# Gym Schedule

## NEW HOPE YMCA  | January 5– March 14

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<th>Monday</th>
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<th>Wednesday</th>
<th>Thursday</th>
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<td>1:30pm- 4:30pm</td>
<td>7:30pm-10:00pm</td>
<td>1:30pm- 4:30pm</td>
<td>12:00pm-4:30pm</td>
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<td><strong>School Age Care</strong></td>
<td><strong>North Gym</strong></td>
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<td><strong>Pickleball</strong></td>
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<td><strong>ECLC Kid’s Fitness</strong></td>
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<td><strong>Guest Gym</strong></td>
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<td><strong>North Gym</strong></td>
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<td>5:30pm-7:15pm</td>
<td>8:00am-2:00pm</td>
<td>11:00am-4:00pm**</td>
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<td><strong>YMCA Programs</strong></td>
<td><strong>BOTH GYMS</strong></td>
<td><strong>North Gym</strong></td>
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<td><strong>Both GYms</strong></td>
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<td><strong>RESERVED</strong></td>
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<td><strong>Notable Closers</strong></td>
<td><strong>Schedule is subject to change</strong></td>
<td>Saturdays 8:00am - 2:00pm is reserved for youth sports league games. Games won't be every weekend or for the whole time slot. Saturdays 3:00pm - 6:00pm &amp; Sunday 11:00am- 4:00pm are reserved for birthday parties. Parties won't be every weekend or for the whole timeslot.</td>
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