



Gym Schedule
NEW HOPE YMCA | August 19th - October 7th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym	North Gym 5:00am-7:30am 8:30pm-11:30am 1:30pm- 4:30pm 6:00pm -10:00pm South Gym 5:00am-9:45am 11:00pm- 11:30am 1:30pm-10:00pm	North Gym 5:00am-7:30am 8:30am-4:30pm 7:30pm-10:00pm South Gym 5:00am- 9:45am 11:00am -10:00pm	North Gym 5:00am- 7:30am 9:30am-11:30am 1:30pm- 4:30pm 7:15pm-10:00pm South Gym 5:00am- 11:30am 1:30pm- 10:00pm	North Gym 5:00am-7:30am 8:30am-11:00am 12:00pm-4:30pm 6:00pm- 10:00pm South Gym 5:00am- 10:00am 12:00am- 10:00pm	North Gym 5:00am -7:30am 8:30am- 11:30am 1:30pm-4:30pm 6:00pm- 9:00pm South Gym 5:00am- 9:30am 10:45am- 11:30am 1:30pm- 9:00pm	North Gym 6:00am- 8:00am 2:00pm-3:00pm 6:00pm-8:00pm South Gym 6:00am- 8:00am 2:00pm-8:00pm	North Gym 6:00am-11:00am 4:00pm-8:00pm South Gym 6:00am-8:00pm
School Age Care	North Gym** 7:30am-8:30am 4:30pm-6:00pm	North Gym** 7:30am- 8:30am 4:30pm-6:00pm	North Gym** 7:30am - 8:30am 4:30pm-5:45pm	North Gym** 7:30am-8:30am 4:30pm-6:00pm	North Gym** 7:30am-8:30am 4:30pm-6:00pm		
Pickleball	BOTH GYMS 11:30am-1:30pm		BOTH GYMS 11:30am-1:30pm		BOTH GYMS 11:30am-1:30pm		
ECLC Kid's Fitness	South Gym 9:45am-11:00am	South Gym 9:45am-11:00am		South Gym 10:00am-11:15am	South Gym 9:30am-10:45am		
Guest Gym						BOTH GYMS 4:00pm-7:00pm	
YMCA Programs RESERVED		North Gym 5:30pm-7:30pm	North Gym 8:45am-9:30am 5:30pm-7:15pm	BOTH GYMS 11:00pm-12:00pm		BOTH GYMS 8:00am-2:00pm North Gym 3:00pm-6:00pm**	North Gym 11:00am-4:00pm**

Notable Closures

10/07/19-10/14/19 Gym will be closed for resurfacing.

Schedule is subject to change**

Saturdays 8:00am - 2:00pm is reserved for youth sports league games. Games won't be every weekend or for the whole time slot.

Saturdays 3:00pm - 6:00pm & Sunday 11:00am- 4:00pm are reserved for birthday parties. Parties wont be every weekend or for the whole timeslot.

School Age Care, starts when the school year starts. September 3rd.