



Pool Schedule

River Valley YMCA | June 3rd- August 11th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim LAP POOL	5:00am- 8:00am 12:25pm- 4:30pm 7:45pm- 10:00pm 2 OR MORE LANES 8:00am- 12:25pm 4:30pm-7:45pm 1 LANE OR LESS	5:00am- 9:30am 12:25pm- 4:30pm 7:25pm- 10:00pm 2 OR MORE LANES 9:30am-12:25pm 4:30pm- 7:25pm 1 LANE OR LESS	5:00am- 8:00am 12:25pm- 4:30pm 7:45pm- 10:00pm 2 OR MORE LANES 8:00am- 12:25pm 4:30pm-7:45pm 1 LANE OR LESS	5:00am-8:00am 1:00pm- 4:30pm 7:45pm- 10:00pm 2 OR MORE LANES 8:00am- 1:00pm 4:30pm- 7:45pm 1 LANE OR LESS	5:00am- 8:00am 12:25pm- 4:30pm 7:25pm-9:00pm 2 OR MORE LANES 8:00am- 12:25pm 4:30pm- 7:25pm 1 LANE OR LESS	6:00am- 8:00am 11:40am- 8:00pm 2 OR MORE LANES 8:00am- 11:40am 1 LANE OR LESS	6:00am- 8:00am 8:45am- 4:25pm 6:55pm- 8:00pm 2 OR MORE LANES 8:00am-8:45am 4:25pm- 6:55pm 1 LANE OR LESS
Open Swim LEISURE POOL	5:00am- 10:00pm	5:00am- 10:00pm	5:00am- 10:00pm	5:00am- 10:00pm	5:00am- 9:00pm	6:00am- 8:00pm	6:00am- 8:00pm
Water Group Exercise LEISURE POOL		9:00am- 9:45am 11:00am- 11:45am		8:00am- 8:45am 9:00am- 9:45am 11:00am- 11:45am			7:00am- 7:45am
Water Group Exercise LAP POOL	8:00am- 8:45am 9:00am- 9:45am 11:00am- 11:45am 7:00pm- 7:45pm		8:00am- 8:45am 9:00am- 9:45am 11:00am- 11:45am 7:00pm- 7:45pm		8:00am- 8:45am 9:00am- 9:45am	8:00am- 8:45am	8:00am- 8:45am
Vortex Adults Only	5:00am- 10:00am 3:00pm- 4:00pm 9:00pm- 10:00pm	5:00am- 8:00am 8:45am- 10:00am 3:00pm- 4:00pm 9:00pm- 10:00pm	5:00am- 10:00am 3:00pm- 4:00pm 9:00pm- 10:00pm	5:00am- 8:00am 8:45am- 10:00am 3:00pm- 4:00pm 9:00pm- 10:00pm	5:00am- 10:00am 3:00pm- 4:00pm 8:00pm- 9:00pm	6:00am- 7:00am 7:45am- 10:00am 3:00pm- 4:00pm 7:00pm- 8:00pm	6:00am- 7:00am 7:45am- 10:00am 3:00pm- 4:00pm
Vortex FITNESS USE		8:00am- 8:45am		8:00am- 8:45am		7:00am- 7:45am	7:00am- 7:45am
YMCA Programs	9:00am- 12:25pm 1:00pm- 2:30pm 4:00pm- 7:40pm	9:00am- 12:25pm 1:00pm- 2:30pm 4:00pm- 7:25pm	9:00am- 12:25pm 1:00pm- 2:30pm 4:00pm- 7:25pm	9:00am- 2:30pm 4:00pm- 7:40pm	9:00am- 12:25pm 1:00pm- 2:30pm 4:00pm- 7:25pm	8:45am- 11:45am	3:25pm- 6:55pm

*Subject to change without warning (slide and features on by request)