm to 6:30 pm
$65 member / $90 non-member

## Soccer Class: grades K–1
Lino Lakes YMCA
Class meets 8 times starting October 25
Sat 9:00 am to 9:45 am
$65 member / $90 non-member

## Soccer Class: grades 2–3
Lino Lakes YMCA
Class meets 8 times starting October 25
Fri 6:30 pm to 7:30 pm
$65 member / $90 non-member

## Martial Arts
### Martial Arts: ages 7–11
Lino Lakes YMCA
Class meets Thursdays, 5:30–6:30 PM
October 24 - December 19
$57 member / $79 non-member

### Martial Arts: ages 12–17
Lino Lakes YMCA
Class meets Thursdays, 6:35–7:30 PM
October 24 - December 19
$57 member / $79 non-member

### Martial Arts: ages 18–99
Lino Lakes YMCA
Class meets Thursdays, 7:35–8:35 PM
October 24 - December 19
$57 member / $79 non-member

## Program Locations
<table>
<thead>
<tr>
<th>Location</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
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<tbody>
<tr>
<td>Lino Lakes YMCA</td>
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<td>MN</td>
<td>55014</td>
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<tr>
<td>St Paul Eastside YMCA</td>
<td>Saint Paul</td>
<td>MN</td>
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REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.