YMCA SPORTS

2019 SESSION 5: OCTOBER 21 – DECEMBER 20
SOUTHDALE YMCA | AGE 3 – GRADE 8

SPORTS CLASSES

Kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. The session kicks off with a focus on skill development and advances to teamwork concepts which includes scrimmaging and positive competition.

<table>
<thead>
<tr>
<th>Sports</th>
<th>Membership Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>$65 Members</td>
</tr>
<tr>
<td>Soccer</td>
<td>$90 Non-Members</td>
</tr>
<tr>
<td>Tennis</td>
<td></td>
</tr>
<tr>
<td>Tumbling</td>
<td></td>
</tr>
<tr>
<td>Floor Hockey</td>
<td>$100 Members</td>
</tr>
<tr>
<td>Martial Arts</td>
<td>$125 Non-Members</td>
</tr>
</tbody>
</table>

SPORTS LEAGUES

Leagues consist of practices and team contests with coaches and officials. The first 2 weeks of the session will focus on skill development and teamwork, while the remaining weeks introduce scored games along with continued practice.

<table>
<thead>
<tr>
<th>Sports</th>
<th>Membership Cost</th>
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</thead>
<tbody>
<tr>
<td>Girls Basketball</td>
<td>$100 Members</td>
</tr>
<tr>
<td>Boys Basketball</td>
<td>$125 Non-Members</td>
</tr>
</tbody>
</table>

Register for a league before September 30th and receive early bird discount of $15.
SPORTS CLASSES

COST:
- Members: $65
- Non-members: $90

All schedules begin with the youngest age group first, followed by the next oldest group.

SCHEDULE
A detailed schedule will be emailed approximately one week before the first class.

BASKETBALL
Age 4 – Grade 1

Saturdays | October 26 – December 14 (no programming 11/30)

Poplar Bridge Elementary – Bloomington
- Ages 4-5 | 9:00am
- Grades K-1 | 10:00/11:00am

Highlands Elementary – Edina
- Ages 4-5 | 9:00am
- Grades K-1 | 10:00

FLOOR HOCKEY
Age 4 – Grade 5

Saturdays | October 26 – December 14 (no programming 11/30)

Colonial Church – Edina
- Ages 4-5 | 9:00am
- Grades K-1 | 9:00am

Hillcrest Community School – Bloomington
- Ages 4-5 | 9:00
- Grades K-1 | 9:00
- Grades 2-3 | 10:00
- Grades 4-5 | 10:00

TENNIS
Grades K – 5

Tuesdays | October 22 – December 17 (no programming 11/26)

Colonial Church – Edina
- Grades K-1 | 5:30pm
- Grades 2-3 | 6:20pm
- Grades 4-5 | 6:20pm

SOCcer
Age 3 – Grade 5

Saturdays | October 26 – December 14 (no programming 11/30)

Southdale YMCA
- Age 3 | 9:00am
- Ages 4-5 | 9:45am
- Grades K-1 | 10:45am
- Grades 2-3 | 12:00pm
- Grades 4-5 | 12:00pm

SCHOOL’S OUT SPORTS CAMP
OCTOBER 17 | Tumbling 9am–12pm (Ages 4-10)
$30 | All School’s Out Sports Camps take place at Southdale YMCA

SOUTHDALE Y
FREE 5 DAY PASS
*OFFER EXPIRES 11/7/2019
- FREE DROP OFF CHILD CARE
- 190+ GROUP EXERCISE CLASSES
- SWIMMING & FAMILY POOL
- FULLY EQUIPPED FITNESS CENTER
- ALL AGES & FITNESS LEVELS

To activate pass – contact Karl
952.897.5476
karl.wilbur@ymcamn.org

TO REGISTER FOR SPORTS VISIT
WWW.YMCA MN.ORG/SOUTHDALE > KID & TEEN ACTIVITIES > SPORTS
THE CUSTOMER SERVICE CENTER IS AVAILABLE TO HELP WITH ONLINE REGISTRATION
CALL 612-230-9622, MONDAY THROUGH FRIDAY, 7AM-6PM
SPORTS LEAGUES

Leagues let kids take their skills to the next level and experience positive competition. Leagues consist of organized practices and contests. The beginning of the session focuses on skill development practice and teamwork, while the remaining weeks introduce scored games and continued practice. League jerseys are $15 and can be purchased during online registration. Jerseys will be distributed at practice in week 2.

COST:
- Members: $100
- Non-members: $125

Register for a league before September 30th and receive early bird discount of $15.

GIRLS BASKETBALL

Grades 1-4

October 22 – December 14 (no programming week of Thanksgiving)
Southdale YMCA

Tuesdays | 6:30pm

Saturdays | Game times vary
- Grades 1-2
- Grades 3-4

BOYS BASKETBALL

Grades 1-4

October 22 – December 14 (no programming week of Thanksgiving)
Southdale YMCA

Tuesdays | 5:30pm or 6:30pm

Saturdays | Game times vary
- Grades 1-2
- Grades 3-4

Grades 3-8

(weeks of Halloween or Thanksgiving)

October 24 – December 14
Highlands Elementary

Thursdays | 6:15pm or 7:15pm

Saturdays | Game times vary
- Grades 3-4
- Grades 5-6
- Grades 7-8

SPECIALTY SPORTS

These once-weekly classes help kids build confidence and explore more individual sports. All specialty sports classes are held at the Southdale YMCA.

COST:
- Members: $65
- Non-members: $90

TUMBLING

Age 3 – Grade 3

Tuesdays | October 22 – December 14 (no programming 11/26)

- Age 3 11-11:45am
- Ages 4-5 11-11:45am
- Age 3 4:30-5:15pm
- Ages 4-5 4:30-5:15pm
- Grades K-1 5:15-6:00pm
- Grades 2-3 6:15-7:15pm

Saturdays | October 26 – December 14 (no programming 11/30)

- Age 3 8:50-9:20am
- Ages 4-5 9:30-10:15am
- Age 3 10:30-11:15am
- Ages 4-5 10:30-11:15am
- Grades K-1 11:30am-12:15pm

MARTIAL ARTS

Ages 7-17

Thursdays | October 24 – December 19 (no programming 10/31 & 11/28)

- Ages 7-15 6-7pm
ABOUT YMCA SPORTS

Please make sure you include the age of the child on your registration. Depending on enrollment, some offerings or age groups could be combined due to number of registered athletes.

We encourage participants to come ready to make new friends. We will consider friend requests. Friend’s names must be entered at the time of registration.

FINANCIAL ASSISTANCE

The YMCA welcomes all who wish to participate and annually raises scholarship funds to help make that possible. Applications must be received one week before the start of session in order to be considered. For an application please contact Karl at 952-897-5476.

CANCELLATION AND REFUND POLICY

One class or game canceled due to inclement weather conditions may not have a make-up. If more than one class or game is canceled due to weather or other unforeseeable challenges we will issue Y BUCKS that may be used for a future class or program.

ACCESSIBILITY AND SPECIAL NEEDS

The Y is committed to the policy that all persons should have equal access to its programs, facilities, and enjoyment without regard to race, ability, creed, national origin or sex. The Y will accommodate special needs into existing programs to the extent that financial and physical resources permit. So we may provide a positive experience, please contact Steve Ketter at steven.ketter@ymcamn.org if your child has any special needs requiring any accommodations.

VOLUNTEER COACHES

Youth Sports are coached by parent volunteers. If you would like to be a coach, please submit a volunteer application found on our website ymcamn.org/southdale. Coaches must be 18 or older, complete a background check and commit to one to two hours per week.

Contact Steve at steven.ketter@ymcamn.org or 952-897-5464 if you have any questions about becoming a YMCA coach.

REGISTRATION

All registrations shall be completed via online registration. Visit www.ymcamn.org/southdale and select “Kid & Teen Activities” followed by “Sports” to find your class, league, clinic or school’s out sports camp.

TO REGISTER FOR SPORTS VISIT
WWW.YMCA MN.ORG/SOUTHDALE > KID & TEEN ACTIVITIES > SPORTS

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