



New Hope YMCA Sports Programs Schedule

2019 Session 5, October 21 - December 22

(763) 535-4800

ymcamn.org/newhope

www.facebook.com/NewHopeYMCA

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of October 21

Girls Basketball League: grades 1-2

New Hope YMCA

Tue 5:30 pm to 6:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3188_20_102219_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 1-2

New Hope YMCA

Tue 5:30 pm to 6:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3189_20_102219_YYD

\$100 member / \$125 non-member

Girls Basketball League: grades 3-4

New Hope YMCA

Tue 5:30 pm to 6:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3182_20_102219_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 3-4

New Hope YMCA

Tue 5:30 pm to 6:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3183_20_102219_YYD

\$100 member / \$125 non-member

Girls Basketball League: grades 5-6

New Hope YMCA

Tue 6:30 pm to 7:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3184_20_102219_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 5-6

New Hope YMCA

Tue 6:30 pm to 7:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3185_20_102219_YYD

\$100 member / \$125 non-member

Girls Basketball League: grades 7-8

New Hope YMCA

Tue 6:30 pm to 7:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3186_20_102219_YYD

\$100 member / \$125 non-member

Boys Basketball League: grades 7-8

New Hope YMCA

Tue 6:30 pm to 7:30 pm
Sat 9:00 am to 2:00 pm

24_SP_3187_20_102219_YYD

\$100 member / \$125 non-member

Futsal Soccer League: grades 1-2

New Hope YMCA

Mon 5:30 pm to 6:30 pm
Wed 5:30 pm to 6:30 pm

24_SP_3796_10_102119_YYD

\$100 member / \$125 non-member

Futsal Soccer League: grades 3-4

New Hope YMCA

Mon 5:30 pm to 6:30 pm
Wed 5:30 pm to 6:30 pm

24_SP_3797_10_102119_YYD

\$100 member / \$125 non-member

REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Futsal Soccer League: grades 5-6		24_SP_3798_10_102119_YYD
New Hope YMCA	Mon 6:30 pm to 7:30 pm Wed 6:30 pm to 7:30 pm	\$100 member / \$125 non-member

Futsal Soccer League: grades 7-8		24_SP_3799_10_102119_YYD
New Hope YMCA	Mon 6:30 pm to 7:30 pm Wed 6:30 pm to 7:30 pm	\$100 member / \$125 non-member

ADULT & HIGH SCHOOL LEAGUES starting week of October 21

Co-Ed Adult Basketball League		24_SP_3630_70_102719_YHL 24_SP_3630_71_102719_YHL
St Paul Eastside YMCA	Sun 3:00 pm to 8:00 pm	\$350 team / \$45 individual

Co-Ed Adult Futsal League		24_SP_3643_60_102619_YHL 24_SP_3643_61_102619_YHL
St Paul Eastside YMCA	Sat 3:00 pm to 8:00 pm	\$350 team / \$45 individual

SCHOOL'S OUT SPORTS CAMPS

Basketball School's Out Sports Camp: grades 1-5	December 26	24_SP_3618_40_122619_YYD
New Hope YMCA	Thu 9:00 am to 2:00 pm	\$30 member / \$30 non-member

Basketball School's Out Sports Camp: grades 1-5	December 27	24_SP_3618_50_122719_YYD
New Hope YMCA	Fri 9:00 am to 2:00 pm	\$30 member / \$30 non-member

CLASSES

Basketball Class: age 3	Thu 5:30 pm to 6:00 pm	24_SP_3500_40_102419_YYD
New Hope YMCA	Class meets 7 times starting October 24	\$57 member / \$79 non-member

Basketball Class: ages 4-5	Thu 5:30 pm to 6:15 pm	24_SP_3501_40_102419_YYD
New Hope YMCA	Class meets 7 times starting October 24	\$57 member / \$79 non-member

Basketball Class: grades K-1	Thu 6:30 pm to 7:15 pm	24_SP_3502_40_102419_YYD
New Hope YMCA	Class meets 7 times starting October 24	\$57 member / \$79 non-member

Core Sports Sampler: age 3	Wed 8:45 am to 9:15 am	24_SP_3800_30_102319_YYD
New Hope YMCA	Class meets 8 times starting October 23	\$65 member / \$90 non-member

Core Sports Sampler: ages 4-5	Wed 8:45 am to 9:30 am	24_SP_3801_30_102319_YYD
New Hope YMCA	Class meets 8 times starting October 23	\$65 member / \$90 non-member

Running Club Class: grades K-1	Thu 5:30 pm to 6:15 pm	24_SP_3537_40_102419_YYD
New Hope YMCA	Class meets 7 times starting October 24	\$57 member / \$79 non-member

Running Club Class: grades 2-3	Thu 5:30 pm to 6:30 pm	24_SP_3538_40_102419_YYD
New Hope YMCA	Class meets 7 times starting October 24	\$57 member / \$79 non-member

Running Club Class: grades 4-5	Thu 5:30 pm to 6:30 pm	24_SP_3539_40_102419_YYD
New Hope YMCA	Class meets 7 times starting October 24	\$57 member / \$79 non-member

Tumbling Class: age 3	Tue 8:45 am to 9:15 am	24_SP_3563_20_102219_YYD
Northwest Gymnastics School	Class meets 8 times starting October 22	\$65 member / \$90 non-member

Tumbling Class: age 3	Wed 8:45 am to 9:15 am	24_SP_3563_30_102319_YYD
Northwest Gymnastics School	Class meets 8 times starting October 23	\$65 member / \$90 non-member

Tumbling Class: ages 4-5	Tue 8:45 am to 9:30 am	24_SP_3564_20_102219_YYD
Northwest Gymnastics School	Class meets 8 times starting October 22	\$65 member / \$90 non-member

Tumbling Class: ages 4-5	Wed 8:45 am to 9:30 am	24_SP_3564_30_102319_YYD
Northwest Gymnastics School	Class meets 8 times starting October 23	\$65 member / \$90 non-member

PROGRAM LOCATIONS

New Hope YMCA	New Hope	MN	55427
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REGISTRATION BEGINS SEPTEMBER 3, 2019

Northwest Gymnastics School

3980 Quebec Ave N

New Hope

MN

55427

St Paul Eastside YMCA

875 Arcade St

Saint Paul

MN

55106

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