



# KIDS GYM SCHEDULE

Fall 2019

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Open - 8:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
8:30AM								
9:00 AM								
9:30 AM		ECLC 9:00-9:30	ECLC 9:00-9:30	ECLC 9:00-9:30	ECLC 9:00-9:30	ECLC 9:00-9:30	Dance 9:00 - 11:00	
10:00 AM		Dance 9:30 - 10:30	OPEN GYM	Dance 9:30 - 10:30	OPEN GYM	OPEN GYM		
10:30 AM								
11:00 AM								
11:30 AM		BIRTHDAY PARTY	OPEN GYM	Homeschool P.E. Classes 12:00 - 2:00	OPEN GYM	Homeschool P.E. Classes 12:00 - 2:00	OPEN GYM	BIRTHDAY PARTY
12:00 PM								
12:30 PM								
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM		OPEN GYM	ECLC 3:00-3:30	ECLC 3:00-3:30	ECLC 3:00-3:30	ECLC 3:00-3:30	ECLC 3:00-3:30	
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
5:00 PM								
5:30 PM		Club Y 5:00 - 6:00	Club Y 5:00 - 6:00	OPEN GYM	Club Y 5:00 - 6:00	Club Y 5:00 - 7:00		
6:00 PM								
6:30 PM		Volleyball 6:00 - 7:30	OPEN GYM	OPEN GYM	OPEN GYM			
7:00 PM								
7:30 PM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM			
8:00- CLOSE								

### Kids Gym and Equipment Rules

- Water and sports drinks must be in sealed plastic containers. Food is not permitted in the gym.
- Shirts and non-marking shoes must be worn in the gym at all times.
- Jackets, clothing, and bags may be stored outside the gym on the hooks across the hall. The YMCA is not responsible for lost, stolen, or damaged items.
- The safety of our participants and members is a priority. YMCA may restrict the use on some sport activities depending on gym usage.
- All actions and language need to be in line with YMCA core values of caring, honesty, responsibility, and respect as well as the code of conduct. Individuals not behaving appropriately will be asked to leave.

### Equipment

- If there is equipment you would like to use that is not currently in the gym, please contact the front desk and we can get the equipment out of the storage room if it is available.
- When the Activity Center is open the staff working that space can help get out the equipment as well.

\*Sports is located outside on the green space by McKenna Crossing. If there is inclement weather, it will be located in the kids gym.