# Sports Programs Schedule

## LEAGUES

**LEAGUES** let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn’t just for kids—high school and adult leagues are available too!

*Note: a structured game or meet schedule will be developed and issued the first week of each session.*

## CLASSES

In **CLASSES**, kids will meet weekly to develop their skills through a variety of age-appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

## SCHOOL’S OUT SPORTS CAMPS

In **SCHOOL’S OUT SPORTS CAMPS**, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

## CLINICS

**CLINICS** let kids try out a sport they’re curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

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### LEAGUES starting week of October 21

**Girls Basketball League: grades 1-2**

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<thead>
<tr>
<th>Location</th>
<th>Days</th>
<th>Times</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Ridgedale YMCA</td>
<td>Tue</td>
<td>5:30 pm to 6:30 pm</td>
<td>$100 member / $125 non-member</td>
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<tr>
<td></td>
<td>Sat</td>
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*Saturday game time/location may vary*

### Boys Basketball League: grades 1-2

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### Girls Basketball League: grades 3-4

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### Boys Basketball League: grades 3-4

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### Girls Basketball League: grades 5-6

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### Boys Basketball League: grades 5-6

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*Saturday game time/location may vary*

### Girls Basketball League: grades 7-8

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*Saturday game time/location may vary*

### Boys Basketball League: grades 7-8

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**REGISTRATION BEGINS SEPTEMBER 3, 2019**

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.
Futsal Soccer League: grades 1–2
Ridgedale YMCA
Mon 7:00 pm to 8:00 pm
Wed 6:00 pm to 8:00 pm
$100 member / $125 non-member

Game time/location may vary

Futsal Soccer League: grades 3–4
Ridgedale YMCA
Mon 7:00 pm to 8:00 pm
Wed 6:00 pm to 8:00 pm
$100 member / $125 non-member

Game time/location may vary

Futsal Soccer League: grades 5–6
Ridgedale YMCA
Mon 7:00 pm to 8:00 pm
Wed 6:00 pm to 8:00 pm
$100 member / $125 non-member

Game time/location may vary

Futsal Soccer League: grades 7–8
Ridgedale YMCA
Mon 7:00 pm to 8:00 pm
Wed 6:00 pm to 8:00 pm
$100 member / $125 non-member

Game time/location may vary

ADULT & HIGH SCHOOL LEAGUES  starting week of October 21

Co-Ed Adult Basketball League
St Paul Eastside YMCA
Sun 3:00 pm to 8:00 pm
$350 team / $45 individual

Co-Ed Adult Futsal League
St Paul Eastside YMCA
Sat 3:00 pm to 8:00 pm
$350 team / $45 individual

SCHOOL’S OUT SPORTS CAMPS

Basketball School’s Out Sports Camp: grades 1–5
December 26
Ridgedale YMCA
Thu 9:00 am to 2:00 pm
$30 member / $30 non-member

Basketball School’s Out Sports Camp: grades 1–5
December 27
Ridgedale YMCA
Fri 9:00 am to 2:00 pm
$30 member / $30 non-member

CLASSES

Basketball Class: age 3
Ridgedale YMCA
Thu 4:30 pm to 5:00 pm
Class meets 7 times starting October 24
$57 member / $79 non-member

Basketball Class: ages 4–5
Ridgedale YMCA
Thu 5:15 pm to 6:00 pm
Class meets 7 times starting October 24
$57 member / $79 non-member

Basketball Class: grades K–1
Ridgedale YMCA
Tue 4:30 pm to 5:15 pm
Class meets 7 times starting October 22
$57 member / $79 non-member

Core Sports Sampler: age 3
Ridgedale YMCA
Wed 4:30 pm to 5:00 pm
Class meets 8 times starting October 23
$65 member / $90 non-member

Core Sports Sampler: ages 4–5
Ridgedale YMCA
Wed 4:30 pm to 5:15 pm
Class meets 8 times starting October 23
$65 member / $90 non-member

Soccer Class: age 3
Ridgedale YMCA
Wed 5:30 pm to 6:00 pm
Class meets 8 times starting October 23
$65 member / $90 non-member

Soccer Class: ages 4–5
Ridgedale YMCA
Wed 5:30 pm to 6:15 pm
Class meets 8 times starting October 23
$65 member / $90 non-member

Soccer Class: grades K–1
Ridgedale YMCA
Wed 6:30 pm to 7:15 pm
Class meets 8 times starting October 23
$65 member / $90 non-member

Tumbling Class: ages 4–5
Ridgedale YMCA
Sat 9:00 am to 9:45 am
Class meets 8 times starting October 26
$65 member / $90 non-member

REGISTRATION BEGINS SEPTEMBER 3, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.
Tumbling Class: grades K-1  
Ridgedale YMCA  
Class meets 8 times starting October 26  
Sat 9:00 am to 9:45 am  
$65 member / $90 non-member

MARTIAL ARTS

Martial Arts: ages 7 - 11  
Ridgedale YMCA  
Class meets Wednesdays, 5:30-6:30 PM  
October 23 - December 18  
$65 member / $90 non-member

PROGRAM LOCATIONS

Ridgedale YMCA  
12301 Ridgedale Dr  
Minnetonka  
MN  
55305

St Paul Eastside YMCA  
875 Arcade St  
Saint Paul  
MN  
55106

REGISTRATION BEGINS SEPTEMBER 3, 2019

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